

# A Fireside Chat With Dr Feelgood

Dear Dr. Feelgood,

There is this sexy girl that is in my class that I find extremely attractive. During class I find myself sinfully daydreaming about her and thinking sexual thoughts. She has silently looked my way once during class at first, I thought she was looking at someone behind me, but no, she was actually looking at me. All of a sudden I felt a tingle in my spine. My palms started to perspire and I started to lose my breath. Then in a flash she turned back to the professor. I figured I had lost my big chance. I had silently watched this beautiful girl and thought about her for weeks and now everything could be lost.

Fortunately, at the end of the class, she looked back seductively to my amazement.

How do I make that first move and not mess it up!?!?

Signed Frustrated  
(name withheld by request)

Dear Frustrated,

For starters things look good for you because she seems to have a genuine interest in you. Go to class earlier next time and sit in the same spot she did last time. If that does not work then give her the most innocent little smile that you can when she looks up at you. At the end of the class try to get in front of her or behind her and try holding the door like a gentleman. If she does go for your polite gesture then bring up casual conversation that mainly interests her. If you feel brave then introduce yourself and ask her about herself. Now remember, at this point to think with your head, because first impressions unfortunately are important. You should remember that you are not the only one who has these problems.

Dear Dr. Feelgood,

I have been seeing this guy for three to four weeks. It has been a great time and very eye opening. However, things have been heating up sexually. I am a virgin in 2nd year and if the sex keeps going then I will lose my virginity. Each week we have been moving along and I am starting to get confused and a little scared. My body has never felt like this before, but my brain is trying to tell me to put the brakes on and sometimes I almost lose all my mind because I have never been this sexually aroused. I care for him dearly and think I am close to love for the first time. If I

tell him no then will he get frustrated and leave me? and if I decide to have sex then how do I bring up the issue of using condoms! Please print this because time is running out!

Signed Clock Ticking

Dear Clock Ticking,

These feelings of lust for the first time are nothing to worry about because a lot of people have felt this way. If this guy care for you then he will understand that you want to wait. If he leaves you then you know that you were blinded by your emotions and that you do not want to go out with someone that wants you only for sex. If you decide to sleep with him but are worried about the issue of condoms, don't worry, I have a little white lie you can tell him to understand. Explain to him that two of your best friends got pregnant even though they were using the pill correctly. They made you promise that you would use condoms whenever sex was involved, or if you feel the straight forward way of just bringing up the condoms issue openly and firmly explaining that you will not have sex unless latex condoms are used. Remember the old saying, No glove,...No love!

Dear Dr. Feelgood,

I have been going out with this guy for about three months and have been generally happy. However, lately I have been attracted to his best friend. I think he is really cute and have been thinking what it would be like if we got together in a sexual sense. I do not want to hurt my boyfriends feelings but as the weeks progress the sex is not as great and my feelings have been getting stronger for his best friend. But to make matters worse I am sure that his best friend feels the same way. If I go ahead with it I could lose my boyfriend and be rejected by his best friend. What should I do?

Signed

Caught in the middle!

Dear Caught in the middle,

The best policy is honesty. Life is too short to not enjoy it to the fullest. Explain this to your boyfriend but please let him down easy. But before this, make sure your boyfriend's best friend likes you. You do not want to be left high and dry because having sex can be stress reducing.

Thank you for your letters I have not decided if I am sold on Dr. Feelgood's name. If you have any suggestions please feel free to submit them to the Gem.

**IN INTRAMURALS**

**FITNESS RECREATION**

SKATING  
 mon • 1:15-2:45 • 6:45-7:30  
 tues • 1:15-2:45  
 wed • 11:45-12:30 • 3:00-3:30  
 thur • 1:15-2:45 • 6:45-7:30  
 fri • 1:15-2:30  
 sat • 3:30-5:30 FAMILY  
 sun • 7:00-8:30

PICK UP HOCKEY  
 mon • 2:45-3:45  
 tues • 9-11 • 2:45-3:45  
 wed • 9-10:30 • 1:45-3:00  
 thur • 9-11 • 2:45-3:45  
 fri • 9-11  
 sun • 10-11:45

COED BROOMBALL  
 tues 8:45-9:30  
 sat 10-12AM

BIOLOGY  
 REC CLUB

COED VOLLEYBALL  
 WED 9:00 Summers vs Capricorn  
 9:45 CHESTER vs AVCA 2  
 NOV 15 10:30 Hawks vs RAGGA 11  
 VS BERNARD  
 sun 3:00 PITCH VS BERNARD  
 NOV 12

BADMINTON • coed  
 sun • 8:00-10:00  
 GYM

RIFLE CLUB • rcmp range  
 wed • 7-10PM

FENCING • COED  
 sat • 9-12 • GYM

FOR MORE INFO CONTACT  
 BARB MULLALLY 566-0606

**THIS WEEK NOV 12-20**

**UPEI'S**

INTRAMURAL HOCKEY  
 mon 7:35 AYC VS BUSINESS  
 (EWT) 8:45 BUSHMICKES VS BLANCHARD  
 tues 7:00 SCALERS VS BUSINESS  
 LEAGUE 8:05 DURLANS VS ENRICIERS  
 wed 7:35 BUSHMICKES VS ENRICIERS  
 LEAGUE 8:45 BUSHMICKES VS AYC  
 thur 7:00 BUSHMICKES VS BUSHMICKES  
 LEAGUE 8:05 SCALERS VS KNICKERS

BASKETBALL  
 MEN  
 SUN 12:00 HOOPSTERS VS BLANCHARD  
 NOV 12 3:00 WOLFEYS VS BLANCHARD  
 mon 6:00 AYC 1 VS BLANCHARD  
 7:00 HOOPSTERS VS INDIANS  
 WOMEN  
 SUN 2:00 ALLIANCE VS ALUMNI 2  
 NOV 12 VS ALUMNI 2  
 MON 8:00 BASKET VS ALUMNI 2  
 9:00 BLANCHARD VS FIELDS HOCKEY

AEROBIC EXERCISE  
 • instructional class-coed  
 mon-wed • 5:00-6:00  
 • video available for use in gym

## THINNESS ISN'T THE ANSWER... IT'S WHAT'S INSIDE THAT COUNTS.

Eating Disorder Awareness Week, October 23-29, 1989. Sponsored by The National Eating Disorder Information Centre (416) 540-3156.

### STAFFING SCHEDULE - STUDENT UNION MINI CENTRE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 - 10:30 Lisa Chandler	10:00 - 11:30 Lisa Murphy	9:30 - 10:30 Lisa Chandler	10:00 - 11:30 Shannon MacDonald	9:30 - 10:30 Lisa Chandler
10:30 - 11:30 Paul Griffith		10:30 - 11:30 Paul Griffith		10:30 - 11:30 Laura Campbell
11:30 - 12:30 Garrell Cole	11:30 - 1:00 Jennifer Bartlett	11:30 - 12:30 Paul Griffith	11:30 - 1:00 Mike Mayne	11:30 - 12:30 MaryAnne Fitzpatrick
12:30 - 1:30 Danny Lazaric	1:00 - 2:00 Andrea Ledwell	12:30 - 1:30 Paul Griffith	1:00 - 2:00 John MacDonald	

Prizes & give aways

Lots of Information

Free Telephone Use

Co Tickets on sale  
 e. 15 & 22  
 Advance Tickets Sale Every Week  
 9:30 - 1:30 Wed.  
 10:00 - 1:00 Thurs.