Ice Water.—Doctors Disagree.

A celebrated physician says "All ice-water drinking is bad," also that "a severe blow upon the body just over the solar plexux," which in good United States language means an important portion of the nervous system located just back of the stomach), "will cause almost instant death," and he further says "the sudden shock caused by a deluge of ice-water into the stomach has exactly the same effect upon the solar plexus as the blow, and may cause sudden death by its action upon it and through that on the heart." Another equally celebrated physician says, "Any diction which unqualifiedly say that cold drinks are bad and hot drinks are good must be absurd" and further "cold water stimulates gastric secretion; therefore do not smile at your friend because he thinks a half-glass of ice water before eating gives him an appetite and helps his digestion." In continuation, we will say, drinking ice water in copious draughts when over-heated is injurious, if not dangerous, that is undeniable. But that the free drinking of water, in some form, in hot weather, must be avoided, is deniable, and is one of the greatest popular errors extant. When a man is perspiring freely, a vast amount of water is drawn from the body, which must be resupplied, or great injury is done to the physical health, and the foundation of some of the worst forms of kidney disease is being slowly but surely laid. Do not drink ice-cold water, but pure cool water; a little lemon juice will improve its effectiveness. Plain soda water with a little acid is also excellent in hot weather. If from drinking too much ice water you have stomach cramps, or are "water logged," as it is called, or are attacked with cholera morbus, summer complaints, diarrhœa or dysentery, do not resort to alcoholic stimulating drinks, which irritate rather than allay the inflammation which has caused the trouble; but adopt the practice of taking daily just before retiring, during July and August, one teaspoonful of Johnson's Anodyne Liniment in a little sweetened water, which will prevent all such attacks and ill effects from ice water. In fact a little pamphlet sent free to any one by I. S. Johnson & Co., Boston, Mass., contains a vast amount of information about treating those summer troubles with that good old household remedy.

aug5 wy1i dy6i

Local Notices.

Moss Rose Tea Sets selling cheap at W. P. Colwill's. dw 3w—aug5

A very fine and large assortment of Glass Shades and Show Battles, also Fruit Jars and Crocks direct from England, and will now be sold very cheap at the Cheapest Crockery Store. dw 3w—aug5

Bathing Drawers at J. B Macdonald's.

Handkerchiefs, Shirts, Collars, Ties. A new lot just opened at J. B. Macdonald's.

Boys', men's and children's clothing, cheapest in the city, at Prowse Bros. aug2 3i

Desirable Private Residence

FOR SALE BY AUCTION.

I AM instructed by C. B. Chappell, Esq., to sell by Auction, at the Premises, corner of North River Road and Green Street, in the West Common of Charlottetown,

On Wednesday, 13th August,

AT 11 O'CLOCK, A. M.,

His Desirable Property, comprising 2 Acres of Land, large Dwelling House in good order, Outbuildings and Orchard.

The property commands a beautiful view of the city. The House is surrounded by ornamental, shade and fruit trees, and is within fifteen minutes' walk of the Post Office. Any-one wanting a first-class private residence should attend the sale. Terms easy.

R. BEAIRSTO, Auctioneer.

aug1—eod

BEST ROUTE to BOSTON

CANADA ATLANTIC LINE.

ONLY ONE NIGHT AT SEA.

Quickest and Most Direct Route. Low Fares.

The Magnificient Clyde-built Steel

S. S. "HALIFAX,"

Is the largest, safest, fastest and best furnis d and most comfortable passenger steamship ever placed on the route between Canada and United States.

Sails from Noble's Wharf, Halifax, every Wednesday, at 8 o'clock, and Lewis Wharf, Boston, every Saturday at 12 o'clock.

Passengers by Tuesday evening trains can go on board on arrival without extra charge. Baggage checked through. Through Tickets on sale by P. E. Island Nav. Co., and

F. T. NEWBERY, Agent Ch'town.

ap30—eod wky pat

All Right, 5817.

