

# CHILD TRAINING

(This article is another in a series on child training designed to offer guidance to parents. All publications are prepared by the Department of National Health and Welfare.)

## Temper PART I

Parents are often surprised when their "little angel," of a year and a half or two years of age, begins to have temper spells. Before this they have usually discovered that small babies show outbursts of temper. Usually the "temper cry" means usually that the baby is hungry, or he is covered too tightly, or he is physically uncomfortable for one of a dozen reasons, and he is telling the world how he feels about it.

But there is a stage of development around two years of age, when the child is walking and talking, at which temper tantrums are especially common. At this age, even children who are usually placid will shatter the peace with angry outbursts.

What is happening is that your baby is becoming a person able to make his demands more clearly known. Physically he is able to get about more. He is demanding his right to explore his expanding world and to make a few decisions for himself. While he is a helpless baby, you expect him to behave as such, but when he begins to walk and talk we expect him suddenly to have almost as much self-control as an adult. The "no's" and "stop's" are not easily combined at this age. "Go" is the dominant drive.

Anger and resistance are natural reactions to "stop" signs. It is important that parents limit their controls over the child to the most necessary ones. If you restrict him excessively, perhaps in order to suit the wishes of older members of the family, you can expect more outbursts of temper throughout the early years, but a feeling of frustration that may lead to difficulties later.

## What You Should Do

When your child resists dressing, eating, or giving up some treasured object, two courses are open to you. One is to hold fast to your determination, thus creating even stronger resistance in him. The other way is to respect his resistance, to see the situation from his eyes, to try to appreciate and support his effort to "do it myself." If the job must be pushed through, a firm but friendly way of going about it is highly desirable. The resisting child can respect authority if it is not turned against him. To build a cooperative relationship with your child rather than an antagonistic one is the aim. It takes time, for the trial-and-error ways of a small child are slow and fatiguing to an adult. There is no quick way out.

Even in the midst of a temper tantrum it is far better to take the child off to some quiet place with new objects of interest, not in isolation, but with an adult close by — an adult who is available and understanding. Security is what he lacks when he loses control of himself. Punishment only increases his feeling of insecurity.

Preventing temper spells is far better for all concerned than having to cure them. Hunger and fatigue make such outbursts more likely to happen — so be sure your child is getting enough sleep and having his meals on time. He has a strong need for play materials suited to his development and for the companionship of other children of his own age just as much as he needs the right kind of food. Repeating "Bad" and "Naughty!" to your child is to be avoided. (To Be Continued This Week)



Salad time again, ladies! And with those refreshing salad dishes go home-made rolls. Clyde River W. I. have selected a basic rolls recipe for home-makers to try and they'll have some more ideas for you this week.

## 90 MINUTE ROLLS

(Basic)

(Serve with salads)

1 cup hot water, 1/2 teaspoon salt, 6 tablespoons shortening, 1 cup granulated sugar, 1 yeast cake softened in 2 tablespoons lukewarm water, 1 egg, well beaten, about 4 cups flour (all purpose).  
Combine hot water, salt, shortening and sugar in a large mixing bowl. Cool to lukewarm. Add yeast, egg and half the flour. Beat well. Add more flour to make dough easily handled.  
Cover and let rise in a warm place until double in bulk. Then shape into rolls as desired, place on greased sheets or pans, cover and let rise until nearly double in bulk (about 1 1/2 hours).  
Bake in a hot oven 12 to 15 minutes. Makes 18 large rolls.

—Mrs. Dan MacNeill, Clyde River W. I.

## The Stars Say

By Estrellita

### For Tomorrow

"THIS could be one of those days when the development of a new idea or new plan, even hesitantly tried, could work out so well as to come under the heading of real achievement.

Keep alert therefore, and make the most of your skills and your talents. Personal relationships should be most harmonious throughout the day, so seek companionship with loved ones in inspiring surroundings and atmosphere.

You should find great pleasure in entertaining and showing hospitality generally. Courtesy, romance and family affairs are especially favored.

For the Birthday  
If tomorrow is your birthday, the next seven months should comprise a period of rich fulfillment of long-cherished desires and great personal satisfaction in the honors and financial gain which should accrue as a result of past endeavors.

