

A Country Garden

By Mrs. Gordon MacMillan

The way a crow
Shook down on me
The dust of snow
From a hemlock tree
Has given my heart
A change of mood
And saved some part
Of a day I had rued.

Robert Frost.

Trees are in the news these days and plans should be made now to plant some this spring to take the place of those cut down in the last few years. We are fortunate on this island to have a forest nursery where we can obtain many good varieties at small cost. Hundreds of Pines have been planted on this farm and it is surprising the growth that they make in a few years.

The World Forestry Committee believe that the minimum of safety in tree cover is ten per cent of the habitable land area, by saving the forests and by maintaining the tree cover the sudden decline to which civilizations are prone will be avoided. When the forests go, the fish and game go, the waters go, herds and flocks go, fertility departs. Then the age-old phantoms appear, steadily one after another — flood drought, fire, famine, pestilence.

The tree, with the help of all plant life, controls the food supply and life of a man and of the animal kingdom.

Henry van Dyke writes of trees "I will sing of the bounty of the big trees.

They are the green tents of the Almighty.

He hath set them for comfort and for shelter.
He that planteth a tree is a servant of God. He provideth a kindness for many generations, and faces that he has not seen

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How Can I!!!

By Anna Ashley

Q. How can I bleach silk, wool, linen, or cotton?

A. The best bleaching process for these materials is to use one teaspoon of peroxide of hydrogen to 1/2-tub of cold water. Let the clothes soak in this overnight; then rinse and wash as usual. This does not injure the fabric and imparts a pure white.

Q. How can I make a polish for patent leather?

A. Sweet oil forms a good dressing for patent leather. Apply it with a small piece of flannel, then polish with a soft cloth.

Q. How can I preserve the flavor of roast meat that is to be served cold?

A. By wrapping the meat in a damp cheesecloth while it is still hot.

Better English

By V. C. Williams

1. What is wrong with this sentence? "She stayed outside of the house until she saw her neighbor go in her garage."

2. What is the correct pronunciation of "disputant"?

3. Which one of these words is misspelled? Weild, wierd, shield, seize.

4. What does the word "stipulation" mean?

5. What is a word beginning with ev that means "tending to escape cleverly"?

ANSWERS

1. Say, "She stayed outside (omit of) the house until she saw her neighbor go into her garage."
2. Accent first syllable. An agreement; a condition. "He consented with the stipulation that we assist him."
5. Evasive.

ELLEN'S DIARY

By an Island Farmer's Wife

"I suppose there'll always be a Santa Claus, won't there?" granddaughters questioned, looking up from arranging her toys with precision on a rug this morning — white-barred fence which enclosed a yard and barn. And if the latter does not house "two of every creature" it has quite a collection.

"There'll have to be" she reasoned, "because don't you see Nanna, there'll always be children!"

Yes, always, indeed, to laugh and cry, to love and be loved; to play as today with sleds slipping jauntily down the crust of a decline — for oldsters to remind them, "Be sure you keep away from fences. And don't coast on the front meadow because you might land in the pond or in the pool below the dam!"

Children to pick up rosy cheeks from their spels in the open, joying in the delights and sting and tingle of winter about. Two, we had at this house, a usual young miss and her cousin Gage who with his mother visited us while Rob was absent on a matter of marketing to the city.

Momentarily, such items present their difficulties to the farmers that dwell along the snow-drifted road. Fortunately not at Alderlea, where, due to some fortunate streak of fate or good planning the shipping season is over and the hauling in of feed as well. It happened however, that in this circumstance, it was an immediate concern of James, which began in the dimness before the streak of dawn.

"Ellen" he spoke softly, the first word in his new day, "are you awake? Then, turning on the light, "let's get moving!" He threw back the covers on his side of the wide old bed, and came triskily to the floor, "I've promised to help Rob and the fellows get their hogs out to the truck at the corner."

"Not that we haven't enough to do here" he grumbled presently in a half-hearted way. "But Rob hasn't a 'sharp' horse about the place. They talk about farming without horses" he observed fastening an overall strap. "Buy tractors — they'll do your hauling. A heck of a lot of good they are now. Any old nag-of-a-horse, shod, is worth more in getting those loads to the corner than all the tractors and machinery on the road. And even if one day 'they' do try to keep every island winter-roped open, there'll come storms they can't cut through!"

"Why, in my day, I've seen drifts so high one could reach up to touch the telephone wires . . . snowing for days, trains tied up . . . sleighs moving the mails and passengers from The Capes. What would 'they' do about removing snow like that? Do without horses! Humph! I'll be a queer day, I'm thinking, when we shan't need horses on farms. Now, make haste Ellen, it won't be too long before I should be away."

