



Healthy Start for the Millennium

Wednesday Jan 27 12:00 - 4:00

Thursday Jan 28 9:30 - 1:30

IN THE BREEZEWAY OF THE LIBRARY

DISPLAYS

Eating on the Run
 Toward Healthy Weights
 Alternative Therapies
 Stress Management
 Alcohol ... It's Your Future
 STD's
 Drug Awareness
 Total Wellness for Student

PRIZES

3 Semester Hour Course
 Non-credit course
 Fitness Assessment
 Gift Certificates
 And much more ...

Health Fair 99