WOMEN'S REALM -:- SOCIAL and PERSONAL -:- FASHIONS -:- LITERATURE

NEW...a CREAM DEODORANT

which safely

STOPS *under-arm* PERSPIRATION

1. Does not harm dresses, does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly checks perspiration 1 to 3 days. Removes odor from perspiration, keeps armpits dry.
4. A pure, white, greaseless, stainless vanishing cream.
5. Arrid has been awarded the Approval Seal of The American Institute of Laundering for being harmless to fabrics.

39¢ a jar

Also in 15¢ and 59¢ jars

15 MILLION jars of Arrid have been sold ...Try a jar today — at any store which sells toilet goods.

ARRID

Housewife

The And Her Activities

"What's yonder?" I ask of the first wayfarer I meet.
"Nothing!" he answers, and looks at my travel-worn feet.
"Only more hills and more hills, like the many you've passed.
With rough country between, and a poor enough inn at the last."
But already I am a-move, for I see he is blind,
And I hate that old grumble I've listened to time out of mind.
I've tramped it too long not to know there is truth in it still,
That lure of the turn of the road, of the crest of the hill.
So I breast me the rise with full hope, well assured I shall see
Some new prospect of joy, some brave venture a-tiptoe for me.

Waiters on skates serve guests at tables on the ice at some restaurants in St. Maritz, Switzerland.

Prague's population is around 000,000.

A new vaccine for smallpox leaves no scar. What's the fun of getting vaccinated if you can't show the result to your friends?

Doubt is the vestibule through which all must pass before they can enter into the temple of wisdom.—Colton.

American Indians on leaving the outdoor life to which they are accustomed, and moving to congested cities, are notoriously susceptible to tuberculosis.

A new convertible coupe, with power-operated top that raises or lowers itself at the twist of a lever on the instrument board is now being placed on the market.

Here's new cake ideas: Frost individual orange drop cakes with cream cheese mixed with a little cream. They make delicious tidbits for afternoon teas. Dress up the tops with candied orange strings, if you like.

TOMORROW YOU'LL WEAR . .

—Contrasting bodices in your dinner clothes. Smart night spots indicate an acceptance of this blouse-top ideas as established in shirt-waist dresses, and advance fall lines from mid-season collections continue the ideas, often repeating the contrasting theme in border treatment of the skirt.

—Hats trimmed with ostrich plumes, longer and fuller ones than were worn in the spring, and hats made entirely of feathers.

—Gloves with kid palms and mesh or frabic backs, which reverse the usual arrangement of fabric for the palms.

—For summer street wear, dresses of hand-dyed, hand-loomed India cottons, in medium dark colors, especially stripes, with turbans to match.

—Summer bags of a novelty white cotton fabric with a decorative front panel showing a well-defined map of the world in soft pastel colors, this covered with transparent white sheer stuff

—Luxurious fox scarfs in a new color called burgundy silver, beautiful with brown and smart with black, too.

FLOWER CLUSTERS, SCHOOLGIRL LINES, REMAIN VOGUISH

The wearing of nosegays and clusters of flowers continues voguish. Posies and sprigs are put on one shoulder of the day dress or suit, and multi-colored bunches of summer blossoms will be worn high up on the corsages of summer frocks.

That schoolgirl line has spread from the short full day dress to new evening dresses, which are made just above ankle-length, like those of the pre-war schoolgirl. Petticoats are more popular than ever.

Decoration of lightweight wool socks resembles that of lingerie, drawn-thread work (done by hand) for boleros or the fronts of lainage jackets and broderie anglaise for grey and navy flannel corsages of various kinds.

Dorothy Dix

Don't Lie to Each Other — Trust Is Great Marriage Asset

Husbands and Wives Would be Far Happier and Have More Respect if They Always Told the Truth to Each Other

The other day a young man was singing to me the praises of his bride. She was so pretty. She was so sweet tempered and pleasant to live with. She was so bright and entertaining. She was such a good cook and housekeeper.

And then he wound up his panegyric by saying: "And then, just think, Miss Dix, I don't have to lie to her. I can tell her the truth. I can speak to her frankly just as I can to a man. Why, I didn't even know there was a woman like that! For all of my friends have to lie to their wives to save their hides. If they stay downtown for dinner with an old pal, or lose a few dollars in a poker game, or buy a new fishing rod or some fancy neckties, they have to fix up some sort of cock-and-bull story to tell the Little Woman when they get home.

