



THEY GOT ME!

Pilgrim and Colonists Pioneer Guides, a group of 15 girls from grades 3 to 12, started taking a first aid course this week at the Montague

Bible Chapel. The Chief Guide is Mrs. Stanley Straight. Five other girls outside the group are also taking advantage of

the course. Mrs. Lot Jenkins, instructor, is demonstrating to two of the girls, Cathy Stewart and Sharleen King.

Women

6 The Guardian, Charlottetown, Thurs., Feb. 11, 1965.

HAPPENINGS

Andrey Jenkins, Women's Editor Phone 4-506

Wayne Nicholson, son of Mr. and Mrs. Claude Nicholson, Montague, left recently for Brantford and Toronto. While in Toronto he will visit with his sister and brother-in-law, Mr. and Mrs. George Johnston and family.

Mrs. Mary McInnis, accompanied by her son, Cyril, arrived at her home in Greenmount last week after a visit to Vancouver, B.C. She was also accompanied by Max McInnis.

Mr. and Mrs. Gilbert Clements, Montague, left recently for Montreal Quebec, where

they will holiday for a short time.

Mrs. Philip MacInnis, Kensington, is spending a few days at the home of her parents, Mr. and Mrs. Harry Birt, Covehead Road.

Leighton Stewart, Charlottetown was a recent visitor to Kensington.

Mr. and Mrs. Stewart MacGregor, East Baltic, had as recent guests their daughter and son-in-law, Cpl. and Mrs. Doug. Hender and family of Montague, also daughters, Sandra of Prince of Wales College

and Myrtle of the Baptist Bible School of Moncton.

Constable and Mrs. Reginald Lutes have returned to their home in Montague after attending the Chapman-Brooks wedding which took place in Moncton recently.

Mrs. Morgan McGaughey, Rockingham, N.S. returned home recently after spending a week on the island, visiting relatives in South Melville, Cornwall and Charlottetown.

Blair White, Campbellton, N.B., spent the weekend at his home in Murray River, guest of his parents Mr. and Mrs. Royal White.

Following are the winners of Thursday night's card party at the Lower Newton school: ladies' first, Mrs. Hazel Acorn; ladies' second, Mrs. Peggy Penny; consolation, Mrs. Joan Ross; men's first, Frank Murphy; men's second, Martin Griffin and consolation, Andy Murphy.

Cpl. D. G. MacLean, Air Force Police, RCAF Summer-side, left recently for Goose Bay, Labrador to take up duties there. Mrs. MacLean, and children Danielle and Mare, will join her husband in June.

J. A. MacLean, Victoria, brother of Cpl. MacLean, has accepted employment as clerk-typist with Canadian Marconi Company, RCAF Station, Knob Lake, Que.

Mrs. Russell Clark, Mt. Stewart, was a recent guest in Montague at the home of her son and daughter-in-law, Mr. and Mrs. Kier Clark.

Sandra Bell, nurse-in-training at the Victoria General Hospital, Halifax, spent the weekend in Montague at the home of her parents, Mr. and Mrs. Cecil Bell.



FASCINATING COMBINATION

By TRACY ADRIAN

Roxane of Samuel Winston's designed this costume in a new and fascinating combination of colors. She also coordinates two fabrics, faille and chiffon.

which is featured with a notched collar, a single button closing and three-quarter sleeves. Underneath is a blouse of brown silk chiffon with a high cowl neckline. To complete the outfit, there is a slim black silk faille skirt.

WI Conducts Demonstrations At Springfield

Hand-made articles were on display when the president, Mrs. Crawford Sinclair, entertained the members of Springfield WI recently at her home. Twelve members answered roll call with a "Hint to More Efficient Sewing". Donations were made to The Home Economics Scholarship Fund, The Lady Aberdeen Scholarship Fund and to an adopted child in Asia.

The program convener, Mrs. John Hagen, read a thought-provoking article on "How NOT to Bring up a Child." She also conducted two interesting demonstrations. First, "How to darn a hole properly" and second, "How to make a beautiful cushion top from scraps of yarn."

Refreshments were served by hostess and committee. Next meeting is to be held at the home of Mrs. William Haslam.

SCHOOLING MANDATORY

Indonesia has ordered schooling for both sexes between the age of 8 and 14 to be instituted by 1968.

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ELLEN'S DIARY

The Piping Of A Blue Jay Heralds Warmer Weather

Now the bleaker frosts come. Not so wind-blown and searching, as we have sometimes had them at Aleties, at the same time as all agree, to be "quite cool."

