

Women's realm

PAGE TWO THE GUARDIAN FEBRUARY 10, 1954

The Story of a Woman's Kindness At Maritime School for the Deaf

HALIFAX, (CP) — The Life of Roberta Wadman and Jean Watts is the story of a woman's kindness.

Roberta and Jean, blind and deaf, have been the constant charges of Louise Feron for 10 years. To them she has given her whole effort, just as she has done with countless others at the School for the Deaf here for more than 40 years.

Hundreds of children have come to Miss Feron to learn to appreciate the richness and wonders of the world despite their handicaps.

Keen Students

Miss Feron's story is the story of her students, Roberta and Jean, for instance, were bewildered and frightened when they came to her. At the same time Marjorie Grolinsky joined the group through a special arrangement with the Alberta government. Normally the school here takes only children from the Maritimes, but accepted the Alberta girl because it is one of only two schools in Canada that accept students who are both deaf and blind.

The training program is arduous and demands intelligence and patience from both teacher and students. No knowledge can come to the blind and deaf child except by the sense of touch.

Patiently, carefully, Miss Feron applies her knowledge and care. Now the two older girls have a wide range of knowledge, not only from what their braille textbooks contain but also of the everyday things of the city of Halifax. Each girl has a vocabulary as extensive as that of the average high school student.

Some results of her teaching may be seen in an English composition Roberta wrote about a walk through the woods. The girl, through the eyes and ears of Miss Feron, wrote about the "gold and scarlet of the autumn," and the "whispering of the wind in the trees."

In another essay, Roberta gave her definition of light:

"We each carry our own light within us."

Morning Smile

"I suppose they ask a lot for the rent of a house like this?"

"Aye, they asked me seven times last week."

SAFE FOR CHILDREN



RUB IT IN — WATCH IT VANISH PENETRATES DEEPLY TO POINT OF CONGESTION, QUICKLY RELIEVES CHEST COLDS

Yes, it vanishes! That's why Buckley's Stainless White Rub brings relief from suffocating chest colds so fast. You simply rub it on chest, throat and back. As it vanishes it carries 9 pain relieving, congestion dispelling medicaments right into the affected area. Soothing warming relief comes right away, and continues as the highly medicated vapours are inhaled. Also highly effective in clearing clogged breathing passages when dissolved in steaming water as bedside. Won't stain pillow case or sheets. Must bring faster relief — or money back. Only 50¢.

BUCKLEY'S STAINLESS WHITE RUB

Anne Adams Patterns

NEW EASTER FASHION

For Easter and after — a smart two-piece designed just for the short, fuller figure! Trim jacket, four-gore skirt are so slenderizing. Best of all, this pattern is proportioned to fit! No alteration problems — make it in a jiffy!

Pattern 4788: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ requires 4½ yards 36-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35¢) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Zip Number. Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.

4788 14½-24½ by Anne Adams

O-O-O SWEETIE! GO OUT TONIGHT? IS LOVE TO!

Just wait till you see what Dr. Williams' Pink Pills did for me! All these months I felt too tired, worn out and weak (due to iron hungry blood) to go out after working all day. What a difference now! I've been taking Dr. Williams' Pink Pills for a month. Now I feel better, full of pep and energy. Never tried anything that changed my poor, pale blood into rich, red, peppy blood—like this! So let's go dancing—thanks to strengthening Dr. Williams' Pink Pills! At all drug counters.

ELLEN'S DIARY

By An Island Farmer's Wife

During an absence of the farmers, this evening we came with the children to the new stables to assist them at the feeding-hour there. . . . Born and reared on a farm, we naturally always had some knowledge of the food requirements of the livestock, our education being later extended appreciably to take in that which came to us from James' exemplary tuition.

Not that he ever (apparently) put much dependence in our ability in this regard, other than to put it to use at such times in the long ago as he was confined to the house, a sufferer from some misery or another, or when his temporary absence from the farm left such duties to our care.

We had numberless opportunities to observe too his methods of feeding, especially do we recall now those nights, sweet to look back upon, when with the children snugly in bed we came to hold light for him at the day's last round of choring.