But we lay a minute longer, pondering, not his subject but an incidental to it. Are the years bringing us to a time when rather than undertake a long trip along varied winter roads to a smithy to have horses shod, the farmers themselves must master yet another art?

We look up now to challenge James' smile as he lathers a chin at the kitchen mirror. "Do you know what came to my mind, Ellen, when you were mending those socks of mine this evening? I was just thinking that a man would rather have a caress any time than a mended heel! What matter if a foot be cold so long as a heart is warm? Which pearl of wisdom gives us food to sleep on! Until tomorrow . . . Diary . . . Good-night. . . ."



EGYPTIAN HEIR BOWS — This is the first official photo of Crown Prince Ahmed Fouad, heir to the throne of Egypt. The child, King Farouk's first son, was born to 18-year-old Queen Nouriman Jan. 16, and was hailed by the Egyptian press as "the child of liberation."

DOROTHY DIX'S COLUMN—

Problem Wife Irresponsible, Selfish Ways Have Killed Husband's Love

DEAR MISS DIX: Being a man, I have tried to solve my own problem, but it is a bit beyond me. I have struggled with it for ten years, and if some solution isn't found, I will eventually leave my wife.

I was raised in an affectionate, orderly home. I have a quiet temperament, am not much of a talker, but am not moody. I have tried to be a good husband and father; my children love me very much. A few years ago I stopped loving, admiring or respecting my wife. To make up for this I have given her everything that money could buy. She has two maids, charge accounts in the stores and can come and go as she pleases. From the moment the children—a boy and a girl—came, she has gone into a rage when they crossed her will. She says she hates responsibility. She is always out at parties or engaging in various civic activities; when she gets home she is tired and takes it out on the children. The only people who rate a civil word from her are the two maids and the gardener. She delights in telling off-color stories whenever we have friends in.

I have spoken to the doctor about her and he says she has never had the intelligence to grow up, and is still the smart little girl who wants the centre of the floor. She hates my family; I am not in love with any other woman, but sometimes I wish I were; it would be a way out. My brother-in-law says my wife was difficult as a child, and has always been an egotist. Her chief topic of conversation is her own likes and dislikes. What can I do, at least until the children grow up?

ANSWER: I wish I could offer the encouragement that your wife will change and become the kind of helpmate you deserve. Unfortunately, there is little hope of redemption in a woman who has been allowed to go her own uncontrolled, selfish, egotistical way for so long. Her parents should have curbed her long ago; having failed in their job, you should have been more firm with her from the beginning of your marriage.

TWO SOLUTIONS

At the party crisis, I can offer two solutions. A psychiatrist might be helpful if your wife could be induced to see one. If all earthly

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Modern Etiquette

By Roberta Lee

Q. Is it proper to chew gum in public places?

A. This depends upon just what kind of a chewer you are. If you are the nervous type of chewer, then it most definitely is better that you refrain from public gum-chewing. If, however, you can keep gum in your mouth without it's being obvious to others, there is nothing wrong with it.

Q. Is it always necessary to answer a wedding invitation?

A. An invitation to a home wedding must always be answered. One to a church wedding must be answered only if it includes an invitation to the reception following.

Q. Is it obligatory that a woman wear black garments when attending a funeral?

A. No, this is not at all necessary. She should, however, wear dark-colored clothes — nothing gay.

Morning Smile

Has Everything

The elderly spinster sniffed when anyone suggested that it was too bad she did not have a husband.

"I have a dog that growls, a parrot that swears, a fireplace that smokes, and a cat that stays out all night. Why should I want a husband?"

Identification

Waiter: "How did you guess we had a new dish-washer, sir?"
Diner: "The fingerprints on the plates are different."

Too Dear

Client: "Didn't you make a mistake in going into law instead of the army?"
Lawyer: "Why?"
Client: "By the way you charge there would be little left of the enemy."



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99 GRAFTON STREET

Expensive Dresses Locked In Closet

MONTREAL, Jan. 21 — (CP) — Mrs. Rosta Deno owns a \$20,000 wardrobe of dance dresses that would stir envy in almost any woman, but she seldom wears her hand-made creations.

When she retired from professional dancing three years ago, Mrs. Deno put most of her 50 dance dresses in moth balls. She's sorry she had to do it because she says she has a "weakness for clothes," but the two dance studios she and her husband operate keep her busy.

"I always loved pretty dance dresses," she explained. "Of course, I didn't buy these all at once. Deno and I danced together for 20 years."

Mrs. Deno and her husband, who danced professionally under the name of Rosta and Deno, won fame in both Canada and the United States since they started in 1932. They retired three years ago and now operate two studios in Montreal. They plan to open two more here in the spring.

