

With All My Love

(By Virginia Bowles)

(Continued)

The plane took off quickly with Hanley at the controls and when they'd reached 3,000 feet he reached over and touched Clare on the shoulder. "Take over," he said. "Keep the nose pointed at the horizon."

Clare touched the rudder pedals with her feet, pushed the right one gently to get the feel. Then she put her right hand on the stick, found the limits of the slight play in it, and looked up through the windshield to the flat line of horizon in the distance. For five minutes she flew in a straight line, but during that time she played gently with the controls, trying without changing the course of the plane to co-ordinate her hand and feet for a banked turn. At the end of the five minutes she felt confident, and she signalled her intentions to Clay, who nodded.

"Why, it's easy!" she couldn't help exclaiming as the plane swung into an easy left bank. She looked back quickly, and Clay Hanley was smiling, and in that instant the plane began to slide and the tail whipped around. Clare could hear Clay's deep laugh and looking ahead in sudden alarm she saw the ground coming at them swiftly. For a dizzy moment she couldn't find the horizon, blocked out by the cabin roof, and the next moment the distant line shot past her going down and it was almost as if the bottom of the plane had plumped against something solid. Instinctively she put the stick at dead center again and straightened the rudder, and she could feel her nerves relax as the nose dropped down slowly and nudged the land line again.

"Good work," Hanley said enthusiastically. "Try the same thing."

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ELLEN'S DIARY

By an Island Farmer's Wife

"We look before and after, and pine for what is not; our sweetest songs are those which tell of saddest thought." These lines we believe will come to mind this very morning. A week ago we looked before with much expectancy to the days that lay ahead. Now as we come again to the familiar routine of farm and home and those duties which are peculiarly ours wherever and however we may dwell, we shall, we suppose in this "after" pine for what is gone. For now The Fair will be past and over, its annals recorded, and it is no idle fancy to predict that we shall find, after the color and excitement of its days, the affairs of this one somewhat humdrum, its hours rather slow as they pass. We shall be even now experiencing that let-down sensation which lingers always in the wake of every gala event. But even as we resign all its delights to the past and gird our hearts to come again to the vicissitudes of our every-day living, pleasurable memories of hours spent there will linger.

Even while James lingers after breakfast, it may be only long enough to listen to a weather report or perhaps to smoke a remnant of a cigar from those days, we shall find our conversation turn back to The Fair. And if out of a halo of smoke, he will be bound to offer that "We wouldn't have gone at all if it hadn't been with the children, now would we, Ellen?" We both will know deep in our hearts that we should have been in attendance if we had no grandchildren to bless us or if he had been obliged to haul the old wagon from storage and collect with a tempting dish of grain, the Nellie mare from her pasture, instead of being borne thither smartly in one or another of the happy little trucks that here or at Rob's attend to such matters of carrying.

But James will say with a smile, "Jamie certainly enjoyed it—your youngsters did" and "Ay, we shall agree, 'so too did granddaughter!" And how we shall talk of it all... or meeting this one or that whose name had so often been in mind during recent years though we had been separated by distance. And James will recall with obvious surprise: "You know, Ellen—I hadn't seen him for years. And would you believe it, he's quite gray now—yes, his hair is showing!" And James will forget that even as others in the interval, so we too have been frosted by the years.

Tonight the having rests in a state which if incomplete will permit the family to enjoy daily or/and nightly excursions to The Fair without much concern over any unfinished business left behind on the farms. "Some afternoon we can finish it", James promised himself at dusk. That was when they homed from a lengthy spell of it at Rob's, which had left the two apparently unwearied. Instead of the usual greeting: "Did any of the stock get out of bounds today?" it was a brisk: "Ellen, did you remember to polish my shoes?" And now somewhere under those lights which brighten the sky to the east, our delegation of farmers, sit in at "The Opening."

Until tomorrow --- Diary --- Goodnight ---

Still The Same

Watson returned to his native town after some years abroad. "Has Watson changed much in the years he has been away?" asked one who had heard of his return, but had not yet seen him. "No," said the man addressed, "but he thinks he has."

"In what way?"

"Oh, he persists in talking about what a fool he used to be!"

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Morning Smile

The absent-minded professor who had been attending a lecture all the evening returned home very late and was rather muddled. On entering his bedroom, he thought he heard someone move under the bed.

"Who's under there?" he called out.

"No one," replied the burglar. "Funny," replied the professor. "I could have sworn I heard someone there. Good night."



PRINCESS ANNE CELEBRATES FIRST BIRTHDAY WITHOUT PARTY

Princess Anne, third in succession to the British throne, is succeeding her mother, Princess Elizabeth, on the occasion of her first birthday which royal family celebrated on Aug. 15 in London, Eng. A sociable little girl, who is at the crawling stage, the Princess spent most of the day in her playpen as her mother thought her too young to care for a birthday party. Well shielded by both parents from the rattle-dazzle of court life, Princess Anne and her three-year-old brother Charles are, as much as possible, living lives of normal infants.

