

Woman's Realm :- Social and Personal :- Fashions :- Literature

PIMPLES



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Today's Short Wave Radio Program

- THURSDAY, May 14
Hulst, Netherlands
9 a. m. - Cabaret program PH. 16,88 m., 11 73 meg.
Washington
10:30 a. m. - U S Navy Band. WEXX, Pittsburgh, 19 7 m., 15 21 meg. W3XAL, New York, 16 8 m., 17,78 meg.
Paris
3 45 p. m. - "The Damnation of Faust." TPA3, 25 2 m., 11 88 meg.
Tokyo
3 p. m. - Drama from Tokyo Theatre. JVM, Nazaiki, 27 9 m., 10,74 meg.
Madrid
3:30 p. m. - Governmental news in Spanish, English, and French. EAQ, 39 5 m., 9 87 meg.
Berlin
7:30 p. m. - Germany and European Culture. DJD, 25 4 m., 11,77 meg.
London
10:15 p. m. - BBO Dance Orchestra. GSD, 25 5 m., 11 75 meg., or OSC, 31 3 m., 9 88 meg.

THE COOK'S CORNER

Here is a new type of pie-filling that will help you to serve a novelty with the sweetest of other fillings.
1/3 cup butter or shortening
1/4 cup light brown sugar
1/2 cup chopped walnuts
3 eggs
1-3 teaspoon salt
1 cup light corn syrup
1/2 cup rich milk or slightly diluted evaporated milk
1/2 teaspoon vanilla or maple extract.
Unbaked pie crust
Cream butter or shortening and gradually blend in brown sugar. Add walnuts. Beat eggs slightly and add salt, corn syrup, milk and vanilla. Stir into brown sugar mixture, combining thoroughly. Turn into unbaked pie crust and place in a hot oven, 425 degrees F. When crust is set, and rim has browned slightly, lower heat to 325 degrees, a rather slow oven, and bake until set so that a knife inserted in the centre comes out clean. Cool and chill. May be topped with lightly sweetened whipped cream and garnished with chopped walnuts.
If desired, pecans may replace walnuts.
This mixture is delicious for baking in tart pans. Reduce baking time.

QUICK CINNAMON ROLLS

Two cups flour, 4 teaspoons baking powder, 2 tablespoons butter, 2 tablespoons lard or other shortening, 1 teaspoon salt, 1-3 cup water, 1/2 cup milk (about 2 tablespoons softened butter, 2 tablespoons sugar, 1 teaspoon cinnamon.
Mix and sift flour, salt and baking powder. Work in shortening with tips of fingers or pastry blender. Cut in liquid with a broad bladed knife, using enough to make a soft dough. Turn onto a floured rolling board, flour tips of fingers and knead lightly for ten or fifteen seconds. Roll into an oblong sheet about 1/4 inch thick. Spread with softened butter, sprinkle evenly with sugar and cinnamon mixed together and roll up like a jelly roll. Cut in slices about 3/4 inch thick and bake fifteen minutes in a hot oven (425 degrees Fahrenheit.)

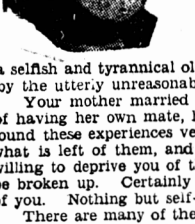
ROSE REFRIGERATOR ROLLS

1 cake compressed yeast, 1/4 cup lukewarm water, 1 cup boiling water or scalded milk, 1/2 cup shortening, 2 teaspoons salt, 1-3 cup syrup, 1 cup cold water, 2 eggs, well beaten, 8 to 9 cups flour.
Method: Dissolve yeast in luke warm water. To boiling water add shortening, salt and syrup. When thoroughly dissolved, add cold water, eggs and yeast. With large mixing spoon stir in about 8 cups flour, possibly 9--add as much flour as can be stirred in, and stir until very thoroughly mixed, as this takes place of kneading.
To make rolls, pinch off pieces of dough, flatten into inch-wide strips, and snip one edge, at one-inch intervals with scissors or knife. Shape dough in hands to form rose-shaped rolls. Place on greased baking sheet, or in greased muffin pans, and let rise in warm place about 1 hour. Brush with melted butter, bake 15 minutes at 400 degrees F. When served, the petals may be washed off and eaten.

Dorothy Dix's Letter Box

A Mother's Greatest Mistake is an Effort to Prevent Her Son Marrying When the Right Girl Comes Along - Her Objections Should be Overcome

Dear Miss Dix--I am a man 35, at home with my widowed mother, who is a middle-aged woman in fine health and financially independent. My trouble is that my mother insists that I must never marry, but must always stay with her. Every time I have ever gone with a girl she has had hysterics over it. Now I am in love with a splendid young woman and we want to be married, but when I try to talk the matter over with my mother she works herself into a passion of fury and cannot abuse the girl enough. I love my mother very much and want to do everything I can to take care of her and protect her, but I also love this girl and she loves me. What can a man, who is an only son, do under the circumstances and still do his duty all around? W. P. L.



