

We Walked In Sunshine To Find A Clear Spring

The Easter vacation, how enjoyable it is for the children! And yet as the holiday draws to a close, there is apparently no regret over the fact that presently again school will keep there is a certain happiness to be found in the orderliness it requires, and in once more joining the familiar group there. What chatting, what smiles, we can appreciate, there will be when the old district school down the River Road calls its scholars again to their classes.

Meanwhile at this farm, Mack takes his place with the men at the farming. Alex too lends assistance on occasion, as does Peter who much enjoys it, both to be, according to their older brother, "quite a help" in rounding up the chores. The younger two also have their roving commissions - the errands, to relay messages, to fetch and carry, and to make themselves handily available about. When the demands of the work have been satisfied, and the freedom of the playtime falls, they come by with exciting suggestions: "I wonder if the spring in the field across the creek, there by the road, is all clear of snow?" one will say. "It wasn't last year when we came to it, remember?" the other will recall wistfully. "We couldn't find the glass we drink from, we had left there in the autumn. It was covered over by a drift of snow." Or it may be: "Do you suppose if we walked up the wood's road, we'd see any partridges, or maybe a pheasant? We'd be sure to see something! A rabbit perhaps?" Peter will say, eyes shining at the prospect. "Or we could go along the old mill-pond, there where the pussy willows are, as far as the mill. It isn't far. Only a step. Wouldn't that be nice to do?" Alex's smile will inveigle us. "And we'll bring in the wood afterwards for you," Peter will promise. "And find some eggs. You need them, I know. The tray is empty" he will smile.

And, we reason, because young holidays are special times as we recall, leaving memories that last long after "the former things are passed away" it is necessary that we make those curtains this afternoon? Will the children remember more kindly a grandmother who strolled indoors to make new curtains, rather than to come with them along the paths of the farm? We search our memories. And found items there relative to the springtime refurbishing of the home: the

kets billowing in the sunny, saucy wind that came by the clothesline in a recess of orchard; the new wallpaper, the fresh paint, the lace-curtains, starched and snowy-white repinned to the brass rings on the varnished wooden poles of the parlor's windows. But then, ladies, would they remember as girls these things?

Sunshine this afternoon, we walked on. And drank of the crystal flow which bubbled up clear, from a cleft rock at the foot of the steep cliff by the spring. And heard a robin's broken trill. And saw, so very much, Not the least of which were the smiles of content expressed on young faces over having had a wish of spring realized, a winter-dream at last come true.

The Easter Bunny, we may say, left brightly colored eggs, "never seen of sea or land" orange and blue, crimson and purple, in the "caragana hedge, which edges fetchingly the little lawn of the house across the lane, to be found on Easter-Sunday "early in the morning". And we found this morning, to treasure its every hour, this bright, and beautiful April day. Until tomorrow. -Diary - - - Good-night.



SCHOOL IS A SEA SONG

Teacher Joseph Gladstone of Toronto's Main Street School leads a group of teenage girls in a noisy old sea song, the girl's English lesson for the day. The school

is scene of a pilot project by the Toronto board of education aimed at finding how to help new Canadians learn both a new language and a new way to live. Principal Joseph Sterioff said he has thrown away the book and substituted the premise that oral language to deal with particular situations is the immigrant's primary need.

Plans were made at the April meeting of the New London United Church Women to hold an afternoon tea in the church basement. The meeting was held at the home of the secretary, Mrs. James M. Campbell, with the president, Mrs. Lewis Campbell in the chair.

UCW To Hold Tea At New London

Mrs. Weirum MacKay as devotional leader, opened the service with a hymn and psalm. The theme was "Easter Greetings" and prayer and meditation followed. The missionary prayer on large heated platter "as is" or sliced. Add sauce from roasting pan to spaghetti. Mix thoroughly and reheat. Serve very hot. Pass grated cheese.

TIP FROM THE CHEF
Add 1 tsp. cooking oil to the water when cooking spaghetti to prevent the strands from sticking together.

UCW To Hold Tea At New London

er was given by Mrs. Harold Mayhew.

A total of 12 members responded to roll call with "an Easter Thought". The treasurer, Mrs. Ray MacLeod gave the financial report and a letter was read regarding the allocation for this group and it was decided to accept it. The members decided to pack ditty bags. The community friendship report was given.

Mrs. Sutherland Montgomery will be devotional leader for the May meeting which will be held at the home of Mrs. Harold Mayhew. Text word will be "Life". Missionary prayer will be given by Mrs. Weirum MacKay. Food committee will be Mrs. Ray and Mrs. Louis MacLeod.

Easter readings were given by Mrs. W.A. Paterson and Mrs. Harold Mayhew, and refreshments were served by the hostess, Mrs. Campbell, and the committee in charge.

