

A Country Garden

By Mrs. Gordon MacMillan

The New Garden

Nothing; there is nothing yet in the new garden; it lies bare. A drift of snow in the branches the only burden On the trees there.

Hummocks of grass, brushed white by the wind later. With last night's fall: The only colour the russet of dead leaves naken; That is all.

"Nothing, nothing is done," cries the new owner in sudden Mock helplessness. "Everything waits our coming," she answers to quieten Even a feigned distress.

Smiling because she sees in the waiting garden, Content to come; And in fulfillment the ultimate, dear garden On their home.

Knowing with her heart's knowledge that Spring will burgeon In leaf and flower, Summer grow lush, and fruitful Autumn redder, Hour by hour.

Knowing that under the grass, the bare branches, fallen Snowflakes, all. All things were done, and earth lay ready to waken At their call.

A new garden is waiting here for planting and many plans are being made for it these stormy days. There will be a perennial border with plants to be transplanted from the field where they have been grown from seed; and a rock garden by the new steps leading to a new garden house with a roof. All that has been learned through the years will be applied to this new garden and house. A garden house is a very necessary part of a garden, so many activities can be carried on from this shelter. If the view is beautiful, it is good just to sit and enjoy it all while the mind plans the garden for "next year."

On warm sunny days the garden house can be a good place to paint the garden chairs so that when the busy spring days come all the time can be used for the sowing of seeds and planting.

Sweet Alyssum in mauve and white will be sown in the rock garden as it is so easy and it is also fragrant and lovely until frost. It is very sunny by the steps so Nepeta will be divided and planted there for the bees and the fragrant leaves that are a good green and of a nice habit with the bluest of flowers. When it is clipped back after the early blooming, it grows bushy again and is covered with flowers and bees. Dianthus and Pinks of all kinds will be planted for their fragrance and neat forms with the grey green foliage. Iceland Poppies in every color almost.

(Continued on Page 12)

Morning Smile

Secret Business

"But darling," said the prospec-

DOROTHY DIX'S COLUMN—

Servicemen Change

Boy May Have Outgrown Girl On His Return



Muriel Nissen

DEAR MISS DIX: My boy friend is in the service. I love him very much and before he left he was also very much in love with me. He has returned from overseas and seems completely changed. He does date me occasionally, but also goes out with several other girls. Should I give him up entirely or hope he'll come back to steady dating with me? I am 17.

ANSWER: A girl who dates a boy in service is confronted with many problems unique to her position. Her older sister had the same troubles in the last war; her mother had them in World War I. They will probably continue to the end of time, unless the united prayers of an overburdened people finally become sincere enough to reach the throne of God.

At 17 a girl is slightly overwhelmed with the glamour of having a soldier (or sailor or marine) sweetheart, yet she is far too young to carry the responsibility incurred by the association. The relationship no longer is a question of boy-and-girl dating.

HE BECOMES MATURE

The boy who kisses his girl goodbye before taking off for foreign lands will become a man almost before he leaves ship. He is adult long before he would have achieved the status had he remained at home. The girl, on the other hand, remains home, insulated against the rigors of the outside world, and changes little. When her beau returns, she is shocked if he has changed—as he is bound to do. In your case, Flora, your sweetheart just outgrew you. He is home to find you still a child while he pictures himself as a sophisticated man of the world. What normally happens next is that you will grow up and he will grow down a little as the home atmosphere brings him back to normalcy. When you meet on common ground again, all will be well.

It is also possible that he went away believing himself in love with you, but found out that absence, instead of making hearts grow fonder, causes them to wander. If he has lost his affection for you, there's nothing you can do but philosophically accept the situation and find new boy friends. At 17, this is easy, though it may not seem so to you at the time.

All girls whose sweethearts or boy friends are leaving home for Uncle Sam should be prepared to do a little temporizing until the period of service is over. Don't make rash promises about not going out with other boys unless a formal engagement exists between you. Maintain a good social life, as much for your boy friend's sake as your own. For one thing, you'll have more interesting news if you don't isolate yourself during his absence, and you'll also help to keep up his confidence at home while seeing mutual friends. Above all, you'll be prepared to continue life on a normal basis if he should return with a changed heart.

DEAR MISS DIX: My trouble is that I'm not as free with my affections as other girls in our crowd, and consequently don't have many dates. I am 15, and underweight, and my mother thinks that's the cause of my difficulty. I don't like to tell her the truth.

ANSWER: Your mother wants to help you, Diane, and you should take advantage of her understanding. Explain your difficulty to her; in her dating days she probably went through the same experience and be assured, her advice can be relied upon. If gaining weight is also a problem, have your mother take you to the family doctor for a thorough check-up and advice.

