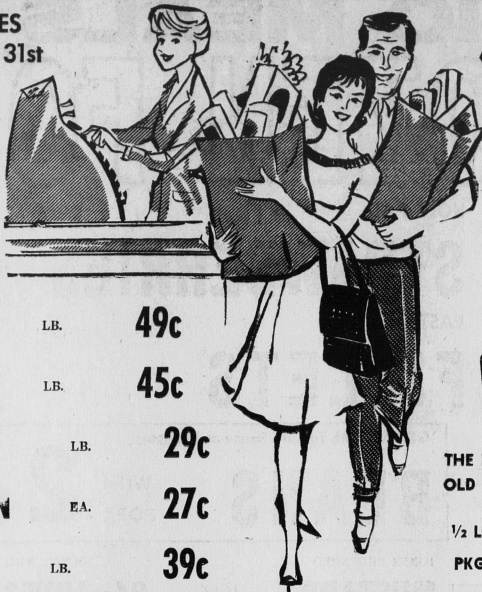


SALE CONTINUES  
MONDAY, AUG. 31st

SPECIALS  
AVAILABLE AT  
SOURIS  
CO-OP  
AND  
VERNON  
RIVER  
CO-OP



You Always **COME OUT AHEAD**

GREEN GABLE

**SAUSAGES**

LB. 49c

SWIFT'S NEW

**WIENERS**

LB. 45c

CORNED OR FRESH BRISKET

**BOILING BEEF**

LB. 29c

CANADA PACKERS

**ENGLISH BRAWN**

EA. 27c

SMOKED, EATS LIKE HAM

**PICNIC SHOULDER**

LB. 39c



THE MARITIME FAVORITE  
OLD ENGLISH BLEND TEA

1/2 LB. 55c  
PKG.

YOU come first at CO-OP SUPER MARKET . . . and that's why this is ONE market that's run the way YOU like it . . . staffed to give you courteous, friendly SERVICE and fully stocked with QUALITY FOODS. And best of all, you always come out ahead on VALUE because our STOREWIDE LOW PRICES cut the cost of a big cartful of your favorite foods. Come in to shop—come out smiling with MORE CASH SAVINGS in your purse.

**ROAST BEEF**  
**BLADE ROAST**  
**ROUND STEAK**

CROSSCUT RIB  
BRANDED BEEF

LB. 55c

BLADE BONE  
REMOVED

LB. 47c

SLICED AS YOU LIKE IT  
FROM BRANDED BEEF LB.

79c

**HEINZ SPECIALS**

BREAD AND BUTTER

**PICKLES** 32 OZ. JAR 47c

PICALLILLI

**RELISH** 2 12 OZ. JARS 57c

TOMATO

**JUICE** 3 45 OZ. TINS 99c

TOMATO SAUCE WITH CHEESE

**SPAGHETTI** 2 20 OZ. TINS 43c

TOMATO SAUC

**BEANS** 3 15 OZ. TINS 57c

MIX OR MATCH SOUP SPECI/

**TOMATO VEGETABLE** 8 10 OZ. TIN 99c

ALLEN'S  
**APPLE JUICE**  
AND  
**FRUIT JUICE**  
ORANGE, GRAPE, PINEAPPLE & GRAPEFRUIT  
3 48 OZ. TINS 99c

ALL BRANDS  
**CIGARETTES**  
PER CARTON  
3.59

MAPLE LEAF  
CANNED  
**PICNIC**  
SHOULDER  
1 1/2 LBS. 1.19

AJAX POWDERED  
**DETERGENT** GIANT SIZE 69c  
ROBIN HOOD  
**FLOUR** 25 LB. BAG 2.09  
GARDEN CITY  
**BUTTER** 2 LBS. 1.09  
SWIFT'S  
**PURE LARD** 5 LBS. 89c

HAMILTON FAMILY ASSORTMENT  
**FANCY COOKIES** 3 LB. PKG. 98c  
HENLEY  
**FRUIT COCKTAIL** 28 OZ. TIN 47c  
SCHWARTZ  
**PEANUT BUTTER** 16 OZ. JAR 39c  
JET—24 OZ. PLASTIC  
**LIQUID DETERGENT** 2 FOR 79c

**FROZEN FOODS**  
BIRDSEYE  
**Orange Juice** 12 OZ. TIN 67c  
BIRDSEYE—BEEF, TURKEY OR CHICKEN  
**MEAT DINNERS** EA. 57c  
SEABROOK FARM BABY  
**Brussel Sprouts** 19 OZ. PKG. 29c  
HIGHLINER  
**FISH & CHIPS** 24 OZ. PKG. 59c  
F. E. I.  
**FRENCH FRIES** 3 LBS. 53c  
GARDEN CITY  
**ICE CREAM** 1/2 GAL. 89c

KRAFT  
**Salad BOWL** 16 OZ. JAR 35c  
KRAFT SANDWICH  
**SPREAD** 16 OZ. JAR 43c  
KRAFT ORANGE  
**Marmalade** 24 OZ. JAR 59c  
KRAFT CANADIAN  
**Cheese Slices** 1 LB. PKG. 59c

WHITE GRANULATED 10 LBS.  
**SUGAR 1.07**

Listen to News and Views on Groceries — CFCY Thursday at 11 a.m.

**CO-OP**  
SUPER MARKET  
AN ISLAND STORE OWNED BY ISLAND PEOPLE  
BIG ENOUGH TO SERVE YOU - NOT TOO BIG TO APPRECIATE YOU  
FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

**FRUIT AND VEGETABLES**  
BREAKFAST  
**GRAPEFRUIT** 5 FOR 49c  
NEW CROP LARGE EARS  
**CORN** DOZ. 69c  
RED RIFE  
**TOMATOES** LB. 23c  
CALIFORNIA  
**ORANGES** 5 LB. 79c  
**CARROTS** 2 LB. 19c