

### CANADIAN FASHIONS ARE SHOWN TO SOUTH AMERICANS

From Lima, Peru, comes the word that North is meeting South in South America these days, as Mrs. Elsa Jenkins, manager of the Women's Department of the Canadian National Exhibition continues her tour of South America countries. Authentic examples of Canada's ancient culture of the Eskimos are being shown to South American groups, by the CNE's goodwill ambassador. These include a 50 pound carving from stone, which Mrs. Jenkins obtained from Canada's far north. Canadian fashions are also being exhibited to South American women by Mrs. Jenkins, who selected samples from the CNE travel show. At the same time, she is seeking examples of Latin American culture to bring back to the Canadian National Exhibition for display in the new Queen Elizabeth Building.

The \$3,500,000 Queen Elizabeth Building will feature special displays of South American handicrafts and native costumes collected by Mrs. Jenkins. Native South American costumes, complete with headresses dating from regal Inca days, handmade rugs, pottery and beaten jewellery are all slated to fill the new display cases in the special sections. Brilliantly coloured fabrics, art treasures and handbags will bring to Canadian viewers a sample of life in the tropical climate.

To add spice to the display, Mrs. Jenkins is planning to bring back a lovely seniorita, member of the newly formed 4-H clubs of South America, to model her native costume and "habia espagnol." The winning girl will be the guest of the CNE and meet some of Canada's 75,000 4-H Club members.



MODISH MATRON - OF - HONOR

Mrs. Florence Dunn, modelling a matron-of-honor ensemble at the R.C.A.F. Fashion Show, has a gown of embroidered aqua nylon with crisp wide skirt, jacketed top, crushed sash and hip bow of matching taffeta, with matching net bandeau and mitts.

### Dr. Zella Clark Group And Senior W. M. S. Honored

The Fern Levy and Junior World Wide Guilds of the Charlottetown United Baptist Church honored their mother guilds, the Dr. Zella Clark Mission Group and the Senior Women's Missionary Society at a special meeting on Tuesday evening at the church.

The meeting opened with a devotional led by Mrs. Allison Mutch. Scripture was read by Miss Jean MacArthur and a duet was sung by Mr. Harold Milton and Mrs. Vic Runtz, accompanied by Mrs. Kenneth Yeo, pianist. A poem was read by Mrs. Mutch and mission hymns were sung. The offering was received by Mrs. Keith Carmichael and Miss Elsie Casford.

The World Wide Guilds entertained with a pageant depicting their work for Home and Foreign Missions. The pageant, written by Mrs. Milton, was under the direction of Mrs. Mutch, Mrs. Douglas Cameron and Mrs. Milton, assisted by members of both groups.

Following the pageant, Miss May Bartlett, field worker of the United Baptist Women's Missionary Union for Nova Scotia and P.E.I., spoke on her work in these provinces. She told of the work being done in Home Missions, especially in the Halifax - Dartmouth area. She also outlined the program of the "New Churches for New Communities" project and highlighted the work being done in new communities by the Baptist Church. Miss Bartlett was introduced by Mrs. Milton and thanked by Mrs. Walter Baker.

During the program Mrs. Hartley Cunningham was presented with a Dominion Life Membership in the U.B.W.M.U. and pin. Introducing the ceremony was Mrs. Milton with Mrs. T. G. Ives and Mrs. Harold Huggins, members of the W.M.S., taking part. Mrs. D. N. Bell presented Mrs. Cunningham with the gold pin symbolizing the life membership.

Refreshments were served by Guild members under the direction of Mrs. Stirling Inman. The attractive table was decorated in the Guild colors, blue and white with blue candles flanking bouquets of blue and white flowers. The meeting was closed with the Mizpah benediction.

### KEEP IN TRIM

#### In The Spring Of The Year, It Is Diet Time

By IDA JEAN KAIN

In the spring of the year, many a woman comes home from a shopping tour determined to "do something" about her figure. With many it isn't so much a question of excess pounds as it is soft muscles and bulging inches.