Mr. and Mrs. G. Roy Hill have returned to their home in Freetown after spending the winter months with their son, and daughter-in-law, Mr. and Mrs. Gerald D. Hill and daughter, Cindy Gale, in Cornwall. They also visited with their daughter and son-in-law, Mr. and Mrs. Elmer Buchanan, Charlottetown and with

Mr. and Mrs. John Chappell, Kensington, visited relatives at Moncton, N.B. during the Easter weekend.

Wayne Champion and Keith H. BENNETT CARR
-Sun Life of Canada District Supervisor Insurance Counselling Charlottetown, P.E.I. Phone 4-8317 - 4-5428

KON-TIKI
Golden Fruit from MALAYA

Delicious!

Women

6 The Guardian, Charlottetown, Fri., April 15, 1966.

MARY HAWORTH

Tough Ultimatum For Girl Wishing To Return Home

DEAR MARY HAWORTH: Although my mother had six children, she gave most of her time to organizations and took advantage of school holidays and weekends, when all of us were home, to go shopping and do other things she "had" to do. She and my father are around 50, in perfect health, in the upper middle income group. Pursuing ethnic tradition, they treat sons (four) as sacred cows and daughters (two) as nothing. Tired of the bulk in baby sitters role, I moved out five years ago, I moved out five years ago, I think this bitterness has something to do with my being an old maid today, at age 25.

The dating race is over for me. I caught up with some of what I missed during grammar and high school years. But I'm sick of it, and tired of living in boarding houses, YWCAs, apartments, alone or with roommates, etc. I have decided to try again to live with my parents.

I want to marry but feel hopeless about it. I think my chances with a prospective husband and his parents might be improved if I live at home.

My sister Rosalie married recently. She was imposed on too, but had more freedom and less abuse than I. When I approached my parents with "Now that Rosalie's married you have more room, may I come back?" they were quick, too quick, to point out: "If you come back it will be your duty to take care of all the ironing" (mother never does); "all the baby sitting" (mother is rarely home); "Saturday housework" (so mother can get

her hair done); "no latches; and curfew at 1 a. m., weekends." In addition, I would be paying \$20.00 per week for room and board.

Recently, I have been seeing a counsellor, age 22, with a Master's degree, who advises against it. When I raise the question of my parents' motivation the counsellor says: "I am not treating your parents." I am not entirely satisfied with her counselling but I don't feel I can make headway unaided.

Just how much do you think should be required of me at home? If my parents are being unfair, how convince them? A stupid question, no doubt, as I should know by now that they aren't going to change. In any case, your comments will be appreciated.

DEAR L. C.: It is my conviction, captured in novelist Tom Wolfe's famous book title, that "You Can't Go Home Again."

Not after having burned your bridges, by shoving off, as you did five years ago, in a valiant spirit of warranted rebellion. I have no doubt, against your parents' crippling self-centeredness.

You would be limiting your growth incalculably, if you were to let a passing mood of discouragement, in the wake of your sister's marriage, betray you into broken total submission to your mother's characteristic complicated bullying (whereby she rules your dad).

By going home on her terms, you would be trading away your birthright freedom of soul, which entitles you to become your own woman in adult years

through your own persistent efforts, unaided by family, if they make that necessary.

As I get the picture, your 22-year-old counsellor isn't adequate to the task of giving you really helpful insight and perspective on your problem, during the present crisis of nerves. So she begs your questions instead of throwing light on shadow areas.

My recommendations: Unburden your worries to a competent, certified, seasoned family relations adviser, to be found at a Family Service agency. Or to a first-rate psychoanalyst. Or to a church - pastoral counsellor - Jewish, Catholic or Protestant, as your faith suggests.

To escape the rootless loneliness of transitory haphazard housing during spinsterhood, scout the community, through the classified ads, for a family

that would welcome and value you as a live-in helper companion.

Elderly gentleness or a growing young family, for example might prize a youthful career girl as a roomer-and-boarder, who, in exchange for proper accommodations at bargain price would undertake a light schedule of specified duties as "companion" or "mother's helper" in off-job hours. And who would ask, in return, the household's chaperone-type interest in her social efforts.

With family relations and/or pastoral counselling help, such an arrangement may be secured. If so, it should meet your particular overall needs of a home away from home.

M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

IDA BAILEY ALLEN

Food Knowledge Vital To Keep Within Budget

In this column, we plan menus and recipes for the average family budget, with occasional features for special holidays, birthdays or entertaining. Just what do we mean by the term "budgetwise"? The "budget" in this connection, means the amount of money available to spend for food. The "wise" suggests a thorough knowledge of the comparative prices and quality of the food. Read The Labels.

Really understanding the best food values requires more than a hurried trip through the supermarket. The labels for new foods must be read. Sometimes a second market should be visited for price comparisons. Before food-shopping for the week's major purchases, read the newspaper ads, then shop. Remember that every penny counts.

