

That Body Of Yours

By James W. Barton, M.D.

IMPORTANCE OF CHILDREN'S FIRST TEETH

I frequently write about the mistake parents make in thinking the first or baby teeth are not important. I have pointed out that, aside from the health standpoint in not chewing, or being able to chew their food and mix it well with the mouth digestive juice, losing the first teeth early causes a closing up of the space that should be left for the second or permanent teeth to occupy their proper places.

Some information on the importance of the first teeth is given by the President of the American Dental Association in the Journal of the Association. This high authority, Dr. Otto W. Brandhorst, St. Louis, states that "The erroneous belief that a child's first teeth are unimportant because they fall out anyway has added immeasurably to the staggering toll of adult dental disease."

Loss of teeth prematurely in children, that is before the second or permanent teeth are ready to fit into their proper places in the mouth, can lead to poor mastication, diseased second teeth and disfigurement of the face as remaining teeth shift and crowd out of position the second set trying to break through.

Dr. Brandhorst states further that, "The future dental health of our children lies in the hands of today's dental prevention is the key to dental health."

How can parents and teachers help first and, later, permanent teeth?

Dr. Brandhorst lists four rules for dental health of children:

1. Proper use of the toothbrush immediately after eating. If a child can't use the toothbrush, he should be taught to rinse out his mouth with water ten minutes after eating.

2. Diet should be balanced, using as little sugar as possible. Sugar is number one enemy of dental health and main cause of tooth decay.

3. Early detection and treatment of dental disease will prevent more serious dental illness later.

4. The fluoridation of community water supplies is "the most effective large-scale means ever devised for the prevention of tooth decay."

Already 600 communities in the United States have this method in operation. Children where fluoridation is used, have two-thirds less tooth decay than children living in areas where water supplies are fluoride deficient.

Household Scrapbook

By Roberta Lee

Putty

The putty in window frames can be softened by stirring together two pounds sal-soda, one-half pound lime, one gallon hot water. Apply while still warm to both sides of the glass and let it remain for 12 hours. The glass can then be removed without cutting.

The Range

If necessary to mend a crack on the inside of a range, use a filling made of equal parts of wood ashes and common salt, moistened with water. It will prove hard and lasting.

Separating Eggs

If a small bit of the egg yolk is dropped into the white when separating them, moisten a cloth with cold water, touch to the yolk, and it will adhere to the cloth.

Alice Brooks Designs



ELLEN'S DIARY

By An Island Farmer's Wife

We sometimes suspend the makings and bakings which we like to think are an integral part of the barn-building at this place "in the road" to come with the children out about -- to view silently "the dear little sparrow-mother," sitting in the cool sheltering green of a low spruce on the lawn; to admire at a respectful distance the nursery of the wren by laneside, where now hungry nestlings present a problem to the busy anxious parents.

"You will need to keep an eye on your cats -- with so many wee birds about," we advised Gage, whose interests are torn in many directions these days.

"That's the trouble," he returned soberly, "if we didn't need cats, I know we'd have more birds -- but what about the mice and rats? And what about kittens?"

"Oh dear, have you no manners at all?" we overheard his voice rise anxiously this evening and end in a loud wail which brought his grandmother running.

It was after "jimmie's" truck had called bringing us that are inland a whiff of briny places, a sight of fishing-boats splitting the deep blue of cool morning-waters. How often we have watched trim motor-boats ride the trails or come back to safe haven with more and less harvest of the sea!

"It's these cats!" he complained tearfully. "Wouldn't you suppose they'd be satisfied to take bite about this fish-stuff? But no! One wants it a-all! But," he brightened, picking up the bone of contention, "it has to be turn about or none! Here!" he held it out to one of the three that moved about. Presently there was a tussle of denial and "Now, next!" he smiled, favoring another.

Young robins are on wing about, proof enough of a season now spring. But there will come another spring -- sweet with new hopes, clad in fresh greens. There will be apple blossoms and lilacs and scented bloom on the rowans as now. And it will be "a new heaven and a new earth" though all too soon it too will pass away.

The barn? Busily the work of foundation continues -- the loud some mixing of cement claims the attention and energy of farmers and help. A line of hose from a stable brings water to the scene; the little truck, like a bee after nectar collects stones along farmways; a great truck tips jauntily its load of shore-sand and is off for another; mixings are carefully made and poured into the moulds. Indoors too, there are mixings.

"Oh," our heart turned a somersault, "is there no baking powder in the tin?" What a dreadful dilemma we were caught in last night when beside James we lingered on that strange borderland which separates reality with its often stark outlines from the lovely land of dreams.

