

That Body Of Yours
By James W. Barton, M.D.

NUMBER OF HOME ACCIDENTS DECREASING

Some months ago a cartoon depicted a chap lying in bed telephoning for an airplane ticket for a 500-mile trip. After securing his reservation, he read in the paper about a bad airplane accident which had occurred the day before. He immediately called the air office and cancelled his reservation. He then called the railroad office and obtained a berth on the sleeper leaving that night. Reading still further he read of a railroad accident in which several people had been killed. He called the railroad ticket office and cancelled his reservation. He then read of a large ship running on a rock with several people drowned so he cancelled his ship reservation and decided to remain at home. To his dismay, he read from the figures of a large accident insurance company that more accidents occur in the home than on air, sea, or land, so he called the air office and obtained his reservation again.

What about accidental deaths in the home? It is only too true that more accidental deaths occur in the home than anywhere else, but we learn that for the past few years the number of accidental deaths in the home has been decreasing. In the Statistical Bulletin, Metropolitan Life Insurance Company, we read that in view of the large toll of life exacted each year by accidents in and about the home, it is encouraging that progress has been made in reducing the death rate from such mishaps. In the past 15 years there has been a drop of 40 per cent in the age-adjusted death rate from home fatalities at ages 1 to 74 among their policy holders.

During the war years the decrease in children's deaths from home accidents was not as large as for adults, as youngsters were deprived of the care and attention which they normally receive. Why are home accidents decreasing?

The Bulletin states that the home is becoming modernized. "Marked improvement in lighting, cooking and heating equipment are good examples." For instance, the death rate from burns and scalds among girls and women is now less than half of what it was 15 years ago. "The reduced death toll from

How Can I!!!
By Anne Ashley

Q. How can I clean a greasy sink?
A. Use hot soda water for a greasy sink. Boil the solution and pour down the drain pipe two or three times a week. This will cut the grease and keep the pipe clear and clean.

Q. How can I freshen stale biscuits?
A. Brush the stale biscuits lightly with cold water, then place in the oven for a few minutes, and it will restore their freshness wonderfully.

Q. How can I cut a bar of soap more easily?
A. Dip the knife into boiling water before cutting.

Morning Smile

Air Conditioning

Marilyn—Why are you wearing your socks inside out?
Wayne—My feet were hot, and mother told me to turn the hose on them.

Only One

"Ah," boomed the vicar genially, "how pleasant to see you again. And is this your most charming wife?"

Concited

"What's the matter with Ted?"
"Too concited. The other day he bought a book called 'What Two Million Women Want', just to see if they spelled his name right."

home accidents," the Bulletin states, "reflects the effects of the educational campaign carried on by the schools and many organizations both public and private."

FIRST AID IN EMERGENCIES

Know what to do in an emergency. Write today for Dr. Barton's helpful booklet entitled "First Aid in Emergencies." Send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, Inc., in care of this newspaper, 134 Bloor St. West, Toronto 5, Ont., and ask for your copy.

British Nylon Development



New developments in British nylon production were displayed recently in a television programme, which included a mannequin dressed entirely in nylon from head to toe.

A recent television programme from Alexandra Palace displayed interesting examples of various new nylon productions in Britain. Among them were the two tennis dresses shown in our picture. On the left is a three-piece in white nylon with haircord stripes and picurist edging in blue. The other is a chiffon-effect nylon, worn over a bra and shorts in floral pattern, matching the real flower anklet. Although American production of nylon is still much larger than the British, our particularly high-grade nylon fabrics, both woven and tricot, are winning favour in the United States. Another of our developments welcomed there are the new men's socks, with nylon staple, which is also being extended into knitwear (a traditional British export). Colonel Teddy Tinning, designer of Gorgeous Gussie's tennis wear, is having success in America with his nylon garments, and has exported some to Miami.

Strange But True
By F. H. MacArthur

Is there such a thing as a Natural Bridge? Yes, it is a bridge formed by the wearing away of the soft earth overlaid by hard rock, thus forming an arch. Such a bridge may be seen in Virginia. It spans Cedar creek, about 125 miles from Richmond. This natural arch or bridge 215 feet high and from 60 to 100 feet wide, with a span of 90 feet, exist in Utah, the largest of which is called the Agusta Bridge. The Three such unique bridges also Agusta Bridge is the largest Natural Bridge in the world. . . . Believe it or not, but the musk ox is related to both the ox and sheep. It gets its name from its musky odor. This animal inhabits the Arctic regions of America and at one time lived in Europe and Asia. The flesh is pleasant to the taste, though it smells strongly of musk. Other musk animals are the muskrat, musk deer, and musk rabbit. . . . Ever hear of Negritos? They are a tribe of black dwarfs averaging about four feet in height. The nose is small, flattened or turned up at the end, and the hair is soft and very curly. These odd little folk speak a dialect which none of the East Indies races can understand.

