

Woman's Realm/Social and Personal/Fashions/Literature

Pioneer Days In P. E. I.

By F. H. MacArthur

Today I am going to write about etiquette; etiquette in speech, dress, habits, the street, social calls and practical rules on table manners, as these were viewed by our great-grandparents.

First, let us consider the etiquette of speech, but in so doing we must remember that the English language is forever undergoing changes. New words are being added and many old ones have been dropped from use, or are only used occasionally. Take for instance the words "wo worth the youth, or wo worth the day." Here worth is used as a verb, and "to" is understood after it; the meaning being, "we be to the youth," etc.

Many pioneers said "gave" instead of "gave", "don't ought" and "hadn't ought", instead of "ought not"; "what went ye for to see?" and "thee for thou", etc. etc.; but, they did not say "gents" for "gentlemen", "feller" for "fellow", "yeah" for "yes" and "dame" for "girl", as many persons do today.

And now, a few words about dress and habits; in great-grandmother's day, nobody whistled in public places, nor inside of a neighbour's home either, and girls were not supposed to whistle at all. Those that did whistle, fell under the condemnation of a Mrs. Stanley who concocted the following couplet:

"A whistling girl and a crowing hen,
Will call the devil out of his den."

The early settlers never adorned their persons with jewelry of a gaudy character. The few trinkets in their possession were usually simple and the real McCoy. Men were careful not to bring the smell of tobacco or liquor into the presence of ladies; and while their clothes were, for the most part, homespun and home-made, nearly everyone owned a good quality garment to be worn on very special occasions.

No one calling herself a lady would think of venturing out upon the street alone after dark, and girls were supposed to have their Bomeos out of the house by midnight, otherwise father was sure to tap loudly upon the wall of his bedroom; and no gentleman worthy of the name would dare stand on the street corners, or in a hotel doorway, or at store windows, and gaze impudently at ladies as they passed by. No street

callers who were the first to arrive, were also the first to leave. For the older residents in a district or town, it was considered a duty to call upon the newcomers to their neighbourhood.

As regards table manners, gentlemen helped the ladies with a due appreciation; and it was extremely common to press the guests to eat everything, whether they liked the food or not. To butter a large piece of bread and then bite it, as children do, was something to be avoided. To take up a bone with the fingers, for the purpose of picking it, was frowned upon as being very vulgar. Loud talk and giggling by

Lenten Meditations

CHRISTIAN CHARACTER

(The London-Times)

In their developed form the Christian virtues are not consciously cultivated one by one but are fruits on the single stem of Christian character growing from one root. Some may flourish while others are lacking, as when a hard man is conscientious in duty; others can only exist by pervading the whole character, and among these is humility.

The Christian is not infrequently reminded that he must be humble, yet in this grace none can specialize; and there is much vagueness and confusion about its nature. Pagan moralists did not recognize it, and when they encountered it in Christianity despised it as a servile quality, though it is only in modern times that its opposite, hubris or arrogance, has been accounted virtuous by some otherwise civilized peoples.

Humility suffers among the virtues because of them all it is the most easily assumed and its counterfeit forms confounded with the genuine virtue. Subservience, and self-abasement, either for its own sake or for some ulterior motive, are frequently mistaken for it; so are lack of proper ambition, a sense of inferiority, or even a mere shrinking of responsibility in face of life's calls to shoulder it.

Genuine humility cannot be consciously cultivated. The humble man is little if at all given to estimating himself in comparison with others. To strive to be humble is self-defeating because the effort necessarily concentrates attention upon self, whereas the essence of humility is that form of self-forgetfulness which is essential to distinctness—the supreme merit of all good works. The too self-conscious man cannot be truly humble. It is the spirit of reverence and of worship which provides and nourishes the richest soil in which the gentle grace of humility can bloom. Whenever a man loses himself in devotion to a worthy and unselfish end his attitude includes some elements of worship.

