



Mabel Adams, Treasurer, PEI Consumers' Association and Mrs. L. J. MacLellan, (right) president of the association, examine some of the products containing potatoes on the local market. The product display was a feature of a recent meeting held at the

### CAC Members Took Part In National Test Surveys

This week, at a meeting at the YMCA, Consumers' Association of Canada members learned much about that versatile vegetable, the potato. The president, Mrs. L. J. MacLellan, first introduced Mrs. Ian MacLeod, who gave an interesting talk about the storing, cooking, and nutritional content of potatoes. Mrs. MacLellan welcomed Stewart MacFarlane and Garth Harrison, from the Federal Department of Agriculture, and Lorne Callbeck, from the Experimental Farm. These gentlemen ably answered many questions concerning different varieties of potatoes, and the grading, packaging, and exporting of Prince Edward Island's most famous product.

### Midwife Claims 5,000 Deliveries

HERTFORD, England (CP)—Mary Major has been a midwife in this Hertfordshire county town for 35 years and claims to have delivered about 5,000 babies. She has also delivered her own grandchildren.



When your calendar is crowded with dates, you'll slip into this 2-pc. dress with great delight. Slim, simple, and skirt has subtle A flare. Choose shantung, pique, linen.

Printed Pattern 4771: Jr. Miss Sizes 9, 11, 13, 15, 17. Size 13 takes 3 1/2 yards 35-inch.

Forty cents (40 cents) in coins (no stamps, please) for this pattern. Ontario residents add 7 cents sales tax. Print plainly size, name, address, style number.

Send order to Anne Adams, care of Guardian - Patriot Dept. 60 Front St. W. Toronto 1, Ont.

YMCA, when potatoes were shown in every conceivable form. A consumer's report was presented to the association by Mrs. Ian MacLeod and Lorne Callbeck and Garth Harrison answered all questions on potato growing in a panel discussion.

### Churches Conduct Services On World Day Of Prayer

**EAST POINT**  
The World Day of Prayer was largely attended on Friday night in the East Point Baptist Church basement. An interesting program was put on by members of the Missionary Society and the members of the Wide World Guild, attended by the choir with Mrs. Clinton Stewart as organist. Following the meeting, refreshments were served by members of the WMS.

**ELLERSLIE**  
The World Day of Prayer service was held in the United Christian Educational Centre at Ellerslie on Friday afternoon. "What Doth the Lord Require of Thee" was the theme, which was prepared by Mrs. Jessie McNeil of Pasadena California. Mrs. Ralph Millar led the program, and Mrs. Pres. Mac-

### ELLEN'S DIARY

#### In Olden Days In England Pancake Day Was Holiday

Pancakes were among our breads at supper this afternoon. And as we made them, we poured the mixture in neat rounds to the sizzling pan, we were again a little girl, bearing home with other children at noontime, proud morsels of raspberries, gathered from a stump-land toward the far line of the farm. It was a golden day, a happy time. True we had spied with some feminine trepidation, a smallish green snake, steal away through the bracken to a haven beneath a decaying log. But that sight faded, as we filed, one after another, by the little path of new land sown to its first crop to buckwheat. There, all was sunshine and blossoms



Intrigue your family, delight guests with this charming and easy embroidery.

It's fun to follow the "tale" of this lively kitten on towels, dinette cloth, mats. Simple stitches. Pattern 738: six 7 x 7 1/4-inch motifs.

THIRTY-FIVE CENTS (coin) for this pattern (no stamps please) to Alice Brooks, care of Guardian - Patriot Needlecraft Dept., 60 Front St. W. Toronto 1, Ont. Ontario residents add 1 cent sales tax. Print plainly PATTERN NUMBER, NAME AND ADDRESS.

### IDA BAILEY ALLEN

#### Week's Seasonal Dishes "Egged On" To Elegance

THIS week we are featuring eggs, one of our greatest and most adaptable foods, with almost unlimited uses. According to the egg's report card, brown and white eggs have the same nutritive value.

By U.S. standards, grade "AA" eggs are the highest in quality. They are followed by "A," "B," and "C."

**Best For Boiling**  
Because the white and yolks are firmer, grade "AA" or "A" are best for boiling, poaching and frying; also for use in cooking when the recipe calls for "separating" the egg whites from the yolks.