In Newfoundland, the Newfoundland dog is used as a beast of burden, hauling wood and provisions on sledges. On account of its great size, often weighing 120 lbs., its intelligence and its bravery, the Newfoundland dog makes an ideal watch dog. It is usually black or black and white, with large ears and bushy tail. . . . The first attempt to circulate news by writing was made by the Romans. Later a news sheet was issued in Venice called the Gazzetta. It is from this that we get the name Gazette. The Chinese published a paper called the King Pao early in the 8th century, the first printed newspaper in the world. . . . The Frankfort Journal came into being in 1615. The first English paper was known as the Weekly News. And the first English daily did not appear until 1702. A penny paper was established in England in 1709. But France had newspapers back in 1631, while Russia people read the news in 1709, under the authority of Peter the Great. . . . Public Occurrences appeared in America in 1690, but it incurred the displeasure of the Government and was immediately suppressed. The Boston News Letter came out in 1704 and was followed by the Boston Gazette in 1719. At the beginning of the Revolution there were 37 papers published in the colonies. . . . It is interesting to note that these early papers were printed on but one side, and the owner was editor, compositor and printer all rolled into one. . . . Strange as it may seem, the Sioux Indians erected tombstones over the graves of their dead while the Indians of Alaska and some North American tribes buried their dead high up among the branches of trees or sometimes on high cliffs overlooking the sea. . . . Why is the North Star so important to navigators? Because it is close to the true pole and never sets, and it is therefore of great importance to navigators in the northern hemisphere, who refer to it as the pole star, or the north pole star. . . . The respiratory apparatus through which all animals breathe into their lungs goes by many names. In humans it is known as the nose. In dogs we call it a muzzle, the hog has a snout, while the elephant boasts a proboscis. Ducks have bills

October... DONUT PARTY MONTH
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At Your Grocer's Today—
Eastern Bakeries "to be sure"

Household Scrapbook
By Roberta Lee

Fresh Fish

To determine the freshness of a fish see that the gills are red, the scales stick together, the eyes are bright and bulging, the fish doesn't have too strong an odor, the flesh looks clear and is firm to the touch.

Linens

The linens will have a much glossier finish if a few drops of glycerin are added to the starch that is used.

Stains

If your furniture is satin-covered and has spots on it they can sometimes be removed by sponging lightly with benzine.

Better English
By B. C. Williams

1. What is wrong with this sentence? "They promised how they would be there, and we were awfully glad."

2. What is the correct pronunciation of "venison"?

3. Which one of these words is misspelled? Racketeer, rallery, rationalize, rapacious.

4. What does the word "significant" mean?

5. What is a word beningling with my that means to make difficult to understand?

ANSWERS
1. Say, "They promised that they would be there, and we were very glad." 2. Pronounce ven-i-z'n, and not ven-i-son. 3. Rallery, a. and not ven-i-son. 3. Rallery, a. Having a meaning; expensive. "He made a significant gesture, and I stood prepared for any emergency." 5. Mystify.

DOROTHY DIX SAYS—

Mother Trouble

Woman Refuses to Let Son Marry

DEAR MISS-DIX: I am a man 35, living at home with my widowed mother, who is a middle-aged woman in fine health and financially independent. My trouble is that my mother insists that I must never marry, but must always stay with her. Every time I have ever gone with a girl she has had hysterics over it. Now I am in love with a splendid young woman and we want to be married, but when I try to talk the matter over with my mother she works herself into a passion of fury and cannot abuse the girl enough. I love my mother very much and want to do everything I can to take care of her and protect her, but I also love this girl and she loves me. What can a man, who is an only son, do under the circumstances and still do his duty all around?



W. P. L.

ANSWER: He can act with some courage and common sense and the part of a man, instead of a fraidcat little boy. You can refuse to let a selfish and tyrannical old woman ruin your life and that of your fiancée by the utterly unreasonable position she has taken.

SHE HAD HUSBAND

Your mother married when she was young. She had the happiness of having her own mate, her own home, her own child. She must have found these experiences very sweet, since she clings with such tenacity to what is left of them, and that makes it almost inexplicable that she is willing to deprive you of them in order that her way of life may not be broken up. Certainly I can take care of her and such a sacrifice of you. Nothing but self-centered egotism prompts it.

No one believes more than I do that children should honor their fathers and their mothers and show them every proper respect and consideration. But when parents impose unjust conditions upon their children and demand needless sacrifices of them, I think the children should refuse to submit to such tyranny, just as they would to any other oppression. Being a parent gives no one a right to wreck their children's lives.

So my advice to you is to go on and marry your girl, no matter how much your mother opposes it.

DEAR MISS DIX: I am a young married woman very much in love with my husband and very happy, except for one thing. I have a lot of friends who are always telling me how wild my husband was before we were married and how many girls he went around with, and they are always advising me to watch him and be careful, and telling me that he is a philanderer. And this makes me very miserable. No man could be better to a wife than my husband is to me. He is so tender and considerate and never wants to go anywhere without me, and says I am the only woman he has ever really loved. Don't you think I should believe him instead of my friends? And what can I answer to them when they say these things?