Measurements are level
CHOCOLATE CROQUANTS
(as promised)
Courtesy N. Y.'s Waldorf-Astoria Hotel
1/2 lb. (1 c.) brown sugar (no lumps)
1/4 c. (2 oz.) sifted flour
1/4 tsp. salt
1/4 tsp. vanilla extract
3 eggs
1 c. crushed blanched almond meats
3 sq. (oz.) semi-sweetened cooking chocolate
Combine all ingredients except chocolate and mix into a dough. Refrigerate 5 min. Roll into small balls and flatten them onto an oiled pan. Bake in mod. oven (375 degrees F.); remove from pan immediately when baked. Let cookies cool, then pair them off. Melt chocolate; spread between each set of two cooled cookies; press together, and let stand until chocolate is firm. Makes about 60 cookies.

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TOMORROW'S DINNER
Tossed Dandelion and Cress Salad
Shoulder of Lamb Roasted with Spaghetti and Tomato Sauce
Mashed Rutabaga
Baked Date-Stuffed Apples Topped with Half Scoops Orange Sherbert Coffee, Tea Milk
ROAST SHOULDER OF LAMB WITH SPAGHETTI AND TOMATO SAUCE
(Enough for a Planned-Over Entree for a Second Meal for 1 leg of lamb, 6 to 7 lb., boned or boned and rolled shoulder of lamb 4 peeled medium-size onions
1 green pepper
1 peeled section garlic or 1/4 tsp. garlic powder
1 (No. 2 1/2) can tomato
1 small chili pepper (optional)
1/2 tsp. paprika
1 tsp. salt
1 (1 lb.) pkg. spaghetti (broken in halves)
3/4 c. grated Parmesan or mild Cheddar cheese
Place lamb on rack in roasting pan; bake in hot oven, 400 degrees F., until lightly browned all over. Reduce heat to 350 degrees F.
Meantime, fine-chop onions, green pepper (with seeds) and garlic. Add tomato, also chili pepper if used. Stir in paprika and salt. Simmer 20 min. When lamb is well-browned pour prepared onion, green pepper and tomato mixture around it; continue to roast 2 hr. in mod. oven, 350 degrees F. Baste every 20 min. with tomato sauce in pan. Cook spaghetti in salted boiling water until tender, following pkg. directions. Drain.
At serving-time, place lamb

Springfield WI To Hold Pot Luck Supper In May

Mrs. Clare Haslam was hostess to the Springfield WI for the April meeting, which was chaired by the president, Mrs. Crawford Sinclair.

Several aprons and floral table centre decorations made by the members were on display. It was decided to donate one large and one crib quilt to the Red Cross Society.

Information regarding passports to Expo '67 was revealed in a letter read by the secretary, Mrs. John Hickox. Mrs. Robert Howard was appointed convener to handle this phase of the centennial celebrations. Correspondence also included a letter from Mrs. Clarence Marchbanks, Provincial Convener of Agriculture, requesting the members to study water conservation.

The hall committee reported that new stage curtains and plastic drapes for the windows had been secured. Appreciation was extended to those who had helped with this project. Mrs. William Haslam was in charge of the program. Mrs. John Haslam read an article from the

Federated News on the Adelaide Hoodless homestead. The May meeting will be held in the newly renovated hall where a "pot-luck" supper for the members and their husbands will be part of the entertainment. Refreshments were served by hostess and committee and a social hour was enjoyed.

'Hot Flashes'

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WI At Norboro Completes Quilt

Mrs. Alonzo Webster read a paper on "Agriculture" prepared by the convener, Mrs. Clarence Marchbank, as seven members of Norboro Women's Institute met at the home of the president, Mrs. Elmer Stewart for the April meeting. An informal discussion followed.

Correspondence read by the secretary, Harriet Glover, included an appeal from the Salvation Army and \$5 was voted to the cause. A quilt which had been sent to a fire victim household was acknowledged.

Finished articles and a quilt, completed since last meeting, were handed in to the Red Cross convener, Mrs. Alonzo Webster.

A contest, "Emblems of Canada" for recreation was put on by Mrs. Webster. It was decided to hold the next meeting in the school.

Refreshments were served by the hostess assisted by Mrs. Harland Day.

clean scent of the sudsy scourings, the woven winter-blankets



Liz Moore, 21 of Ashted in southern England, jumps for joy as she sets out to deliver her sculpture of Beagle Ringo

ROMPING WITH RINGO

Starr to the Royal Academy summer exhibition (CP Wirephoto from British Information services)

YEO THEATRE MONTAGUE

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Matinee Sat. 3:30 p.m.

THE SONS OF KATIE ELDER—in color

John Wayne, Dean Martin, Martha Hyer. From the four winds they came. The four brothers, their eyes smoking and their fingers itching. Why was their father killed and their mother lost the family ranch? Stupendous western.

COMING MONDAY - TUESDAY, APRIL 18 - 19.
"THE GIRLS ON THE BEACH" in color. Noreen Corcoran, Martin West. See this one, no more cares or worrying... Believe it or not!

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