Grade "B" eggs also give good results when boiled, poached or fried. Grade "B" or "C" are satisfactory for scrambling, omelets, shirring, and for use in cooking when the eggs do not have to be separated.

Because eggs have such high nutritive value, they are classified as a protein food, equally suitable for breakfast, lunch or dinner or supper. A U.S. favorite is ham and eggs, and because of the requests of the travelling American public, this dish is now known and available in restaurants around the world.

**Gourmet Touches**  
However, in France special gourmet touches are added, which our Chef interprets as follows:

"In France, fried eggs are called 'eggs sur le plat' (on the platter). Or the plain-cooked and often served in the skillet, or for elegance, on the platter with a delightful garnish accompaniment.

"To Fry Eggs: For 1 person, melt enough butter in an individual-size aluminum or copper bottom frypan, barely covering the bottom. Add 1/2 tsp. hot water to the skillet to create steam for gentle even cooking.

"Break 2 eggs into a saucer, one at a time, and gently slide them into the heated butter. Dust with salt and pepper. Cover, so the top of the eggs will steam-cook. Slow-fry on top-of-range 5 to 6 min., or until barely firm throughout. Serve in the skillet with a suitable accompanying garnish.

"Family Service: Fry the required number of eggs needed as directed, using a roomy frypan or an electric one for table-service. Border with any one of the following:

**COMBINATON ACCOMPANIMENTS FOR FRIED EGGS**  
To transform eggs 'sur le plat' into satisfying entrees, add an interesting combination accompaniment. This may be simple. Perhaps lightly browned slices of ham as used in America, flaked fish, diced chicken or diced vegetables which may be in the refrigerator and heated in sauce Meuniere, Spanish sauce, tomato sauce, sherry-cream or other appropriate sauces (previously columned). Or the garnish may be shellfish, or poultry.

"If the garnish is in pieces such as crisp bacon, julienne of ham, or shrimp - and - water-chestnut saute, always arrange the accompaniment around the edges.

"If the sauce is smooth, and of contrasting color, such as tomato, it is often ribboned around the edge of the fried eggs with a small pointed spoon or pastry tube.

**Imagination Keynote To Glamorous Egg Dishes**  
For color and flavor a little paprika, or other seasoning appropriate to the accompaniment may be dusted over the egg yolks. Among these are fresh ground black pepper, curry, chili powder or minced fresh herbs. Or merely dramatize the yolks of the eggs with a dot of pimento or ripe olive; or a rolled anchovy fillet; or a small section of scarlet lobster meat; or a sauteed small mushroom. Imagination and a few tryouts will encourage you to create fascinating new and original egg specialties.

**Seasoned Croûtons**  
Crisp Celery Black Olives  
Bordered with Asparagus in Cream Sauce  
Potatoes Lyonnaise  
Pitted Prunes in Orange Gel with Soft Custard Sauce  
Or Prune Meringue Pie  
Coffee or Tea Milk

**BAKED SEASONED CROÛTONS FROM THE CHEF**  
To prepare, cut enriched white or rye bread into small dice. Place in a thick - buttered or margarine frypan. Dot with 2 tsp. butter or margarine to 2 c. croûtons; bake 12 min. or until golden, in a mod. oven, 375 degrees F. Stir often.

For a change in flavor, shake a little garlic salt over the baking croûtons; or add 1 tsp. grated cheese before baking; or dust lightly with paprika when done.

### Churches Conduct Services On World Day Of Prayer

**ORWELL**  
World Day of Prayer Service was conducted for Valleyfield and Orwell Head Church. The service this year was held in Orwell Head church. Giving leadership were Mrs. MacLeod of Orwell Head, Mrs. Arthur MacKinnon and Mrs. Alexander MacKinnon of Valleyfield, and Mrs. Robert MacKenzie and Mrs. Malcolm MacDonald of Belle River.

Reading short passages of Scripture were Ann Robbins, Mrs. Arnold MacLean, Helen MacLean, Mrs. Henry Mowery and Mrs. Hugh Robbins. The CGIT girls, who formed the choir sang "He's Got the Whole World in His Hands". They were accompanied by organist, Mrs. Earl Clow of Belle River and Mrs. Hudson Musick and Mrs. John Nicholson took the collection. After the service, refreshments were served by Orwell Head women and a social hour was enjoyed.