By fall, career matters should be in excellent shape, and new financial plans, inaugurated then, hold promise of success early in 1955.

There is also a strong possibility that increased responsibilities during September and October could bring about a highly valuable situation from a monetary standpoint. Look forward to a journey within the next three months.  
A child born on this day will be talented, imaginative and endowed with great warmth of personality and manner.

### Paraffin

An old coffee pot is an excellent container for the paraffin. When paraffin is taken off a glass or jar, merely throw it into the pot. When wanted for use, melt the paraffin and pour.

LONDON, (CP)—Television producer Maria Bird told a meeting of nursery school teachers that no child under six should be allowed to watch television for more than an hour a day.

# WOMEN

Page 8 The Guardian Monday, June 7, 1954

## Recent Wedding Ceremony



Photographed above are Mr. and Mrs. Eric MacKinnon following their marriage at the Kirk of St. James Church, Charlottetown, Thursday, May 20, at 3:30 o'clock. Rev. T. H. B. Somers performed the ceremony. Left to right are Mr. Lorne MacLean (groomsman), Mr. and Mrs. Eric MacKinnon, Miss Velma MacKinnon (bridesmaid), sister of the groom. The bride is the former Freda MacKinnon, daughter of Mr. and Mrs. Lea MacKinnon, Winsloe.—(Meyers Photo).

## ELLEN'S DIARY

by an Island Farmer's Wife

How full of hopes and plans are these days! On every hand even in our circumscribed spot of earth we are made aware of this. Swallows laden with the sils, and rafters and the finish required, attend to their householding; sparrows lift and carry with apparent ease to high sites, such material as goes into their. Happy are their notes, light the lift of wings.

The robins, too, who build hereabouts, two of whom with Gage dimpling at the sight of their efforts we heard discuss something today.

"Now, my Dear, how many times have I reminded you not to over-tax your strength so!" A handsome fellow of the pair, said hastening to the side of his energetic spouse who tugged at a piece of bright cord caught on a picket of the fence about the lawn. "You'll wear yourself out," he offered with obvious concern, "and what then?"

"Well," she replied quietly, "noticing now we were sure the white clouds building fascinating cities of milk-white marble above the green hills but only the task at hand, 'you know it's getting late in the season for this work. By rights we should be all settled by now."

"Now, now," he smiled tenderly, "there's no need to be overly anxious is there? I'm confident that everything will be as we had hoped—all in its own time." He grabbed the cord and loosed it with a dexterous twist, and flew up a thick sprucey branch above. She chuckled. It would be useless to voice her fears. All she could do was as femininity had done all down the years, ponder them alone in her heart.

Against time too, James sowed today, "seeding down", if fortune be favorable to it, planting in surety of another year to come. After school a little fellow rode with him behind the hitch of three in the old seeder for the best of company and also to help with the grain. Enjoying much the delight and novelty of being drawn by flesh and blood power and learning more of the art of sowing from his Grandfather than he would ever learn from books. But will he, if spared to maturity remember much of the occasion? De we not clearly and with much affection and gratitude recall to this day and always, every such kindness received in our years that were young.

There in the field they ate supper, on a sunny green knoll beside the stream, sheltered by the woodlands behind. Before us, June wove her magic along the heights and depth of the valley. Busy and nimble were her fingers as without effort in design or flaw in fabric, the lovely pattern grew. The fields on a southern slope washed by the millstream, a pictured flock of sheep.

"I believe," Gage said, "I'll have another sandwich. I'm not usually too fond of that spread," he dimpled, "but now... it tastes... different. Topped by the sunshine, subtly spiced by some rare mixture of June, and wrapped in a clean twinkling breeze... here lay the charm."

"Somewhere over the rainbow... a singer on the radio in 'the boys' room' now trills. And somewhere beyond the dim hours of this night, another dawning! Until tomorrow... Diary... —Good night..."

## How Can I?

By Anne Ashley

Q. How can I remove lipstick stains from white materials?  
A. Use lemon juice full strength on white materials to remove the stain. Or, use carbon tetrachloride, then rub with a colorless grease such as white Vaseline jelly. Then sponge again with carbon tetrachloride, or bleach them with peroxide of hydrogen.