This morning, we called James in the house - corner to confirm our reading of the glass, which varied considerably from that of the official forecast we had heard. A pair of thermometers hang there, the old and the newer. The former, quite aged, belongs to that era of farming, which throughout wintry days kept us aware of the fluctuations - recorded to such times as we chanced to have potatoes ready to be marketed. James was one who in such a marketing always believed in "easing them away" when it was convenient, a practice which odd times occasioned some passing regret, yet on the whole seemed to average very well. This was before trucks were in common use on farms, and transportation was still being carried out by horses and sleighs. To "The Siding" they must go, a distance of about five miles, more or less.

From there a north wind has often blown us the more or less lonely notes of a passing train. And, on calm days, particularly in those of the autumn, when shades and echoes linger so charmingly over the farm-lands, we could catch too the rumble of those "iron horses" on the rails. And sometimes, hearing a coaxing quality in the whistle, it was to wish that we might leave everything and travel away, to come to visit far countries, to see the glories of the ancient worlds in the seas and far east, and the wonder and promise of our own, near and far.

But on a wintry morning of those years, maybe at the piping of a bluejay down in the orchard in token of warming weather, James at his choring, of us out about, would catch sight of us out about, would call from piggery or barn.

"Run, Ellen, and see what the glass says!" he would call. "I shouldn't be surprised if those potatoes we have graded will go today. Up to 20, is it? I thought so! You might get the wraps gathered in to the kitchen so they will be warm to cover the loads. And you'd better give a ring, and tell him to sort of be prepared - He offered to take up a load. We'll let the day warm up a little before we go. Have dinner on the early side, you could say."

To this day, that old glass gives us to see a procession of sleighs going down the lane, a

respected cash crop on its way off to market. What titillating anticipation that sight engendered! While we were inclined to build "castles in Spain" with the receipts, James' planning would be practical. He would see a new shingled roof, concrete foundations laid, an animal or piece of machinery bought, all to contribute to the farm's welfare.

The new glass - why do we read it? More or less only to take the pulse of the day! "But it can't be 24 below!" we said this morning. "It is! Both glasses say so!" James nodded. "We get some frosts colder here - down by the fresh water, that is."

Until tomorrow - Diary - Good - night...

DA BAILEY ALLEN

"Deep Mystery" Removed From Fried Croquettes

"CROQUETTES are rarely served today in the home," observed the Chef, "but they appear often on the menus of the best restaurants where French methods of cooking are used."

"Croquettes are so practical and so easy to prepare I am sure our readers would enjoy making them. Of course, true croquettes are always French-fried, which means submerged in hot-deep fat."

"Many homemakers, Chef," I said, "believe that croquettes soak up the deep fat and add many, many calories to the food, so instead of deep-frying they saute foods."

"In reality, sauteed foods absorb approximately one-third more fat than croquettes. This is because true croquettes are coated with egg white and dry bread crumbs before cooking, so when they are lowered into the deep fat, the heat at once cooks or firms this coating and excess fat cannot seep in."

How to egg and crumb (or coat) croquettes: For 12 croquettes each containing a rounded tablespoon of the croquette mixture (to be discussed next week), you will need 2 egg whites and 1-3 c. cold water or plain or skim milk slightly beaten together; also 1 1/2 c. fine dry unseasoned bread crumbs.

Put beates egg whites - water, or-milk combination in pie-plate;

put crumbs in second pie-plate. Shape croquettes into balls, cylinders or pyramids; carefully avoid leaving any ridges or "seams" on the outside as these allow fat to seep in and cause croquettes to burst open while frying.

Sparingly cover croquettes with crumbs; then roll in egg white - water-or - milk combination. Smooth - cover again with crumbs. Let stand 10 min. or more to firm coating; then fry in deep fat until golden-brown. To deep - fry croquettes: If possible, use a modern electric-fried deep - fry kettle.

If this is not available, use the time - tested French method. In this case fill a heavy, deep 2-qt. kettle 1-3 full of vegetable-(cooking) oil. Hang a frying thermometer on the edge, so the bulb reaches into the fat. Heat slowly until the temperature given in the recipe is registered.

If you have no thermometer use this bread cube test: drop a 1/4" cube of decruusted bread into the fat; for croquettes it should brown in 40 seconds. Never let the fat smoke; this scorches it and impairs the flavor of the "crust" or outside of the croquettes.

Dip a wire basket or shallow strainer in and out of the fat. In it place 2 or 4 croquettes in, apart; they must not touch each other. Gently lower into the fat, and deep-fry (submerge) until golden brown. Lift out the wire basket, hold over the kettle to drain off any fat, then turn the croquettes onto crumpled paper towels to finish draining.

Here is a recipe for a very simple dessert - croquette, that is even more easily made: a good chance for practice in eggging, crumbing and deep-frying.