"I thought that all women were allergic to truth, so I started off handling my wife charming little fairy tales about being run over by an auto-mobile on the way home to explain why I was a little late and kept dinner waiting. Or I related a harrowing tale of being held up by footpads and robbed to account for having only a little chicken feed left in my pay envelope. And I look forward rather grimly to a lifetime of deceit and chicanery, for I realize that I am a poor and unconvincing liar.

"Then suddenly, one day Mary laughed in my face and said: "Oh, for heaven's sake, Bob, come down and tell me the truth about what you do. Your fibs wouldn't fool a baby. I know that the reason you haven't any money this week is because you backed the wrong horse, I know that you went to the ball game instead of your Aunt Emma's funeral and that you took the sweetheart of your mud-pie days out to lunch when she happened to come to town, and what of it?

"Nothing, so far as I am concerned. I am no infant who has to have her bitter pills sugar-coated. I never married you under the delusion that you were a godling without any human weaknesses or faults or vices. I didn't marry you in order to become your jailer. I want you to live your natural life and be as free as anybody can be who is married. And I shan't punish you for robbing the cookie jar now and then. All I want you to do is to tell me the truth about it and not lay it on the cat."

"That made the going clear," concluded the young husband. "I tell Mary everything I do and we talk it over and that's the end of it. No No postmortems. I am relieved of all the wear and tear of trying to make alibis that will stick and explaining them away when they don't. But isn't it wonderful to have a wife I don't have to lie to? And am I not the luckiest man in the world to have one to whom I can tell the truth?"

(Continued on page 10, Col7)

Modern Etiquette

(By ROBERTA LEE)

Q. When a woman is playing golf with a man, should she drive first, whether the honor is his or hers?

A. No. The woman should insist on the man driving first if it is his honor.

Q. Why is it necessary for a woman traveling alone, when registering at a hotel, to use the prefix Mrs. or Miss?

A. So that the hotel attendants shall know how to address her.

Q. Is it permissible for a man to use perfume?

A. It is considered effeminate for him to do so.

Know Summer Care for Lovely Gardens

Beautify Shrubs, Trees, Lawns

The grown-up season in your garden—and you have time at last to spruce up shrubbery, trees, lawn with a little simple care!

Decorative evergreens — yews, hemlock, arborvitae—need sheering in midsummer to prevent shagginess. Privet hedges may be clipped square or round at the top—A in our diagram. And all types of hedges will fill out better if you cut them as shown in diagram—wider at bottom (B) than at top.

Do you have a wisteria reluctant to bloom? A summer pruning of rampant shoots will help your wisteria to bloom next season.

Are trees damaged by summer storms? Cut off jagged ends, treat the exposed wood with special tree paint.

Lawns? In dry weather raise the bottom blade of the mower and cut the grass less often. Put off watering as long as you can, then do it thoroughly.

Find more helpful pointers on trees, shrubs, lawns, vines in our 32-page booklet by a well-known horticulturist. Also tells how to raise and care for annuals, perennials, herbs, bulbs, roses. Advises you on soils, fertilizers, checking pests, diseases.

Send 20c in coins for your copy of How To Plant And Care For Your Garden to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City Province

Suits, light colored lightweight and often long and lean in jacket cut are a favorite item in smart wardrobes of Parisian socialites bound for the Riveria.

BABY CONSTIPATED?

BABY'S daily movements are something of which absolutely accurate track must be kept. When he misses something must be done at once. Constipation is serious for baby.

Mrs. John T. Reid of Hespeler, Ont., has this to say: "Having had seven children and having used Baby's Own Tablets for all seven, can say they are the best and gentlest regulator for children — safe and effective for the tiniest infant. I give them up to 10 years of age. During teething Baby's Own Tablets were a boon to me as they cleared up at once any digestive disturbance or fretfulness."

Equally effective for simple fever, diarrhoea, upset stomach, colic, simple croup and other minor ailments of babyhood.

Quick and sure in their action. Easy to take. Harmless, and safe. Do not contain opiates or stupefying drugs. Each package contains analyst's certificate. Get a box today. Sickness so often strikes in the night. 35 cents. Money back if not satisfied.