And sometimes it was on a winter night like this, mild and silent, with a gentle dark drizzle mingling the white-spread farmlands about. Or maybe it was with footsteps crunching frostily and breath white vapor, and we so glad always to come quickly within the warm shelter of the stables. And sometimes too we have grown a mite impatient over James' meticulous ways as he stopped to clean well the mangers before he would think of turning into them the measures of grain—adding a handful here, taking away one there until all was done to his complete satisfaction. Stopping to test a tying-chain, I'm sure a thinning halter-strap was intact; to arrange too the layer of fat on the body of a fattening animal. . . . "You do it like this."

Mack the youngest grandchild of the four smiled one day not long ago "trying" the flesh of a heifer we feared might resent forcefully his touch. "That's how you can tell if there's any fat there," he offered.

And sometimes it was on a night of spring when we had lantern-light to James' endeavours, with his shining new of the sea sun about and we with high hopes in mind—This year would be better than ever, we knew. . . . Or maybe it was one a dour night of fall, with a high wind keening in the tree-tops of the yard, over the year that was passing. With James saying of some "young stuff" recently brought in from the fields, "If these do well, Ellen, and we get a fair-good price for them, well, there are plenty things we could do with the money. . . . put new sills under the barn, shingle a roof, or buy a bit of machinery." And as we came toward the house if there chanced to be a wishing moon a light it was invariably to wish that the months ahead would work to James' credit, to make these dreams of his farming come true. "You'd better just watch us," Jamie suggested, "here's a right nice seat for you on this bag of pellets."

"Yes," Gage agreed, obviously pleased that we were there with Continued on page 3

Bringing Up Baby

Hints Collected by The Sun (Mother of 5)

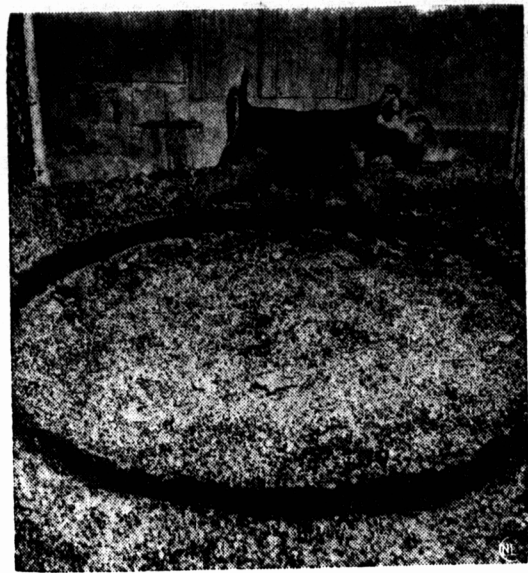
When baby is completely absorbed in his toys, papers, pots or whatever, try not to interrupt him. A tot who learns to amuse himself at nine or ten months won't demand being entertained by mother every minute later on.

At this age most tots are sprouting several sparkling teeth. If your baby is going through a troublesome teething period, here's good news. Gerber's Teething Biscuits provide soothing relief for tender little gums. Made of wholesome ingredients, they're smooth-surfaced and extra hard to give baby the biting satisfaction and comfort he needs. Individually wrapped in sanitary cellophane, and so easy to slip into your bag when visiting.

Safety first. Your little one is likely to put everything and anything into that rose-bud mouth while he's teething. So make sure his toys are the kind that can be washed frequently, have not sharp edges, won't break.

Appreciation unlimited. Teething usually show a good measure of pure pleasure when offered Gerber's Junior Vegetables. Not only because they have such appealing true colors and true-to-nature flavors, but because they have the evenly diced, bite-size bits that new little teeth can manage nicely. Processed for high retention of vitamins and minerals, Gerber's Junior Vegetables are good tasting and good for your darlings.

Mother, here's a special offer! Send for three of these attractive and oh-so-handly Refrigerator Can Covers, to snap on your opened cans of Gerber's Baby Foods before they're popped in the 'frig. Yours for only 10 cents plus 3 labels from Gerber's Strained Foods or Junior Foods. Send to Mrs. Dan Gerber, Box 17, Toronto 18, Canada.



