

able decline in cigarette smoking, it lies only with the manufacturers.

Whether or not to smoke remains, thus, a matter for free decision. It need not be regarded by any of us as a "public duty," whether as a means of keeping tobacco farmers in business or as a handy way of helping to finance the government.

Money On The Run

One problem connected with money is that it normally finds its way to whatever location offers it the most satisfying welcome, in most cases, when money moves across an international border, the kind of welcome it seeks is in the form of high earnings. When money stays at home, it is generally because it wants its welcome to take the shape of extra security.

If all money sought the same sort of welcome, there'd be a great easing of the current problem, as between Canada and the United States, over the flow of capital into this country and its balance of payments.

In theory, indeed, this sort of thing would happen: Americans could buy up all Canadian holdings of U.S. securities, as would be permitted tax-free even under President Kennedy's latest proposal. This would produce an impressive new reservoir of capital in Canada. Then Canadian could draw from that reservoir, going as far as its size would permit, to buy up American holdings of Canadian industries.

After all that switching, Canada would find its balance of payments problem appreciably eased.

Sadly, though, there is little likelihood of early developments following these lines, even though they may be among the goals sought through the latest U.S. proposal and the ill-starred plans Finance Minister Gordon was forced to abandon.

The thing that stands in the way is that investment money often seems to have a mind of its own. When governments strive to fence in money, or control its use, the usual response of money is to run for cover—to abandon its sense of adventure and scurry instead in whatever direction seems to offer the best hope of at least temporary security.

One of Canada's greatest troubles is that she never has had enough adventurous money of her own. And now it is being proposed to build a fence around the U.S., which always has had a great deal of such money and has been Canada's chief source of it. So what money is going to do next in either country is giving rise to pretty confused speculation in both of them.

Perhaps only one thing is sure: money never does exactly what it is told to do by any government, not even a dictatorship. So the next few months are likely to prove again that manipulation of money is one of the trickiest and most dangerous art forms in which a country can engage.

Meanwhile, there's at least a chance that money in the U.S. will show sufficient strength to defeat the latest Kennedy proposal and wipe out the alarms it has stirred in Canada.

Which would put us right back where we started—or wouldn't it?

Worth Repeating

It has been issued often enough, goodness knows, but it may be desirable, even so, to give this final repetition to the warning against looking at the sun today during its period of eclipse, which is to be 92 per cent complete over this province at 5:42 p.m.

There is a particular need for parents to see to it that their children are not warned, for the eye damage that can result from doing this can be irreparable and could produce blindness; a terrible price for a careless moment.

Eye authorities insist that the only absolutely safe way of watching an eclipse is by television.

EDITORIAL NOTES

An article on this page yesterday, entitled "As Others See Us: U.S. View of Budget," was for The Christian Science Monitor. Credit to The Monitor for the article was unintentionally omitted.

A railway executive predicts that by 1999 trains will provide dancing, free foods and drinks topped palms in the lounge car, dens for executive conferences and steam baths. "Could they not start now," suggests an exchange, "by providing better cheese sandwiches?"



"I WANT TO PADDLE MY OWN CANOE" THE NEED IS WISDOM

Perils of Federal-Provincial 'War'

Relations between the Federal and Provincial Governments ought not to be regarded as a war. For if it were so regarded, this is a war that will never be won, and that nobody could hope to win. For in a federal system, all the parts are important; all have their place; all are members one of another. None can find health by mortifying another.

One of the chief troubles with turning the federal-provincial relations into a war is that the problems are alarmingly simplified. In a war one party wins over another by its strength, or by its strategy, or by the number of allies it may combine. But in a federal system, winning and losing is not so simple as they would be on a battlefield.

For in what one part loses, all may lose; for when all authorities are interdependent, shifts and changes may not always strengthen one, but often weaken another. And if the strength of one is strengthened by the strength of another, it is strengthened by the strength of all.

Two important matters are at stake. The first is the integrity of the Government will meet in Ottawa with representatives of the provinces. The second is the integrity of the provinces will meet together in Halifax.

Both meetings, coming at this time, call for the utmost breadth of spirit.

If there is to be only demands and charges and impossible claims, there can only be a stilling of the heart and a reluctance to retire from occupied positions. For in a mood of contentment, one can be content to seem to have been doing, and no one can come back to the home with a heart of adjustment, without being charged with having given ground.

It does not mean that the changes in the world which have been made in the Canadian confederation are only minor matters; to the lights settled by a spirit of gentleness and good nature. They are deep problems, going to the very heart of being.

The British North America Act

PUBLIC FORUM

This column is open to the discussion of public affairs in the Dominion of Canada. The opinions expressed are those of the contributors. All letters published are subject to editorial selection. The editor is not responsible for the return of unsolicited material.

COURAGE PRAISED

Five days ago we were startled by the explosion and fire at Cavendish. It could have been a fearful experience for all of us who were enjoying our vacation at your beautiful park, but for the presence of one of our courageous action of the park staff, and the driver of the program truck.

We feel that these men should be publicly commended and we with them a speedy recovery from their burns.

As a laudable expression of our appreciation, we were happy to forward to those two men a silver certificate.

It is also felt that the prompt arrival of, and the good work done by the fire-trucks from New Glasgow and North Bayville, merits a word of appreciation, more so as they are staffed by volunteers.

Arteriosclerosis Seldom Troubles

By Dr. Theodore R. Van Dellen Arteriosclerosis probably is the most prevalent of the diseases which begins early in life but, for a rusty pipe, seldom causes trouble until the passages have become obstructed. When the blood flow is impaired, symptoms appear, and these are usually those of the circulation itself.