THE COOK'S CORNER

SALMON ROLL

1 cup flour
1 teaspoon baking powder
1-4 teaspoon salt
4 tablespoons shortening
1-3 cup milk
2 cups canned salmon
2 eggs
1-2 teaspoon chopped onion

Sift together flour, baking powder and salt. Cut in shortening then add milk. Turn on to a floured board and knead lightly. Roll into a rectangular shape about 1-4 inch thick. Remove bits of bone and skin from salmon and mix half of it with 1 egg well beaten and the chopped onion. Spread over dough, roll up like jelly roll and place in baking pan. Beat second egg and brush top of roll with some of it, then mix the remaining egg with rest of salmon mixture and arrange around the roll. Dot with butter and bake in moderate oven until well done. Serve with rich hot cream sauce to which chopped hard-cooked eggs, chopped parsley and Worcestershire sauce to taste have been added.

Honey Bran Muffins

1 lb. dates
1 teaspoon soda
1 cup hot water
1-2 cup shortening
1-2 cup strained honey
1 egg
1 cup bran
1 cup flour
1-2 teaspoon cinnamon
3-4 teaspoon salt

Method: Cut the dates in small pieces and sprinkle the soda over them. Add the hot water and set aside until this has cooled to barely lukewarm.

Meanwhile cream the shortening ....either butter or vegetable shortening or a mixture of both and add the honey just barely warmed. Mix well, then add the well beaten egg and the bran. Let this stand so that the bran will absorb some of the moisture while you sift the dry ingredients.

Sift the flour once, measure and sift at least once more with the cinnamon and salt. Stir this into the honey and shortening, then add the dates and water, which have cooled. Mix quickly but thoroughly, then pour into well greased muffin pans, filling them not more than 3-4 full.

Bake in a moderate, 375 deg. F. oven for about 20 to 25 minutes, if you make them small. It will take a little longer if you make them larger, and serve warm or cold with butter or jam.

For Wednesday, July 19th

MARCH 21 to APRIL 20 (Aries) —Slightly better than yesterday with Venus and Neptune emanating beneficient rays. Personal endeavor, sincerity and quality pertinent factors to the success of your undertakings and plans. Be amenable, gracious.

APRIL 21 to MAY 20 (Taurus) —The planet Venus, in major aspect, is particularly favorable to you Taureans. Music, poetry, painting, caring for little children, opening your heart to spiritual attainment, enjoying God's great gifts to nature are among the most favored.

MAY 21 to JUNE 21 (Gemini) —If you give your idealistic and creative nature room to work, you can at least get something worth while started, if not finished, today. Prohibit anything base, ignoble or disloyal.

JUNE 22 to JULY 23 (Cancer)— Results will depend greatly upon how you handle yourself and your affairs. The material and tools are in your hands. You can do a fine job when you try. Don't disappoint yourself, family or boss today.

JULY 24 to AUGUST 22 (Leo) —You may have to exert yourself harder to attain what you desire. This obtains for personal affairs and business interests. Tact essential. Don't force your opinions.

AUGUST 23 to SEPTEMBER 23 (Virgo) — Your stars tell us gains are to be had in dressmaking, designing, interior decorating, millinery, planning vacation activities, sports events, domestic affairs. You born before Sept. 7: don't be too fussy or critical with family or associates.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Fine indications for you Librans. Industrial and mechanical matters, money interests, personal attainment, difficult tasks, courtships, weddings, socials, community interests under very beneficient vibrations.

OCTOBER 24 to NOVEMBER 22 (Scorpio) — Deal with hotelkeepers, confectioners, restaurant managers, jewelers, actors, doctors, dentists. Friendly stars for all, but especially for these people.

business progress and [illegible] your particular job by alertness and decisiveness. Selling, dealing in useful commodities, sports among the approved.

FEBRUARY 21 to MARCH 20 (Pisces) — Beneficent rays. Work started yesterday should run smoothly today. Gains indicated and favored in your own line of endeavor and through friends and associates. "Strike while the iron is hot."

A CHILD BORN TODAY should be very active, reliable, clever in business. Inclined to be meditative. Patient. If rightly reared, this individual will be a most useful and good citizen of a steady-going nature. He or she is under the benefic vibrations of the friendly Jupiter and should have as thorough an education as means will permit.

Household Scrapbook

(By ROBERTA LEE)

Clean Fingernails

To prevent dirt from getting under the edges of the fingernails while gardening, or doing other dirty work, rub the ends of the fingers over some candle wax, taking care to get it well under the nails. When the work is completed and the hands washed, the nails will be as clean as ever.

Bacon Appetizer

The following makes a delicious appetizer: Spread some cheese mixed with salad dressing on small crackers; top this with bacon squares, and bake or broil until the bacon is crisp and the crackers a nice brown. Serve hot.

Boiled Water

You can rid boiled water of that flat taste by pouring it back and forth from one pitcher to another, or by shaking it in a large bottle.