Q. How can I fertilize potted plants?  
A. Take tea leaves that have been used and put them around potted plants. It is an excellent fertilizer and stimulates the growth.

Q. How can I lessen the noise of the electric fan?  
A. The noise will be greatly lessened if the fan is placed on a folded Turkish towel before it is started.

## That Body of Yours

By James W. Barton, M. D.

### REPLACING A BLOOD VESSEL BY A GRAFT

We were taught at one time that for the body, unlike an automobile there was no such thing as a spare part, that once a part of the body was lost it could not be replaced. But it is now true that a part lost can be replaced under certain conditions. Thus in 1946, 1947, and again in 1951 members of the Department of Experimental Surgery in McGill University and Royal Victoria University, Montreal, reported experimental evidence suggesting that it was possible to graft a third artery into the left ventricle and to have it function in the condition known as coronary artery insufficiency.

A short review of experimental evidence is given with a summary of experience with 12 patients with coronary insufficiency (not enough blood entering the artery), all of whom have undergone internal mammary artery implant in the past 3 1/2 years.

Dr. Arthur Vineberg, Montreal, states that there are at first two questions to be asked regarding this operation. First, just how necessary is surgery in the treatment of coronary insufficiency. Second, what experimental evidence is needed before this operation can be justifiably used on human beings. A reply showing the length of time they will live and how well they will live after disability with coronary insufficiency tells its own story.

There is no question but that every physician knows of cases who have lived for many years with angina pectoris (pain over the heart) but this is not the whole story following the operation of coronary insufficiency. There is an accompanying table showing the length of life of a group of 5,027 cases reported in the recent medical literature. The average life span in all cases is well under eight years but the largest number is less than five years. These figures refer to angina pectoris without consideration of the presence or absence of coronary thrombosis with blocking of a blood vessel.

What about coronary occlusion (thrombosis)? A second table shows the length of life after the first attack of coronary occlusion. The figures show that only 45.3 per cent of the males were alive and 39.8 per cent of the females were alive after the fifth year. One noted observer reports that 25 per cent of his cases were dead at the end of two months.

The conclusion shows experimentally that the implant of the internal mammary artery is capable of supplying necessary blood in these cases. Twelve human beings have been operated upon with three deaths and nine good results.

"Somewhere over the rainbow... a singer on the radio in 'the boys' room' now trills. And somewhere beyond the dim hours of this night, another dawning! Until tomorrow... Diary... —Good night..."

**DONT SCRATCH**  
ECZEMA - RASHES  
Soothe itching, discomfort, help nature heal skin irritations with Cuticura Soap and Ointment. Buy today!

## Marshall-Buchanan Wedding



Pictured above are the principals of a wedding which was solemnized at the Church of the Most Holy Redeemer on April 22, when Shirley Theresa Buchanan, daughter of Mr. and Mrs. Robert Buchanan was united in marriage to George Marshall, son of Mr. and Mrs. Horace Marshall, both of Charlottetown. From left to right are: groomsmen, Thomas Lund; Mr. and Mrs. George Marshall; bridesmaid, Miss Pearl McCabe; maid of honor, Miss Anna McIntyre; ushers, Reggie McIntyre and Calvin Castford.

## Better English

By D. C. Williams

1. What is wrong with this sentence? "My father forbids me from buying tickets for mother and he."  
2. What is the correct pronunciation of "photogravure"?  
3. Which one of these words is misspelled? Insolvent, insolvable, insouciance, insoluble.  
4. What does the word "oracle" mean?  
5. What is a word beginning with im that means "pure"?

### ANSWERS

1. Say, "My father forbids my buying tickets for mother and him." 2. Pronounce fo-to-gra-vur, both o's as in no (second o as unstressed), a unstressed, u as in usual, principal accent on last syllable. 3. Insouciance. 4. An infallible authority; a divine command or communication. "Man's conscience is the oracle of God."—Byron. 5. Immaculate.

## LONG RIVER WOMEN'S INSTITUTE

The May meeting of Long River W. I. met at the home of Miss May Paynter with the president, Mrs. Paynter in the chair. Roll call was answered by 17 members with an exchange of flower slips or seed.

