

Women

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The Guardian, Charlottetown, Mon., Feb. 16, 1959 5

HAPPENINGS

Mr. and Mrs. Bertram Patterson of Charlottetown, left on Saturday morning for Toronto where they will attend the gift show which is taking place in that City. Mr. Patterson of Patterson's Jewellery Store and Mrs. Patterson will spend a week there in connection with the gift show which consists of jewellery, china, etc.

Mr. and Mrs. John E. Cameron, 260 Grafton Street, Charlottetown, left on Saturday morning for Halifax, where they will spend a week's vacation visiting with their daughter, Mrs. R.H. Shaw and Mr. Shaw and family; also their son Mr. Carl Cameron, Mrs. Cameron and family.

A most enjoyable evening was spent at the home of Mr. and Mrs. R.C. Parent "Ravenwood" when they entertained at a formal dance on Valentine's evening. Miss Laura Hodgson, Char-

lottetown, received word that her brother-in-law, Mr. Alfred E. Jamieson had passed away in Halifax, N.S. Mr. Jamieson had many friends here on the Island and they will regret to hear of his passing.

Xi Alpha Exemplar Chapter of Beta Phi held their meeting Wednesday evening at home of Mrs. Russell Ewing. The president, Mrs. Carl Burke presided. The program on the "Study of India" was continued by two interesting papers being presented on the lives of Ghandi and Nehru by Mrs. Alfred MacNeill and Mrs. George Walters, at the conclusion of which lunch was served by Mrs. Carl Burke and Mrs. George Walters, assisted by the hostess.

Mrs. O. S. Chorneyko, Halifax, N.S. has spent the past week visiting with her parents, Mr. and Mrs. W.R. Keenan, Murray River

TEN MILE HOUSE W.I.

The February meeting of the Ten Mile House Women's Institute was held at the home of Mrs. Leo Mullen with ten members present. The meeting was opened by the ode followed by the creed in unison. The roll call was answered by each member making a Valentine. The minutes of the previous meeting were read and approved. The committees were heard from.

nosegays of pink and white, red and white mums.

Stephen Ferguson, winsome little fingerbear, wore blue blazer, with white flannel slacks. He wore a boutonniere of white carnation. He carried the matching rings on a white satin heart shaped cushion.

The groomsmen were Albert Rose, friend of the groom. The ushers were Arnett Bell, uncle of the bride, and Albert MacLean, cousin of the bride. They wore boutonnières of white carnations.

For her daughters wedding the bride's mother wore, an orchid colored imported silk street length dress yellow accessories, and a corsage of yellow mums.

Mr. and Mrs. Russell Bell, Grandparents of the bride, celebrating their 50th wedding anniversary, the bride of 50 years ago looked charming in a mauve brocaded taffeta sheath, with yellow accessories.

Following the ceremony a reception for 40 guests was held at the Charlottetown Hotel. The bride's table was decorated with white and yellow mums, centered with a 3 tier wedding cake topped with a miniature bride and groom.

For travelling the bride chose a blue velvet suit dress with pink accessories and corsage of pink rose buds.

The happy couple left by plane to spend Christmas with the groom's parents in Ontario. The groom is with the R. C. Navy, and the bride is presently employed at Canada Packers, Charlottetown.

Previous to her marriage the bride was given a shower by Mrs. Chauncey MacNeil and Iva Jay at the beautiful home of Mrs. Chauncey MacNeil, Belvedere Ave. where she received some very lovely gifts.

The bride was presented with a set of dishes and a steam iron by her foreman, Clifford Head from the Staff of Canada Packers.

Also she was given a shower by the Hampton Womens Institute in Hampton hall, where she received a large display of useful gifts.

Mrs. Gordon Ross, 12 Laphorne Ave. Aunt of the bride entertained the rehearsal group on Dec. 19th, where a social evening was spent, followed by a very lovely lunch.

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Buckley's Mixture Canada's latest selling Cough Remedy.

Mrs. Peters reported that she took treats to Gary Court and the Nearing family.