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IT is a most auspicious time for formulating new plans and propositions, with a view to speeding up unusual or experimental projects of a productive and far-reaching program for advancement and desires may be entertained, laying firm foundations for new hopes and wishes, with perhaps radical departures from old or outworn techniques or routines. Bold strokes, fortified by serious study and sustained effort, could culminate in surprising success and happiness.

For Tomorrow

Those whose birthday it is may welcome a thrilling, vital year, with many high adventures into untried fields in quest of fame and fortune. The new and novel are bound to gain success and perhaps hoped-for reputation, especially should there be angles of the speculative or experimental. A favorable time for change, not only in environs but in mental attitudes, the latter built upon firm foundations and with enduring objectives in sight. Keep alert to some strange, perhaps intriguing undercurrents. A pleasant and progressive year is in prospect.

A child born on this day has versatility, initiative and skill. Taking long chances, these are subject to practical and sturdy management.

Cook's Corner

TOP HAT OATMEAL POPOVERS (Makes 6 Popovers)

One cup cooked oatmeal, 2 egg yolks, 1 cup sifted approved flour, 1 teaspoon baking powder, 1 teaspoon salt, 1 cup milk, 2 egg whites, stiff-beaten.

Grease glass custard cups or popover irons and heat in oven while making the batter. Combine oatmeal and egg yolks. Sift together flour, baking powder and salt. Add with milk to oatmeal-egg mixture and stir in.

Household Scrapbook

By Roberta Lee

Dirty Curtains

If the curtains are very soiled, do not attempt to wash them as soon as they have been taken down. Place in cold water to which a generous handful of borax has been added and let them remain soaking overnight. This will loosen the dirt and the washing will be much easier.

Ice on Cement Steps

Sprinkle several handfuls of saltpeter on cement steps or walks that have ice on them. Ice will not form if washed with hot water in which a handful of salt is dissolved. This is better than sprinkling with salt.

The Saucepan

Never scrape a saucepan with a knife. This tends to make the pan burn quickly the next time it is used, to say nothing of injuring the knife.

lightly. Fold stiff-beaten egg whites into oatmeal mixture.

Fill hot custard cups or popover irons 2/3 full of batter. Bake in hot oven (425 degrees F.) for 20 minutes.

Make a 1/2-inch slit in the top of each popover for escape of steam. Reduce heat to moderate (350 degrees F.) and bake 35 to 40 minutes longer. Remove from baking pan.

Cut the top off each popover and fill with creamed chicken, ham or tuna fish. Replace top and serve as a luncheon dish.

These may also be served plain with butter and jelly as a breakfast butter.

Oatmeal fritters are made of two cups of cooked oatmeal. Served with syrup and crisp bacon they too, make a fine luncheon dish.

That Body Of Yours

By James W. Barton, M.D.

THE ELECTROENCEPHALOGRAPH WHICH RECORDS BRAIN MOVEMENTS

One of the most forward steps in medicine is the encouragement given our research workers. For years, these patient investigators have not been able to give their whole thought and time to research work because they had to make a living — teaching, demonstrating, practicing medicine. Today, thanks to research foundations, some of these research workers are able to give their whole thought and time to research work and thousands are helped thereby.

For many years, our epileptics were treated by bromides which lessened the number and severity of attacks but left the patient depressed in spirit. All over the world research workers were studying epilepsy and learned that some "spells" were not true epilepsy but that barbiturate drugs would control true epilepsy if liquids and starch foods were reduced in amount.

Perhaps the crowning result of the study of epilepsy was the discovery of electroencephalography. The electroencephalograph has taken its place with the electrocardiogram as it records the movements of the brain just as the electrocardiogram records the movements and rhythm of the heart.

The electroencephalograph tracings enable the physician to diagnose epilepsy and this was considered its only value in medicine but, just as Drs. Banting and Best's discovery of insulin was valued for its control of diabetes, and insulin was later found to have many other uses, so the discovery of the electroencephalograph opened

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Anne Adams Patterns

WEEKLY SEW-THRIFTY

Be happy, look lovely in this! A beautiful twosome for daytime in the springtime — and that sheath alone is perfect for a bare-top occasion. Jacket is stunning, as shown, with a contrast collar. Three smart sleeve versions!

Pattern 4540: Misses' sizes 12, 14, 16, 18, 20; 30, 32, 34, 36, 38, 40, 42. Size 16 ensemble, 3/4 yards 38-inch fabric; 1/2 yard contrast.

This pattern easy to use, simple to sew. Is tested for fit. Has complete illustrated instructions.

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