In the presence of God—man learns nothing that flatters himself, but rather, "What hast that that thou didst not receive?" and is thus unable to glory as if he had not received it. Learning to accept that he and all things are the work of God's hand, he avoids the subtle temptation to mistake even the divine goodess to him as personally achieved merit. Then success does not bring conceit, nor difficulties and failures undue despondency.

He does not pray to escape all dangers and adversities, but that in them he may be "defended and comforted" by the mighty aid of God who deigns to use him in his service.

children at the table was not allowed in those days; and Grace was said before and after meals. Anyone so unfortunate as to spill his tea, or break a dish, never apologized for so doing. You were supposed to let your regret appear in your face, but it would not be proper to put it in words. When seated at table and serving, the guests did not begin their meal—as they do nowadays—until everybody had been helped. Then they ate with their knives, mostly.

Finally, all children were given this wise counsel: "If you would be what you would like to be—abroad, take care that you are what you would like to be—at home!"

P. E. I. Hospital Capping Ceremony



Above is a group picture of the largest number of probationer nurses to be capped at one time. The ceremony took place at the Cundall Home before a large crowd of friends and relatives. Twenty-three nurses in all received their caps.

From Row (left to right): Jessie Rayner, Tiglish; Gertrude MacRae, Charlottetown; Dorothy MacEwen, St. Peter's Bay; Thelma Locke, O'Leary; Ardeth Dixon, Little Sands; Verna Proud, New Wilshire; Elizabeth Pate, O'Leary; Alexina MacLaine, St. Peter's Bay; Florence MacLeod, Hartsville; Emma Jane Read, Summerside; Janet Ives, Charlottetown; Shirlee Livingston, Hopefield; Audrey Proffitt, Kensington; Edna Nicholson, Mt. Buchanan.

—Photo by Garnham.

That Body Of Yours

By James W. Barton, M.D.

HOARSENESS FIRST SYMPTOM OF CANCER OF LARYNX

While hoarseness is not unusual when a slight cold occurs, if the hoarseness remains after the cold disappears strict attention should be given it. I have quoted Dr. Chevalier Jackson, Professor of Nose and Throat, Temple University, Philadelphia, who has warned physicians and patients for several years that where hoarseness persists for longer than a few weeks the patient should have a most intensive study of his larynx made with perfect vision of all parts of it, and, if necessary, biopsy (a small piece of the growth cut out and examined under the microscope). This should be done not once but two or three times if the throat remains suspicious in appearance.

At a diagnostic clinic held at Temple University of Medicine, Prof. Jackson presented seven patients with cancer of the larynx, three treated by laryngofissure (removal of cancer through front part of larynx), two by laryngectomy (removal of larynx itself) and two by radium. It was most significant as he presented these cases to his fellow physicians, that the first and outstanding symptom noticed by the patient was hoarseness. All of these cases had been treated by one or other of the above three methods and all of them were instructed to say something so that the condition of their voice could be judged. All spoke clearly and in a strong voice; all seven cases had been under observation for years after treatment was finished. One of these cases was considered so serious that only operation would be even worth trying and the patient was sent home for X-ray treatment before operation was performed. However, his condition under X-ray treatment so improved that no evidence of cancer was present when he returned to Temple University for operation.

Cancer of the larynx may appear as an ulcerous, warty or cauliflower mass on one or both sides of the vocal cords. By using a local anaesthetic and removing a part of this tissue, the physician can tell whether it is cancer, tuberculosis, syphilis or other growth.

Don't wait for "late" symptoms—wheezy cough, pain from throat extending to ear, pain on swallowing. Hoarseness is the "only" early sign of cancer of the larynx.