Mrs. Ralph Johnstone reported that a jug had been purchased for hall kitchen. A lengthy discussion followed about a new lamp and stove for hall and the following committee appointed to see about: a divine command or communication. "Man's conscience is the oracle of God."—Byron. 5. Immaculate.

Reports of committees were heard. New committees are: sick, Mrs. James Bernard Mrs. Mae Brown and Mrs. Hedley Paynter, school, Mrs. Horace Thompson, Mrs. Ralph Thompson, Mrs. Mae Brown and Mrs. George Paynter; lunch, Mrs. W. J. Profit, Mrs. Hedley Paynter, Mrs. Oliver Paynter; program, Mrs. Oscar Johnstone.

Correspondence consisted of one thank-you letter and a letter from Mrs. Profit about the District Convention on June 24. Mrs. Francis Paynter was appointed in place of retiring member, Mrs. W. J. Profit, also letters from Mrs. Doyle, Provincial president, and Mrs. R. S. McGregor were read and dealt with.

It was decided to hold Institute on June 24, to be held at the home of Mrs. Oscar and Ralph Johnstone. Roll call will be answered with title of a song and give author.

Program was a reading by Mrs. Murdoch MacLeod on Mother's Day.

## LITTLE POND C. W. L.

The 21st annual meeting of the Little Pond C. W. L. sub-division was held at the home of Mrs. Chas. J. MacDonald on April 19.

Financial statement showed a very successful year had ended. A donation of \$20 was gratefully received from a member who was unable to attend any activities of the League.

The money for the year was raised by a supper, a concert, dances, card plays.

The following disbursements were made: Diocesan, and National dues, Catholic Girls Scholarship fund, Missionaries of Mary, Sacred Heart Programme, flowers for the church, Gift for the pastor for Christmas, Sisters of St. Martha, Red Cross, T. B. League, National Scholarship, Budget Fund, Per Capita, League Magazine, and the C. W. L. report.

The monthly meetings were reported to both papers.

A vote of thanks was tendered the retiring officers and a special thank-you was given the retiring president, Mrs. John Blackett, who had served five years and through her untiring efforts helped to uphold the motto of the League for God and Canada.

Following are the officers for the year 1954-55: president, Mrs. Chas. J. MacDonald; Secretary, Mrs. Chas. J. MacDonald; Treasurer, Mrs. Alen D. MacDonald; 1st vice president, Mrs. Raymond MacDonald; 2nd vice president, Mrs. Alex Fisher; 3rd vice president, Mrs. John James MacDonald; councillors, Mrs. Allan McKenzie, Mrs. J. McKenzie, Miss Annie Steele; auditors, Mrs. Ronald MacDonald, Miss Elaine MacDonald.

BRAND-NEW, beautiful — the 1954 Alice Brooks Needlecraft Catalog. It has the most popular embroidery, crochet, sewing, color-transfer designs to send for. Plus 4 patterns printed in book. Send 25 cents for your copy. Ideas for gifts, bazaars, fashions.

### SUB NEARS LAKE ERIE

ST. CATHARINES, Ont. (CP)—A former German submarine under tow to Chicago from the Atlantic, moved on up the Welland ship canal Monday. The U-905, which was captured by an American aircraft carrier in 1944, arrived in Port Weller, northern terminus of the canal, Sunday.

Thousands of sightseers flocked to the canal, closing traffic on several main roads.

## DOROTHY DIX

### An Octogenarian's Idea

DEAR MISS DIX: At 52 I am about to get a divorce from my second husband. My first husband died several years ago after twenty years of a wonderful marriage. My present husband is much older than I, and I think he really married me to have someone to take care of him. I have been offered a job as housekeeper for a really elderly man—83 to be exact. He has promised that if I continue in the house until he dies, he'll leave me quite a bit of money. However, the salary he has offered is very small, barely enough to get along on. Do you think I should accept the offer? Mrs. T.