THIS SPLENDID HORSE is too well known to the breeders of Prince Edward Island to need any puffing. They all know what he is, and what a grand family of trotters and roadsters he has built up in the Maritime Provinces, where his stock have taken high rank, and are every year coming to the front. He is one of the very few horses in the provinces that contributed a representative to the 2.30 list in 1889, his son Charlie Mitchell having made a record, in a contested race, of 2.28¼.

ALL RIGHT, 5817, is the sire of

George Lee.........2.23¼
Charlie Mitchell.........2.28¼
Black Pilot.........2.30½
Black Bird.........2.36¼
Defiance.........2.39¼
Little Fred (trial 2.28).........2.39¼
Maud R.........2.40
Lucy Derrick (4 yr. old).........2.44½
Nellie T. (trial).........2.35
George All Right.........2.41
Nellie.........2.45

and many other speedy and well-known trotters.

ALL RIGHT will stand at the Stables of Patrick Connolly, in Charlottetown, every week from Tuesday morning to Saturday morning at R Y. McCoubrey's, New Glasgow Bridge, every Monday afternoon; and in Summerside every Saturday from noon till Monday at noon.

If you want to raise trotters—and of course you do—breed to ALL RIGHT, and you will get fast trotters and first-class roadsters.

NEWTON LEE.

May 5, 1890—dy law w

THE

NEW YORK, MAINE AND NEW BRUNSWICK STEAMSHIP COMPANY.

S. S. "WIN HROP,"

H. H. HOMER, Commander.

WILL sail from PIER 18, East River, New York every SATURDAY, at 5 p. m., for Bar Harbor, Eastport and St. John.

Returning, will sail from St. John, TUESDAYS, at 3.00 p. m., local.

Through rates of freight to New York vi "The New York, Maine and New Brunswick S. S. Co.' are now quoted at all Booking Stations on P. E. Island Railway, where Through Tickets to New York also are issued.

By this route a new market is virtually thrown open to the producers of Prince Edward Island Fish (pickled, dried or canned), Eggs, Potatoes, etc., are given rates from the several stations on the Island Railway to New York, Pier No. 18, East River, (only 3 Piers from the Fulton Market), that are about equal (in some instances lower than are quoted), to Boston via other routes.

Shippers (especially those of Canned Goods Eggs and Potatoes), are kindly requested to ask Agents to quote them the several rates by this line, that they may judge for themselves the advantages thus presented to them.

Shipping papers to accompany consignments will be the same as by other lines, only they must be consigned per "New York, Maine and New Brunswick S. S. Co's." Steamer.

The Railway track at St. John runs on to the Pier of the Steamship Line, thus avoiding cartages.

For further information apply to Agents along line of Railway, or

TROOP & SON, Agents, St John.

H. D. McLEOD, Passenger and Freight Agent.

F. H. SMITH & CO., General Managers, 17 and 19 William St., New York.

St. John, N. B., July 23, 1890—4w S'side prs

OSBORNE HOUSE

The subscriber, having recently purchased the above well-known Hotel, and having fitted and furnished it anew throughout, is now prepared to offer to the public, first-class hotel accommodation at reasonable rates. The Osborne is

Centrally and Conveniently Situated,

and under new management, the subscriber hopes to merit a liberal share of public patronage. No Liquors. Carriages always in waiting at Steamers and Trains. Good Stabling on the premises.

P. P. ARCHIBALD, Proprietor.

june5—eod w 3m.

ACADIA NUT COAL.

NOW LANDING on Queen's Wharf, and for sale cheap while discharging.

Apply to

A. J. DOUGAN & CO.

Office, Queen's Wharf. Weighing Scales.

may28—tf

LOBSTERS WANTED.

THE Highest Cash Prices paid for Canned Lobsters.

HORACE HASZARD

Ch'town, June 20.

STEAMER

HEATHER BELLE.

1890 1890

Summer Arrangement.