Mrs. Walsh reported her visit to the school Mrs. Nearing thanked the members for their treat. The proceeds of the card party held at Bernard McQuaid's amounted to \$26.50. Plans were being made for another card party at James McInnis.

Mrs. Bernard McInnis kindly invited the members to her home for the next meeting. The roll call is to be answered by a sale of remnants. Thelma Fitzpatrick is in charge of the programme.

The meeting was then adjourned by the singing of the Island hymn. Mrs. Nearing put on a concert consisting of scrambling words which was enjoyed by all. Thelma Fitzpatrick was the winner. The hostess then served a delicious lunch to all present.

SPRINGTOWN W.I.

The Springtown W.I. met at the home of Mrs. Dan McPhee on February 4th. The meeting opened with the president in the chair by singing Ode, and repeating the collect for club women in unison. Roll call was answered by 6 members, one visitor was welcomed.

Minutes of last meeting were read, approved and signed by president. The treasurer reported \$26.80 on hand. Communications were read and discussed.

The following bills were presented. Globe \$10.35, Spray \$5.00, batt for quilt \$1.89, thread 18

IDA BAILEY ALLEN

Norwegian Fish Pudding Delicate Yet Satisfying

"SOME varieties of fish are available in many parts of the world," I remarked to the Chef. "At one season or another, halibut, swordfish, flounder, sole, haddock, cod, pike, perch and bass are generally available. Many of our foreign neighbors

cook and flake or macerate fish with firm flesh, and use it in making fish pates, croquettes or savory fish puddings."

"One of the most delicious fish puddings I ever ate was at the United Nations dinner," said the Chef. "The flavor was exquisite. I understand it was made with minced cooked flounder, eggs, a restrained amount of curry and fresh coconut milk which is, unfortunately, difficult to obtain in the United States."

"So I suggest we feature today a delicate yet satisfying Norwegian fish pudding that is made with plain milk."

All measurements are level: recipes for 4 to 5.

Norwegian Fish Pudding: Poach 1 1/2 lbs. fillet of flounder or whitefish in salted water, then flake extra-fine.

Add 2 tbsp. melted butter, 1 tsp. crushed grated lemon rind, 1 tsp. lemon juice, 1/4 tsp. salt, 1 tsp. paprika and 1/4 tsp. powdered dill.

Pour 1 1/2 c. scalded milk over 1 c. fine soft white bread crumbs. Blend thoroughly with fish; cool.

Separate 2 eggs; beat whites stiff, yolks until creamy. Stir yolks into fish; fold in egg whites. Turn into buttered 4 c. baking dish.

Place in pan; surround with boiling water to half the depth of dish. Steam-bake 1 1/2 hrs. in mod. oven, 325 degrees F. Accompany with lobster or crab sauce.

Lobster or Crab Sauce: Melt 2 tbsp. butter or margarine. Stir in 2 tsp. flour. Gradually add 1/2 c. fish-poaching liquid and 1/4 c. undiluted evaporated milk. Cook-stir until boiling. Cool 5 min.

Beat in juice of 1/2 lemon and 3 tsp. mayonnaise. Add seasoned salt to taste and fold in 1/4 c. diced lobster or flaked crab meat.

SCANDINAVIAN DINNER Swedish Pea Soup

Engineering for boys MECCANO THE PERFECT GIFT!

Norwegian Fish Pudding

Lobster or Crab Sauce
Dilled Potatoes
Buttered Beets
Danish Prune Compote
Coffee
Tea
Milk
DANISH PRUNE COMPOTE

FROM THE CHEF
The delectable flavor of this compote comes from a special trick.

Cover 1 lb. prunes with cold water. Slow-boil until well done. Drain; reserve liquid.

When cold remove pits from prunes, crack them and chop kernels. Add to prunes for special flavor.

Add prune liquid, 1/4 c. sugar, 1/2 tsp. cinnamon and 1/4 tsp. salt. Bring to boil. Blend 1 tbs. cornstarch with 1 tbs. cold water. Stir into prune juice.

Cook-stir until boiling, pour over prunes and chill. Serve in sherbert glasses with whipped cream topping.