Answer:
He can act with some courage and common sense and the part of a man, instead of a fraidy-cat, little boy. You can refuse to let the utterly unreasonable position she has taken. Your mother married when she was young. She had the happiness of having her own mate, her own home, her own child. She must have found these experiences very sweet, since she clings with such tenacity to what is left of them, and that makes it almost inexplicable that she is willing to deprive you of them in order that her old way of life may not be broken up. Certainly no real mother love could ask such a sacrifice of you. Nothing but self-centered egotism prompts it.

There are many of these possessive mothers who keep their sons from marrying and who, instead of being ashamed of the crime they have committed, boast of it and make repulsive jests about being their sons' best girls. Everywhere you can see desiccated old bachelors, who are neither fish nor fowl nor good red herrings, dancing attendance upon mother, trotting her out to symphony concerts and the theatre and parties, fetching and carrying for her, and tied down to her far more than they would be to a wife. And a pitiable, bored-looking lot they are.

Why any mother should be mean enough to want to keep her sons from marrying passes comprehension. Every woman knows that, no matter how much a man loves his mother it isn't with the same kind of love he gives his wife, nor does her love take the place of a wife's love. And she knows that every normal man wants his own home; that he wants children and that if he is denied these his life is never fully rounded out.

No one believes more than I do that children should honor their fathers and their mothers and show them every proper respect and consideration. But when parents impose unjust conditions upon their children and demand needless sacrifices of them, I think the children should refuse to submit to such tyranny, just as they would to any other oppression. Being a parent gives no one a right to wreck their children's lives. So my advice to you is to go on and marry your girl, no matter how much your mother opposes it. You have your duty to the girl and you have no right to break her heart by jilting her, or wear her out in endless waiting for your mother to change her mind, which she will never do. She will never let you go. Have no more arguments with your mother on the subject. Just step out quietly some day and marry the girl and from the train, when you start on your honeymoon, send your mother back a letter telling what you have done and why you did it. Cut her apron strings and be adult for the first time in your life.

Probably she will throw fits, weep and moan and call for public sympathy, which she won't get, but when her hysterics are over she will settle down and be just as happy as she would be if she were making you miserable. And when the first baby is born she will think she engineered the match herself. The most dozing grandmother I know, and one who has found a new interest in life in her grandchildren, is a woman who kept her son from marrying for years by threatening to die with a bad heart if he so much as thought of marriage.

Dear Dorothy Dix--I have a friend who should be happy as the day is long. Has a lovely home, a good husband, two beautiful children, scores of friends, yet she is so miserable she is contemplating suicide. And what do you think she is brooding about? She wants to be the "Thinest person going, starves herself, hasn't eaten a square meal for ages and is so snappy she can't speak a kind word even to her little girl. I know this is a mental state, though what brought it on I couldn't say. If she could only be jarred out of it I would be glad to do the jarring, but I don't know what to do. Can you suggest something? MONICA.

Answer:
Of course, what's the matter with her is hunger. People on a diet are always as irritable as sore-headed bears. Semistarvation has the same effect on humans as it does on other animals. It makes them snappy and snarly. We have to be well fed in order to be amiable. DOROTHY DIX.

Your friend seems to have an aggravated case of the living-skeleton complex and I doubt that there is any cure for that, since once a woman gets obsessed with the mania for reducing herself to a bag of bones she is deaf to the warnings of her physician and the pleas of her family, and is blind to the ravages that malnutrition is making of her looks. One glance at her haggard face, at her sagging cheeks, at the lines around her eyes and mouth and at her pasty complexion and one would think that she would make a grab for the mayonnaise jar and the whipped cream pot and gorge until she had filled out all her hollows and angles, and once more looked like blooming health and youth instead of a corpse that had just been dug up for the second autopsy.

But no. The reducer is wedded to her calories. When you point out to her how much older her face looks she says "behold my string bean figure," and there you are and nothing is to be done about it. The only suggestion I can make to you about dealing with a woman who is willing to wreck her health and her family in order to be thin is to send for an alienist and have her head examined. Perhaps the idea of sending her to a home for the feeble-minded might jar her into using a little intelligence, if she has any. DOROTHY DIX.