DEAR MISS DIX: My boy friend recently broke off with me, giving no reason. I am heartsick over the affair, as I thought a lot of him. We hadn't been going together very long. I am a nervous person and wonder if that might have had something to do with his decision. Also, we didn't have too many interests in common.

ANSWER: You give three excellent reasons for a break-up; a short acquaintance, during which you probably led your friend to suspect that you were serious about him; your nervousness, which may have made you demanding even though you didn't realize it, and a lack of common interests, which is the deadly enemy of a boy-girl friendship. Perhaps you won't get this boy back, but why not try to stabilize yourself in readiness for the next romance that enters your life?

That Body Of Yours

By James W. Barton, M.D.

THE POST-CORONARY SYNDROME

There was a time when, if a patient had a heart stroke (coronary thrombosis), he believed that he must remain a heart invalid for the rest of his life. Because of our better knowledge of the heart, of how its reserve can be built up by rest, removal of excess fluid from the tissues, and finally light exercise, we can now offer greater help to patient, family and physician.

After the patient has had his month or six weeks of rest and begins to get about, he is allowed to return to his former work or occupation.

In Post Graduate Medicine, Dr. Nathan Flaxman, Associate in Medicine, Chicago Medical School, states that the patient who suffers an acute coronary thrombosis and survives the first 24 hours has three different periods to pass. During the first period or phase, which lasts from two to 18 days, the prognosis (probable outcome) is uncertain because of heart insufficiency. This is a direct consequence of damage to the myocardium (the heart muscle itself), serious disturbance in the rhythm of the heart beats, chance of formation of blood or tissue clots in the blood vessels and shock.

In the second phase, which begins after the patient is back on his feet, congestive heart failure, angina pectoris (vise-like pain in chest) and another coronary thrombosis are the greatest threats to life.

The third phase begins when the patient attempts to resume his ordinary activities and returns to work. Heart research workers report that, although they are not a threat to life, symptoms occur which interfere with his living. About one-half of these cases that return to work after a coronary attack experience some degree of pain, breathlessness or weakness during work. Shortness of breath on exertion is the most prominent symptom; angina pectoris and tiredness are fairly common.

What is called the symptom complex (group of symptoms) occurs from four to six months after the acute attack, known as post-coronary syndrome. The main complaints in this group of symptoms are soreness or tightness in the front part of the chest, difficulty in breathing, and weakness or tiredness.

Dr. Flaxman states that in the majority of cases, those with symptoms should not be advised to quit work. "Work does not aggravate the symptoms which characterize the post-coronary syndrome nor does it predispose the patient to further attacks of coronary thrombosis or to heart failure. The outlook for these patients is good, for the symptoms tend to disappear as he continues to work." Regular check-ups during this period are, of course, advisable.

Better English

By G. C. Williams

1. What is wrong with this sentence? "It says in the paper that rain is due."
2. What is the correct pronunciation of "bestial"?
3. Which one of these words is misspelled? Prejudice, precipice, prerogative, perorate.
4. What does the word "indissoluble" mean?
5. What is a word beginning with tr that means "calm"?

ANSWERS

1. Say. "The paper says that rain is due."
2. Pronounce bee-chial, as in best, accent first syllable.
3. Prerogative. 4. Not capable of being dissolved, undone, broken, or the like. "We want this to be a sacred and indissoluble union."
5. Tranquil.

Household Scrapbook

By Roberta Lee

Eliminate Sarging

Knitted suits or sweaters tend to sag at the shoulders, thus spoiling its appearance. To eliminate this attach a bit of ribbon to neck to armhole, securing the ribbon at each end to the sweater. This holds the shoulders firmly in place.

Grease Spots

Grease spots on linoleum or wood floors should not be washed with hot water as this sets the grease. Wash with cold water and soap powder until the spots are removed.

Easier Cutting

Dip the knife into boiling water until heated, and it will be much easier to cut warm bread or cake, hard-boiled eggs, fudge, or caramel candy.

Modern Etiquette

By Roberta Lee

Q: How are invitations issued to a tea?
A: By telephone or informal note. For a very formal tea, the correct form is to mail a visiting card with date and hour and the word "Tea" written on it. The usual hours are from four to six p. m.

Q: Is it all right to send a man patient in a hospital cut flowers?
A: This is all right, but cut flowers are generally sent to a woman, rather than a man. A growing plant is the usual floral gift to a male patient.

Q: Should the fingers be used when taking lump sugar from the bowl?
A: The hostess should always provide sugar tongs for taking lump sugar.

