

## Most Women Invest Wisely Says Woman Stockbroker

MONTREAL (CP) — Most women who invest in the stock market are very knowledgeable about it, says Mrs. Emily McWhinney, only woman stockbroker with Nesbitt, Thomson and Co. Ltd. here.

"Many women are already familiar with the market and others apply themselves quickly to the job of finding out about

her with Nesbitt, Thomson and Co. Ltd. here.

"The Australian-born woman says women are considerably calmer and more sophisticated about their investments than is commonly believed.

"Most of them are efficient in looking after household financial affairs, and now more women — especially among newly-wed

complex — are doing this. Many handle financial affairs with extraordinary competence.

"The job of family financial manager is excellent training should the wife ever be left a widow."

Mrs. McWhinney received her economics degree in Australia, did postgraduate work at the London School of Economics and Yale University, and worked as a securities salesman in Toronto before moving to Montreal this summer.

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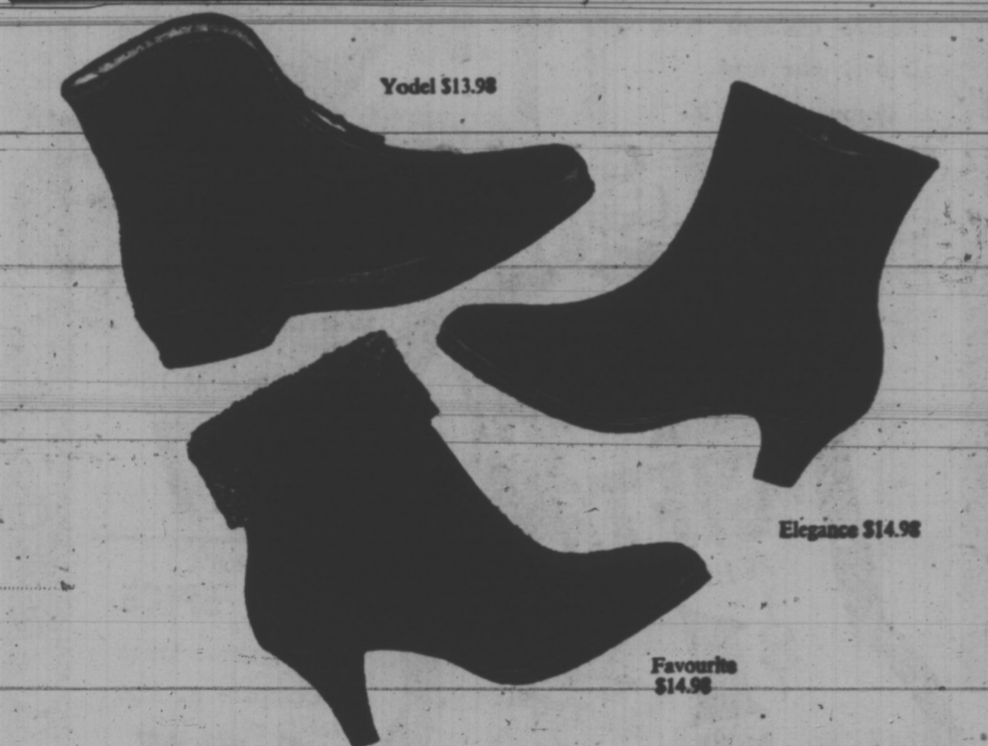
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# Women

The Guardian, Charlottetown, Thur., Nov. 10, 1966. 7

## MARY HAWORTH Reader Much Concerned About Sister's Welfare

DEAR MARY HAWORTH: My sister, eight years my junior was married two years ago. She was a teenager and a salaried worker at the time. After she had a baby 10 months later, she continued in her job.

Eventually she decided the working - mother situation wasn't too profitable, so she quit. Her husband, a jack-of-all trades, has changed jobs three times in three years. He is fairly secure in his present work, however.

Jack is a very efficient householder and Jill, my sister, leans heavily on him for help with the housekeeping chores, the marketing and the laundry. She doesn't do her fair share.

Jill has become morosely lachrymose; won't take off excess pounds put on during pregnancy, neglects the house and doesn't take very good care of the baby (just plays with him when she feels like it). She reads a lot and sleeps most of the time.

Our family is very concerned and tells me that my views carry most weight with her. But I fear intruding; also, being outspoken, I fear hurting her feelings. She is the youngest of us and although we worried over

her early marriage, I don't believe in running other people's lives.

To sum up, I know she needs help and I want to get her on the right-track, if possible. Our mother has suggested a weight reducing plan, a doctor, or a marriage counsellor; but Jack spurns these ideas. He just continues his old efficient helper routine, meanwhile nagging Jill about her weight and her laziness (if such it is).