UNTIL FURTHER NOTICE the Steamer "Heather Belle," Hugh McLean, Master, will run as follows:—

Every Tuesday morning, at 4 o'clock, will leave Charlottetown for Orwell Brush Wharf, leaving Orwell Brush Wharf at 7 a. m., for Charlottetown, calling at Halliday's Wharf; leaving Charlottetown at 3 p. m., for Halliday's and Brush Wharves, where she will remain over night.

Wednesday morning, at 7 o'clock, will leave Brush Wharf for Charlottetown, calling at Halliday's Wharf; leaving Charlottetown at 3 p. m., remaining at Brush Wharf over night.

Thursday morning, at 7 o'clock, will leave Brush Wharf for Charlottetown, calling at Halliday's Wharf; leaving Charlottetown at 3 p. m.; leaving Brush Wharf about 6 p. m., for Charlottetown. The Steamer will call at China Point Wharf when possible.

Friday, will leave Charlottetown for Cranberry Wharf, East River, at 4 a. m.; leaving Cranberry Wharf at 7 a. m. for Charlottetown, calling at Hickey's Wharf; leaving Charlottetown for Hickey's and Cranberry Wharves at 3 p. m., returning to Charlottetown same evening.

Every alternate Friday, steamer will go to Mount Stewart.

Saturday, at 3 o clock, a. m., will leave Charlottetown for Crapaud: leaving Crapaud at 7 a. m. for Charlottetown; leaving Charlottetown at 3 p. m., to return to Crapaud: returning from Crapaud to Charlottetown same evening.

FARES:

Cabin, to or from Orwell and Wharves, 30 cts. Deck, 20 cts.

Cabin, to or from Mount Stewart, 20 cts.; Cranberry and Hickey's, 12 cts.

Cabin, to or from Crapaud, 40 cts.; Deck, 30c.

Excursion Tickets will be issued to Orwell every Thursday, and to Crapaud every Saturday.

L. C. OWEN, Agent.

Charlottetown, June 12, 1890—dy law & wky

P. E. ISLAND STEAMERS.

Summer Arrangements.

THE well-known Steamers "ST. LAWRENCE" and "PRINCESS OF WALES" will make DAILY TRIPS as under, Sundays excepted:—

Leaving Charlottetown at six o'clock in the morning for Pictou, connecting there with steamer "Egerton" at 10 a. m. for New Glasgow, and thus with Morning Train for Cape Breton and Eastern Points. Also at Pictou at 1 p. m. with I. C. R. for Halifax.

Leaving Pictou about noon, on arrival of Morning Train from Halifax, for Charlottetown.

Leaving Summerside on arrival of Morning Train from Charlottetown for Point du Chene and connect there with I. C. R. Trains for Moncton and St. John, for Canada and United States.

Leaving Point du Chene on arrival of Morning Train from St. John and Moncton for Summerside, and connect there with train for Charlottetown.

By order,

F. W. HALES, Secy. Ch'town Steam Nav. Co. (Ltd).

july5—eod 4m

SHERWOOD CEMETERY.

PLEASANTLY situated at the junction of Royalty and Brackley Point Roads, conveniently reached by Rail or Carriage.

Trains run daily to Cemetery at 7 and 9.45 a. m., and 4.15 and 4.30 p. m., and return at 10.35 a. m. and 5.25 p. m. (local time).

Funeral trains may be had whenever required.

Price of Plots as follows:—

Family Plots, 15x20 feet, on high and dry ground, sold at reduced price of..$20 00
Plots half above size, in good locations. 12 50
Single Graves.......... 2 00

For further information apply to Mr. William Coyle, Keeper, at the Cemetery Cottage, or to the undersigned, at the County Court Office.

HENRY SMITH, Secretary Cemetery Company.

july17—eod 3m

Johnson's Stomachic Aperient,

—OR—

EVERYBODY'S PILLS,

—FOR—

Indigestion, Constipation, Biliousness and the many ailments consequent upon the sluggish action of the Liver, Kidney and Bowels.

PRICE 25 CENTS PER BOX.

