

Morning Smile

That's Why

An artist spending a holiday in a small village entered the store and asked if they kept camel-hair brushes.

Seeing Is Believing

Women: Do you have a very large piece of beef? Butcher: Yes, ma'am.

How Can I!!!

By Anne Ashley

Q. How can I protect the colored clothes from running when in the wash tub? A. Put a handful of salt into a good-sized bowl of cold water.

The Stars Say --

By Genevieve Kemble

For Tomorrow

THE situation seems to continue static, with little incentive to make any sort of worthwhile effort to put over new projects.

For the Birthday

Those whose birthday it is might find it a waste of energy, assets and initiative in attempting to put over new ideas, plans or cherished hopes and wishes.

Q. How can I keep eggs fresh for a longer time? A. Eggs can be kept fresh for a

That Body Of Yours

By James W. Barton, M.D.

NEEDLESS WORRY OF PARENTS

As a teen-ager, I can remember youngsters going into hospital Saturday mornings to have their tonsils removed, many of them going home in 24 to 48 hours.

In The British Medical Journal, Dr. Israel Gordon, Ilford, England, states, "Many parents suffer needless anxiety and spend money unnecessarily on the treatment of innocuous and minor imperfections in children."

Morrison-Carragher Nuptials



From left to right are the groom, William Morrison, and his bride, the former Miss Mary Theresa Carragher; the bridesmaid, Miss Anna Carragher; and the flower girl, Miss Mary Theresa Carragher.

A pretty wedding was solemnized at St. Ann's Roman Catholic Church, in Toronto, on February 9th, when Mary Theresa, daughter of Mr. and Mrs. Joseph Carragher of Kelly's Cross, was united in the Holy Bonds of Matrimony to William, son of William and the late Mrs. Morrison, Sydney Mines, N. S.

Following the ceremony a sumptuous breakfast was served at the St. Regis Hotel. In the evening a reception and dance was held at Payer's Hall, where about one hundred friends of the couple assembled, music being furnished by the Smith Family of Tracadie, P. E. I.

ELLEN'S DIARY

By an Island Farmer's Wife

And we laughed at the thought of claiming such idle baggage and also to think that these once lightly esteemed volumes should reappear to claim us as their own after so many elapsing years.

And so we accepted them as our due and in company with "this new pair of pot-holders made for you, Ellen," and the fine-knit Sunday socks "for James, poor fellow," we bore them home to our library at Alderley.

There is the old Reader — the red flowers artistically arranged on the cover not so bright as once but still pretty. . . Would he or she that designed it have chosen poppies for the subject if they had for a moment suspected that before too long many a lad who had surveyed them at his rude desk, should one day see them "blow" in their abundance in French battlefields?

Cowper's mournful but pretty, "On My Mother's Picture," leads the selections you remember? It was one among those sacred to any rhymers in class. They did not presume to tinker with it, though they made amusing and often amazing parodies out of the less respected "Rip" was in the pages — a lazy, likable man. Or do you forget him? But how could you . . . when the sky darkened about the school and the birds hushed their louder notes and thunder rumbled away back in the summer hills . . . even then Rip was watching Hendrick Hudson and his quaint and melancholy companions enjoying their game of ninepins in that peaceful "Never-never" spot in the heart of the Catskills!

Now that we think of it, quite lovely selections both of poetry and prose were assembled within the covers of our old Reader. Indeed choice gems from gifted minds if only someone had cared to "open unto us" their beauty and truth. But we received them only as tasks — to be committed line upon line to memory without good reason; to be analyzed, the words parsed thoroughly to the death of every delight contained therein. Despite this, however, some managed to nestle in memory whether or not we wished them.

Remember: Story's "English Speech?" — "Rattled by firm-laid consonants, windowed by opening vowels, thou securely art built, free to the sun and the air . . . Science looks out from thy watch-tower, Love whispers in at the lattice, while o'er thy bastions, wit flashes its glittering sword." Remember . . . Until tomorrow — Diary — Good-night . . .

allowed for each guest at a dinner table?

A. A space of from 16 to 20 inches. This is called the "cover," and each cover should be definitely marked with a service plate.

Q. When giving a tip, is it also necessary to say a kind word of appreciation to a considerate servant?

A. Although not considered necessary, a kind word of appreciation is never out of place.

Taffeta Accessory



Striped taffeta is used for this chic effect, making a little collar and side drape to transform a favorite dark dress into a gay spring costume. If you would like to have a leaflet containing directions for making this DRESS ACCESSORY, send a stamped, self-addressed envelope to the Needlework Department of this paper requesting Leaflet No. 4013.

BABY'S BOTTLE Clean it safely with Baking Soda. Free folder on request. See Life Size, Illustration.

