

Consumption

is contracted as well as inherited. Only strong lungs are proof against it. Persons predisposed to weak lungs and those recovering from Pneumonia, Grippe, Bronchitis, or other exhausting illness, should take **Scott's Emulsion**. It enriches the blood, strengthens the lungs, and builds up the entire system. It prevents consumption and cures it in the early stages.

Prepared and sold by all druggists, **SCOTT & BOWNE, Chemists, Toronto.**

FLOUR

When you want a barrel of choice flour, give us a call; we sell all the leading brands and guarantee every barrel we sell.

When in need of one call on us and let's quote you prices.

SANDERSON & CO

Victoria Row Grocers.

Plant Line TO BOSTON

TO BOSTON

Commencing June 29th, 1900

S. S. Halifax

Will leave Charlottetown at NOON on FRIDAY, and

S. S. LA GRANDE DUCHESSE

Every WEDNESDAY at 9 a. m. for Boston via Hawkesbury and Halifax.

Passengers leaving Charlottetown via Boston, make close connection at Halifax with Boston Tuesdays and Saturdays.

The S. S. Halifax takes Freight and Passengers for Hawkesbury and Halifax.

Tickets for sale at Stations P. E. I. Railway.

For tickets, rates and all information apply to

W. W. CLARKE, Agent Charlottetown

E. L. CHIPMAN, Manager. Apl 24th.

In Five Minutes It's Cooked!
Ralston Breakfast Food
MAKES THE TENDER AND DIGESTION

Most cereals require a double boiler, and at least 30 minutes cooking, while Ralston Breakfast Food is prepared with ease and dispatch in a single boiler in five minutes.

The vigor and strength imparting properties of Ralston come from Glutera and Wheat, the whole berry of which is milled into Ralston Breakfast Food.

There's not another dish so delicious as Ralston Breakfast Food.

FOR SALE BY JENKINS & SON
The Corner Grocers.
115 So. St.

McLeod, Morson & McQuarrie
Barristers, Solicitors, &c.
OFFICE—Brown's Block; South Side Queen Square.
CHARLOTTETOWN, P. E. I.
LOANS NEGOTIATED

South Africa and the East.

THE HORSE AND RIFLE.

The world has learned much from the Boer war. Its great lessons have been that volunteers are equal to regulars, that personal qualities count for more than professional training, that defence is six times as strong as attack, and that therefore a nation of men who are men, trained to the horse and to the rifle, can sleep calmly without bearing the waste in money and human power of a competitive standing army, and if it devotes its powers to developing its wealth and its manhood it will be more ready in the day of need than if it exhausts itself in the maintenance of professional protectors. Canada's armament has by this war become suddenly worth several times what it was before accounted, so that instead of feeling that all we can do would be of little avail in a real trial of strength we can hope to put things in short order in such shape that we shall be able to say with Sir Charles Dilke 'Canada protects herself.' Nay, we have learned that we can not only protect Canada, but help protect the Empire. Coming to details, we have learned the supreme value of good generalship, natural or acquired; the high value of intelligence and initiative in private soldiers; the reasonableness of taking advantage of cover; the strength afforded by making cover from rock wall or sand wall, and entrenching (especially at the foot of hills), whether in advancing or retreating; the advantage of rapid retreat from one position to another, and the fact that it can be done by white men without loss of morale; thorough acquaintance with the country being fought over, and how to make the best use of its peculiarities; the imperative need of thorough and effective scouting and patrolling, whether in advancing or retreating; that artillery does not kill but that it is necessary as if it did as forces without artillery will not face it though they know its killing powers are small; that strengthened field defence is now at least six times, instead of three times, as strong as attack; that regimental transport fatally impedes, and must be replaced by strongly escorted column transport; and that great powers of mobility are today a greater advantage than ever before. Most of the things mentioned here must be taken to heart and applied by our national leaders, military and political, and the duty of citizens in general will be to see to it that they apply the lessons. But there are some that people generally should move actively in themselves.

The Canadian people's lesson from this war is that every male citizen should be taught to shoot straight and to ride well. There is a great deal more horseback riding in Great Britain than in Canada. Hunting has done much to make it popular with the yeomanry as well as with the gentry. In Canada, where, on account of greater distances and softer roads, the horse would be a far greater convenience, our farmers, excepting always the herdsmen of the Territories, have all given themselves over to the less virile buggy. One large reason for this has been that the ordinary use of their horses has been to become trotters. For purpose of defence riding is perhaps not so necessary in closely peopled England as it certainly would be in Canada, a land of magnificent distances, with a land frontier of three thousand miles, and a sparse population. Canada is everywhere, even in the Rocky Mountains, a grazing country, so that in the warm season, from the end to the beginning of winter storage transportation should nowhere be an impediment to mounting our infantry. Very few country boys in Canada are unable to ride bareback, which is the right beginning of training for the saddle. All might, almost without cost, be enabled to learn without cost to the government

I was cured of Bronchitis and [Asthma] by **MINARD'S LINIMENT**.
MRS. A. NIVIGSTONE.
Lot 5, P. E. I.

