

That Body Of Yours

By James W. Barton, M.D.

THE PROBLEM DRINKER

All over the world in these upsetting times there is a determined effort by determined men and women to bring another disease under control, a disease which not only breaks the mental and physical health of the patient, but disturbs the whole life of his or her family. I refer to the disease, alcoholism.

In Hygiene, The Health Magazine published by the American Medical Association, Drs. Edward A. Strecker and Frank T. Chambers, Jr., state: "Recently the wife of an alcoholic patient made this significant remark to one of us: 'My husband is very intelligent and able in his field but because of his abnormal drinking he can't hold a position any more and his behavior in the home is upsetting our whole life. I don't see why he is so stupid as to go on drinking.'"

These physicians point out that this woman was bewildered by the strange fact that an intelligent man was destroying a normal life. As a matter of fact, she would have been just as bewildered by confusion of mind, depression of spirits or abnormal suspicions causing him to be unable to hold a position.

"The alcoholic may be just as sick mentally as a patient receiving mental treatment in hospital or at home. Therefore, the advice to friends and relatives of the alcoholic should be: 'Recognize that you are dealing with someone who is off-balance in his attitude toward alcohol. Try to understand that he does not deliberately want to destroy his marriage, his job or his friendships, but because he is sick in the emotional part of his mind, he is unable to cope with his alcoholic problem without help.'"

Because the cause or beginning of being unable to prevent alcoholism in many cases dates back to overprotective overstrict parents, the alcoholic is shown by his family doctor or a psychiatrist that this misguided training by his parents (protecting him from responsibility at school, from injuries in the schoolyard, and other problems or battles he should have settled himself) made him seek the easiest way out and this is why he turned to alcohol.

In other words, then, the alcoholic, despite his intelligence and education is immature, not developed along the line of responsibility all men and women should receive during childhood. He therefore needs help and encouragement by family, physician, and organizations such as Alcoholics Anonymous.

NEUROSIS

Believing you have a physical ailment when one exists is a neurosis and is becoming increasingly common. Write today for Dr. Barton's informative booklet on this subject entitled "Neurosis." To obtain it, send 10 cents and a 3-cent stamp to cover cost of handling and mailing. The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station C, New York 19, N. Y., and ask for your copy.

Dorothy Dix Says

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man says, "I'll have to ask my husband if I can do this or that" she always grins her teeth. That is the curse she is putting on her strongman dream. Another quality that few girls can resist in a man is sentiment. They adore the man who "understands women" and all the queer impulses that motivate them; who always sends violets because they are the color of their eyes, or lilies because they match their souls, and who makes love in beautiful romantic language on a moonlight night with sobbing music in the distance, instead of blurring out something that sounds like a proposal while they are dodging traffic in the middle of the day on a crowded street.

But after marriage there is no percentage to a wife in her husband's understanding women too well and knowing when they cry for grief or just to get their own way, or because they are simply bound to have a new fur coat. Likewise, the wife soon finds out that when a man has a gift for love-making it is like any other talent. He is never happy unless he is using it, and he doesn't waste much of it on his wife. The great lovers of history were none of them renowned for their domesticity. It is the wife who had to help her husband propose who doesn't have to always be looking after her fences and keeping them painted.