A Morning Smile

Two persons in the second row had been much more interested in each other's conversation than in the play, and the man behind endured the annoyance for some time. At length he leaned forward, and, touching one of the offenders on the shoulder, said: "Would you mind repeating that last remark? I couldn't hear it for the noise they are making on the stage."

RUNDOWN? YOU NEED IRON

Actual blood tests reveal that practically all people who feel rundown, nervous, irritable and low-spirited need more iron. To get this iron take Dr. Williams' Pink Pills. Each dose increases the iron in the blood and enables the blood to carry more vitality and nutriment to every part of the body. In this way, Dr. Williams' Pink Pills restore your strength and calm your nerves. You will feel better tempered, your energy will return and life will be brighter. Step out of that half-well condition into joyous health by starting on Dr. Williams' Pink Pills at once. Price 50c. DR. WILLIAMS' PINK PILLS

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The HOUSEWIFE and HER ACTIVITIES

LIFE
A crust of bread and a corner to sleep in,
A minute to smile and an hour to weep in,
A pint of joy to a peck of trouble,
And never a laugh but the moans come double;
And that is life!

A crust and a corner that love makes precious,
With a smile to warm and the tears to refresh us;
And the joys seem sweeter when care comes after,
And the moan is the finest of follis for laughter;
And that is life!
--Paul Lawrence Dunbar.

NO FAT
All soups are better for the digestion if cooked one day and set in the refrigerator overnight for the fat to congeal. Then all fat is removed from the top and nothing but nutriment remains.

STRAIGHTENS THEM OUT
Aluminum pans require less heat for cooking than do iron pans and this excess heat frequently causes them to bulge on the bottoms. Heat the pans slowly and when hot pound the bottom lightly back into shape with a hammer.

BEATING EGG WHITES
Some people take a great deal longer to beat egg whites stiff than do others. The secret is to lift the beater high with each stroke, allowing the air to get into the egg. Some ways of holding the beater will flatten the white and take a great length of time for it to stiffen.

A NERVE TONIC
Celery is said to be very healthful to those suffering from rheumatism and nervous diseases. How seldom we have cooked celery as a vegetable despite its good qualities. It is nice creamed or just stewed with a butter sauce, always an addition to a salad, served to-matoes, stuffings, etc. Serve it more often.

GLOVES THAT GLITTER
Close-fitting bracelets round the wrist of your glove, matching your earrings, necklace or dress clasp are fashion's finishing touch to a spring outfit.
The fullness of a gauntlet gathered into a glittering buckle at the wrist is another novel idea.

"DON'T MATCH" IS THE NEW RULING FOR ACCESSORIES
An accessory style which has been discussed for some time in fashion circles, is "accessories which do not match." After seasons of striving to get women to match all accessories it looks extremely overdue for one woman to wear matching gloves, bag, shoes, belt hat and

flower, and two or at the most three matching accessories are a better choice "combining colors" rather than matching suggests a coming development in accessory colors which should be watched.
One classic black suit seen was worn with a black saddle-stitched bag, a white, red and black belt, a white taffeta scarf hand-stitched in squares with red and black wool at the same figure, and white gloves hand-sewn in black.

FRIED POTATOES
If you want fried potatoes to be especially good, use butter for frying. The taste is delicious, with no trace of fat, and the potatoes will be a very tempting golden-brown colour.
To give mashed potatoes a little touch of "something different," stir in some herb seasoning just before serving--very finely chopped thyme or parsley is a great improvement, and, if available, chives are delicious.

When Baby first begins to walk, rub the soles of his new shoes with a piece of raw potato. This will remove the shine and prevent tumbles.

SCIENTISTS EXAMINE FIJI FIRE-WALKING
Results of a scientific examination made in an effort to ascertain the source of the mysterious power possessed by the Fiji Island fire-walkers, well known to American tourists who have stopped off at Suva on their way to Australia, are told in a recent government report.

An exhibition by the famous fire-walkers from Benaga was studied by two members of the B. M. A., Sir James Purves-Stewart, of Waterston, of St. Andrew's University. Tests were made of two of the strongest walkers, both before and after the trial.

Before walking on the white-hot stones in the pit, the performers all went into a hut, where what a small devil was celebrated. This ritual lasted for several minutes.

The fire-walking performance, it was found that the men were sensitive on the soles of their feet to pin pricking, and to the heat of a lighted cigarette. The reflexes in the lower limbs were found to be normal. The soles of the feet were quite free of any dressing before or after.