What causes figures to go to waist when overweight is not a big problem? Will specific exercises help to re-shape the silhouette? Can flabby muscles be restored to tone, and is it possible to streamline the frontlines? These are some of the questions asked at this season.

Figures go to waist when the big muscles of the body have lost tone. If you are not more than 10 pounds above normal weight for your build, regular exercise can work streamlining wonders. Exercise tones up the muscles and puts a stop to sagging. Also on the plus side, circulation is improved and well-being enhanced.

**SLIMS THE WAIST**

Stretching exercises, combined with side-bending, increases flexibility and slims the waist and midriff. Strongly contractive movements restore tone to the girdle muscles. Leg swinging in which the angle is past 45 degrees reaches the bundle of muscle on the back of the hips. Here is a trio of exercises to reach these fat susceptible spots.

Position: Standing with feet apart, arms out at sides, shoulder level.

Movement: Pull up and in firmly with the girdle muscles and bend slowly and smoothly side-wards, keeping shoulders relaxed. Center the action from under arms to top of hips. Hold the stretch-bend as you stretch clear to fingertips. Return to position and then bend to opposite side and again hold. Repeat 6 times.

**DOUBLY EFFECTIVE**

Here's a two-in-one exercise to slim waist and flatten frontlines.

Position: Stand on knees and then sit back on heels, arms out at sides, shoulder level.

Movement: Pull up and in strongly with girdle muscles and hold this lift throughout exercise. Slowly bend side-wards to the right, aiming to touch fingers of right hand to floor, at the same time reaching up with fingers of left hand. As sidebend is nearly completed, with sheer force of girdle muscles, raise hips slightly off heels. Hold. Return to position and bend to other side. Repeat 4 to 6 times. This controlled exercise is doubly effective.

To tone hips and flatten frontlines:

Position: Lying on left side, head on folded arm, legs straight down.

Movement: Flex right knee briskly toward chest, shoot leg straight down, then swing vigorously toward rear. Do this to count of 1-2 swing. Repeat 10 counts, holding leg on alternate swings. Change sides and repeat.

### Notre Dame Alumnae Observes Mary's Day

The following tribute and report was written by a member of Notre Dame alumnae.

On Saturday, May 11, time was turned back for one shining hour when former students of Notre Dame Academy once more filed into the beloved chapel of their school days, to assist at Mass and receive Holy Communion in honor of "Our Lady" on her special day. Mass was celebrated by Rev. P. F. MacDonald and Notre Dame choir was heard in a number of beautiful hymns. The Altar, lovely with its wealth of spring flowers and gleaming tapers was the focal point of all eyes, as well as hearts.

After mass coffee and rolls were served in the Sodality Hall, prior to the business meeting at which the president, Miss Jean Zakern, presided, which terminated the morning activities.

In the afternoon the alumnae re-assembled in the chapel, where they were addressed by Rev. Walter Reid, of the Basilica staff, who also gave the Benediction of the Blessed Sacrament.

Later in the Sodality Hall, Mary's Day Chairman, Miss Alma Sheehan, welcomed both Sisters and Alumnae to the afternoon session and congratulated them on their wonderful turnout.

The president, then introduced Mr. Leo Doyle, Mr. Charles McInnis and Mr. J. K. MacDonald, Knights of Columbus Men, who presented an inspiring program on Catholic Books in the home. Mr. MacDonald, gave a very interesting and educational address on the necessity of parental guidance in the reading material of their children.

Miss Alma Sheehan, on behalf of the Alumnae extended a most sincere vote of thanks to the Knights of Columbus Men for their most intellectual program. An informal tea hour followed, which brought another happy observance to a close.

**HAMPTON W.I.**

Mrs. James Campbell was hostess to the Hampton Women's Institute on Monday evening, May 6th. The president, Mrs. William Myers presided and opened the meeting with the collect repeated in union. The minutes were read by the secretary, Mrs. F.A. Merrill approved and signed. This was followed by the roll call. Plans were made for the Pantry Sale which will be held soon. Collection amounted to 80 cents. Meeting adjourned and lunch was served. Next meeting at Mrs. Warren Innans.