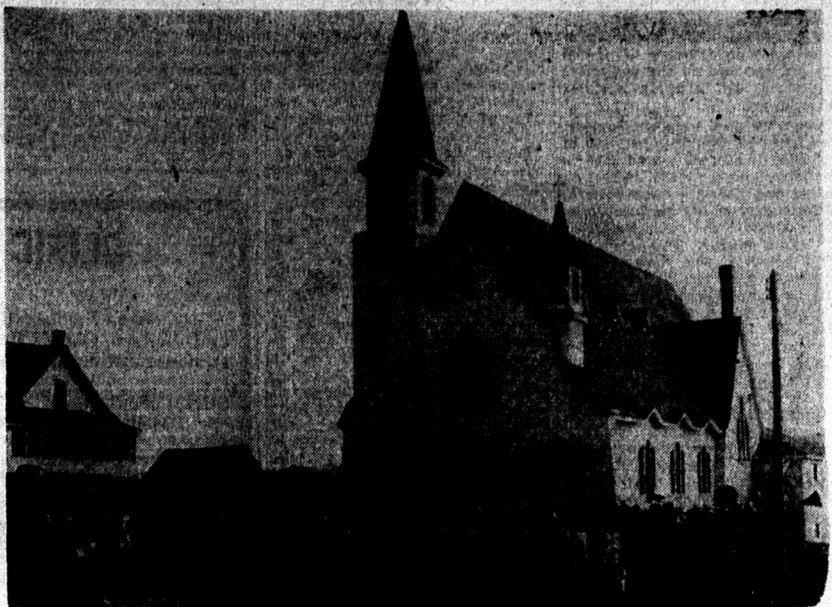
MARRIAGE IS SERIOUS

But, alas, when you get married the party is over, and you have to settle down to work and the playboy still wants to play and spend his money on good times instead of paying the butcher. And when the babies come he still steps out and leaves wife to spend her evenings by her lonesome. Somehow gayety and light-heartedness and carelessness in a man don't make a hit with a wife that they did with a sweetheart. Women are funny that way. Then there is the go-getter, the man who is wrapped up in his business. He looks like a safe bet to a girl. She figures it out that, while he may be a little short on romance, he is long on dependability and she will never have to worry about him chasing after any other woman except the one on the dollar. But after marriage a husband's absorption in business doesn't seem as shining a virtue as it did before and, no matter how profitable the enterprise, a woman who is interested in the cultural things of life gets fed up on listening to all the details of the grocery trade or the stock market, and as she yawns her head off she wonders why she ever thought a cash register would make a parlor ornament. Then there are the men who appeal to women by being good sons until their wives find they can never cut Mother's apron strings. Or by their weaknesses until their wives get tired of picking them out of the gutter, or supporting lazy loafers, or keeping philanthropists from wandering, and give it up and spend the remainder of their lives wondering what they ever saw in the men they married that made them do it.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Discover How Good Iced Tea Can Be! Make tea double strength and while still hot pour into glasses filled with cracked ice... Add sugar and lemon to taste. SATADA ICED TEA

New Church Blessed At Hunter River



Parishioners and visitors in front of the Catholic Church at Hunter River await the arrival of His Eminence James Cardinal MacGuigan. The large crowd witnessed the blessing of the Church and heard an eloquent sermon by His



His Eminence James Cardinal MacGuigan (centre) immediately before he commenced the blessing of the new Roman Catholic Church, St. Mary of the People, at Hunter River. Pictured from left to right are Rev. Patrick Walsh, Palmer Road, Rev. Eric Roblin, North Rustico, Cardinal MacGuigan, Rev. Richard Ellis-

THE HAGUE, Aug. 31 (Reuters)—Princess Wilhelmina, former Queen of the Netherlands, today celebrated her 70th birthday at Loo Palace, her residence near Apeldoorn.

Ellen's Diary

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out across the pond, smug amid its trees. Then comes lane's end set among the Summer green of the alders. Green, but usually festooned with catchings of hay or bedding—straw from the seasonal haulings, and this too forms a Gypsy pattern to point out the curving, lane-way, which now smooth, now rough leads to here.

And the members of the family are in truth as we see them, with perhaps the benefit of a writer's licence for oneself and James! The fields are about average, now returning an abundance, but again less fruitful... which affords the farmers occasion to study more thoroughly the methods of their farming. And our visitors? Tonight there comes to mind, "the sweet young things," the teachers gone or presently going out to their schools; those too leaving that profession, having made of it a stepping-stone to some other goal—all bent on the path which winds ever away to that land of promise wherein girlish dreams may come true. May they weave very lovely dreams those who now leave farm and village and town and city to find or further their fortunes, and at length may they find fulfilment for these!

"Weave lovely dreams my dear. Use golden strings For warp and rainbow stuff and stars for wool. But make your fairest pictures simple things; A little house beneath a low red roof,

A garden running round, a swing where great Is worn away by happy children's feet, Gay curtains, friendly chairs, and shining glass, And every joy that makes a home complete. Dream much of sun and song and being glad, Of laughing lips and eyes adoring. But weave a share of rain and being sad,

For never can the dreams of her come true, Who dreams too gay a plan for her career, Or shuts her eyes to living, O my dear."