COW BRAND BAKING SODA

Anne Adams Patterns

WRAPS AT BACK

THE BACKWRAP! The dress you love to sew! You'll love to wear it too, so comfortable, so neat and smart! Make it all-one fabric to look like a casual, or make top in contrasting fabric to give you the separates look.

Pattern R4787: Misses' Sizes 12, 14, 16, 18, 20, 30, 32, 34, 36, 38, 40, 42. Size 16 takes 4 1/2 yards 35-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Name, Address, Style Number. Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.



GREAT NEWS FOR MOTHERS JACK-JILL

Here is a grand new cough syrup made especially for KIDDEYS COUGHS AND COLDS. It tastes so good they ask for more! First dose brings fast, safe relief.

JACK and JILL is made by the makers of Buckley's WILMOT'S Mixture and is as good for their coughs and colds as Buckley's Mixture is for your own. Price 50c.

DOROTHY DIX'S COLUMN

Wrong Choice

Girl Picks Sweetheart of Many Faults And Failings

DEAR MISS DIX: They say that love is blind, and I believe it more now than ever before. My daughter has been going steady with a bachelor 40 years old for the past two years (she's 22) and claims she is going to marry him. I think he is wrong for her for several reasons, mainly because he suffers from a chronic dread disease that I call "tightwaditis." They both work for the same firm and have the same day off. Instead of taking her out on this day, he spends it by himself, going to shows alone, then comes over here for a good hot dinner and a free evening of television. At ten o'clock he goes home because he needs his rest. He's been out all day enjoying himself while she stayed home and moped. I think the reason he has never married is that he is a selfish, stingy, self-centered person. He's never given her a gift on her birthday or at Christmas since she has known him. What she can see in him is beyond me!

WORRIED MOTHER

ANSWER: A worse matrimonial bet I couldn't even imagine! Even chronic tightwaditis, usually, to conceal the worst aspects of their falling from a possible future bride, particularly if the girl has a family with money, or a good job. This apology for a man doesn't even have that decency. Does your daughter enjoy the prospect of slaving for the rest of her life in order to feed a bank account? Certain it is that she'll never get a cent for clothes, amusement, or any personal expenses from this tightwad, and she'll be darn lucky to get enough to buy the bare necessities of life!

CONSIDER AGE DIFFERENCE

Furthermore, except in rare and exceptional cases, an eighteen-year age difference is too much. However, your daughter is 22, is legally of age and presumably old enough to know her own mind—if she has one. If she determines to marry her bachelor, you can't stop her. Your role from that point on is to step aside and be ready to help her when she wakes up. Don't be too eager to render financial assistance. That's exactly what Tightwad expects. Knowing you wouldn't let your child want for anything if you could help it, he'll be very willing to accept any aid you extend his wife. Even if you do have to see her suffer for a while, it's what she wants, apparently, and only through bearing the consequences of a very foolish marriage will she come to her senses.

DEAR MISS DIX: We have two children, girls 4 and 6. We would very much like a larger family, but my husband recently discovered that he is diabetic. Our doctor says there is a large chance that the next baby would inherit a tendency to the disease.

MRS. BRENDA D.

ANSWER: In a matter as important as this, I advise the very best advice obtainable—in this case the opinion of a specialist in diabetes. This is one of the diseases on which tremendous research has been done with a great deal of success. Under the care of a specialist, I have known diabetic mothers to successfully bear children, but of course whether these youngsters have a tendency to inherit the disease is something that only time can tell. Do get in touch with an expert in the field and put your confidence in him.

DEAR MISS DIX: I've been married almost twenty years, and have four children, all teen-agers. During all my married life I can never say I was really happy. We broke up twice and I was ready for divorce but decided to try once more. Now we are separated again and I feel it's final. Although I am heartbroken and sick, I can't say

Continued from page 3

Alice Brooks Designs

ONE-A-DAY WONDERS

EIGHT-TO-THE-INCH cross-stitch! You can do a towel a day easily! Fun to make, fun to use. With their gay motifs. Get seven new towels, begin these today! Kitchen-towel motifs that are different, easy! Pattern 7113: transfer of 7 motifs 5 1/2 x 8 inches.

Send Twenty-five cents in coin for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

CUTICURA HELPS SKIN IN 7 DAYS!

Yes, usually in 7 days pimples, blackheads, itching, dryness, and roughness are relieved — smoother skin appears when you use Cuticura Soap and Ointment successively.

Full for 74 years. Buy Cuticura today at your drug or 10¢ store.

Economical Meals

DIVISION OF NUTRITION Department of Health and Welfare

What will I have for supper? This is the cry of housewives everywhere from East Point to Tignish. Because many of us do not plan in time for supper we often sit down to a meal of starches and sweets. It is very important to have nourishing food for supper — a dish including fish, meat, cheese, eggs, or dried peas or beans. These foods contain proteins which are used by our body every day, and are absolutely necessary for health. These proteins are more efficient if eaten at every meal.