DOROTHY DIX SAYS -

No Intentions

Unfair For Confirmed Bachelor To Monopolize Girl's Time

DEAR MISS DIX: I am a man 43 and have been going with a girl of 29 for the last five years. We are very much in love with each other and have never had any argument on any subject except the question of marriage. She has been after me for the last three years to get married, but I am a widower and, having had a taste of marriage, I prefer to remain single. She knows I love her and never thinks of any other woman. I take her out two or three times a week and we always have a good time. She is all that any man would want for a wife—good-looking, well educated, charming, and I fully intend to marry her some day, but she says that I must either make up my mind to get married this year or she is through. Do you think she is unreasonable?

X. Y. Z.

ANSWER: Not at all, I think she is only showing good sense, and that she would display even more intelligence if she refused to marry you at all, for there is small chance of happiness in matrimony for the woman who has to drag a man to the altar against his will. Evidently you are not in love with the girl. You find her an entertaining and an amusing companion. She is congenial and adds to your pleasure when you take her out. You even enjoy a little love-making on the side that doesn't lead anywhere, and so as long as you can have her society without letting yourself in for paying her bills, why marry? There couldn't be a pleasanter arrangement for you.

THAT, ISN'T LOVE

But that isn't love. When a man really loves a woman he wants her for his own. He isn't satisfied with seeing her two or three times a week and taking her out to dinner now and then. An ardent lover isn't putting off the wedding day. He is using every effort to hurry it up.

You say that one reason that you do not want to marry this girl right now is because you have been married and you dread giving up your freedom. That is a point you do well to consider. Not all men are adapted to married life. There are plenty of men to whom no woman could ever be as dear to them as is their own personal liberty—plenty of men who are not domestic by nature and to whom a wife and children are always burdens. Such men not only preserve their own happiness, but save innocent women from misery by staying single. My sister tell me to marry my sweetheart, and he says that he will not want me if I wait until mother makes a nervous wreck of me. What shall I do?

ONE WHO IS BETWEEN TWO FIRES.

ANSWER: Don't discuss the matter with your mother any further. Just put on your hat and step out with your young man and get married and telegraph her from the first stop on your bridal tour what you have done.

She won't commit suicide. She hasn't the faintest idea of doing such a thing. This is just a threat with which she is intimidating you, and when she finds out it hasn't worked she will forget all about it. And you will be surprised how soon she will ignore the fact that she ever opposed your marriage.

If a mother has a valid objection to her daughter's marriage, if the man is a drunkard or a roue or plain no-account, a girl does well to listen to her mother's advice. But when mother is just a selfish old woman who is willing to ruin her daughter's happiness for her own comfort, the girl is simply idiotic not to marry her man in spite of mother's objections.

DEAR MISS DIX: I am a married woman 40 years old. I am real stout and my husband says I am too fat for him. Please tell me what to do.

A WORRIED WIFE

ANSWER: Go to your family doctor and get him to prescribe a diet for you. If your husband likes 'em thin, you may rest assured that you have either got to lose your avoirdupois or lose him. So get busy. A wise wife takes the tip when her husband criticizes her clothes or her weight.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Better English

By B. C. Williams

1. What is wrong with this sentence? "The message was sent all over the world."

2. What is the correct pronunciation of "vesta"?

3. Which one of these words is misspelled? sauteur, harlequin, helius, hereditary.

4. What does the word "chronic" mean?

5. What is a word beginning with des that means "branny"?

ANSWERS

1. Say, "The message was sent

over all the world." 2. Pronounce si-est-ah, as in it, e as in less, a unstressed, accent second syllable. 3. Harlequin. 4. The science of colors. 5. Pronounce the first syllable as "crow." Her knowledge of chronatics was evident in her paintings. 5. Despotism.

VETERAN RAILROADER

VERMILION, Alta. — (CP) — The recent retirement of Arthur Lindsay, section foreman for Canadian National Railways, brought 47 years of railroading to an end. Forty-four of those years were spent in the service of the C. N. R. and the former Canadian Northern Railway.

Morning Smile

By B. C. Williams

A police officer was preparing to fingerprint an offender. "Wash your hands," he ordered. "Both of them?"

The police officer hesitated for a moment.

