

IT PAYS
TO SHOP
QUEEN
STREET
ROYALTY
MALL,
and
VERNON
RIVER
CO-OP
FOOD
STORES

Don't Just GO SHOPPING- GO SAVING



It's true — and the LOWER COST of a big cartful of your favorite foods proves it! You don't just go shopping at CO-OP SUPER MARKET — you go SAVING because our STOREFUL of LOW PRICES and SUPER SPECIALS just have to cut down food bills like a hot knife going through butter! Shop and see for yourself — you save every day in every way at CO-OP SUPER MARKET . . . one wonderful market!

Self-Service Produce

FLORIDA
WATERMELON 1/4' 39c
SUNKIST SIZE 140c
LEMONS 6 FOR 39c
LARGE GOLDEN
COB CORN 6 FOR 59c
GREEN PASCAI
CELERY 2 FOR 49c
COOKING
ONIONS 2 LB. BAG 25c

KELLOGG'S
CORN FLAKES
3 12 OZ. PKGS 89c

LESTOIL
LIQUID CLEANER
For All Your Cleaning Needs
28 Oz. Size 15 OZ. SIZE
85c 2 FOR 89c

FROZEN FOODS
EASTPACK 1 LB. PKG.
MACKEREL FILLETS 35c
SUNKIST PINK OR WHITE
LEMONADE 2 6 OZ. TINS 29c
FROZO 12 OZ. PKG.
GREEN PEAS 2 FOR 39c
YORK 15 OZ. PKG.
RASPBERRIES . . . 39c
PEPPERIDGE FARM FRUIT
TURNOVERS . . . 43c

FRESH ISLAND
SCALLOPS LB. 69c ALPINE "ALL BEEF"
STEAKETTES LB. 49c

FRESH GRADE "A" EVISCERATED CHICKEN
BROILERS LB. 39c

SWIFT'S PREM. SWEET PICKLE MAPLE LEAF FRESH MADE
Cottage Roll LB. 69c **Potted Meat** 12 OZ. PKG. 39c

KING OF THE BEEF ROAST
PRIME RIB WELL TRIMMED LB. 75c

WHITE SWAN BATHROOM TISSUE 2 4 ROLL PKG. 89c	WHITE SWAN PAPER TOWELS 2 2 ROLL PKG. 85c	WHITE SWAN ASS'TED COLORED SERVIETTES 3 60s PK. 49c
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SALADA GAUZE
TEA BAGS 60s COUNT 83c

CHUNKING CHINESE FOOD

CHUN KING SUKIYAKI MIX 16 OZ. PKG. 65c	CHUN KING CHOW MEIN MIX 16 OZ. PKG. 65c
CHUN KING FRIED RICE MIX 6 3/8 OZ. PKG. 45c	CHUN KING BEAN SPROUTS 2 15 OZ. TINS 35c

ROBIN HOOD ALL PURPOSE
FLOUR 25 LB. BAG 1.89

SAVE ON LEVER PRODUCTS

O.M.O. DETERGENT 20c off pack GIANT SIZE 79c	SUNLIGHT LIQUID DETERGENT 24 OZ. SIZE 59c
LUCKY WHIP TOPPING 4 OZ. PKG 39c	PEPSODENT TOOTH PASTE GIANT SIZE Reg. 69c 49c

A BAGFULL OF SAVINGS

CO-OP
KETCHUP
2 11 OZ. BOTTLES 35c
WOODBURY
GOLDEN RICH
SHAMPOO
15.5 OZ. JAR 79c
SCOTIAN GOLD
APPLE
JUICE
3 48 OZ. TINS 1.00

KON-TIKI
SLICED
PINEAPPLE
7 10 OZ. TINS 1.00
DR. BALLARD'S
WHOLE FISH,
CHICKEN or
BEEF & LIVER
CAT FOOD
3 15 OZ. TINS 47c

THE NEW MAPLE LEAF MEAT SPREADS WITH ZIP OPEN TIN

Kam, Klik or Devilled Ham 3 3 OZ. TINS 59c	PATE DE FOIE OR PORK, BEEF & CHICKEN 3 3 OZ. TINS 49c
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Listen to News and Views on Groceries — CFCY Thursday at 11 a.m.

THE FINEST MEATS IN TOWN

CO-OP

SUPER MARKET

AN ISLAND STORE OWNED BY ISLAND PEOPLE

BIG ENOUGH TO SERVE YOU — NOT TOO BIG TO APPRECIATE YOU

FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

WHITE GRANULATED

SUGAR
10 LB. BAG 79c