ONE TRACK MIND—According to his owners, Mr. and Mrs. Ted Dealey of Dallas, Ch. Bachgen Glen of Harham, or "Monte" to his friends, is quite a thinker. And when he gets to thinking, the Welsh terrier walks in a circle. The more he thinks the faster he walks until finally he's thinking so furiously that he's going full steam ahead. Oddity is that he makes a track that forms a circle as perfect as a draftsman could draw, as seen above.

DOROTHY DIX'S COLUMN—

Triangular Problem Youth, Now Overseas, Exacts Promises From Two Girls

DEAR MISS DIX: The boy I love is overseas. Before leaving he asked me to wait for him. Naturally, I said I would, although he will be gone for two years. He wrote once, I answered, and heard nothing further from him. Then I learned that he had asked another girl also to wait for him. I wrote, asking for an explanation, and he replied that he had met her after he exacted my promise, was sure he loved her, but would like to continue being friends with me. From the general tone of the letter, such as the use of particular pet names, etc., I am sure he still loves me. I know the other girl is not being true to him—as I would be. She dates other boys, but knows I won't tell. What should I do.

ANSWER: I'm not a soothsayer, but I do believe you have a better-than-even chance of winning the boy back.

You must realize, first, that what he was doing when he asked the other girl to write, and wait for him, was providing two years' security for himself. Try to imagine what it would be like for you to be thousands of miles from home, knowing you wouldn't see any of our family or friends, and would be dependent on mail to provide a casual touch. Apparently he wasn't too sure that you would wait for him so latched onto another girl for assurance. Of course, he should have had more faith in you, but perhaps he has boy friends who were let down by their own girls. Two years is a long time to expect a young girl to go dateless.

TRUE COLORS WILL SHOW

Since the other girl obviously isn't the faithful type, it won't be long before her true colors become apparent. You are right in not letting such behavior would lower your eyes of the boy instead of lessening his interest in her. Continue writing to him the friendly letters he requested. It won't be easy for you, but getting the man you want isn't always a cinch. It usually takes a lot of forbearance and patience. But it's worth it, isn't it?

DEAR MISS DIX: Our home has been broken up three times in 12 years through my husband's drinking. I have gone back each time thinking things would be better. I work and look after our little girl. I have tried every possible way to make our marriage a success, but have received absolutely no co-operation. My family, however, insist I should go back to him. Are they right to interfere in my business?

ANSWER: Families may not have the "right" to interfere, but from time immemorial they have tried to, and until the end of time they will continue. Very often their interference is justified, and should be considered, but not in your case. Struggling through life with a confirmed drunkard is not a course to recommend.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

Contract Bridge

By Josephine Culbertson

WHY GUESS? The declarer didn't have to guess the trump situation in the following hand (as he thought was necessary) — all he had to do was to figure out a simple safety play.

North dealer. Both sides vulnerable.

♠ K 9 8 5			
♥ J 7 4 3			
♦ K 6 5 3 2			
♣ A 7			
	♠ 4 3	♥ J 7 3	♦ Q 9 8 5
	♣ Q 10 9 8	♠ 7	♥ 6 5
	♠ 10 9 8	♥ 6 5	♦ Q 9 8 4
	♠ A 10 7 6	♥ A K 5 2	♦ K 2
	♠ J 10	♥ J 10	

The bidding:

North	East	South	West
2♠	Pass	1♣	2♥
3♠	Pass	4♣	Pass
Pass	Pass		

West, feeling from the bidding that the situation was rather desperate, opened the ace of clubs in hope of developing a club ruff. East, who certainly did not want a shift, signalled with a high club, and West followed up with his club seven.

The club king was put up and declarer then cashed the trump king. When West played the jack, South thought for a long time over whether to try for a 2-2 drop in trumps or to finesse against East for the queen. Later, he said that it had appeared dangerous to take any chance that East might get in and return a diamond, and it was on this basis that South decided to finesse.