"No," he said grimly. "Just one of them. I want to see how you do it."

EARLY SPINNING MILL

The first cotton thread spinning mill in the United States was established on Rhode Island in 1790.

ELLEN'S DIARY

By An Island Farmer's Wife

"I send you this to help you pass the winter—there's not much going on these months, and folks are so shut in, in the country—a kind and well-meaning relative of the family wrote of the book we received today—received as always, gratefully, since reading was ever, and is still among our 'special entertainments. Our benefactress is one who has a busy life. There is her church work, her social duties, which takes in clubs and bridge sessions and the pastimes ordinarily indulged in, in a city, and it is no fancy of ours that she regards rural living with a sentiment which holds it not actual pity, at least some condescension, unacquainted as she is with its extremely satisfying compensations.

"Not much going on" that brought a smile as we checked over the rest of the mail that neighbor to Rob had just brought from the box at lane's end. "Certainly," we commented to grandson standing by, waiting to pounce on the bed-time story in the paper a favorite reading of theirs "there won't likely be any occasion coming up where we could wear a 'nice little straw hat and a prim dress' such as she was to wear at some gala affair in the near future. But still there would be plenty to go to! We raised eyes to the drifts that lay in the fern fields, bright and jewelled where caught in the brilliance of the sun.

Why, there are so many interests and entertainments these Winter months for farm-folks. The women have their church work and their Aids—James always encourages our attendance at the Aid. It may be only that our home-coming usually awakens him from his nap to inquire "And what's the night like now, Ellen?" to reassure him of the success of an insistent task depending on fair weather ahead. There are as well the Young People's Societies filling an important and necessary place in the community they serve. And at the moment the rinks here or there about the country cater to the entertainment of young and older. The mention of these makes Jamie wish to add years to his age, and cause Jennie and others of the family to wonder "Now where are my skates?" and resolve to be off at some early opportunity.

There are the Lodges, too, and we remember now the Federation of Agriculture about to be born in this and our own district giving added interest to farm folks as in a body they meet to study their affairs. Have we neglected to mention the Women's Institute before this? Then not forgotten is this splendid power-for-good, with its helpful aims and worthy ideals. And should we need an added inspiration to all or indeed any one of these enterprises in our way of life, there is "a sound of a going" in the Dramatic Society, which has been dormant for an interval, after

BABY'S COLDS

Help Nature To Fight Them Off

Medical Science denies there is any such thing as a cure for colds—only Nature herself can do it. So when baby's sniffles, or stuffy breathing, warn you of a cold's presence—cooperate at once with Nature. See that baby is kept warm, gets plenty of sleep and take extra care that the bowels are thoroughly cleared of harmful wastes. Do this without upsetting baby's whole system and further weakening it. Try Baby's Own Tablets. Mild, yet set promptly in getting rid of the irritating mucus that makes baby restless and feverish. Mrs. George McBride of Scarborough says: "My baby of 18 months caught a nasty cold so I tried Baby's Own Tablets and she threw this cold of course but she's better. I certainly am for Baby's Own Tablets from now on." Effective also in "coughing troubles, constipation and other simple baby ailments. 25¢.

The moisture in BUTTER-NUT is good wholesome MILK Assured Nutrition for all the Family Eastern Bakeries

Modern Etiquette

By Roberta Lee

Q. When telephoning an acquaintance to see if it is convenient for you to visit, is it proper to open with, "Are you busy this evening?"

A. Definitely not. It is much better to say, "If you are going to be home and not too busy, I thought I'd come by to see you this evening."

Q. Should a man offer to carry parcels for a woman acquaintance that he happens to meet on the street?

A. Yes, if the parcels are large and he is going in the same direction.

Q. Can you suggest a toast to propose to one's boss at a company dinner?

A. "To the Boss: If he is as satisfied as we are, then we have a job for life."

How Can I!!!