LONG HISTORY
Dogs resembling the modern bulldog species were known in Britain as far back as the days of the Romans.

WHAT CAUSES WOOL TO SHRINK?

washing wool in hot water, with the wrong kind of soap causes the tiny fibres to break down and shrink. ZERO, the cold water soap that has been specially developed for washing woollens, stops shrinking or matting. Wash all your woollens from softest cashmeres and baby things to heavy wool blankets with ZERO in comfortably cool water. ZERO's gentle yet thorough action means no hard rubbing... dirt just floats out leaving your woollens sparkling bright, soft as new. Good for Nylon, Orlon and all cool water fabrics, too. Thrifty ZERO saves its cost the first wash. Regular size does over 50 washings, large economy size does over 100. Get ZERO today from your drug, wool, department stores or supermarkets. For FREE sample, write Dept. CI, ZERO SOAP, Victoria, B.C.

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NEWEST R.N.'S POUR

Eighteen nurses of the Prince Edward Island Hospital received their caps on Friday, February 13, 1959. Rev. Mr. Milton gave the invocation and benediction. Miss Mona Wilson addressed the

newly capped students. Chairman of the capping for the ceremony was Dr. MacKenzie. Mrs. Lois MacDonald, Superintendent of Nurses, was in charge of the capping. After the ceremony a reception

was held in the School of Nursing, Nurses Residence, where 80 people were in attendance. Two of the nurses SEATED Nancy Lea of Charlottetown LEFT, a and Eleanor Haywood Charlottetown,

ELLEN'S DIARY

Grand-Daughter Is Dressed Warmly For Cold Weather

"Isn't it good," we commented to James, when he brought in his share of the house-cow's milk this morning "no young lark is expected at the barns these days! They'd come to a hot world."

He nodded. "It's against nature to have them come now. But he's here soberly. I wouldn't be bit surprised, Ellen, if we'd find a lamb in the flock one of these times. The wonder is there hasn't been one before this."

"Come and look at your sparrows in the rosebush!" Granddaughter said with a young chuckle. "They're just like so many balls of feathers! That says today is cold."

She was ready for school at the time, Mack missing this morning, he having to remain away from classes due to a misadventure of a cold. At a window, she waited signs of the truck's mobility.

"Poor little girl," James sighed, "it's a cold morning this, to have to face off to school!" She laughed "I shan't have to face far. Even if I had to walk, the wind would be pretty well at my back."

"I know what I'd do," he grinned boyishly, "and be glad of the excuse to stay away!" How attractively the school-children dress nowadays and quite armly. Coats are pretty and modish, "jeans" too, snug and

I.O.D.E. Chapter Hold Meeting

The regular meeting of the Lucy Maude Montgomery Chapter, I.O.D.E. met at the home of Mrs. Edward Miller, Jr., Monday, February 2nd with 22 members present. The meeting opened with the prayer of the order.

The minutes of the last meeting were read and approved. The secretary then read several letters of thanks for gifts and donations. The regent called for volunteers for the annual Red Cross drive to take place in the near future, and those volunteering to help with this will be advised later where the material for this can be picked up.

Reports of the various committees were then read. At the close of the regular monthly meeting the annual meeting was called to order. Minutes of the annual meeting 1957-58 were

read and approved and annual reports from various committees were read.

A special vote of thanks to the press was moved by Mrs. Jean Jones and seconded by Miss Margaret Riley. Miss Kitty Bethune moved a vote of thanks to the outgoing executive. The new regent, Mrs. Mary DeBlois took over the meeting.

The new slate of officers for the year 1959-60 was brought in as follows: Honorary Regent, Mrs. W. M. Brehaut; Regent, Mrs. Mary DeBlois; 1st. Vice Regent, Mrs. Jean MacKay; 2nd. Vice Regent, Mrs. Beth Hughes; Secretary, Mrs. Betty Whitlock; Treasurer, Mrs. Muriel Michael; Standard Bearer, Mrs. Joan Stundin; Educational Secretary, Mrs. Helen Love; Echoes Secretary, Mrs. Vera Andrew; Counsellors, Mrs. Reta Miller, Mrs. Anne Rankin, and Miss Margaret Riley; Services at Home and Abroad, Mrs. Jean Downe.