"Ellen," James stirred, "what did you say?" "Say?" we echoed sleepily, "why nothing James."

"Well now," he offered, "isn't that strange! I must have been dreaming, though I'm sure I have not closed an eye yet... but I thought you said something about baking powder."

"Baking powder!" we giggled. "Isn't that funny! Why should we say the like of that?"

"Yes," James agreed, "More likely," he offered kindly, snugly deeper into his pillow, "it would be something that would have to do with building the barn that would be on your mind, Ellen."

Until tomorrow... Diary... Good-night...

CANVEY ISLAND, England, (CP) -- Butchers on this little island in the Thames estuary, badly stricken by last winter's floods, distributed free meat to their customers recently. The meat was a gift for flood victims sent from Australia.

Burnett-Evans Wedding Monday

The historic church of St. Paul's at Round Hill, Nova Scotia, was the scene of the marriage yesterday morning at eleven o'clock of Edith Mary, daughter of Mr. and Mrs. Owen Gwynne Evans of Round Hill, and William Robertson Burnett, son of the late Mr. and Mrs. James Robertson Burnett of Charlottetown.

The ceremony was performed by the Rev. Abraham Pitcher, rector of St. Paul's. Miss Georgina Pitcher, church organist, played "O Perfect Love," and the wedding march from Mendelssohn's "Mid-summer Night's Dream," and "Jesus Joy of Man's Desiring," by Bach during the signing of the register.

The bride, given away by her father, was attended by Mrs. J. E. Burnett of Charlottetown, and the best man was Mr. George Burnett, brother of the groom. The ushers were Mr. J. E. Burnett, brother of the groom, and Mr. Morris Robinson of Round Hill.

Among the guests were Mrs. E. S. Richards, Old Chelsea, P. Q.; Mrs. Sidney Monies, and Miss Elizabeth Monies, Halifax; Mr. and Mrs. Leslie Harvey, Grand Pre, N. S.; and Mrs. Charlotte Jones, Charlottetown. After the wedding breakfast at the bride's home, Mr. and Mrs. Burnett left for New York. Upon return they will reside in Charlottetown.

Mother From Vienna Has 30 Championships

TORONTO, (CP) -- One of Europe's women sports stars who now lives in Toronto combines baking with her athletic activities.

She is Mrs. Hilde Doleschell, an attractive blonde from Vienna who has some 30 championships to her credit. She won 10 tennis titles in her native Austria and represented her country four times at Wimbledon.

Twice Mrs. Doleschell won the Hungarian International Tennis Cup and one year took the Czech International Tennis Cup.

But let's explain what she's doing in a bakery truck before going on to her skiing, field hockey, table tennis, and horse racing.

In 1945 U.S. occupation troops took over the store she and her husband operated in Vienna. In November, 1951, the Doleschells and their son Michael, 9, came to Canada.

They brought machinery, some money and know-how about baking and a special European coffee-making technique.

They now have three bakery shops here and Mrs. Doleschell delivers the goods to the two branches from the main store where the baking is done.

Back in 1941 Mrs. Doleschell won the German International Skiing Cup in Vienna. In 1951 she won top honors in women's harness racing.

She also won many mixed doubles tennis trophies with the well-known George Metaxa, Austrian tennis champion killed at Leningrad in the Second World War.

Her field hockey and table tennis skill has also brought her honors. Just a few weeks ago she won suburban Leaside Tennis Club's invitation tournament.

During one week in between driving a truck and running the bake shops she managed to defeat 18 other contenders. On the final Saturday she just had time to score a quick 6-3, 6-2 win, pick up her silverware and get back to business.

Better English

By D. C. Williams

1. What is wrong with this sentence? "He has never contracted the habit of smoking."

2. What is the correct pronunciation of "comparable"?

3. Which one of these words is misspelled? Ascendancy, assessment, apparatus, assassin.

4. What does the word "salutary" mean?

5. What is a word beginning with le that means "mercifully"?

ANSWERS

1. Say, "He has never acquired the habit of smoking." 2. Accent first syllable, not the second. 3. Assassin. 4. Promoting health; wholesome. The general atmosphere of the resort was salutary. 5. Lenuently.

The Stars Say --

By Genevieve Kenable

For Tomorrow

THIS is one of those days when you can make more headway by industry and determination than by experimenting with untested procedures. You may have an inclination to take others into your confidence, hoping for proffered co-operation to lighten your own duties, but such a course would be unwise. Difficult though tasks may be, you'll do better by being self-reliant and depending upon your own resourcefulness.

The evening hours may bring some unexpected news, possibly in connection with a new romance or a wedding. Social and cultural activities are under excellent aspects.