That Body Of Yours

By James W. Barton, M.D.

YOUR BLOOD PRESSURE

I write often about high blood pressure because it is the condition (it is not a disease) most frequently discussed by the majority of men and women. This is only natural, since it is known that high blood pressure, due to hardening of the arteries, is the cause of heart stroke and brain strokes. However, I and other health writers, while always mindful of the dangers of high blood pressure, want everybody to know that high blood pressure is not a death sentence.

If you are the one out of every five adults who has high blood pressure, you are probably unnecessarily alarmed. There is no reason for worrying yourself into bed. Patients who would have been condemned twenty years ago to a useless life are now advised to live normally, taking sensible precautions.

"While the cause of high blood pressure or hardening of the arteries is not fully known, enough has been learned about treatment and management that the wise physician would no more prescribe an invalid's routine for the average patient than he would recommend a job as a longshoreman. The key is moderation in living habits."

I am quoting from a recent booklet "Your Blood Pressure" and other health writers, while always mindful of the dangers of high blood pressure, want everybody to know that high blood pressure is not a death sentence.

There is a hereditary background in about 40 per cent of cases of high blood pressure and the average age of onset is about 32. "It might be called the doctors' disease, because hard-driven physicians are often victims. It might also be called the super-executive's disease yet the vast majority of patients are ordinary people—the day laborer, the semi-skilled man, bus driver, housewife, school teacher and the grocer."

Blood pressure varies from time to time.

The booklet warns that anyone who tries to forecast his future by comparing blood pressure readings at different times is wasting emotional energy and probably boosting his pressure. There are obvious ties between high blood pressure and emotional difficulties.

What about treatment for high blood pressure? The first step is acquiring emotional control. This is accomplished by learning to face difficulties by thoughtful planning, aided by one's religion and the help perhaps of a psychiatrist. Certain drugs, by quieting the emotions and relaxing the muscles that tighten the blood vessels, keep blood pressure within normal or nearly normal limits while they are being given.

Cook's Corner

BEEF LIVER JULIENNE

(4 servings)

One pound beef liver, sliced, 2 tablespoons flour, 1 teaspoon salt, 1/4 teaspoon pepper, 1/2 teaspoon curry powder, 3 tablespoons fat 1/2 cup thinly sliced onion, 1 teaspoon kitchen bouquet, 1/2 cup water, 3 cups diced peeled tomatoes, 1/2 cup sliced green pepper.

Cover liver with boiling water and let stand 5 minutes. Drain well. Blot dry with paper toweling. Remove any tubing or skin. Cut in thin fingerlength strips. Place flour, salt, pepper and curry powder in a paper bag. Add strips of liver.

Close end of bag and shake vigorously. Melt fat over moderate heat in 9-inch frying pan. Add dredged liver and brown lightly. Add onions and let cook about 3 minutes, stirring frequently.

Stir in kitchen bouquet. Add any flour mixture remaining in bag and stir into liver mixture. Add cold water, tomatoes and green pepper. Bring to boil, stir rinz frequently.

Cover and let simmer over low heat until tomatoes and pepper

DOROTHY DIX SAYS—

Money Question

Should Working Wife And Daughter Help Support A Household?

DEAR MISS DIX: We have raised a large family and have one daughter, 24, at home. My husband has been very sick the last year and had a serious operation. Although far from well, he is back at work. All of a sudden we seem to have serious money troubles. I went to work about a year ago and have worked steadily since. Here is my problem: My husband thinks I should help support the family, at least until he gets on his feet. He also demands that our daughter pay for her room and board. I say my money is mine as I earn it, and he is supposed to support us.

M. K. T.

ANSWER: Small wonder that nations cannot get along when the family, which should be the very seat and foundation of co-operation, can be as widely divided as this one. Just as long as the almighty "I" comes first in people's lives, so long will we wait for peace and unity!

REMEMBER YOUR VOWS

Have you forgotten, M.K.T., that you took your husband "in sickness" as well as health? You are certainly bound by every code of morals and ethics to care for him in his illness, even if it means using some of your hard-earned wages to clear off the debts incurred with doctors and hospital.

Your daughter is equally bound to help her father. If she is living at home, she should, in any event, be making some contribution towards the family welfare. It is my firm belief that every working child is a responsible member of the family and should make a regular, stipulated contribution towards the family finances. Such evidence of financial responsibility should not be payment for room and board. Room and board may be had from any stranger, but the privilege of belonging in a family should be highly prized. The family unit is a most sacred thing, and can only be preserved through the joint efforts of all members.