Cheese is one of our best protein foods. It is economical, is easily kept, can add nourishment and flavor to many other foods, and not only contains protein but also calcium for our bones and teeth, and all the vitamins found in milk. The following contain equal amounts of protein: 2 ounces (2 1/2 inch cubes) of cheddar cheese costs 7 cents. 2 1/2 ounces (a small serving) of round steak, costs 14 cents. Cheese can be used often in place of meat. When buying it in wedges that have been previously wrapped and priced, ask the clerk to weigh them for you so that you can check the price per pound. It may be that you are not getting your money's worth. Our own Island cheese is the most economical to buy.

Form the habit of using cheese often. Add it to your cream soups — it is especially delicious with tomato and potato. Combine it with potato scallop, fish scallop and any starchy food such as rice, macaroni, and spaghetti. Serve a cheese sauce with vegetables and on toast or crackers. Serve cheese with fruit or vegetable salad. Make cheese souffles, scallops, omelets and rarebit. Give your children cheese sandwiches either plain or grilled. A delicious filling can be made by adding chopped pickle, nuts or seasonings.

In all these ways cheese will add protein to a meal that otherwise might be lacking in it. Write to the Department of Agriculture, Ottawa, for a free copy of "Cheese Dishes". Be wise, economize with cheese!

Better English

By V. C. Williams

1. What is wrong with this sentence? "We came near losing the game to them players." 2. What is the correct pronoun-

tion of "homily" (a sermon)? 3. Which one of these words is misspelled? Guinea, guitar, guilidon, guilless. 4. What does the word "insidious" mean? 5. What is a word beginning with sat that means "gloomy; dull"?

ANSWERS

1. Say, "We almost lost the game to those players." 2. Pronounce the o as in on, not as in home. 3. Guileless. 4. Intended to entrap; characterized by treachery and deceit. "There is no more insidious peril than this." 5. Saturnine.

Household Scrapbook

By Roberta Leo

For the Dog

One can save the money usually spent on dog biscuits, as well as make use of all leftover bread. Slice the bread and put it into the broiling oven. Allow it to get brown on one side, and then turn over and brown until quite hard. This makes a good dog biscuit; it affords splendid roughage and is a good tooth cleaner.

Brass Articles

Brass articles will not tarnish if they are covered with a thin coat of clear varnish. The varnish will form a lacquer which will not wear off unless the article is handled frequently.

Preserves Color

A teaspoonful of strong vinegar in the last rinse water will prevent black socks from losing their color.

Cook's Corner

CREAM OF CHEESE SOUP

Yield—five servings. 4 tablespoons butter or margarine. 1/2 cup finely diced celery. 2 tablespoons finely chopped onion. 1 teaspoon salt. 3/4 teaspoon pepper. 3/4 teaspoon curry powder. 1 tablespoon chopped, fresh parsley or 1 teaspoon dried parsley. 4 cups milk. 2 tablespoons flour. 6 ounces pimiento process cheese. Heat 2 tablespoons of the butter or margarine in upper pan of double boiler. Add the celery and onion and fry over low direct heat, stirring often, until vegetables are tender and golden. Add the remaining 2 tablespoons butter or margarine and heat until melted. Remove from heat. Blend in the salt, pepper, curry powder and parsley. Gradually stir in 3/4 cups of the milk. Cover and heat thoroughly over boiling water. Measure the flour into a small bowl and smoothly blend in the remaining one-half cup milk. Stir into hot mixture and cook, stirring constantly, until smoothly thickened. Shred the cheese and add to soup. Heat in double boiler, stirring constantly, until cheese is melted. Serve immediately.

Modern Etiquette

By Roberta Leo

Q. I have been entertained at a luncheon by a friend. Wanting to return her favor, I have invited her to a luncheon in my home, but she is unable to accept. Is my obligation to her fulfilled, or should I invite her again? A. Your obligation is fulfilled only for the time being. Eventually, you should invite her for luncheon or an evening of cards in your home. Q. How much room should be

HOLMAN'S BOTH STORES Offers -- A Terrific Bargain In All-American DRAPERY FABRICS Manufacturer's Clearance Regular To 3.95 FOR 1.98 1 YARD Here are the lovely drapery fabrics that you have seen in your favorite home fashion magazine. . . Gorgeous, American, Vat dyed prints in a galaxy of Spring colors that will bring Spring right into your home. There's pebble cloth, mummy cloth and sail cloth in 48 inch widths, and there's 800 yards of it to be sold. . . It's an inspiration for new drapes, new slip covers and new decors of all kinds. Come Shop Today for these fine quality Drapery Fabrics at Tremendous Savings!

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