Sent by mail on receipt of price. Sample free on application. Prepared only by

ARTHUR S. JOHNSON, Corner Kent and Prince Streets, Charlottetown.

jy18

CARD.

DR. H. D. JOHNSON,

Physician and Surgeon,

CHARLOTTETOWN.

OFFICE: Kent Street, next door to Eldon House. May8 tf

WANTED.

THREE SMART BOYS to work in the Factory. Apply to

MARK WRIGHT & CO., Ltd.

july9—dy tf

Mortgage Sale.

To be sold by Public Auction, on the Premises, on SATURDAY, the 23rd day of August next, 1890, at 12 o'clock, noon:—

ALL that tract, piece and parcel of Land, situate, lying and being in Charlottetown, bounded and described as follows, that is to say: Commencing at a stake fixed on the south side of Dorchester Street, at a distance of one hundred and four feet east from the eastern side of Weymouth Street; thence south by a line parallel with Weymouth Street for the distance of eighty feet; thence east in a line parallel with Dorchester Street the distance of sixty-four feet; thence north in a line parallel with Weymouth Street eighty feet, or until it reaches Dorchester Street; thence west along the south side of Dorchester Street the distance of sixty-four feet to the place of commencement.

The above sale will take place under and by virtue of a power of sale contained in a Mortgage, bearing date the 26th day of March, 1884, and made between Peter McCarey, of Charlottetown, and Mary McCarey, his wife, of the one part, and the undersigned of the other part.

Should intending purchasers desire, land will be sold in lots.

A. A. McLEAN, Mortgagee.

jy22—dy 4i law

Charlottetown Hospital,

UNDER MANAGEMENT OF THE

SISTERS OF CHARITY.

VISITED DAILY by a staff of skillful Physicians. Supplied with all conveniences for the treatment of special cases.

PRIVATE ROOMS at moderate charges for private patients.

For admission and other particulars apply to the Lady Superior, or to any member of the Medical Staff. wky—mch14

HAVE YOU GOT THE GRIP?

THEN USE HAWKER'S TOLU AND CHERRY BALSAM. It acts like a charm. Also use Hawker's Pills with it. Price 50 cents.

HAVE YOU HAD THE GRIP?

Then use HAWKER'S NERVE AND STOMACH TONIC to build up and strengthen the system. It is the best invigorator. Price 50 cents. For sale by Druggists and General Dealers eod & wky feb1

Kent Mills Flour.

Parsons' Pills

These pills were a wonderful discovery. Unlike any others. One Pill a Dose. Children take them easily. The most delicate women use them. In fact all ladies can obtain very great benefit from the use of Parsons' Pills. One box sent post-paid for 25 cts., or five boxes for $1 in stamps. 30 Pills in every box. We pay duty to Canada.

The circular around each box explains the symptoms. Also how to cure a great variety of diseases. This information alone is worth ten times the cost. A handsome illustrated pamphlet sent free contains valuable information. Send for it. Dr. I. S. Johnson & Co., 22 Custom House Street, Boston, Mass. "Best Liver Pill Known."

Make New Rich Blood!

THE PLACE TO GET CLOTHES.

—(o)—

OUR SPRING IMPORTATIONS ARE NOW COMPLETE, and we are showing the Largest and Best Assorted Stock of Cloths in the City, consisting of SUITINGS in

Tweed, Serge and Worsted Trouserings, in Newest Designs and Great Variety.

The Nobbiest Goods in SUMMER OVERCOATINGS. Good Fits and Workmanship in every case guaranteed.

A full line of GENTS' FURNISHINGS always in stock.

JOHN McLEOD & CO.

Charlottetown, June 6, 1890—fri sat, then eod

CASTORIA

for Infants and Children.

"Castoria is so well adapted to children that I recommend it as superior to any prescription known to me." H. A. ARCHER, M. D., 111 So. Oxford St., Brooklyn, N. Y.