I was cured of a severe attack of Rheumatism by **MINARD'S LINIMENT**.
JOHN MADER.
Mabou Bay.

I was cured of a severely sprained leg by **MINARD'S LINIMENT**.
JOSUHA WYNACHT.
Bridgewater.

if farmers and country people generally had a mind to see that boys were given the opportunity to ride. Every country boy in the Dominion over the age of twelve should be required by law to learn to ride if he does not already ride; the opportunity to learn could easily be arranged in every school district. In youth there is both the leisure and the desire to ride and as a rule boys learn easily and quickly as compared with older people, as the bicycle proves. Once riding was learned it would not, though unpracticed later, be forgotten any more than swimming, skating or bicycling.

And what is true of riding be true of shooting, also. If Canadians generally are to learn to shoot they must learn in early youth. After twenty-five a large proportion of men who have never shot have a positive inclination to learn, and they easily persuade themselves that they have not the time to learn as a duty. It will be found that the rifle clubs will fail to prove even temporarily attractive to any but a small number and, where their efficiency is not maintained by government requirements such as prevail in Switzerland, where the whole male population is required to take a course in shooting, their attractions are liable to be too often of a demoralizing sort. In Ontario, after the second Fenian raid, an attempt was made to form rifle clubs in some counties. Twenty or twenty-five members, not one-tenth of the male population of a village, was considered a large club, and of this number some of the members did not practice at the target half a dozen times. Those who practiced for a time were the good shots and a few who enjoyed shooting for its own sake. The youth of the families of the members who were allowed to use the fine Henry magazine rifles used by the members of some clubs received the greatest benefit, but the cost of the cartridges, two and a half cents each, was a great deterrent to practice on their part. The rifle clubs very soon died, out and so it will be after the excitement of the Boer war is past. But if boys between the ages of twelve and fifteen years are given the opportunity to learn to shoot they will learn to shoot and to shoot straight, and always with the idea of hitting some object, which is not the way army recruits are taught to shoot. There should be a range or a tube in every school district in the Dominion, with rifles and ammunition supplied by the government for the free use, to a certain extent, of each boy of the proper age, and the guardian of the rifles and ammunition—the school-teacher or other person—should teach the boys the proper care of the weapon. Range shooting in the open is by far the best practice in every way, but the Morris tube, where open shooting is impossible, is perfectly serviceable.

There should be something equivalent to the old Scottish wappenhaw, or weapon show, the survivals of which in the days of the Scottish civil wars is vividly described by Sir Walter Scott in his 'Old Mortality.' It was instituted by the best of the Stuarts, James the Good, whose reign was cut short by his barons before he had worked out his plan, which was that every Scotsman should carry for the king the weapons of his degree and be required once a year to show his weapon and his power to use it.

Save Your MONEY.

To save your money, by getting more for it, ask your dealer in medicine to show you the new 50 cent size bottle of **JOHNSON'S ANODYNE LINIMENT**. It contains over three times as much as the old 25 cent style, which is a great saving to those who use this valuable family medicine. The superior quality of this old Anodyne has never been equalled.

JOHNSON'S ANODYNE LINIMENT

Fifty years ago this month, Dr. Johnson left with me some Johnson's Anodyne Liniment. I remember him distinctly, and could tell you just how he was dressed on that day. I have sold Johnson's Liniment ever since. Can truly say it has maintained its high standard from that time to this. No medicine today possesses the confidence of the public to a greater extent. **JOHN B. RAND, North Waterford, Me., Jan., 1891.**

As a family remedy it has been used and endorsed for nearly a century. Every Mother should have it in the house for many common ailments, internal as much as External. Our book on **INFLAMMATION** free. Price 25 and 50c. **J. B. Johnson & Co., Boston, Mass.**

CARD!

DR. H. L. DICKEY

(Late 'Clinical Assistant' at Royal London Ophthalmic Hospital, Moorfields, and Central London Throat and Ear Hospital)

SPECIALIST—Eye, Ear, Nose and Throat.

OFFICE—Cameron Block
RESIDENCE—Water Street opp Hotel Davies
OFFICE HOURS—9 30 a. m. to 1 p. m. 2 to 4 p. m.
Evenings by appointment.
By's Tested and Fitted With Glasses.

