

## Islander Takes Ontario Bride



Mr. and Mrs. Ernest Melville Read are seen above following their wedding at St. Catharines, Ontario. The groom is the son of Mrs. George Read and the late Mr. Read, of Summerside. The bride is the former Mary Doreen Singer, daughter of Mr. and Mrs. Freeman A. Singer of St. Catharines, Ont.

## Islanders Enjoy Party At H M C S Carleton



Nearly 200 guests, including some Islanders, were present when the United Services Institute of Ottawa held an autumn cocktail party at H.M.C.S. Carleton last week. Two well-known native Islanders were pictured above with other members: (left to right) Commander Stanley S. Conquer and Mrs. Conquer; Mrs. Stewart and Group Captain H. R. Stewart E.D., immediate past president, formerly of P.E.I.; Mrs. Nicholson and Commissioner L. H. Nicholson; Mrs. Inman and the newly elected president, Commander W. R. (Bob) Inman, R.C.N.V.R., a son of the late Judge Inman of Summerside.

### That Body Of Yours

By James W. Barton, M.D.

#### INFORMATION ON THE CARE OF THE ELDERLY

For a number of years I found myself writing about the liver, the largest organ in the body, and its holding about 25 per cent of the blood during which it filtered and removed harmful substances, manufactured bile, which is nature's purgative and antiseptic, stored sugar, manufactured coloring matter and other useful jobs. Then came the fact that heart and blood vessel diseases stood first as a cause of death, the use of insulin to control diabetes, and of liver and liver extracts to control pernicious anemia.

Today, many physicians are finding that their practice numbers a great many older people and so health writers are now informing elderly people and their families of the facts concerning the process of aging and how the latter years of the elderly can be made more free of pain and disability and life much more worth living.

In the Ontario Medical Review, we read the Canadian Welfare Council sponsored the visit of two British physicians to Canada during May and June of this year; Drs. T. C. Andrews and T. Rudd, both members of the Southeast Regional Hospital Board in the United Kingdom. These physicians visited several centers in Eastern Canada and addressed the Welfare Council in Ottawa. They stated that "the problems of caring for the old have received special attention in

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### DOROTHY DIX'S COLUMN

#### Teen-Age Recreation

##### Son, 16, Arouses Father's Anger By Joining Poolroom Companions

DEAR MISS DIX: Although most of the boys my age, 16, have been playing pool for the past few years, I didn't begin playing until recently. A few days ago my father discovered, somehow, that I had been going to a poolroom and was very angry. We have since discussed the problem and I have explained that I enjoy the game. He still insists that he doesn't want me to go to poolrooms, even though I go with my own friends. I'd like your idea since this subject is developing into a family argument.



Muriel Nissen

ANSWER: Poolrooms and other places of amusement patronized chiefly by adults should not be frequented by teen-agers. Each group should have its own recreational facilities, and overlapping is not advised. When teenagers trespass on the territory of adults, the latter group is apt to be annoyed, and the youngsters frequently pick up information beyond their years. Your friends should have a place of your own for fun. Since you like pool and billiards, which I grant are interesting games, why not go about setting up your own recreation quarters? Perhaps a church, or a civic group will give you the use of a room; if not, scout among your friends and find someone with an attic or basement space to donate. You won't have to look far, since almost everyone today is very conscious of adolescent needs. Then agree on some means of raising money for equipment. There are lots of things youngsters can do to earn spare money. In fact, the money you now spend in a poolroom could well be used to outfit your quarters. I'm sure the parents of your friends feel the same way your father does, and they'll all willingly lend a hand to get you boys into a more suitable atmosphere.

DEAR MISS DIX: Recently I met a young man who had not been long in this country. A few days ago he returned to his native land on business. I would like to write to him but my mother thinks it would not be proper on such a short friendship.

ANSWER: Although there's nothing improper about conducting a correspondence on short acquaintance, your mother doubtless has her own reasons for objecting, and therefore her advice should be heeded.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

### Household Scrapbook

By Roberta Lee

**Heat-Proof Tabs**  
To make a wooden table top heat-proof, remove the old finish. Rub one-third turpentine and two-thirds linseed oil into the wood. Then rub dry.