ELLEN'S DIARY

By an Island Farmer's Wife

"And when are you going to finish your story—of that winter of the deep snows?" Jeanie asked with a chuckle when she came by a few minutes ago on an errand. "She brings, it may be, a handful of eggs, a chicken of a pair she has dressed, rolls of a batch new-made, a loaf of brown bread or a pie. Or it is perhaps a part of the groceries brought in from the corner-store. Following this kindly trait of her mother's granddaughter too knows how to share.

She brings in gifts of sweets to us, equally portioned to show no favoritism, carefully wrapped and painstakingly labelled so that there can be no mistaking her intent. This is a signal for James to adjust his glasses to read with fitting ceremony the names she has printed thereon, while she stands with a smile beside his chair to receive the words of praise that are due.

And sometimes Mack, youngest grandson of all is with her to display at her encouragement some item new-learned: A Mother Goose rhyme, a line or so of a song. This morning it was a question and answers game, "In case he should ever stray and be lost" she explained. He is being taught his name, place of abode, his sister's name and those of his parents and grandparents. And obviously pleased with his part, he does very well with the answers.

"Or perhaps," Jeanie said with a look towards James, "you've thought better of it." He was in his armchair then, pipe blowing, apparently bathed in content. . . . But this is not the night to go back to those "dear dead years" because our spirit is not yet possessed of that peace required to revisit those old scenes again.

Today brought the bustle of the spring-threshing to the family at Alderlea. Not that the housewives were actually engaged in it other than to attend to the incidental duties indoors it entails. But with its return we were jolted out of the pleasant lackadaisical trend of living which at this house accompanies our winter days.

And there were the "Wheres" we must try to answer: "You wouldn't know, Ellen, where that best basket is?" And with a puzzled expression: "Would you have any idea where we left the belt of the thrasher—the long one? It's strange, I thought we left it in the granary last fall—We didn't by any chance carry it to the house? You're sure, Ellen?"

There were other queries: A little fair-haired girl at an elbow asking: "Do you always make cinnamon rolls when you know Uncle Rob will be here to supper?" And the wondering comment: "He is one of your children, isn't he? Tell me a story of when they were

How Can I!!!

By Anne Ashley

Q: How can I remove soil from a parchment shade?
A: Dip a clean cloth into olive oil and use this for removing all soil from a parchment shade. This treatment at the same time will impart an attractive antique luster to the shade.

Q: How can I prevent ink from spreading when marking linen?
A: The ink will not spread if the initials are first put on with a soft lead pencil. Then trace over with the marking ink.

Q: How can I clean the fish bowl?
A: Wipe the stained gold fish bowl with a cloth dampened with vinegar, and it will remove all unpleasant sediment.

The Stars Say --

By Genevieve Kemble

For Tomorrow

DRAMATIC crises, or a quite unlooked-for turn of events could be thrilling as well as profitable. An unforeseen contact, opening of possibly unique talent, may pop into the mind and find it easy to secure cooperation and capital for promotion. Higher-ups may be generous and enthusiastic, approachable, won over by the novel, unique, intriguing. If backed by solid and workable fundamentals and techniques. Use tact, savvy.

For the Birthday

Those whose birthday it is may be assured of a prosperous and enjoyable state of affairs, with the new, experimental and unique in ideas, plans, tactics, finding particular appeal to those in influential places. Approach these with confidence and due preparedness with dramatic propositions, but use tact and diplomacy in outlining these novel proposals. Educational and social factors have timely appeal for consideration.

A child born on this day is bounteously blessed with creative talents, intellectual forces and keen spiritual drive.

little will you? About them being able to catch the old mare in the pasture . . . and about their dog and about them going fishing!" And later we caught the throbbing pulse of the thrasher and knew without seeing it, that sheaves of autumn were being fed to its hungry maw.

Gage carried in for close inspection a wee furred creature of a mouse, limp and unseeing, with the assurance that "If you'd like to see the others, I can bring you next and all!" Jamie hurried home from school to be present. So altogether "A good time was had by all" the family at the opening of the spring-threshing at Alderlea today.

Until tomorrow -- Diary -- Good-night

HOLMAN'S BOTH STORES

Offers -- A Terrific Bargain In All-American DRAPERY FABRICS

Manufacturer's Clearance

Regular To 3.95 FOR- **1.98** YARD

Here are the lovely drapery fabrics that you have seen in your favorite home fashion magazine. . . Gorgeous, American, Vat dyed prints in a galaxy of Spring colors that will bring Spring right into your home. There's pebble cloth, mummy cloth and sail cloth in 48 inch widths, and there's 80" yards of it to be sold. . . It's an inspiration for new drapes, new slip covers and new decors of all kinds. Come Shop Today for these fine quality Drapery Fabrics at Tremendous Savings!

NOW ON SALE HOLMAN'S

SUMMERSIDE and CHARLOTTETOWN