**FAST FLIERS**

Recorded instances of water-fowl in flight show canvasback ducks can travel 72 miles an hour.

### ELEANOR ROSS Gabardine Play Togs Are Smart In Fashion

By ELEANOR ROSS

There's always something new in fabric interest each season and this year it's cotton gabardine for playclothes. The fabric tailors beautiful and washes well—what more can one wish for in smart sportswear?

As you know, late spring and early summer, as school's begin coming into the stores well ahead of time. So it's a wise shopper who, by this time, has looked at, if not purchased, the shorts, skirts and toppers that will be right for wear pretty soon.

All sorts of tailoring tricks are used to give added interest to these new cotton gabardines. For example, saddle-stitching, caloped pockets and necklines, self-cording, tab and button detail are very much in evidence.

Shorts are very short and seem to be suited for only the very slender figure. The camisole top is very popular, whether it bares the midriff or meets the waistband of the shorts. Coordinates and mix-match separates in cotton gabardine are plentiful and take care of the needs of the limited wardrobe.



POPULAR COLOR

Yellow, which did so well last year, was not expected to duplicate its success this season. Yet, despite the color card pundits, yellow is back again doing nicely in both clothes and accessories. Hannah Troy does her pretty "little boy" suit in pale yellow Scotch tweed of great softness. The jacket, with almost no fit at all, save for the curved seam detail over the bustline, stops at a young length over the straight but easy skirt. The bone buttons are repeated low on either side of the back of the jacket for the still-prevalent back interest detail. An attractive suit on its own, it does nicely under a coat or cape.

### Combines Visits To Fashion Studios With Sight-Seeing

By SYLVIA HACK

Canadian Press Staff Writer

LONDON (CP)—With a guide book in one hand and a photographic album in the other, Canadian fashion model Edythe Slee combines sight-seeing with job-seeking as she pounds the London streets.

"There is much to take in," says Mrs. Slee, a tall, dimple-cheeked brunette from Toronto.

"As I do my rounds of the fashion photographers, I fit in visits to historic places."

The 24-year-old widow of a Sabre-jet pilot, killed when his plane crashed two years ago, came to Britain in April to gain "European modelling experience."

**HAS SON**

"It was hard to leave my two-year-old son Ricky," she says. "But I think British experience will help enormously. I wanted to be a success for my son's sake."

Her mother-in-law who lives at Toronto's suburban Mimico district is taking care of Ricky.

Since her arrival Mrs. Slee has taken in the Tower of London, Buckingham Palace, art galleries and the British Museum. She has also done three modelling jobs: one with a West End department store displaying furs. The other two were modelling bathing suits for television commercials.

"Getting known" brings in work for a model. And Mrs. Slee has registered with a model agency who will circulate her photograph and statistics—35-23-34—to fashion houses and photographers.

**PERSONAL VISITS**

Touring the photographic agencies personally is another way of getting known. Mrs. Slee introduces herself and leaves a photograph behind.

Between working assignments, she keeps as near to the telephone as she can and doesn't leave the house until 11 a.m. "You get very short notice for this type of work—but that's a model's life."

If funds get a bit low, Mrs. Slee says she'll take a part-time job in one of the arty coffee-bars in the Hampstead area, where she is living.

### It's Open Season Again On London Debutantes And Such

LONDON (Reuters)—London's debutantes, deeply enmeshed in the annual social season, are taking a beating from the newspapers few of them read.

Much of the laughter at the debs' expense comes from a new book called *How To Be a Debs' Mum*, written by a titled society woman who signs herself Petronella Portobello.

The book, published this week, describes the trials and tribulations of a mother organizing her daughter's social debut. "No one knows how catty women can be until they are launching a kitten," she declares.

In these days of heavy taxes, much attention is paid to financial problems. Petronella decided it is not wise for people with relatively little money to bring out a girl too young.

"The cash and bring last for so short a time under present conditions, that if they're too young and shy to enjoy themselves, it's just a pitiful waste."