Castoria cures Colic, Constipation, Sour Stomach, Diarrhoea, Eructation, Kills Worms, gives sleep, and promotes digestion. Without injurious medication.

THE CENTAUR COMPANY, 77 Murray Street, N. Y.

PRINCE EDWARD ISLAND RAILWAY.

1890. Summer Arrangement. 1890

ON AND AFTER MONDAY, JUNE 2nd, 1890, Trains will run as follows:—

TRAINS FOR THE WEST.

STATIONS.	Express	Accom.	Accom.
	A. M.	A. M.	P. M.
Charlottetown.......dp	6 00	8 45	3 30
Royalty Junction	6 14	9 17	3 49
North Wiltshire	6 48	10 02	4 35
Hunter River	6 58	10 15	4 50
Bradalbane	7 23	10 48	5 26
Emerald Junction	7 30	10 56	5 40
Freetown	7 40	11 10	5 55
Kensington	7 53	11 29	6 17
Summerside......ar	8 15	12 00	6 50
Summerside......dp	8 30	P.M 1 05	
Miscouche	8 45	1 26	
Wellington	9 05	1 52	
Port Hill	9 35	2 35	
O'Leary	10 30	4 00	
Bloomfield	10 47	4 25	
Alberton	11 14	5 15	
Tignish.......ar	11 55	6 05	
Emerald Junc......dp			P. M. 5 45
Cape Traverse......ar			6 35

TRAINS FROM THE WEST.

STATIONS.	Express	Accom.	Accom.
Tignish.......dp	P. M 1 10	A. M. 6 00	
Alberton	1 50	7 05	
Bloomfield	2 15	7 44	
O'Leary	2 32	8 10	
Port Hill	3 23	9 35	
Wellington	3 52	10 18	
Miscouche	4 11	10 44	
Summerside......ar	4 25	11 05	
Summerside......dp	4 55	P.M 12 00	A.M. 6 15
Kensington	5 17	12 31	6 48
Freetown	5 30	12 50	7 10
Emerald Junction	5 40	1 04	7 30
Bradalbane	5 47	1 12	7 39
Hunter River	6 12	1 43	8 14
North Wiltshire	6 22	1 57	8 30
Royalty Junction	6 56	2 41	9 17
Charlottetown......ar	7 10	3 00	9 35
Cape Traverse......dp			A. M. 6 25
Emerald Junc......ar			7 15

TRAINS FOR THE EAST.

STATIONS.	Express	Accom.
Charlottetown......dp	P. M. 3 15	A. M. 6 30
Royalty Junction	3 30	6 50
Bedford	3 58	7 28
Mt. Stewart Junc. ar	4 25	8 05
Mt. Stewart Junc. dp	4 39	8 20
Morell	4 58	8 56
St. Peters	5 20	9 29
Bear River	5 55	10 06
Souris......ar	6 25	10 45
Mt. Stewart Junc..dp	P. M. 4 35	A. M. 8 25
Gardigan	5 28	9 38
Georgetown......ar	5 45	10 00

TRAINS FROM THE EAST.

STATIONS.	Express	Accom.
Georgetown......dp	A. M. 7 00	P. M. 1 40
Cardigan	7 17	2 03
Mt. Stewart Junc...ar	8 10	3 10
Souris......dp	A. M. 6 15	P. M. 12 40
Bear River	6 45	1 15
St. Peters	7 20	1 58
Morell	7 42	2 25
Mt. Stewart Junc. ar	8 10	3 00
Mt. Stewart Junc. dp	8 15	3 20
Bedford	8 40	3 58
Royalty Junction	9 05	4 26
Charlottetown......ar	9 20	4 45

Trains are run by Eastern Standard Time.

J UNSWORTH, Superintendent.

Railway Office, Charlottetown, May 27th, 1890 —ll pre 6i

TELEPHONE COMPANY OF PRINCE EDWARD ISLAND.