Until Tuesday — Diary — Good-night.....

LONDON, Aug. 28 (CP)—George C. Casels, 53, former manager of the Bank of Montreal in London, died Saturday after a brief illness. Casels, a founder-member of the Toronto Stock Exchange and former chairman of the Canadian Red Cross Society, joined the bank in 1885 and he served with it in London for 15 years before he retired in 1943.

Household Scrapbook

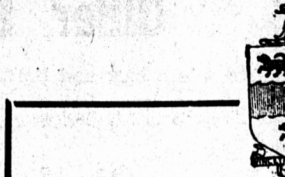
By Roberta Lee

Bookends

When you have a pair of bookends that are inclined to skid or slide, glue a wide rubber band or a piece of inner tube from an auto tire on the bottom of each end, and the trouble will be eliminated.

The Oriental Rug

The colors of a real Oriental rug can be revived by wiping over it with a cloth dampened in vinegar and water solution. This will bring out the colors again.



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The Stars Say --

By Genevieve Kemble

For Sunday, September 3

THE day starts off with an augury of delay, frustration, doubt and low spirits, due to a solar aspect of force, yet as the hours ripen the scene may change from doubt and depression into outstanding achievement and pleasant culmination. This is true in a business, workaday as well as social, domestic and romantic activities. It may be well to make plans for important future objectives, to develop the more creative forces.

For the Birthday

Those whose birthday it is may start off with doubtful energies and ambitions, with probable sense of gloom. But such status should wane with ripened forces and the energizing force of creative thinking and planning. Inner urges are potent and could yield rich returns, with enduring promise in personal, business, intellectual, perhaps domestic and romantic aims and aspirations. Promotion and pleasure are in sight for good work.

A child born on this day while versatile, aspiring and many-sided, will in the long run attain his cherished goal and happiness.

Monday, September 4

MONDAY'S astrological forecast is for a train of conflicting and disturbing activities, with an early start of loss, concern and probable danger to possessions and prestige. The mind seems unable to cope with the situation, wavering 'twixt this and that,' dubious but craving action, all too little illumination, when suddenly a romantic factor surprising and thrilling, moves energies and aspirations into high grooves of accomplishment, with more than a soupçon of romance and dynamic action to change the tempo. But do not go overboard.

If It Is Your Birthday

Those whose birthday it is have an augury of a thrilling and exciting year, with light and shadows alternating through the weeks. There are dangers and challenges to popularity, prestige, possessions, beclouding the thoughts and ideas but quickening the latent potential and creative urges. There is possibility of overacting and extravagance. The denouement however, comes in a strange, sudden and dynamic insight or maneuver. In all phases thrilling and spelling bold adventure, romance, drastic change, with heart-warming thrills. Keep as conservative as possible.

A child born on this day has promise of an exciting, adventurous and dynamic if not spectacular career, with adventures equibrated by corresponding joys and achievements.

Better English

By B. C. Williams

1. What is wrong with this sentence? "After his visitors arrived, they entered into the house."

2. What is the correct pronunciation of "variegated?"

3. Which one of these words is misspelled? Ultimatum, indecorum, verbatum, momentum.

4. What does the word "irrefutable" mean?

5. What is a word, beginning with ob that means "unyielding; hardhearted?"

ANSWERS

1. Omit into. 2. Pronounce var-i-gat-ed, five syllables, and not var-i-gat-ed. 3. Verbatum. 4. Incapable of being disproved. Indisputable. (Accent follows the t) "These figures are irrefutable." 5. Obdurate.

True Success Story

By F. H. MacArthur

These success stories would not be complete without mentioning the names and giving a few highlights in the lives of the late Messrs. James Paton and John McLaren, who for many years conducted a general dry goods store in the city of Charlottetown. Under the capable management of Paton and McLaren, Scotchmen both, the venture grew astonishingly, not only in extent, but also in good repute, until in its heyday the firm of James Paton and Company was a household word throughout the Maritime Provinces.

Paton and his partner had what it takes to make a huge success out of a small beginning and so, in their store services, in the quality of their merchandise, in the class of people they served, they struck a high-note heard across the seas.