If a yeoman could shoot his bow he would get a gold Jacobus, and if he could not the Fiscal was to assign him to one of the royal castles to be trained. There were also prizes for the best at each exercise, for which, according to Scott, the gentry and the peasantry competed on equal terms. Almost the very same system prevails in Switzerland to day, where every man is required to shoot his course at his own expense. Those who fail to do so at the club ranges, with which every parish is provided, have to present themselves, at their own expense, at military headquarters and put in three days' duty. Upon results shown the government indemnifies each man to the extent of thirty-six cents, which is good for thirty cartridges at government prices. An annual riding and shooting tournament would be a very interesting feature of the school year. It is to be hoped that some member of parliament will raise the proposition for discussion in the Dominion Parliament. It would be a politically popular move.—Montreal Witness.

Insurance Fire, Marine, Life

All British Companies. Risks taken low rates.

HYNDMAN & CO AGENTS

Telephone 67.

Excursions to Pictou

The most pleasant way of Spending a hot day.

Return Tickets good for day of issue, will be sold on steamer

"PRINCESS"

for one dollar and fifty cents each. Fare will include Tea on return voyage. Steamer leaves half past nine local Returns about nine in the evening. By order **F. W. HALES,** Secretary Steam Navigation Co., Ltd. Ch'town, July 7th, 1900.

DR. CLIFT

Cures CHRONIC DISEASES and RUPTURE. Office at Mrs. Stables, corner Prince and Kent Street, Charlottetown, from Saturday evening to Tuesday a. m. every week.

Handicap your Cough!

Don't wait a few days to see if it will "wear off"; it is much more likely to become dangerous and it will undoubtedly be much more difficult to cure. The longer you permit it to prey upon the delicate membranes of your throat, bronchial tubes and chest, the more you render yourself susceptible to other attacks and to chronic pneumonia or consumption.

Adamson's Botanic Cough Balsam

is an infallible remedy: for more than 30 years it has been curing the worst cases and it will surely cure you. **25 CENTS AT ALL DRUGGISTS.**

DOMINION ATLANTIC RAILWAY.

and Steamship lines to Boston via Yarmouth.

The Popular Fast line between Nova Scotia and Boston via Windsor Junction and Halifax

EXPRESS TRAINS leave Halifax daily (except Sunday) at 6.35 a. m. for Digby and Yarmouth, making connection Wednesdays and Saturdays at Yarmouth for Boston. THE ROYAL MAIL STEAMSHIP "PRINCE GEORGE"

2400 Gross Tonnage, 7000 Horse Power, the fastest and finest steamer plying between the Maritime Provinces and Boston. Leave Yarmouth Wednesday and Saturdays for Boston.

on arrival of Express Train from Halifax. Returning leaves Boston Tuesday and Friday at 4 p. m. Passengers arriving in Halifax next day 5.30 p. m. by Express Train. For all information, guide book, folders, etc which will be sent free, write to F. H. Armstrong, general passenger agent, Kentville, N. S.

P. GIPKINS, Gen. Manager
Kentville N. S., May 26th, 1900.

NOTICE.

Having retired from business would all who are indebted to me make immediate payment at the Medical Hall Queen St. Charlottetown. **S. W. DODD.**

NOTICE.

Is hereby given that any person found fishing without permission or otherwise trespassing on the stream or property at Moore's Mill, Milton, either below or above the mill, will be prosecuted without distinction. **dy 2 aw tf.**

Flour.

Some brands of Flour have advanced in price at the Mills as much as 90 cents per bbl. within the past two or three weeks, and some millers think that they have not touched the top notch yet. We were fortunate in securing several hundred bbls. early, and we are now offering them for sale at a very reasonable figure for spot cash. If you want to buy Flour it will pay you to write or call and get our prices before buying elsewhere. Every bbl. guaranteed first-class or money refunded.

Beer & Goff.

For Sweaty Swollen Sore Aching Tender Tired Feet
Try Foot Elm for sale at **Macdonald's Drug Store**
NIGHT BELL NURSES' REGISTER.

DENTISTRY BY SPECIALISTS.

PAINLESS DENTISTRY by use of ELECTRICITY or by the BERLIN METHOD.
MODERN DENTISTRY Crown and Bridge Work (Teeth without Plates).
ARTIFICIAL TEETH—We make all kinds. Teeth Extracted Without Pain.
Berlin Dental Parlors.
CHARLOTTETOWN.

FOR SALE.

20 Building Lots for sale 50x100, will be sold cheap. Also two dwelling Houses on Highland Avenue, together with our whole stock of Crockery Glassware and Groceries, etc.
P. MONTGOMERY,
Queen Street.

DO YOU WANT COMFORT

YOU'LL FIND IT IN OUR HATS.

A man who wears a straw during the hot days feels better and looks better than if he persists in carrying around a heavy felt hat.

Did anybody ever tell you how nice Ramsay's straws are, or better still, did you ever see them yourself?

We have an immense stock of them this year, twice as many as we ever had, and up to the present time have sold more than twice as many as we did any other year this early in the season.

We're rushing them out every day by hundreds and we want to keep on rushing till we have sold every one in the store.

Think how much better you will feel, and come and get one.

R. H. Ramsay & Co