For the Birthday

If tomorrow is your birthday, you should find cause for great optimism during the coming year. There is a strong possibility that

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Royal Couple Make Naval Review



Attending coronation navel review, held at Spithead, England, Queen Elizabeth, accompanied by the Duke of Edinburgh, is seen in the Royal Barge on her way to the HMS Surmire from which she reviewed the 260-ship fleet anchored off historic port of Portsmouth.

One of the world's greatest maritime spectacles, it was the largest concentration of ships in England since D-Day, 1944. The fleet comprised 11 main lines, some of them stretching for seven miles. There were submarines and cruisers, a battleship and tugs, frigates and fishing boats, ocean liners and aircraft carriers, merchantmen and a square-rigger, destroyers and minelayers, and many other types of craft. Surrounding this array like a canvas screen were some 1,000 yachts, sloops and yawls, carrying thousands of spectators.

DOROTHY DIX'S COLUMN

The Lady And The Date

She Has Fine Job, But Would Like To Go Out With Shy Businessman

DEAR MISS DIX: Although I'm 28, everyone assures me I look five years younger. I have a fine job--which involves my problem. For two years I have been greatly attracted to a man who works in the same building, though not for the same firm. It was love at first sight as far as I was concerned, but unfortunately, Cupid didn't hit him, too. He speaks to me, but very casually; I know he isn't married, is a few years older than I am, and has a prosperous business. Foolishly, perhaps, I have written to him--not love letters--but received no reply. I have sent him Christmas and Easter cards, but received none in return. How can I get a date with this man?

ANSWER: You certainly don't give up easily, do you? For encouragement, I can tell you I've known happy marriages to follow even worse difficulties than you are experiencing, so there's still a chance for you. Can't you dig up some mutual friend or business acquaintance who would be sufficiently accommodating as to have a small party, to give you ample opportunity to further your cause?

At the moment, the man certainly doesn't seem too interested and your best course really would be to stop wasting time on him and turn to greener pastures. However, if you are set on doing things the hard way, persist in your friendly, personal greetings, but do omit the cards and letters. No use being too obvious about it. Since both his firm and yours are engaged in the same type of business, could you find an excuse to ask his opinion on some knotty problem? This isn't exactly a subtle approach, but at least it's less devastating than a bombardment of mail.

DEAR MISS DIX: My boy friend has already said he loved me, though we have been going together only a month. I love him, too, but don't know whether to believe him or not. I'm 16 and he's 19.

ANSWER: A month is scarcely time enough for love to be assured; the boy is probably sincere in his own judgment, which simply isn't mature enough to warrant your full trust. Why not continue the friendship, and wait for love to be more certain?

DEAR MISS DIX: I have been going steady with my girl friend for six months. We are both 16. On her last report-card, the marks were so low that her father will not let her see me for the next month. I have taken her out without her parents' permission. Don't you think we are right?

ANSWER: Your reasoning is altogether wrong. Since the young lady had her mind on you instead of her studies, something must be done to bring her back to earth. Her father's restrictions are perfectly in order, and if she expects to be accorded dating privileges again, she'll study hard to pass her conditional test. At 16 schoolwork is more important than dating--though it certainly is difficult to make young people realize it.

DEAR MISS DIX: My wife is 18, and I'm a year older. She's giving me a lot of trouble by trying to stop me from seeing my mother and not letting me play hockey with the boys. I have played with her for years. If one of my family calls on the phone, she flies into a rage. I'm like a dog on a leash and getting tired of it.

ANSWER: You have acquired a wife who is still filled with the childish conception of possession. She simply refuses to share any of her belongings, and you are her prize property. Your marriage won't last unless drastic steps are taken at once. Your best course is to get your wife to a marriage counselor, who can, through personal interviews, unravel the tangle of your life, and set you both straight. In the meantime, stop giving in to your little virago and let her rage until she's convinced there'll be no more "giving in."

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McLeod-McCoy Wedding Performed Saturday At Windsor, Nova Scotia

A wedding was solemnized at Saint John's United Church, Windsor, N. S., on Saturday at 4 o'clock, uniting Marion Shirley, daughter of Mr. and Mrs. Lewis McCoy of Windsor, N. S., and Donald Alexander McLeod, son of Mr. and Mrs. W. C. McLeod of Charlottetown. Reverend G. C. Brooks officiated, assisted by Reverend D. A. Miller of Walton.

The bride wore a dress of imported French, chintilly lace over a foundation of imported net and taffeta with skirt flowing into full train. Her jacket featured long fitted sleeves, small lace covered buttons down the front, and Queen Anne collar slightly stiffened. She wore a full-length veil with headdress of matching lace and orange blossoms. The bridal bouquet was shafts daisies with white heather.