**PROBLEMS ARISE**

Mothers connive to get their daughters invited to the greatest possible number of parties, but problems arise. "If Mrs. K entertains Miss Y to dine for Lady Z's ball, then Mrs. Y will have to ask Miss X to the Y-family dance, even though Mrs. X has avoided bankruptcy by refusing to give any ball and has merely held a few dinner parties."

Offers to share balls—and hence expenses—among two or more families present opportunities comparable only to "that of an aging virgin who suddenly and almost simultaneously receives several proposals of marriage."

The book has had a varied reception. The Sunday Times said it is a very amusing picture of what really takes place when you begin to launch your daughter.

Marghanita Laski, in the rival Observer, analyzed it more acidly as "tribal rites" in social London. The Tabloid Daily Sketch used the book as a springboard to blast the debutante system as "the last ultimate bastion of 19th-century snobbery" and debs' mothers as

### Mothers Are Concerned About Nuclear Tests

ST. CATHARINES (CP)—Mrs. Rex Eaton of Vancouver, president of the National Council of Women, said Wednesday the mothers of Canada are concerned about the dangers of thermonuclear tests.

"We are fully conscious of the need of military stress in a world divided," she said, "but we are alarmed at the threat of such experiments against health, particularly that of our children."

Testing of nuclear weapons is contributing to today's emotional insecurity throughout the world, Mrs. Eaton told the council's annual three-day meeting.

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### Canadian Girls Will Marry On Island Of Fiji

VANCOUVER (CP)—After failing to get permission for their fiancées from Fiji to enter Canada, two Canadian girls are bound for Suva, Fiji.

Dina Noonan, 24, and Swaso Kaur, 22, had striven for three years to obtain admittance to Canada for their intended husbands.

Miss Noonan's fiancée, John Fatiaski, 24, and Miss Kaur's betrothed, Joel Kamali, 26, were sailors on a Fijian ship who smuggled themselves ashore after being refused entry by Canadian immigration officials.

The girls met them at a house party and "it was love at first sight for all of us," said Swaso.

When they discovered there was little hope of gaining permanent entry to Canada the two men gave up the sea, and both now work in government offices at Suva.

The marriages are expected to take place within 30 days of the girls' arrival at Suva. "But we are going with the firm intention of winning the right to bring our husbands back to Canada with us," said Swaso.

"We may have to fight it for some years, but we are determined that the right of a Canadian girl to marry whoever she likes must be conceded."

### She Enjoyed Sail Across Atlantic

LONDON, Ont. (CP)—Beautiful sunsets, rousing dawn and merrily bread are the three things Mrs. Joan Phillips of Beccles, Suffolk, England says she will remember most about her Atlantic crossing in a 40-foot ketch.

The ketch Windstream landed at New York Good Friday after a seven-month, 10,000-mile trip.

Mrs. Phillips is in London visiting her uncle, Rev. Dr. A. H. Crowfoot, an assistant rector of St. Paul's Anglican Cathedral.

A dingy racer at home, she joined the two-man crew at Barcelona, Spain last September. Mrs. Phillips is in London visiting her uncle, Rev. Dr. A. H. Crowfoot, an assistant rector of St. Paul's Anglican Cathedral.

Despite "frightening storms" and days of becalmed weather, she says she enjoyed the trip immensely.

She liked the night watch because of the sunsets and the dawn. Then there was the merrily bread because the ketch had no refrigeration.

**THEY GIVE \$2,000**

OSHAWA, Ont. (CP)—The 15-00 members of the Seventh-Day Adventist Church in Canada contributed about \$2,000 to the support of the church last year, Eldon L. Green, national secretary-treasurer announced Friday.

**MARVEN'S**  
DAINTY SIZE  
**SODAS**  
PURITY AND QUALITY

### Has Supervised 30,000 Nuptials

TORONTO (CP)—A good wedding counsellor needs a quick wit, infallible memory and tons of energy, says Clair Dreier, who has supervised almost 30,000 weddings.

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