By Anne Ashley

Q. How can I clarify fat?

A. When rendering fats from meat, or waste pieces of meat, slice some raw potatoes and drop into the pan until browned. This will clarify the fat and leave it as bright as clear lard.

Q. Is the warmth of a winter coat determined by its weight?

A. No. Oftentimes a lightweight, fluffy material is warmer than a much heavier garment.

Q. How can I treat a pantry which is damp?

A. Place a small box of lime on a shelf, and this will soon make the air dry and pure.

Household Scrapbook

By Roberta Lee

Sour Stomach

Much can be done to sweeten the sour stomach, and also relieve indigestion if a half teaspoonful of baking soda is placed on the tongue and then washed down with a drink of cold water.

Honey Cinnamon Toast

To prepare honey cinnamon toast spread slices of toast with butter, brush with honey, sprinkle with cinnamon and then toast in the oven long enough to blend the cinnamon and honey.

A Stubborn Cold

In many cases a stubborn cold can be broken by dissolving a teaspoonful of baking soda in a half glass of water, and taking this every three hours.

Earning a fine record of service in the community. "Not much to go to in the country!" on the

(Continued on Page 3)

The Stars Say -

By Genevieve Kemble

For Saturday, March 4

ALTHOUGH there may be some static situation, an obstacle or problem to be managed by application, endurance or perseverance, matters of high importance should move to satisfactory crises, by aggressive energy, enterprise, shrewd initiative, or determination. Such progress may be advanced by a curious twist of affairs, a clever strategy or intrigue.

For the Birthday

Those whose birthday it is, while under the impetus of high initiative, enterprise, practical ideas urges or peculiar drives of an exceptional turn, yet may encounter a block of static, congested or stubborn force, difficult to move. It may prove more constructive to develop some exceptional technique, or some strategic or experimental move, with subtlety and peculiar potency more prolific than force or orthodoxy.

A child born on this day, may be excellently equipped for constructive, creative and ambitious place in life, but find itself obliged to adopt peculiar strategies to break up static situations.

YOUR CHILDREN WILL EAT WITHOUT COOKING!

When you serve... Aylmer Catsup makes foods tastier!

A pure catsup, like Aylmer, is wholesome eating for the children, say nutritionists. For Aylmer makes it "home-style" from Canada's finest, red-ripe tomatoes. Children love its "true tomato flavor" and need Vitamin C.

FOR WOMEN (WHO BAKE AT HOME) ONLY THE LADIES AGREE

I JUST WOULDN'T BE WITHOUT FLEISCHMANN'S YEAST

ME TOO! IT IS SO DEPENDABLE

RISES FASTER, BAKES LIGHTER TOO

JUST FEEL HOW TENDER AND LIGHT THESE ARE!

MAKES BETTER DOUGHS BECAUSE IT'S EXTRA ACTIVE

FLEISCHMANN'S TURNS OUT SUCH PERFECT ROLLS AND BREAD, TOO

3 out of 4 Canadian Women prefer... FLEISCHMANN'S YEAST

or the NEW FAST DRY

FRESH

or the NEW FAST DRY

Needs NO Refrigeration!

-Needlecraft-

FOR THE HOME

EYELET ENHANCED

One of those simplicity-smart dresses that take so well to Spring's crisp eyelet touch—on the inset shoulder yoke, again on the easily flared skirt.

No. 2072 is out in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42. Sleeve 18, 4 1/4 yards 36-inch, 2 1/4 yards eyelet banding.

Send 25 cents for each Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Address: Pattern Department The Charlottetown Guardian, Pattern No. 2072

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CHRONIC BRONCHITIS

Don't cough, gasp, wheeze! Chronic Bronchitis means your life is misery! Are you kept awake by a dry, hacking, phlegmy bronchial cough? Get back into bed with Thompson's KAF-MAN—specally made to relieve the symptoms of Asthma, Chronic Bronchitis, Hay Fever, etc. \$1.25 at drug stores everywhere. 2-34

2072