It was an unfortunate decision. West won with the spade queen and shifted to hearts. Declarer could not set up a club trick in dummy for a diamond discard because of lack of entries, and so ended up by losing diamond tricks, and his contract.

After the first round of trumps declarer was safe if he played

That Body Of Yours

By James W. Barton, M.D.

VALUE OF VITAMIN B12

When the discovery of the wonderful body-building effects of vitamin B12, the majority of physicians are prescribing it in all cases of a rundown condition and for the serious form of anemia (thin blood) in which both the red corpuscles and the hemoglobin (in these corpuscles) are greatly reduced (pernicious anemia).

For a long time physicians prescribed vitamin B12 only by injection as it gave better results than when given by mouth. More recently several well-known and well-established drug manufacturers have been manufacturing tablets and capsules of vitamin B12 that are taken by mouth as they have been able to overcome the factor in stomach digestive juice which interfered with the building-up properties of vitamin B12 when taken by mouth.

What would appear to be another and even more simple method of using vitamin B12 is reported in American Journal of Medical Science by Drs. R. W. Monto, J. W. Rebut, and M. J. Brennan. What many of us forget is that the lungs are really outside the body in that the air breathed in comes immediately in contact with the vessels of the lungs. One of the largest capillary (blood vessel) beds in the body which contacts the outside air is that of the blood circulation in the lungs. Inhalation (breathing in this outside air) seemed to be a logical route for the administration of vitamin B12. In this series, crystalline B12 in physiological solution, without the addition of a preservative, was utilized in two cases. In a third case 1,000 micrograms of crystalline B12 in 0.1 cc by volume of lactose powder was used for administration as a dust. The B12 lactose powder was administered by means of a dust inhaler. The patient was directed to take ten deep inhalations at each administration at times corresponding to the usual times the injections were given.

What were the results obtained by these research physicians? Satisfactory clinical and hematological (richness in red blood cells and iron in the red cells) results were obtained in all three patients. There was no objective (seen by the physician) or subjective (felt by the patient) evidence of poisoning or sensitiveness in the lungs."

These physicians point out that while these results are encouraging, they present only preliminary observations as to the efficacy of crystalline vitamin B12 in the treatment of pernicious anemia and further investigations will concern the question of long-term maintenance of these beneficial effects.

This inhalation of dust containing vitamin B12 by the blood vessels of the lungs should really give the same results as those obtained by the injections or the method by mouth with intrinsic factors which prevent the deteriorating effects of stomach digestive juice on vitamin B12.

Household Scrapbook

By Roberta Leo

Cleaning Greens

When cleaning spinach or kale add a handful of salt to the cold water and the sand will sink to the bottom of the pan. Another rinsing will then make them thoroughly clean.

Frost Bites

A good remedy for frost bites is to bathe the parts in cold water and rub vigorously until the blood circulates freely, then follow by rubbing with mutton tallow.

Spilled Water

If water or other liquid is spilled on the hardwood floor, quickly spread a few layers of newspaper over it, and see how readily it absorbs the moisture.

Modern Etiquette

By Roberta Leo

Q. What is the order of procedure to the dining room in one's home?

A. At a family gathering, the woman of the house leads the feminine contingent into the dining room and the men follow. But at a formal party, the host, with the woman guest of honor, goes first, then the other guests, followed by the hostess with whichever man is guest of honor.

Q. Is it proper for the bridegroom-to-be to be present at a shower for his fiancée?

A. No, it isn't. He may, however, appear at the end of the party to help his fiancée carry her presents home.

Q. Is it correct to pour gravy from a gravy pitcher, or must one use a gravy ladle?

A. Either way is correct.

Better English

By D. G. Williams

1. What is wrong with this sentence? "I don't know but that I made a mistake."

2. What is the correct pronunciation of "canteen"?

3. Which one of these words is misspelled? Bankruptcy, bandanna, baptism, bassoon.

4. What does the word "indolence" mean?

5. What is a word beginning with "at" that means "a deliberately offensive act or word"?

ANSWERS

1. It is better to say, "I may have made a mistake." 2. Accented syllable, not the first. 3. Injuries first so you can go easy on the injured part.

