

Appetizing soup

SCOTCH MYSTERY SOUP

1 can pea soup
1 can Scotch broth
2 cans water
Simmer till hot, but not boiling.

MRS. VERN MacDONALD
Parksdale

CREAM OF TOMATO SOUP

½ can tomatoes
2 teaspoons surar
¼ teaspoon soda
1 quart milk
1 slice onion
4 tablespoons flour
1 teaspoon salt
¼ teaspoon pepper
½ cup butter

Scald milk with onion. Remove onion and thicken milk with flour mixed with water, being careful it is free of lumps. Cook 20 minutes, stirring. Cook tomatoes with sugar 15 minutes. Add soda and rub through sieve. Combine mixture and strain over butter, salt and pepper.

MRS. JOSEPH MacINNIS
St. Peter's Bay South

SPLIT PEA SOUP

3 pts. ham stock
1 onion chopped
1 cup split peas
¾ cup rice
Use water from ham shank. Add chopped onion and bring to a full rolling boil.
Four peas and rice into stock and cook for one hour. Add salt to taste.

MRS. MAJOR YOUNG
East Bahic

CLEAR TOMATO SOUP

1 can tomatoes
1 pint water
12 pepper-berries
4 cloves
1 bay leaf
1 slice onion
2 tsp. sugar
2 tsp. butter
1 tsp. flour
1 tsp. salt

Cook first seven ingredients twenty minutes, press through a strainer. Melt butter, add flour and salt. Mix well. Slowly add tomato. Bring to boil.

MRS. RAY GALLANT
Millicove

CRIMSON CONSOMME

1 can (10 oz.) condensed consommé
1 can strained beets (as prepared for babies)
1½ cups water
Heat thoroughly, then simmer 2 or 3 minutes. Trim if de-

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stred with red food colouring.
RUTH MacMILLAN
Wood Islands West W.I.

PEA SOUP

2 lbs. split peas (soaked overnight)
1½ lbs. salt pork
1 large onion

¾ pound butter

1 tbsp. chopped parsley
quarts or more of water.

MRS. RAY GALLANT

Millicove W.I.

NOODLE SOUP

4 cups of chicken stock or

brown soup stock

2 tbsp. noodles
Cook noodles in boiling salted water until tender; drain and add to soup stock. Reheat and serve.

MRS. RAY GALLANT

Millicove W.I.

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BRUSH CLOTHES frequently for better appearance.

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ALLOW BREATHING ROOM Between garments hung in your closet to prevent crushing.

HANG GARMENTS on a shaped, correctly sized hanger.

SPOTS, STAINS should not be rubbed, pressed over, or ignored too long. All these can cause permanent setting and fabric injury.

DIAL 4-6501

