

ENGAGEMENT ANNOUNCED

IDA BAILEY ALLEN

Delicious Maple Syrup Goes With Many Foods

By IDA BAILEY ALLEN
 Sap, running from maple trees drips into big pails that are ready to be rushed to the evaporators that condense syrup to right thickness for bottling.
 The Chef clumped up the hill, a tin cup of steaming liquid in his hand.
 "Madame!" he exclaimed, "here is an extraordinary brew. Sip! It's very hot!"

Imagine adding it to Sauce Nuburg, for example?
 "Madame, stop! This is heresy! A degradation of an exquisite flavor. I will go for more maple-sap coffee to revive us from those unpleasant suggestions you have cited."
 And off he clumped back to the maple syrup house.
TOMORROW'S DINNER
 Grapefruit, casserole of lamb

with herbs, potatoes rissole green peas, maple - pumpkin custards coffee, tea, milk.
 Measurements are level, recipes for 6.
 Casserole of lamb with herbs: Remove excess fat from 3 lbs. neck of lamb. Cut lamb in pieces.
 Toss lamb with 3 tbsp. flour mixed with 1 tsp. seasoned salt, ¼ tsp. each rosemary and marjoram and 1 tsp. each chopped chives and parsley.
 Brown in 2 tbsp. fat and add 1 (1-lb.) can tomatoes.
 Layer lamb pieces and tomatoes in casserole with 1 tbsp. uncooked rice between each layer. Barely cover with boiling water.

Bake 3 to 2 ¼ hrs. in slow-oven, 325-350 degrees F.
 Maple-pumpkin custard: Combine 1 ½ c. canned sifted pumpkin, ¼ c. sugar, 3 beaten eggs, ¼ tsp. salt, 6 tbsp. maple syrup, 2 tbsp. melted butter or margarine, ¼ tsp. each ginger and cinnamon and 1 ½ c. milk.
 Pour into buttered 9 inch pie-plate. Bake 30 min. in mod. oven, 350 degrees F. If desired, dust top before baking with 2 tbsp. chopped nuts.
 Serve cold, cut in wedge-shaped pieces, with or without whipped cream.
 Custard may also be baked in cups; unmold, and cover with maple syrup sauce.

SPRINGTOWN W. I.

Six members of Springtown W.I. met at the home of Mrs. Dan McPhee, on April 1st. The president Mrs. Ralph Thompson presided.
 The meeting opened by singing
Maple-Pumpkin Pie: To bake Maple-Pumpkin Custard as a pie line a 9" pie-plate with American pie pastry; dust over 1 tsp. fine bread crumbs. Bake 5 min. at 500 degrees F.
 Pour in custard and bake 30 min. at 350 degrees F.
 Serve cold the day it is made.
TRICK OF THE CHEF
 Sweeten grapefruit with maple syrup. Serve as is or grilled.

The Guardian, Charlottetown, Wed., Apr. 29, 1959. 7

the "ode," and repeating the creed in unison, followed by roll call. Minutes of last meeting were read and signed. Correspondence was read and discussed.
 It was moved by Mrs. Herb Thompson, and seconded by Mrs. Duncan Macintosh that \$2.00 be sent to "Easter Seals."
 It was moved by Mrs. Dan McPhee, and seconded by Mrs. Robert Aiken, that \$1.00 be sent to Home Economics. Two bills were presented, and it was moved by Mrs. Macintosh, seconded by Mrs. H. Thompson that those bills be paid. There was \$7.60 taken in.
 It was decided that all motions be passed in by April 11 and to meet on the 14th. to pack them. It was also decided to donate quilt to Salvation Army.
 Mrs. Duncan Macintosh invited members for next meeting. Roll call to be answered by paying for size of shoe. A weights and measures contest was put on by Mrs. McPhee and won by Mrs. Macintosh and Mrs. Herbert Thompson.
 It was moved by Mrs. H. Thompson and seconded by Mrs. Robert Aiken that meeting adjourn. Lunch was served by hostess, assisted by members.

ELEANOR K. BUCK, R.N. — DR. D. C. BROWN

Mr. and Mrs. Hiram Buck of Moncton announce the engagement of their only daughter, Eleanor Kathleen, R.N. to Doctor Donald Corey Brown B. Sc., son of Mr. and Mrs. Corey S. Brown of Shubenacadie, Nova Scotia.

MARY HAYWORTH

Sulking Is Childish Way Of Showing Hurt Feelings

Dear Mary Haworth: Can you explain why a man won't talk to his wife for a week at a time after petty arguments?
 When my husband is like that he can come home to a good meal and act as if I don't even exist. Then he's nice as pie after we make up and just laughs at the whole thing. It makes you wonder why the rift ever happened.
 If anyone should telephone me, and he takes the call, he never lets me know, during these spells; but I always tell him if he gets business calls, because his bread-and-butter is mine, too.
MAN LACKS CAUSE
 If I am wrong I am willing to be first to make amends; but should I always be the one who gives in? After nine years of marriage I should be used to it, I guess; but I think I've had enough.
 I've always said, and still say, that if my husband had any real grievance, or any cause to sulk this way, I'd understand. But why freeze up just because I don't see eye-to-eye with his viewpoint, in every instance?
 Please help me to understand—not that anyone can change his mind, until he makes it up himself. But meanwhile, maybe I'll know what to do. K.N.