### Churches Conduct Services On World Day Of Prayer

**EMERALD**  
The annual World Day of Prayer service was held in Summerfield United Church recently. Giving leadership were Mrs. Crawford Sinclair, Sunmerfield U.C.W. and Mrs. Regina Haslam, St. Elizabeth W.A., Springfield.

"What Doth the Lord Require of Thee" was the theme of the service prepared this year by Mrs. Jessie McNeil, a gifted American Negro woman of Pasadena, California. Prayers of Petition were offered by Muriel Haslam and Elsie Mayne. Reading short portions of scripture were Mrs. John Haslam, Mrs. Robert Howland, Mrs. Herman Mayne and Mrs. Gerrit Loo. A brief message on the theme was given by Mrs. Crawford Sinclair, stressing our personal responsibilities for Christian living in our daily life. Marlene Day rendered two solos "Each Step I Take" and "I Never Walk Alone", accompanied by Mrs. Clark Harding at the organ. The offering was received by Mrs. Fenton Mayne and Mrs. Lindsay Seaman.

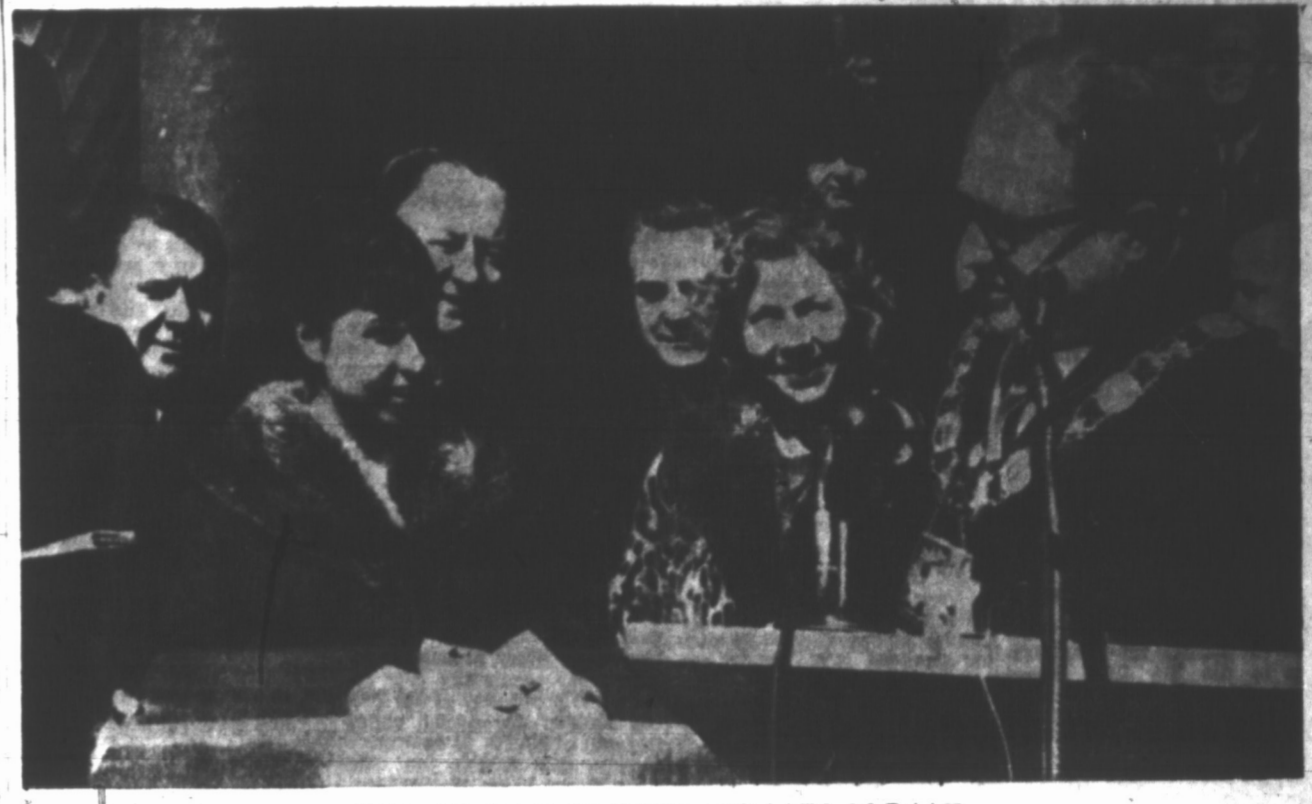
### Churches Conduct Services On World Day Of Prayer