McLaren knew the value of advertising and his skill at dressing windows together with his lavish use of printer's ink attracted wide attention, and won customers and stimulated an entire city. Many of Mr. McLaren's clever advertisements were reproduced as models in several of the American magazines of that period, especially the ones devoted to the art of advertising.

The store of James Paton and Company was 35 x 160 ft. and had three stories. Within its four walls were many up-to-date departments, namely: dress goods, carpets, mantle goods, ladies' costumes, millinery, men's ready-made clothing and what have you. Carpets handled by this progressive firm were the famous Crossley brand, while the showrooms were seldom surpassed for light and size anywhere in Canada at that time. As Cato was to Toronto and Ontario, so was the store of James Paton and Co. to Eastern Canada. In it one could purchase Scotch kilans and plaids as well as other adds and ends not to be had elsewhere in this Eastern part of the Dominion.

The partners were satisfied with nothing but the best. To secure exactly what they required, the Old Country markets were visited

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regularly by the two, Mr. Paton having the unusual record of 90 trips across the Atlantic. The most cordial relations always existed between principals and staff. One of their happy events was the annual store picnic, the expense of which was borne by the firm. Christmas time was another gala event in which grown-ups and children spent many happy hours together viewing the decorations and other novel features which this enterprising firm boasted in its days. Gone is the store that for so many years served such a wide circle of patrons, and gone too, are the partners who played a leading role in the social and business life of Charlottetown for over half a century; but the name of Paton and McLaren still lives on.

PRIESTS KILLED

RANGOON, BURMA, Aug. 31 (AP)—Roman Catholic mission headquarters reported today that rebel Karen tribesmen have arrested and killed two Italian priests for preaching peace

Cook's Corner

ICE BOX GRAHAM CRACKER FUDDING

Eighteen graham crackers, crumbled fine, 1 lb. dates cut up 1/4 lb marshmallows cut up, 1 cup walnut meats cut up, 1/2 cup milk, 1 teaspoon vanilla. Mix ingredients and then form into rolls 2 or 3 inches in diameter. Wrap in waxed paper and chill in the refrigerator 24 hours. When ready to serve slice and serve with whipped cream. It will serve 12 to 14.

among the wild and hilly Karen villages. This brings to eight the number of priests killed in Burma by rebels.

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EDGEHILL CHURCH SCHOOL FOR GIRLS Windsor, N. S. Founded 1891 Residential School for girls grade I to XII inclusive. Music - Art - Domestic Science - Dancing. Autumn term begins September 20th, 1950. For Particulars apply to the Headmistress.



Prince Of Wales College AND Normal School

Prince of Wales College, which opens on Tuesday, September 5th, offers four years instruction as follows:

- (a) FIRST AND SECOND YEARS. Two full years comprising the last two years of high school and leading to full Junior Matriculation.
(b) SPECIAL MATRICULATION YEAR: One year for students entering with high standing and seeking Junior Matriculation in one year.
(c) NORMAL SCHOOL: Professional training for students seeking teachers' licenses.
(d) COMMERCE COURSE: For students desiring special training in stenography, typing, bookkeeping and other business subjects.
(e) FIRST AND SECOND YEAR UNIVERSITY: Complete facilities are offered for students taking the first and second years of university in arts and science, including agriculture, household science, and pre-professional studies in medicine, dentistry and engineering.

The third and fourth years at Prince of Wales are fully accredited by universities throughout Canada.

REGISTRATION

Students will register as follows:—

3rd and 4th year at 2 p.m. on Tuesday, Sept. 5. 2nd year and Normal School at 3 p.m. on Tuesday, Sept. 5. 1st year and Special Matriculation at 2 p.m. Wednesday, Sept. 6.

HOT WATER ALWAYS REDDY for MODERN MILK HOUSES Have plenty of hot water always ready. Install an Electric Water Heater in your milk house and make it easy to meet the sanitation requirements of milk ordinances. You'll find that really HOT water speeds work, saves time and gives you the protection you need. Let me tell you more about Electric Water Heating. Ask me for details. Reddy Kilowatt Your "Wired" Hand. MARITIME ELECTRIC CO. LTD.