The judges found that the men's skin was not abnormal or thicker or tougher than usual, thus there was no clinical evidence of opiate administration, that the performers were mentally alert, that they reacted briskly and normally when painful stimuli were applied to the soles of their feet or elsewhere, both immediately before and after the performance, and that no organic lesion was present.

It is well known that repeated exposure to high temperatures can cause a person so trained to stand higher temperatures than anyone not so trained. Professor Waterston inclined to the latter as a likely explanation of the mystery.

Sir James Purves - Stewart thought that religious ecstasy was more likely to be the chief cause for the insensibility to pain. He called attention to the religious element in the ritual, indicating that this was not a daily performance, but an infrequent and specially prepared celebration. He added, "Religious ecstasy is capable of temporarily suppressing sensations of pain--Australian Press Bureau.

HABITUAL IMPUDENCE
"WHAT am I going to do with Johnny?" writes a mother to Olive Roberts Barton. "He is only six but so impudent, I can't handle him. Every time I scold him, he looks at me and I hear about it, I wash his mouth out with soap and water and put him to bed. But today he made a show of himself at a neighbor's house and what he said was appalling."

"The soap-and-water-method belongs in the same category as castor-oil. Good for the body but hardly for the soul. In spite of Joan Lowell, whose daddy disciplined her with oil and rope-and-clipined her with oil for the sea life and made a good job of it, I do not think much of the soap method.

Impudence is a result, a growth of long rooting in the wrong soil. That is to say, habitual impudence is the sudden and spontaneous retaliation at injustice, even imagined injustice, is different. Repeated affairs of this kind will, however, confirm the offender in the habit.

SEVERITY STARTS IMPUDENCE
It is started by bearing down too hard on the child. He turns, this little worm does, when he feels the need of defence. He carries the battle into the enemy's territory and calls him names.

If Johnny is told repeatedly at home that he is worthless and terrible and is punished more than he is praised, outrage soon begins to work. He loses respect for those who persecute him. Parents? Oh, yes, parents or aunts or grandmas or the teacher or anybody.

This is the beginning. Next he seeks opportunity to insult without provocation. After that comes the necessity, or so he feels, to insult the innocent. This is the final step when a child reaches the stage where he is sure that everybody is his enemy, he does not wait for a cutting word. He gets to bat first.

RESTORED FAITH
The habitually-impudent child is a problem. To cure him means a long session of getting at the cause of trouble. And it necessitates restoring his faith in humanity and convincing him that humanity has faith in him. He won't believe it merely by being told. He has to be assured in the very depths of his being that he is not the utterly hopeless fellow he has been dubbed; that folk do like him; that his faults are not as dreadful as made out to be; that love and respect for him still remains in the hearts of the enemy; that he need not intimidate any longer in order to protect himself.

Parents often insult their children. There is a difference between reproval and personal offense. Invariably it is answered in kind. Retort to a teacher is often invited by a remark on her part that cuts into pride. The child who is guided and loved is usually sorry enough to accept reproval without impudence to his parents or any one else. Soap is good for the teeth; but when it comes to the tongue, unless. The mind and heart are the feet of trouble.

HEALTH

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

GALL-BLADDER
Close to and beneath the liver lies the gall-bladder, a thin-walled sac which holds the bile secreted by the liver. The act of eating causes the gall-bladder to contract; this discharges the bile into the intestines where it plays an important part in digestion.

Disease of the gall-bladder is the most common cause of what are thought to be a stomach disorder in adult life. The gall-bladder is a part of the digestive tract, and disease anywhere along this tract may be responsible for infections of the gall-bladder.

Infection of the gall-bladder is often the last evidence of the pneumonia, influenza or typhoid fever from which the patient has recovered. The gall-bladder appears to be particularly vulnerable to the bacteria responsible for a wide variety of infectious diseases.

A woman who is "fair, fat and forty" is the most likely person to suffer from gall-bladder disease. The disease is found most frequently among pregnant women, nursing mothers and women who are overweight, although it is not restricted to these categories of individuals.

The first symptoms noted may be a sense of fullness and distension of the abdomen, with a desire to belch gas. Headache and constipation are fairly common, and the patient is not infrequently irritable and nervous.
Stones form in the gall-bladder and, once formed, they tend to increase in size; if they become too large to escape from the gall-blad-

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Spring Fashions For Home Dress-Making

It's the sun does it--makes us long for a splash of bright color to express our gaiety.
You'll want to make this darling culotte and blouse for playtime in such combination as burnt orange culotte with turquoise blouse or in turquoise with deep pink.

The culotte is "laced" in chic to the young shirt blouse with slot seams.
Choose linen, heavy silk, novelty cottons and shirtings.
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