BROKEN-HEARTED WIFE

ANSWER: Tell them up and down to mind their own business and that you don't care who was your husband's first love so long as you are his last.

If you are wise, you will break off all relationships with these conscienceless and unscrupulous women who are deliberately and cruelly setting out to wreck your home. You will lose nothing in losing them for they are no friends of yours. They are the worst enemies you can possibly have. And lay this truth to heart: Never believe any story that is calculated to hurt your feelings that anyone brings you. They are virtually always lies. Anyone who is mean enough to be willing to make you unhappy is mean enough to make up the tale.

It is a strange thing that any woman in the world could be heartless enough to plant suspicion of her husband in a young wife's heart, or to come between them and wreck the happiness of a home.

DEAR MISS DIX: I am a boy of 17. Last week my mother passed away and ever since then I have changed. I don't care for the things I used to, and I have lost interest in my school work. I have tried to amuse myself, but everything falls flat. I had planned so many things for my mother and father and now it is all gone. What can I do to get rid of this gloominess and restore the ambitions I had?

A. A. S.

ANSWER: The death of one we love leaves us all like that, with the light gone out of the world and life flat and tasteless. Mercifully, time numbs our pain and our interest in our old pursuits revive, but life is never again the same. There is always the old scar.

DOROTHY DIX cannot reply personally to readers but will answer problems of general interest through her column.



Wins Baking Prizes at Bear River Fair

There's plenty of friendly competition in the home-baking section of the Digby County Fair at Bear River, N.S., and a consistent winner is Miss Helen L. Woodworth, of Bear River. In yeast-raised baking especially it's been nip and tuck, and Miss Woodworth credits her yeast with giving her the edge. "Ingredients are so important—and I'm extra careful about the yeast I use," says Miss Woodworth. "For years I've been baking with Fleischmann's. I always find Fleischmann's Yeast is good and lively. I know I can depend on it."

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...a treat!

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Modern Etiquette
By Roberta Lee

Q. If a girl is driving her own car and is accompanied by a man, should he make an offer to do the driving?
A. It would be better if he made no such offer. Some women are sensitive about their driving and might think such an offer rebuffed on their ability at the wheel. Of course, if the woman suggests that the man drive, then he should accept.

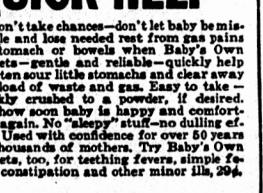
Q. Is it obligatory that a bride write a note of thanks to someone who has given her a check as a gift?
A. Most certainly and, if possible, she should tell the donor to what use she is going to put the money.

Q. When two women are introduced, should they shake hands?
A. Usually they do not, but it is quite all right if they do.

and so on down the line. . . . The word "nun" is of unknown origin, but according to some is connected with a copic signifying "pure". In the Roman Catholic Church it is applied to women who retire from the world. The first nunnery is said to have been founded by a sister of St. Anthony, 250 A. D. The first nunnery founded in England was at Folkestone, by Eadbald, King of Kent, 630. . . .

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The Stars Say --
By Genevieve Kumble

For Saturday, October 14

THIS day's astral activities are sure to be a follow-up of pleasant and thrilling matters already set in motion. In the same pleasant and romantic program of celebration for the happy event, it might be as well to center on affairs in hand, with change, adventure and dynamic action in whatever line the aspirations and ambitions may be concentrated. Radical movements may flourish and bring thrills.

If It Is Your Birthday

Those whose birthday it is, are assured a dramatic and stirring year, with romance and high adventure "in high". While there may be much travel, new contacts and joyous events the more sordid talents, ideas and ideals may come up for excitement, upheaval and dynamic experiences. New avenues of accomplishment and felicity may offer charm and emotional delight. . . . A child born on this day, is sure to have original talents, much versatility and ambition, its life adventurous, romantic and dynamic. Private and other affairs are laid in high grooves and charming surroundings.

Dumplings—light and fluffy with MAGIC!

MUSTARD-PICKLE DUMPLINGS!

Mix and sift into a bowl, 1 1/2 c. once-sifted pastry flour (or 1 1/2 c. once-sifted hard-wheat flour), 3 tps. Magic Baking Powder, 1/2 tsp. salt. Cut in finely 2 lbs. chilled shortening. Make a well in dry ingredients and add 1/2 c. finely-chopped mustard pickle in sauce and 1/4 c. milk; mix lightly with a fork, adding milk if necessary, to make a drop dough. Drop in 6 portions, over hot cooked stew. Cover closely and simmer (never lifting the cover) for 15 mins. Yield—6 servings.

-Needlecraft-
— FOR THE HOME —

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