MR. AND MRS. WILLIAM MONTIETH

Charming Young Couple Exchange Wedding Vows

A very pretty wedding was solemnized in Free Church of Scotland, Birchwood St., Charlottetown, on Saturday Dec. 20th, 1958 at 3 o'clock, when Helen Elaine, daughter of Mr. and Mrs. James H. Ferguson, Hampton, became the bride of William Glen, son of Mr. and Mrs. James C. Montieth, Lamleath, London, Ontario. Officiating in the double ring ceremony was Rev. R. H. Bishop.

The altar of the Church was beautifully decorated with 2 Christmas trees, the guest pews were marked with white satin bows.

through her column, not by mail or personal interview. Write her in care of this newspaper

MARY HAWORTH

Husband Should Certainly Be Made Stick To A Diet

Dear Mary Haworth: What can we do about a husband and his diet? He says I won't cooperate with the wife's planned meals? My husband has been unhappy for over a year, trying to lose a net eight pounds, to bring his weight down to 172 pounds, as recommended by his doctor, to ward against high blood pressure and heart trouble—ailments that run in his family. (His father died of them, and also had diabetic condition).

My husband weighed around 200 pounds when he married. But I am careful about fats, and prepare well balanced meals, always on time—so his weight is down; and his blood pressure is good; and he is in good health now. However, he stops at his mother's, several times a week, on his way home; and always she "just happen" to have something edible on hand "that needs to be fed." Surely she knows it isn't considerate to feed him, just because his main meal, when he is on a diet and wants to lose. (She, too, is trying to lose weight; and I would).

DIET-POOH WORRY
I feel I've stood it long enough, it Mike says I'm overly sensitive and it isn't important. But I have little things that puncture me. I know—having brought my weight down 20 pounds, a few bars ago. It is hard, and breaking a diet time and again can only lead to failure.

Shouldn't my husband stop being childish? And shouldn't his other see that what she is doing is bad for him? And irritating me? He says it gives her pleasure; but I am made to be the blain. I am tempted to protest her, but hate to... My hands were tied. Please advise.

R.K.
OTHER IN PAST
Dear R.K.: Your husband's other presents a study in arrested development, in her normal traffic with her son nowadays. She is socializing with him at the cookie jar level of influence, when she tempts him to eat superfluous calories, that play

havoc with his weight and the doctor's orders.

She has a competitive feeling that by overruling your diet pattern, and getting him to eat, as it were, out of her hand, she is keeping the inside track with "her boy."

In a sense she is saying to him (by actions, if not in words): "Go ahead, be weak; enjoy yourself, son; Mama loves you just as you are. Come to me when you don't want to be strong; when you'd rather take the easier way, and quit the struggle for self-control." This is her message, because she instinctively message your struggle to change and improve him from the family-pattern that reflects her doing.

MAN CONSENTS
Your mother-in-law is not making a fair effort to keep abreast of the times. Her mind is stuck in a rut of yesteryears. She'd rather not face the fact that her son is grown, with roots transplanted to another household; and that you are a source of real help and strength to him, provided he will cooperate.

So she blindly undercuts your devoted struggles to prolong his life; and he foolishly subscribes to her interference. Their behavior in this respect is wrong, of course, because disloyal to you, and just plain stupid. Each is being as childish as the other, in their exchange.

What to do? A friendly forthright protest seems warranted. Telephone her any day, to say (in effect): "Mike is secretly discouraged about his final eight pounds that he can't lose. But with your help I think he can make it, and reach the weight, his doctor wants. When he drops in to see you on his way home, please hide the fattening foods!"

Suggest tasty vegetable juices for him to drink, and celery or carrot sticks to chew on, as non-caloric special fodder. Surely she won't deny you this, if nicely asked.

M.R.
Mary Haworth counsels

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Boys' popular slip-on gore style in black Leather, plain toe, composition sole. 6.98

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