The bridesmaid, Miss Shirley Ann Strong, wore a strapless model of powder blue French point d'esprit with wide taffeta cummerbund at waist and cascade of pleated point d'esprit down the front of dress. The same pleating was carried out in the bodice. She wore a small jacket of the same material with matching gloves. Her bouquet was a cascade of sweetheart roses.

The groom was attended by Guy McLeod of Sydney and ushers were Allen McLeod, E. A. Stevenson and J. S. Tait.

The bride's mother wore a floor-length model gown of aqua crepe with picture neckline, accentuated by a band of metallic cloth, with navy blue hat and accessories. Her corsage was sweetheart roses.

The groom's mother wore a floor-length gown of rose beige lace over taffeta with matching accessories and a corsage of cream carnations.

Following the wedding, a reception was held at the Wood Inn for about 125 guests. For travelling the bride wore a grey silk dress, yellow accessories and corsage of yellow roses.

Mr. and Mrs. McLeod will reside in Kingston after their honeymoon.

The bride is a graduate of Dalhousie University, receiving her B. Sc. in 1950 and has been with Atlantic Fisheries Research Department for two years. Mr. McLeod graduated from N. S. Technical College in 1952 and at present, he is with Canadian Industries Limited, Kingston, Ont.

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A Country Garden

By Mrs. Gordon MacMillan

NEW CALF

The wheatfield stretches, fence to fence, An emerald blanket, warmed by sun;

The friendly sky, benign and blue The sun tenderly this one Small scrap of bovine wonderment, Bewildered by the new, new world...

His mother's tongue along his side Leaves soft hair damply curled. Already nourishment has warmed His lanky sides, his quaky knees-- He capers awkwardly, and sprawls Before a laughing breeze.

At the lower part of the garden where the meadows slope toward the river there is a wheatfield bordered with lovely birch trees and it adds to the beauty of the flowering orchard and garden nearby. All the country side is beautiful in June. The naturalist, John Burroughs, writes... I have loved the feel of the grass under my feet, and the sound of running streams by my side. The hum of the wind in the treetop has always been good music to me, and the face of the field has often comforted me more than the faces of men.

This week has been very busy with weeding and trying to finish the planting. Tuberous begonias have been planted outside in a sheltered spot. They do well in shade and in a raised bed because of the heavy blooms that are inclined to hang over. Some seeds and small seedlings were planted toward the edge of long perennial borders and another few days should finish this part of the gardening.

A gift of Neegards has made kneeling easier and helpful old rheumatic joints. Gloves seem to be bulky and it is not easy to get a grip on a buncy of weedy grass so the poor hands are used. The President of the Royal Horticultural Society in writing on "Gardener's Hands," has this to say. The fruits of gardening are three in number: it makes for a longer

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Needlecraft News by Pauline Roy

HAVE YOU EVER TRIED making tiny garments for a baby? If you haven't, you can't possibly realize the fun you are missing. Many women derive so much satisfaction from this fascinating work that they are continually making them up for new arrivals among family and friends, or for gifts to charity organizations. The daily articles are small and can be easily tucked into a bag to be produced from time to time for leisure moments. The reward for your accomplishment is complete whenever you see a tiny pink and white infant wearing your handmade creation.

Wool For Baby's Comfort Woolen garments are favourites for comfort, warmth and style. Best patterns to choose when making sets for babies are those that are not restricted around the neck and shoulders thus giving the infant plenty of freedom to move and grow. Wool is especially designed for baby garments, that is soft, light weight and comes in a wide range of lovely delicate colours as well as in a pretty yarn with the added glimmer of a thread of silk. Baby wool is treated for shrink and stretch resistance so that with careful handling, the little garments may be washed over and over again. Natural yarns manufactured from lambs' wool are best for infants' and children's wear for they produce a fabric that adjusts more readily to body temperature keeping the little ones warm when it is cold and comfortable when it is hot.

Crocheted Set in Shell Stitch Pattern The adorable set pictured here is crocheted in a new design of the popular deep shell stitch pattern. Jacket, bonnet and booties in this matched set are particularly becoming to all cuddly, little darlings. If you would like to have a leaflet with directions for making this set in 3 mos. size, send a stamped, self-addressed envelope to the Needlework Department of this paper and ask for SHELL STITCH BABY SET, Leaflet No. CW-50.

How Can I... By Anne Ashley

Q. How can I prevent food from sticking to a new frying pan? A. If a few potato peelings are boiled with a little water in the new frying pan for a few minutes, food cooked afterwards in