### TURN DOWN OFFER

ANSWER: You would be a very foolish woman to accept this proposition. You'll be tied down, for goodness knows how many years, at an inadequate wage, then you'll probably discover that the promised money has gone to a distant relative, or a not-so-guileless friend. It would be far better for you to get a job with no strings attached, but at a fair salary. Housekeepers are much in demand, and you'll have little trouble getting placed. Actually, I can't see where the offered job is any improvement over the one you have. At least, if you stay with your husband you have legal status and a definite right to whatever property or money he has. You've only been married a year, and that just isn't an adequate adjustment period. Perhaps your husband did marry primarily to be cared for, but what's wrong with that? Taking care of an elderly man who gives you the security of marriage and looking after a stranger who dangles promises, is a choice with all the advantage in favor of the husband—or so it seems to me. Give your marriage another chance, and if things don't work out, at least take a job offering the dignity of a living wage.

DEAR MISS DIX: I'm engaged

## Morning Smile

When the lady who was making out the application came to the little space headed "Age," she didn't hesitate. She simply wrote Atomic.

## Household Scrapbook

By Roberta Lee

### Moths

To prevent moths in carpets, scrub the floor with strong salt water before laying the carpet and sprinkle the carpet with salt once a week, before sweeping.

### White Silk

While white silk cannot be guaranteed from turning yellow when washing, usually rolling them in a Turkish towel as soon as washed will prevent their turning yellow. They may be ironed in a half-hour or can be left 24 hours without harm.

### Reducing

To reduce flesh avoid starchy foods and fats. Take plenty of exercise. Take hot baths followed by cold baths. Do not drink water with meals.

to a fine young man whose job involves quite a bit of traveling. Since he's been away on the latest trip—which is quite a long one—I've gone out with another boy and I'm afraid I've fallen for him, though I don't know whether it's love or infatuation. I don't know whether to break my engagement and marry suitor No. 2, or whether I'll get over the heart attack. Clarice G.

ANSWER: When doubts assail the lover's mind it usually means that either decision will be the wrong one. If you marry either one, the other will immediately take on an aura of glamor and your cry will be, "Oh, if I only had married the other one!" The best plan is to get a better perspective on both. Break your engagement, confide the difficulty to your fiancé, then see how the men compare when they're on equal footing.

## Anne Adams Patterns

### WRAP UP SUMMER!

COOL OFF on summer's hottest days in this sundress-playdress-workdress that goes everywhere! See by the diagram, how EASY this is. No fitting problems, wraps and ties. No ironing worries, opens flat. Make it now, make one, two, three to wrap up summer.

Pattern 4768 Misses' Sizes 12, 14, 16, 18, 20. Size 16 takes 4 1/2 yards 35-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number. Send order to ANNE ADAMS, 170 The Guardian, 60 Front Street West, Toronto, Ontario.

## Modern Etiquette

By Roberta Lee

Q. When writing a social letter is it proper to close the letter with "Respectfully yours?"

A. No. This form is used only when writing business letters, or when an employee is writing to his employer. If the person is of equal social position, it would be better to close the letter with "Sincerely yours."

Q. How should a divorcee sign her name if she retains her ex-husband's surname?

A. The initials her maiden name before her former husband's name, as, "Mrs. Helen Smith Johnson."

Q. Does it show poor taste to use artificial flowers around the home?

A. No; they are popular, and some people even use them for dinner table decoration.

## History Made With Birth of Triplets



The first triplets at Casselman were born recently to Mr. and Mrs. Romeo Lafleche. Here, other members of the family gather around the mother as she proudly displays her three new baby sons. Standing beside the bed are the five other Lafleche children (left to right) Jean Pierre 7, Robert 6, Jean-Marie 5, Ginette 4, and Marie Claire 2, while Papa Lafleche stands in the background. The triplets weighed five-and-a-half, four-and-a-half, and three-and-a-half. —(CP Photo).

## Alice Brooks Designs

IRON ON spring's loveliest blossoms in a combination of sunlight yellow, soft pink and delicate green. Make new linens lovelier, old linens like new. Simply iron motifs on curtains, tea-towels, aprons.

No embroidery! Washable. Pattern 7381 has 8 iron-on color motifs: two baskets 3 x 4; two 3 1/2 x 5 1/2; two 4 1/2 x 13 and two sprays 1 1/2 x 2 1/2 inches.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

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## IRON-ON DESIGNS IN 3 COLORS



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4768  
12-20  
by Anne Adams

7381