HABIT HUNGOVER

Dear K.N.: Sulking is a childish way of demonstrating hurt feelings. It is a handicap-habit carried over from childhood, when it was picked up from poor parental example, and reinforced by wrong handling, usually.
 For a good definition of sulking—what it means, what causes it, how to deal with it, etc., see Doubleday publishers' 1954 edition of the Encyclopedia of Child Care and Guidance, edited by Sidonie Gruenberg.
 On pages 532-3, this authoritative work tells us that a child whose feelings are hurt, or who fancies he has been treated unjustly, may react by withdrawing into silent aloofness. Yet these moods fade quickly for the most part, if the target treats them casually.
COAXING REFUELS
 Coaxing, urging or nagging the sulker to "come out of it" invests the performance with undue importance, thus tending to keep it refueled.
 When a person sulks habitually it may mean that more candid ways of expressing feeling were too much prohibited in formative years. When one isn't allowed to manifest anger, or to cry, or to tell his side of the story, he may lapse into sulking as the only emphatic way of making known that he is hurt.
 Most people's emotional behavior is shaped by the conduct of those who governed their experience in early life; and no doubt your husband is a victim of family conditioning on that score.
TRY IGNORING
 As for what you can do—take a tip from the encyclopedia and neatly overlook your husband's periodic rudeness. If he makes a point of ignoring you at table, wear a bright face but take your meals elsewhere, on a tray; or at an earlier or later hour. Give him the margin of solitude he seems to want, or to require, for emotional healing.
 Also, for the duration of his moods, keep yourself busy, cheerfully, with such personal occupations as mending, note writing, telephone talks, or kitchen visits with neighboring friends, etc.—so that silence won't hang heavy between you and him. That way, you pull the rug from under his game; because it loses point if you aren't waiting numbly for the show to begin. M.H.

WHERE TO FIND?

Dear Mary Haworth: The correspondence from P.Y. in your March 4th column interests me, as I, too, have suffered from the barbarism of electro-shock therapy, so-called. Mary I have the name of that doctor who discovered the blood sugar condition underlying her mental depression and restored her to health with a corrective diet? C.J.
 Dear C.J.: I don't designate

FREE CAMEL

JERUSALEM (AP) — The camel that Mrs. Franklin D. Roosevelt bought here for her granddaughter Nina will be given to some poor Bedouin nomad. Mrs. Roosevelt asked Israeli officials to find a suitable recipient after U.S. health authorities ruled the beast could not enter the U.S.