**CENTRAL BEDEQUE**  
The service prepared by Mrs. Jessie McNeil, a gifted woman of a Baptist church in Pasadena, California, for use by the Christian women of the world, on the theme "What Doth the Lord Require of Thee" was followed by the ladies of the United Baptist congregations in Central Bedeque on the World Day of Prayer, March 5th.

Those taking the leaders' parts were: Mrs. George Campbell, Mrs. Hammond Bowness, Mrs. Cyril MacFarlane, Mrs. Robert Affleck and Mrs. Coughlin. Prayers were offered by Mrs. Chas. MacFarlane and Mrs. Walter Wright, and short verses of scripture were read by several who were present. Phyllis Britten gave an address on the significance of the World Day. Offering was received by Mrs. Robert Waugh and Mrs. Wilbur Wright and dedicated with prayer by the leader. Singing of the hymn "The Day Thou Gavest Lord I Ended" and the Benediction brought the meeting to a close.

### Churches Conduct Services On World Day Of Prayer

**CAPE TRAVESER**  
The CGIT and Explorer Groups, with Mrs. Fred Jeffery as organist led the singing for the World's Day of Prayer ser-



Petra Burka, (left) Toronto high school student who won the world Women's figure skating championship in Colorado Springs, Colo., last week, is presented with the silver tray by Mayor Philip Givens at Toronto City Hall

Friday Miss Burka, who was presented to Premier Roberts earlier, arrived at city hall 15 minutes early and found only a small crowd present for the civic reception. (CP Wirephoto)

# Women

The Guardian, Charlottetown, Sat., Mar. 13, 1965. 7

## HAPPENINGS

**WOLFE**  
Mrs. Annie Howard, Cape Wolfe, had as a recent guest her son, Kevin, who is employed in Charlottetown.

**CURRIE**  
Mr. and Mrs. Reggie Currie, Currie, Cape Wolfe recently visited their son, Leland, who is a student at Saint Dunstan's University.

**CONCERN**  
The monthly meeting of the Tignish Council of the CWL was held in the Dalton School recently with president, Mrs. Harold Cormier opening the meeting with the league prayer. Minutes and correspondence were read by acting secretary, Mrs. Alcide Boudreau, who also gave the financial report. Conveners reporting were: Mrs. Frank Gaudet, for spiritual and social action; Mrs. Theima Harper, for entertainment; and Mrs. Roy Gallant, press and magazine. Mrs. Frank Gaudet was appointed chairman of the nominating committee for the annual meeting. Following a few remarks on study clubs by spiritual director, Very Rev. M.J. Rooney, the meeting closed with the Act of Consecration of the Blessed Virgin.

**DALTON**  
Mr. and Mrs. Peter Dalton of Burton, had their daughter, Eileen, student at PWC as a recent guest.

**ROGERS**  
A successful card play was held recently at the home of Mr. and Mrs. Charles Rogers, Glengarry, when twelve tables were in play. Refreshments were served by the hostess, assisted by the ladies of the district.

**SHAW**  
Danil Cooke, Burton, recently visited his cousin, Keith Shaw, Covehead, and also visited at the home of Mr. and Mrs. Harold Ellis, Sherwood.

**STEWART**  
Mr. and Mrs. John S. Stewart, Caledonia, had as recent guests their daughter and son-in-law, Mr. and Mrs. James Lamphier and family of Charlottetown, and Ralph Meston.

**VESEY**  
Richard Vessey, York, and his cousin, Donald Scott, Charlottetown, spent a few days in Sydney, C.B. with Mr. Vessey's uncle, Mr. Scott's grandfather, Mr. John Granger is ill at his home there.

**CONNOR**  
A card play was held at the home of Mr. and Mrs. Clem O'Connor, Cape Wolfe, recently when eleven tables were in play. Refreshments were served by the hostess, assisted by ladies of the district.