Skin Beauty WAS IMPORTANT 3000 YEARS AGO

omen of ancient Egypt prized arched for some recipe, some ... nothing was disregarded in soft, white and lovely.

an the others, carefully mixed y enough, this blend cleansed ely and youthful.

en found that is finer, more e oils of Olive and Palm. That live. But today of course, in led with scientific carefulness. e the most sensitive skin. Dr. ne Quins.

licate skin. Its purity, its soft, iced by no artificial means. atural oils used in the making now it helps keep your skin day.

New Improved.

Morning Smile

POSTURE TO AVOID

old lady, about to cross the by the bus stop, anxiously the conductor: "If I put my the rail in the road shall an electric shock?"
mum," he replied, "unless ace your other foot on the d wire!"

WHAT HAPPENED

ay School Teacher — And ppened to Lot's wife when ked back?
l Girl — The man in the car gave her a lift.

How Can I ? ?

(By ANNE ASHLEY)

Q. How can I remove the brown stain which so often forms at the base of crystal vases that are frequently used.

A. Moisten tea leaves with vinegar, place in the vase, and scrub the inside of the vase with a bottle brush.

Q. How can I prevent dandruff?

A. One suggested remedy is to use a mixture of one part of apple juice and three parts water. Apply this solution twice a week.

Q. How can I melt marshmallows?

A. Place the marshmallows in the top of a double boiler over hot water, when it is desired to melt them.

By all means make Jam and Jelly— but don't spend *hours* over it!

JAM OR JELLY MAKING WITH CERTO IS SO QUICK SO EASY... AND IT GIVES BETTER * RESULTS

WHY CERTO MAKES SUCH DELICIOUS JAMS AND JELLIES, YET SAVES YOU TIME AND DRUDGERY

So Quick!

It takes only 15 minutes from the time your fruit is ready to make a whole batch of jam or jelly with Certo. Old-fashioned methods often take 3 times as long!

So Easy!

With Certo you give only a one-minute to two-minute full rolling boil for jam — for jelly only a half-minute to a minute. No endless stirring over a hot stove.

So Economical!

With Certo you get about half again more jam or jelly from the same amount of fruit. The boil is so short that practically no juice can boil away as it does in the wasteful long-boil.

Such Fresh Taste and Colour!

With Certo all the fresh, natural taste and colour stay right in the fruit. The boil is not long enough to affect the one or darken the other.

Such Sure Results!

There's no uncertainty with Certo. You get tested recipes that instruct you in every step and give you the exact timing. Follow them carefully and you can be *sure* of good results.

So don't waste your time and energy needlessly these Summer days. Take advantage of the fresh fruit bargains to make jam and jelly—but do it the quick, easy, sensible way — with Certo.

* What are the most important qualities in jam or jelly? Taste, texture and colour rate highest. And judges in exhibitions and contests usually allow 75 out of a possible score of 100 for taste and texture alone!

Certo gives you a good start in fresh, natural taste as well as colour, because you can use luscious, fully-ripe fruit instead of the under-ripe fruit commonly used in old-fashioned jam and jelly making.

The tested Certo recipes all ensure a firm, desirable texture. That is why 3 out of 4 jelly champions use Certo.

FREE BOOK OF 72 RECIPES

Under the label of every bottle of Certo there is a book of 72 tested recipes for jams, jellies, marmalades and conserves. Since different fruits need different handling, Certo gives you a separate recipe for each fruit ...Be sure to follow each recipe *exactly*.

Snappy Fashions For Home Use

Aprons make welcome gifts, especially when they are as attractive as these. The cover-all one that keeps you spic-and-span from tip to toe is easy to make as you can see. Another novel but thoroughly useful apron style is the tie-around with crossed straps in the back. This one is bright and gay trimmed with bands of bias tape and large red apple pockets with apple pear pot holders to match. Just think what attractive gifts these will be and how much fun you will have making them this summer.

Style No. 2696 is designed for sizes small, medium and large. Medium size requires 2 7-8 yards of 39-inch material with 5 yards of ruffling.

Style No. 2154 is designed for sizes small, medium and large. Medium size requires 1 5-8 yards of 39-inch material with 8 1-4 yards of binding.

Send fifteen cents in stamps (15) or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian, Pattern Dept.

Style No. 2696 and 2154 Size .....

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The oldest standard in Canada is that of Nova Scotia, given by Royal Warrant in 1600.

Minard's relieves aches.