**Black Lace**  
Black lace may be washed and still look like new if washed in a solution of one tablespoon of ammonia to one cup of coffee.

**Auto Upholstery**  
Automobile upholstery should be kept as clean as your living room furniture. Brush and sponge it regularly with warm water and ammonia, and rub with a dry cloth.

### The Stars Say --

By Genevieve Kenzie

#### For Tomorrow

LOOK forward to a fairly routine day, one which favors regular duties but frowns upon starting any project calling for daring or venturesome moves, especially where finances are concerned. Postpone action on all such matters until next week. Lunar vibrations during the evening hours indicate the beginning of new cycles in romance and courtship. Social and domestic matters should also prosper and the period is an excellent one in which to encourage new friendships.

#### For the Birthday

If tomorrow is your birthday, you may look ahead to a happy, constructive and propitious year — a year of colorful adventure and exciting activities. There may be a sudden change, new environment, a transplantation of roots that will bring beneficial rewards. Original and creative enterprises could merit spectacular tokens of appreciation or unforeseen honors. Real estate and property matters are especially favored during the next few months, and the early spring augurs well for romance and social activities. You may experience some emotional tension toward the end of the year, but do not let it disturb you. The circumstances are beyond your control — and will right themselves. Relax. A child born on this day will be aggressive, self-reliant and imaginative by nature.

### How Can I !!!

By Anne Ashley

Q. Is there any way I might save a house plant that has frozen?

A. Try pouring cold water over the pot, covering with newspapers, and setting in a dark place for several days. Gradual thawing may save it.

Q. How can I remove varnish stains from clothing?

A. Sponge and rub with turpentine.

Q. How can I mix some white-wash for inside use?

A. Mix thoroughly one pound powdered glue and one gallon water. In another container mix 20 pounds hydrated lime with two gallons water, stirring carefully until all lumps are eliminated. Combine the two mixtures and mix until very smooth. Thin with water to a suitable consistency, and apply with a whitewash brush.

### Alice Brooks Designs

#### EASY! SMART! WARM!

New! New! New! Wear this jiffy jerkin with skirts, blouses, over dresses! It's the smartest fashion of the season — toasty-warm, too, on cold days and nights.

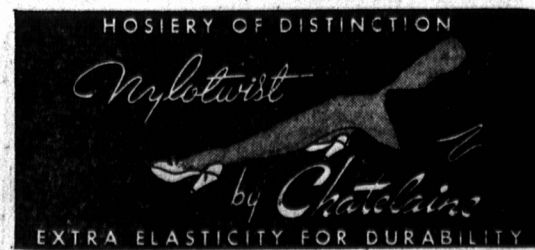
Crochet in knitting worsted. Pattern 7298: Sizes 32-34; 36-38 are included in pattern.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



7298

by Alice Brooks



### ELLEN'S DIARY

By An Island Farmer's Wife

Today is a Day of Remembrance for the Family at this place "in the road." It is one which brings to mind thoughts of the quiet passing year since Károly's going and as well remembered incidents of the happier years before... It is no trouble to recall these—the niceties always so easily return. We see her again on her visits to Alderlea and "the House across the Lane" coming thither with Rob and the children on invited occasion, or when fancy or some common interest of the farming drew them thither. What a good mother she was, never once neglectful of the comfort or welfare of her sons, sharing happily their joys, bearing with them any concern or disappointment they might suffer; looking ahead to the years to grow them into "fine men and true." Smiles, laughter, tears—the sufferings and sorrows of others. Her own bereavements ran deep—the loss of a little sister and a soldier-brother remained ever fresh in mind.

Here in this home she loved.

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### Butter

Do you know that—

- The cream from approximately 10 quarts of milk is required to make 1 lb. butter.
- Two types of butter are made in Canada, Creamery butter and Dairy butter. Most of the Dairy butter is made, and largely used, on farms.
- According to law, butter must contain not less than 80% milk fat and not more than 16% moisture.
- Butter is sold in prints of 1/4 lb., 1/2 lb., 1 lb. and multiples of 1 lb.
- Creamery butter is graded in order of quality, First Grade, Second Grade, Third Grade and Below Third Grade.
- To retain the delicious natural flavour of butter, it should be kept covered in a cool, dry place.