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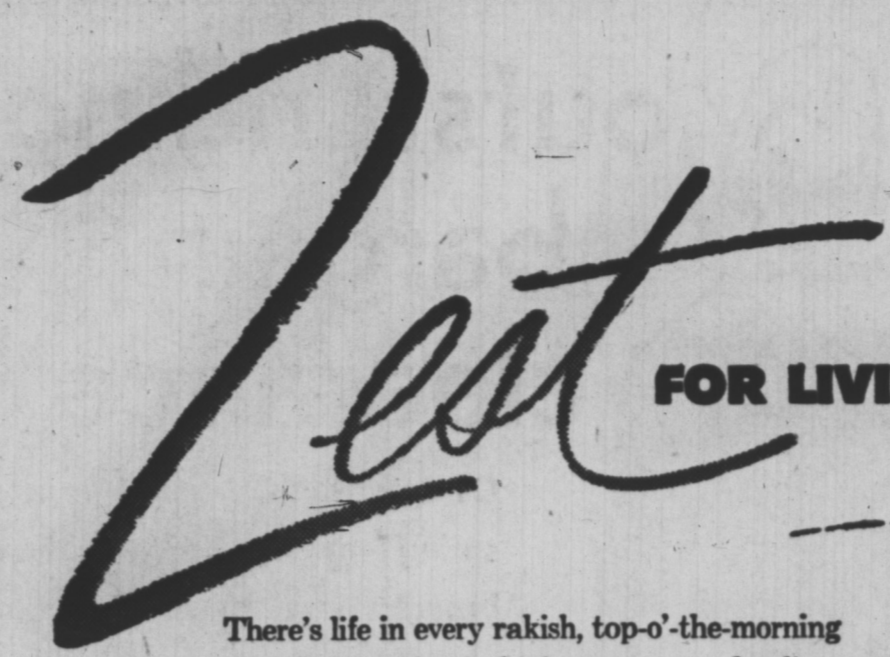
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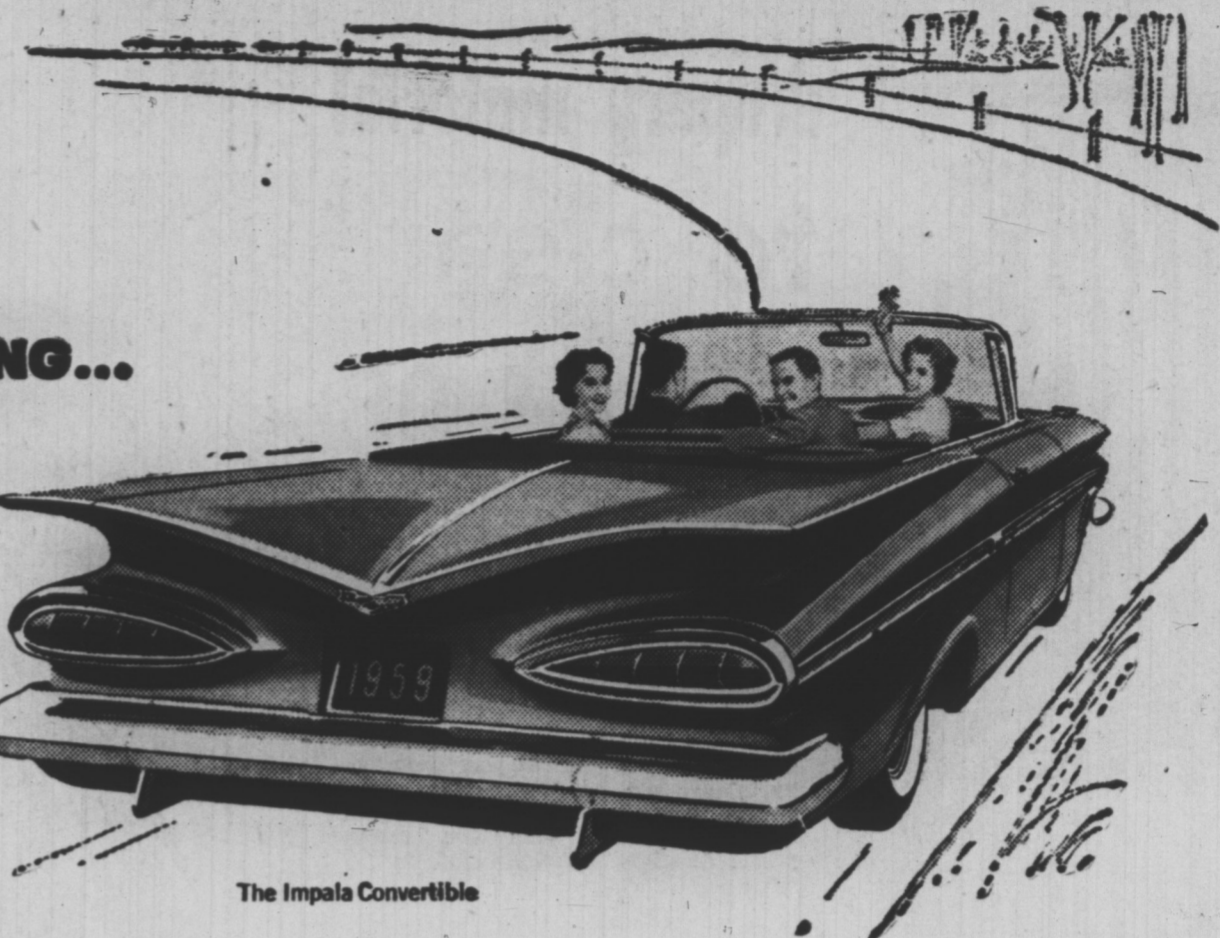


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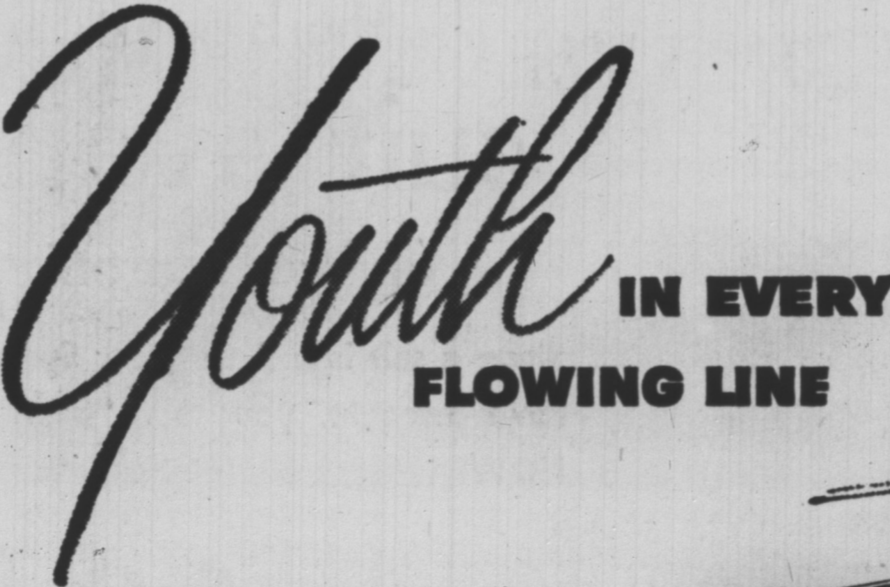


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