Most cases of failure influence the development of arteriosclerosis, ranging from heredity to diet. Those who are afflicted escape the condition should start with a set of long-lived grandparents. It helps also to avoid starchy and to live moderately and with a minimum of stress and emotional upheavals. Unless a blood test shows a high percentage of cholesterol in the serum.

Many pains and other discomforts are attributed to arteriosclerosis but they do not stand a pattern. An older person with night leg cramps may have poor circulation, but a younger individual complains of the same thing, another cause is more likely. Overstretching or injury to a leg muscle is a good possibility, regardless of age.

The same applies to headaches, impairment of vision, shortness of breath while walking upstairs, indigestion, and other ailments. On the other hand, symptoms are more difficult to regard as "a mere skeleton and framework which would not bind us down."

No one wants this country to be gripped by a dead hand. And the Fathers of Confederation built for the future. Sir John A. Macdonald himself refutes it. He said that this constitution ought to be regarded as "a mere skeleton and framework which would not bind us down."

Angina pectoris or corona ry thrombosis may occur. Blood flow to the heart muscle is reduced or shut off. There is a burning, stabbing pain beneath the breastbone which may or may not radiate into the left arm, neck, jaw, or big strokes may follow hardening of the brain arteries. Disregard for anything but the eyes or ears is disastrous.

Arteriosclerosis is a hidden enemy. It has been called the "silent killer." We have no chemical to prevent the process or clear out the obstructing material, despite some claims to the contrary. But drugs are available to encourage the growth of new vessels that will take over the work of the old. In addition, plastic arteries can be inserted to bypass an obstructed segment.

STRAIGHTEN UP

M. M. writes: Is spinal curvature a disease? It is the most high ranking cause of disability in the United States, being further, a chronic, progressive, and incurable condition. It is a condition which is a result of a defect in the development of the spine.

REPLY

No. In the absence of arthritis, congenital bone vertebrae, poor posture is the most likely cause. It is a condition which is a result of a defect in the development of the spine.

STAIRCLIMBING

S. E. writes: How soon after having a heart attack should one walk up two flights of stairs?

REPLY

Many do not. But we do not recommend running up and down two flights of stairs every day.

EXPERIMENT

W. H. writes: Is it all right for a person who has had the heart removed to eat bacon and chocolate?

REPLY

Yes, but not in individual portions. Try it and see.

MANY CANCER TYPES

J. L. writes: How many kinds of cancer are there?

We don't know but one physician has decided arbitrarily on 105.

Today's Health Principles

of the health principles of the fundamental health principles.

Our Yesterdays

(From the Guardian Files)

TWENTY-FIVE YEARS AGO

July 29, 1938

Two Aeroplanes Crashed at Charlottetown

On a pleasure trip and to take passengers desiring to go to the airport, the Aeroplanes crashed.

One plane had to return to Charlottetown without landing, owing to a mechanical failure.

The other plane, a number one, made landing difficult. A number one, made landing difficult.

Information has been received to the effect that E. W. Wynn, secretary of the Charlottetown Canadian Club, has been appointed as secretary of the Veterans' local committee.

TEN YEARS AGO

July 29, 1953

Interested visitor to the Historic Display in the YMCA

Archivist for the Province of Nova Scotia and member of the Board of Canada, Dr. Harvey

is a former Islander connected with the exhibit.

A. Ainsworth, manager of the Maritime Museum, has been transferred to St. John's, Newfoundland.

Management of the Newfoundland Light and Power Co. on September 1.

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1. Develop Self-Confidence

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4. Communicate Ideas Clearly

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7. Know Your Own Power

8. Prepare For Leadership

9. Gain Self-Confidence

10. Conduct A Meeting

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For Information, Write to: E. ENGLISH,

MOTEL CHARLOTTETOWN—Tel. No. 4-8566

CIVIL SERVICE COMMISSION OF P. E. I.

POSITIONS AVAILABLE IN GOVERNMENT OF P. E. I.

AUTOMOTIVE MECHANIC is required for the Government Garage, Charlottetown. This is skilled and responsible work at the full journeyman level in the maintenance and repair of automotive and related equipment. Applicant should have completion of the eighth school grade and considerable experience in maintenance and repair work. Application for a position certificate as a technician should be made to a mechanic from a recognized school and have considerable experience working at this level.

Application forms may be obtained by writing Civil Service Commission, P. O. Box 117 or by calling at 57 Queen Street, Charlottetown.

Closing date for these competitions is midnight, Monday, July 29, 1963.

'Are You One Of Them?'

It's 75 cents worth of rubber of wheels, very screw! You grove into this state. "There are certain requirements. You not only have to have a license to pay the poll tax (\$2 a year). You must be able to read and interpret a section of the constitution. You must be of good moral character. And you have to be able to prove it." This last proviso looks like a stickler. How does it get you out of Mississippi? —Financial Post.

Drivers who tailgate at any speed but particularly at 60 mph on a highway... refuse to signal before they turn... take up both lanes while waiting for a truck to pass... park their delivery trucks in the travelled portion of the street even though there is a designated parking space at the curb... unloading cases of drinks from a truck... turn left from a right-hand lane or right from a left-hand lane... glare on the traffic side when a car glares at you when you are passing... edge their cars gradually into an intersection without waiting for the red to turn green... screech their tires on a take-off or halt (maybe they don't care that it might not work that well).

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A Sense of 'Involvement'

The sight of at least 36 clergy-men including some of the most high ranking members of the United States, being further, a chronic, progressive, and incurable condition. It is a condition which is a result of a defect in the development of the spine.

Among them, a manifesto invited members of all faiths to join in support of civil rights. Among them, a manifesto invited members of all faiths to join in support of civil rights. Among them, a manifesto invited members of all faiths to join in support of civil rights.

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