Measurements level; recipes for 6

- BANANA CROQUETTES
- 3 medium yellow bananas
- 1/2 orange or large lemon
- 2 tbsp. powdered sugar
- 1 egg, slightly beaten
- 2 tbsp. milk
- 1 c. fine dry bread crumbs or mixed dry cake and cookie crumbs
- Hot lemon sauce (see Chef)
- Cut bananas in halves crosswise. Cut ends to make them square. Place in earthen or glass bowl; sprinkle over orange or lemon juice. Dust with powdered sugar; cover. Let stand 30 min., then drain.
- Use egg, milk, crumbs; and deep - fry according to the directions already given above.
- Serve 1 croquette with hot lemon sauce to each person.

- TOMORROW'S DINNER
- Grapefruit Halves
- Minute Beef Steaks
- Pan Gravy
- Popped Baked Potatoes
- Sour Cream - Chives Topping
- Buttered Green Lima Beans
- Banana Croquettes
- Hot Lemon Sauce
- Coffee or Tea Milk
- HOT LEMON SAUCE FROM THE CHEF

In 3 c. sugar, 1 1/2 tsp. cornstarch and 1-1/2 tsp. mince. Gradually stir in 1 1/2 c. boiling water. Stir-boll 3 min. Remove from heat; beat in 1 tsp. butter and 1/2 tsp. lemon juice. Serve hot.

For a richer sauce, stir when finished, into a well-beaten egg

MARY HAWORTH

Teenager Is Given Advice On Growing Up Too Fast

DEAR MARY HAWORTH:

In a recent column, a school girl, 15, asks how to go about persuading her parents that she did enough to go out (dating or in groups) with teenage classmates and friends. I believe that I can help her. I am a girl who thought she knew everything about life. Well, believe me, I didn't know a thing. At age 15 I fell in love with a boy. There wasn't anything I wouldn't do for him. I neglected my school work and my duties at home. Nothing went right.

My parents trusted me and gave me all the privileges I wanted. When a young girl is given too much freedom it goes to her head. At this point in my narrative, CS is pretty sure to say: "But I am good. I'd never do anything wrong. I can keep my emotions under control. At all times I am clear headed."

Don't kid yourself. I said the same things. And I was never so wrong in my life. Take my advice, CS. Don't grow up too fast. Be glad, CS, that your parents love you, enough to really protect your welfare. One of these days you will be grateful that they used foresight when you were still too green to appreciate their wisdom. Respectfully, A.A.

DEAR A.A.: Thank you very much for reaching out a steady hand to CS. Though you once lost your bearings, temporarily, and came to grief, due to feeling, prematurely, that you "knew life" when in fact you didn't, at least you haven't lost a certain admirable sensibility, namely, of sympathetic good will towards fellow beings.

My hope for you is that you may take lasting profit from what you've learned (at rueful cost to yourself - esteem), and "pick up the pieces" and go forward, chin - up, to make a solidly happy and worthwhile life for yourself in the years ahead. M.H.

DEAR MARY HAWORTH: I have a bone to pick with you. You are always thumbs-down on the woman who falls in love with a married man.

I myself am in love with a married man. Before we met I had heard of him, and of his wife's indifference to him. She didn't care whether he came or went.

Our relationship (his with me) started innocently, over a cup of coffee at a restaurant. It can't be called an affair as yet. Up to now we haven't wanted that; but in time we may. We love just being together, I care for him very much.

Well, suddenly the wife is jealously on the alert. It seems she suspects that another woman (me) interests her husband. She is dotting, watchful, pathetic. If she was indifferent before, why is she so possessive now? L.L.

DEAR L.L.: Is it being thumbs - down in prejudiced vein, or simply objective in the impartial observer role, if one points out to a fool the nature of his folly? That is, when and if the fool has asked one's honest estimate of his involvement?

It isn't my view that bothers you. Rather it is the conscience of mankind, in which you, and your married beau share (however dimly), that causes a man and every woman even tentatively engaged in a two - timing offense against conjugal integrity, to feel defensive, guilty - minded and hostile, and to project that feeling at social critics, actual or imagined.

Such is the real significance of your unhappy letter.

As to why a formerly indifferent wife becomes anxiously possessive if a poacher appears, that's perfectly natural. In the event you live to find the shoe on

the other foot, with yourself the threatened wife, as your husband dallies with another woman - you" comprehend the feeling. M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

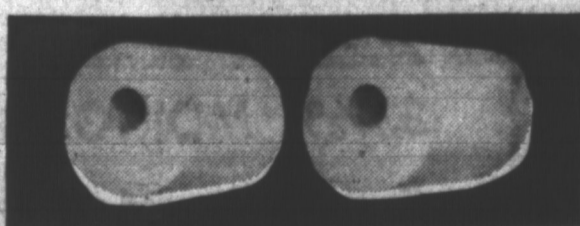
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