Too often a situation arises where illness strikes one person in a family, and the rest go scurrying away as far as possible to avoid all share in the physical or financial burden.

Don't let this happen to your household. If you let your daughter acquire the selfish attitude you have that whatever money you earn is yours alone, you are doing her a great wrong. At 24 her ways are undoubtedly quite set, but if it is possible to give her a realization of filial duty, do so!

DEAR MISS DIX: I am 20 and my boy friend is 23. We love each other very much but he has a heart condition that prevents him from getting a good paying job. He claims that he cannot support a wife with the job he has now. He leaves me for one or two weeks so I will be able to forget him—but he always comes back. Should I try to forget him or make a go of things the way they are?

J.A.B.

ANSWER: If your friend really loves you and is sincere in his desire to get a good job and marry you, the first step is for you both to have a frank talk with his doctor. Learn, yourself, exactly how serious and incapacitating his ailment is. Heart conditions in the young are frequently outgrown, and usually are not as crippling as the sufferer believes.

Your friend may also be having trouble making up his mind to the great adventure of matrimony. His physical condition may be an excuse to cover his real indecision—and he wouldn't be the first person to resort to such subterfuge.

If you find he can work at a harder job, and still make no attempt to change, your course is clear—get a new boy friend.

DEAR DOROTHY DIX: My boy friend is in the army and since he left we have moved to another town. I have let him know where we live. Do you think he will come to see me when he gets home?

BOOTSIE

ANSWER: If he likes you, Bootsie, of course he'll come to see you. Soldiers are used to traveling. Don't worry about him; make new friends yourself, then if he doesn't come to see you, at least you'll have consolation in new interests.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Household Scrapbook

By Roberta Lee

Homemade Mayonnaise

The rumor that homemade mayonnaise will not keep in hot weather is not so, as it will keep indefinitely if placed in a mason jar, the top screwed on securely, and then placed in the bottom of the refrigerator where the dressing will not get too cold. Confer with friends in power and authority.

For the Birthday

Those whose birthday it is may find a difficult impasse to compose, drastic and seemingly crushing, upsetting all plans for constructive effort. Nevertheless, the invention of friendly forces, placed in high station. Their constructive ideas and timely intervention should switch things from danger points to high spots of achievement.

A child born on this day, write

disposed to be erratic and unconventional in disposition, will, as well, have a progressive view on life, aspiring and ambitious.

Anne Adams Patterns

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How Can I!!!

By Anne Ashley

Q. How can I clean patent leather shoes and handbags?

A. They can be made to look like new by means of a milk bath. Merely dampen a cloth with milk and rub over the shoes or bag; dry with another clean cloth. This treatment is also very good for the leather.

Q. How can I treat ivy poisoning?

A. A good remedy, and one that is easy to apply, is a solution of sodium bicarbonate and ice water. Apply freely and often to the poisoned skin. Ask your druggist how to prepare the solution.



Pert, blue-eyed Marjorie Kelly of Courland, Ont., Atlantic City next month. The daughter of a tobacco farmer, who followed her mother's advice and entered her first talent contest, reigns today as Miss Canada of 1951. Before a cheering throng of 2,000 at Burlington, Ont., the five-foot, 2½-inch graduate of the University of Western Ontario was selected as Canada's representative for the Miss America pageant in Philadelphia and New York. As there were no second and third place winners, rest of the girls each received \$100.

Modern Etiquette

By Roberta Lee

What is the correct way to hold a fork?

A. The fork, prong up, rests on the side of the first joint of the middle finger, and should be held in place by the tips of the thumb and the index finger. Curve the other two fingers lightly under the fork.

What refreshments would be appropriate following a home wedding?

A. This would be a matter of choice. Ginger ale, fruit juice or coffee, wedding cake and a few sandwiches would be all right.

What is the fee a woman is usually supposed to give the maid who helps her in a public dressing room?

A. Usually twenty-five cents.

Better English

By D. C. Williams

1. What is wrong with this sentence? "He is apt to be here very soon now."

2. What is the correct pronunciation of "coupon"?

3. Which one of these words is misspelled? Planos, Negroes, sopranos, tomatoes.

4. What does the word "parsimonious" mean?

5. What is a word beginning with vo that means "of great bulk"?

ANSWERS

1. Say, "He is likely to be here very soon (omit now)." 2. Pronounce koo-pon, oo as in too; not koo-pon, 3. Negroes, 4. Frugal, 5. excess; stingy. "He was parsimonious in his dealings." 5. Voluminous.

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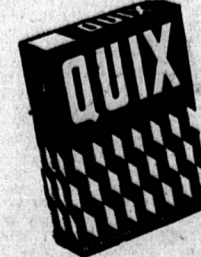
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