4. Laziness. "Lives spent in indolence can be very sad." 5. Affront.

How Can I!!!

By Anne Ashley

Q. How can I prevent... in the enamel of a stove?

A. Never try to wipe off enameled range with a wet cloth while it is still hot. The fine enamel surface may become marred by unsightly cracks.

Q. How can I prepare something different in the way of dessert?

A. Try a combination of chocolate ice cream and orange sherbet. It makes a very colorful dessert, and a delicious one.

BABY'S COLDS

Help Nature To Fight Them Off

Medical Science denies there is any such thing as a cure for colds—only Nature can do it. So when baby's sniffles, or stuffy breathing warn you of a cold's presence, cooperate at once with Nature. See that baby is kept warm, gets plenty of sleep and take extra care that the bowels are thoroughly cleared of harmful wastes. To do this without upsetting baby's whole system and further weakening it, try Baby's Own Tablets. Mild, yet set promptly in getting rid of irritating materials that make baby restless and feverish.

One Nova Scotia Mother says: "My baby 36 months caught a nasty cold so I tried Baby's Own Tablets and she threw this cold off quicker than ever before. I certainly am for Baby's Own Tablets from now on." Equally good for restlessness at teething time, for constipation, digestive upsets and other minor infant troubles. Get a package today at drugstores.

First Aid and Home Nursing

(from the St. John Ambulance)

Helping Victims of Auto Accidents

Each year in Canada some 10,000 people are killed or injured in traffic accidents. In a war this total would be considered serious. But we take such accidents calmly — until we are involved in one ourselves or are called upon to give first aid to a victim.

It can be a nerve-racking experience to happen upon an accident and not know how to help. St. John Ambulance says the first thing to do is to get a doctor, an ambulance or the police — all three, if necessary. The biggest mistake most people make, says St. John, is to turn to bystanders and say: "Will someone phone a doctor?"

"Someone" usually turns out to be one as everybody "leaves it to George". The right way is to point to one person who looks responsible and say: "You — will you please phone a doctor right away?"

What should you do next? As little as possible, strange as it may seem. Of course, you should remove the injured person or persons from further danger — fire or traffic and such things. But you should not move him unless you have to. Many people are injured more seriously by those trying to help them than by the accident itself. If the victim has to be moved, try to ascertain his injuries first so you can go easy on the injured part.

Of course, if blood is flowing you should try to stop it. This can best be done by applying direct pressure to the wound — preferably with a thick, clean bandage if you can improvise one.

Treat the person for shock — loosen clothing and keep him warm with blankets but do not overheat with hot-water bottles.

Reassurance is important. Keep cool yourself and your attitude of confidence will help the injured. Take command of the scene — see that someone directs automobiles so that there will be no traffic jam. Appoint someone to keep back the crowd. And don't forget — ask someone specifically to get a doctor, the police and an ambulance.

Alice Brooks Designs

USE REMNANTS! Contrasts are gay fashion! And thrifty, too — use remnants of checks or plaid in plain for this crisp little school dress. It's easy to sew — jiffy to embroider. Pattern 7173: Children's Sizes 2, 4, 6, 8, 10. Pattern parts, embroidery transfer. Slate size. Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



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7173 SIZES 2-10

ICE

by Alice Brooks

WHEN YOU'RE PAMPERING YOUR FAMILY...

SERVE LEMON PIE! You know that lemon pie will hit the spot... with every one of them!

And, while you're at it... pamper yourself, too... by using Jell-O Lemon Pie Filling.

You'll make perfect lemon pie in half the time with Jell-O Lemon Pie Filling... the kind of lemon pie that tempts your family on from bite to bite... with the richest lemon flavor they ever tasted! For the flavor is pure fruit from real lemons. Be sure to ask for Jell-O Lemon Pie Filling. It's not a lemon jelly.

JELL-O PIE FILLINGS

Lemon Coconut Cream

Next time, serve coconut cream pie — use Jell-O Coconut Cream Pie Filling. Creamy, rich-tasting — with snowy coconut right through the filling.

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