### Sunshine Bags To Be Project Of Souris UCW

Mrs. R. J. MacKenzie, Souris, was hostess to 13 members and three guests of the St. James United Church Women's Group for the March meeting. Mrs. G. Leard presided and opened the meeting with devotions. With reference to the theme "God Acts," Mrs. Leard read several passages of Scripture.

Reports were heard including minutes of the last meeting and the Treasurer's Report. Mrs. E. Poole reported hospital calls shut - in calls and cards posted.

Many projects were discussed and a motion was passed that Sunshine Bags be placed in the homes of all UCW members, the bags to be collected by the first week of June.

The April meeting will be held at the church hall and Mrs. M. Keos, Mrs. E. Bortlein, Mrs. G. Leard were appointed in charge of refreshments. The meeting adjourned by the repeating of the Mizpah Benediction.

During the social hour refreshments were served by the hostess and committee in charge.

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Matinee for Children 3.00 p.m.—25c  
MARCH 18th at 8.00 P.M.

### Couple Celebrate 50th Anniversary

Recently Mr. and Mrs. C. C. Pratt, St. Peter's, celebrated their golden wedding anniversary. During the afternoon of March 2nd, a delightful tea was held, at which many friends called to offer good wishes on this happy occasion.

The dining room table was centered with a three tier anniversary cake and a bouquet of yellow and white mums. Pouring were Mrs. Watson Patridge, Mrs. Tom Ledwell, Mrs. Edie (Blois) Andrew, and Mrs. W.W. Anderson. Serving were Jean MacDonald, Mrs. Colin Jackson, Mrs. Joseph Leslie and Mrs. John MacCallum. Mrs. Roddie Pratt, Mrs. Donald Anderson and Barbara Pratt replenished.

Four of nine children were present to celebrate with their parents: Roddie of St. Peter's; Kathleen (Mrs. Donald Anderson) St. Peter's; Anna (Mrs. Fraser) Charlottetown; and Barbara, RN of Charlottetown. Charlie of Yarmouth and Mary (Mrs. David Nott) of St. John's Nfld. were unable to attend.

During the evening neighbours surprised them with an address read by Daniel MacDonald and gifts were presented to Mr. and Mrs. Pratt by the community. Their small grandson Roderick Pratt presented a bouquet of roses to them. The couple was appreciative of the kindness of their friends and relatives on this happy day.

A sing - song followed, with Mrs. Layton Coffin at the piano, after which refreshments were served. Mr. and Mrs. Pratt were treated to a dinner at Hillside Inn in Montague by their family.

### Ticket Sale Really Brisk

The days of preparation are just about over and the annual St. Patrick's Day "Patsy's Choice" is having the final touches put to it.

J. P. Callaghan CDA, above, is again directing the Irish entertainment and playing a big part as professor Ralph Boehm. Mr. Callaghan claims his charges are ready for the opening curtain next Tuesday evening at 8.15 at the Basilica Recreation Centre. The second performance goes St. Patrick's night March 17.

The ticket committee reports sales really brisk and The Benevolent Irish Society is looking forward to two bumper houses. Get your tickets before it's too late. Don't be one of those who left it too late. They are on sale at Stead's Pharmacy, Hughes Drug, Parkdale Pharmacy and Basilica Recreation Centre.

### "EDGEHILL" WINDSOR, NOVA SCOTIA

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Grades VII to XII Inclusive

High Academic record  
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Michaelmas Term begins  
SEPTEMBER 8, 1965

Early enquiry advisable owing to limited vacancies

Headmistress  
MISS B. D. FOWLER, A.R.C.M.

### DRUG STORE OPEN THIS WEEKEND

**CANTWELL'S PHARMACY**

175 GRAFTON ST. DIAL 4-5122

Will be The Only Charlottetown Drug Store Open Saturday Evening And All Day Sunday  
DIAL 4-5133 FREE DELIVERY

### HOUSEHOLD HINTS

Brightly colored sponges kept in the bathroom make cleaning speedy and easy.

Bananas are often accused of being fattening. This is not so. A medium-sized banana has 85 calories. Bananas help prevent that hungry feeling between meals.

Dust leather book covers with a slightly-damp cloth occasionally to restore some of the oil that has dried out of the leather.

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