THIS COMPANY is now ready to transmit written and verbal messages, by Telephone, between Charlottetown, Hunter River, County Line, Freetown, Kensington, Summerside and St. Eleanors, at the following rates:—

From Station to Station, when the distance is 5 miles or under, for each five minutes' conversation, or part thereof.......... 10 Cents.
do. do. do. 5 to 10 miles.......... 20 "
do. do. do. over 10 miles.......... 25 "

Written messages, subject to Company's conditions, will be sent from Station to Station at following rates:—

When distance does not exceed 10 miles, for twenty words or under.......... 15 Cents.
When distance is greater than 10 miles.......... 25 "
For each additional word.......... One Cent Extra.

A discount of 20 per cent. from the above rates will be made to lessees of instruments.

Written messages will be delivered in Charlottetown within city limits; from all other receiving offices within a quarter of a mile from said offices.

Special rates will be made for delivering at greater distances.

All communications and messages must be prepaid.

The Company is prepared to lease Telephone Instruments in Charlottetown and Summerside at established rates, and to treat with persons requiring private or toll lines.

For further information apply to the Subscriber, at Charlottetown.

ROB ANGUS.

Diamond Dyes

It's easy to dye with Diamond Dyes Because so simple.

It's safe to dye with Diamond Dyes Because always reliable.

It's economy to dye with Diamomd Dyes Because the strongest.

It's pleasant to dye with Diamond Dyes Because they never fail.

You ought to dye with Diamond Dyes. Because they are best.

Our new book "Successful Home Dyeing" giving all directions for all uses of Diamond Dyes, sent free on application. Diamond Dyes are sold everywhere, or any color mailed on receipt of price, 10 cents. WELLS, RICHARDSON & Co., Montreal, Que.

GRATEFUL—COMFORTING

EPPS'S COCOA

BREAKFAST.

"By a thorough knowledge of the natural laws which govern the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. Epps has provided our breakfast tables with a delicately flavored beverage which may save us many heavy doctors' bills. It is by the judicious use of such articles of diet that a constitution may be gradually built up until strong enough to resist every tendency to disease. Hundreds of subtle maladies are floating around us ready to attack wherever there is a weak point. We may escape many a fatal shaft by keeping ourselves well fortified with pure blood and a properly nourished frame." *Civil Service Gazette.*

Made simply with boiling water and milk. Sold only in packets, by Grocers, labelled thus: *JAMES EPPS & CO., Homœopathic Chemists, London, England.*

dec 19—1yr dy & wky

THE WONDER OF THE AGE!

A NEW IMPROVED DYE

FOR HOME DYEING.

Only Water required in Using.

10c a package. For sale everywhere. If your dealer does not keep them, send direct to the manufacturers,

J. S. ROBERTSON & CO., Montreal.

—FOR SALE BY—

GEO. E. HUGHES

Charlottetown, April 5, 1889.

THE GREAT ENGLISH REMEDY

OF PURELY VEGETABLE INGREDIENTS AND WITHOUT MERCURY, USED BY THE ENGLISH PEOPLE FOR OVER 120 YEARS, IS

Cockle's COMPOUND ANTIBILIOUS Pills

These Pills consist of a careful and peculiar admixture of the best and mildest vegetable aperients and the pure extract of Flowers of Chamomile. They will be found a most efficacious remedy for derangements of the digestive organs, and for obstructions and torpid action of the liver and bowels which produce indigestion and the several varieties of bilious and liver complaints. Sold by all Chemists.

WHOLESALE AGENTS:

EVANS AND SONS, LIMITED, MONTREAL.

FOR SEWERS!

Both Public and Private,

CARBONIZED STONE PIPE IS THE BEST.

THE bore is perfectly smooth and straight and the mode of connection prevents any obstruction at the joints. In durability and in many other respects it is superior to any other pipe made.

For further particulars apply to

C. N. VROOM & CO., Manufacturers, St. Stephen, N. B.

☞ We can refer to a number of towns and cities where this pipe has been in use for many years, and has been so satisfactory as to take the place entirely of glazed pipes.

feb19 3aw 6m fr th sat