### Better English

By D. G. Williams

1. What is wrong with this sentence? "I saw him around seven o'clock as his car went round the corner."
2. What is the correct pronunciation of "genus"?
3. Which one of these words is misspelled? Misprint, misstate, misplace, mishape.
4. What does the word "literal" mean?
5. What is a word beginning with "l" that means "the heavens"?

ANSWERS  
1. Say, "I saw him around seven o'clock as his car went around the corner." 2. Pronounce je-nus, e as in me, u as in us, accent first syllable. 3. Mishape. 4. According to the letter or verbal statement; following the exact words. "Here is a literal translation of the document." 5. Firmament.

## Bridal Party At Tryon



Above are the principals of a pretty wedding in Tryon Baptist Church on Saturday, October 24, when Margaret Irene Dawson, daughter of Mr. and Mrs. Rex Dawson, of North Tryon, and John James Caton, son of Mr. and Mrs. Andrew Caton, of Rollo Bay were united in marriage. From left to right are: Mr. Andrew "Bud" Caton, groomsmen; Mr. and Mrs. Paton, Miss Ruth Thompson, bridesmaid.

## Anne Adams Patterns

### SEW-EASY DRESS

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4529 SIZES 2-10

by Anne Adams

### Modern Etiquette

By Roberta Lee

Q. Isn't it poor form for a woman at her second marriage to have three or four bridesmaids?  
A. Yes. The second wedding should be a very simple one.  
Q. When a girl is entertaining a male caller in the evening, the hour is very late and he shows no indication of leaving, would it be all right for one of her parents to tell the young man that it is time to go?  
A. No; but the girl has a perfect right to call his attention to the late hour.



### Cook's Corner

#### CHOCOLATE FUDGE

- 3 cups brown sugar
  - 1 cup milk
  - 2 squares cooking chocolate
  - 2 tablespoons butter
  - 1/2 teaspoon salt
  - 1 tablespoon cornstarch
  - Pinch cream of tartar
  - 1 teaspoon vanilla.
- Mix sugar, salt, cornstarch and cream of tartar. Add milk, butter and chocolate (cut in small pieces). Stir frequently until chocolate is melted, then cook until candy will form a soft ball in cold water (238 degrees F.). Remove from fire, cool, add vanilla and beat until firm. Turn into greased pan and mark in squares.

—Edith MacLeod, Springvale W. I.

#### Morning Smile

Hotel keeper, to guest who has been playing clarinet at 2 A. M.: "My good man, do you know there is a lady on the floor above?" Musician (reflectively): "No, I don't think I do. Hum it."

#### HISTORIC SITE

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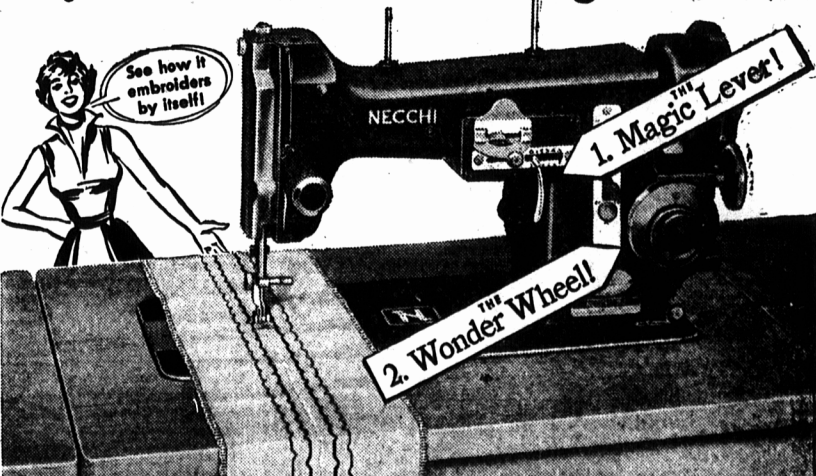
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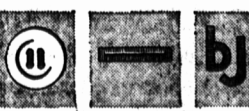


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