Please tell me what I can do, if anything, to help. C. C. DEAR C. C.: Your sister's lethargic melancholy, her withdrawal into excessive sleeping, her slack obesity, neglect of homemaking, evasion of responsibility for the baby's welfare, her passive dependency upon Jack to take care of everything in the housewife's domain, etc., are classic symptoms of severe emotional depression.

Therefore it seems to me that the family has a plain duty to act immediately - and urgently - to bring Jill to the attention of a first-rate diagnostician medical or psychiatric, - to put her in line for whatever help science can offer, towards easing her distress and restoring her balance.

... at the going down of the sun and in the morning We shall remember them!



It may be that Jill's despondency, as described, is an instance of post-partum (post pregnancy) depression, which is kind of overall collapse of self-confidence and zest for living suffered by some mothers within days or weeks after childbirth. Or it could be that Jill was already obscurely heading for such a slump even before she was married and became pregnant.

Post-partum depression, when recognized at the onset and knowledgeably coped with, according to skilful medical supervision, usually disappears in a few months at most, leaving no harmful after effects.

Perhaps it should be said, too, that uncounted mothers, stricken with post-partum depression doubtless have weathered the siege without benefit of supportive specialist therapy, and gradually regained firm hold on a

valid sense of general well being.

The late famed psychiatrist, Dr. William Menninger has compared the prevalence of emotional illness - in its myriad forms and degrees, ranging from mild irritability to chronic severe psychosis - to the prevalence of the common cold, so-called, symptoms of which range from the sniffles to the menace of pneumonia.

He said that some people have recovered ("on their own") from either ailment without medical or psychiatric help, while others have succumbed, despite the best of care.

The moral of his comment was however, when someone in the family is at grips with any ailment that hangs on, the responsible thing to do, if it can be arranged, is to have the problem diagnosed and treated. That is doing the best one can do,

namely, rallying organized intelligence on the side of recovery, to reinforce the patient's natural chances, whatever they are, of getting his health back. M. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of the Guardian.

**Turkey Supper and Parish Bazaar**  
St. Ann's Parish Hope River  
Thursday, Nov. 10th  
Serving from 5 p.m. on \$1.50 per plate

In Memory Of Those Who Fell...

... May They Rest In Peace Forever...

**THANE ELLIS** P.E.I.  
Summerside

## Expert Urges Use Of Lists For Parties

Planning a party? Write down your guest list, the food to be served and entertainment planned. Then enjoy yourself.

The advice comes from an expert. Ruth Brent, author of three books on parties and a syndicated column.

In an interview the Calgary-born Mrs. Brent said she always makes a list.

Then, having planned and done the necessary ground-work, she can play hostess in the living room without the nagging feeling she should be in the kitchen preparing food.

Mrs. Brent says money is not a requirement for successful entertaining. It is always possible to invite five or six friends and serve coffee and doughnuts.

The spirit of the occasion, not the amount of money, spent, is what counts.

Mrs. Brent became an expert on entertaining as her husband an officer in the United States Marine Corps, moved from post to post.

Her parties were always a success - "My main reason for entertaining is for people to have fun" - and people started asking for her ideas.

Eventually she wrote some articles for a magazine. Then came the books. Time for a Party, Parties for Brides and Wonderful Year of Parties.

Mrs. Brent says Canadians entertain beautifully. "There is more warmth here."

## Brackley Point WI Holds 21st Annual Meeting

The 21st annual meeting of Brackley Point Institute was held at the home of Mrs. Edward MacCallum on November 2nd. Roll call was answered by describing a happy event of the past summer.

The secretary treasurer gave a complete financial statement of a very successful year's work showing the sum of \$947.00 raised with expenses amounting to \$603.00.

The sum of \$5.00 was voted for group membership in the C.A.C. On request, it was decided to cater to a wedding banquet in the hall, in the near future.

The following officers were elected for the coming year: president, Mrs. Fred Hughes; vice-president, Mrs. Edward MacCallum; Secretary-treasurer, Mrs. Gerald Robinson (re-elected) corres. secretary, Mrs. Fenton McClure (re-elected) Red Cross convener, Mrs. Geo. Shaw (re-elected) All other conveners were re-elected. Directors: Mrs. Stanley Murray, Mrs. Geo. Shaw (re-elected), Mrs. Edward MacCallum (re-elected) Auditors: Mrs. Dennis Hughes Mrs. Gordon MacCallum.

A number of articles of knitting and sewing were passed in for the Red Cross.

The annual Christmas auction sale will be held at the December meeting, roll call to be answered with articles for same. The place of meeting is open for invitation. Following adjournment refreshments were served by the hostess.

Remembrance Day NOVEMBER 11

Let us pause this day to honor the many Canadians who fought the many battles for freedom. And let us rededicate ourselves to the principles for which they made the supreme sacrifice.

November 11 is Remembrance Day, a day dedicated to "perpetuate peace through good will and mutual understanding between nations." We salute those who fought to protect Canada's aim for peace among nations of the world. Their sacrifices have not been in vain.

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