

True Success Story

By F. H. MacArthur

Paul Peter Rubens who died in 1640 was the eminent painter of the old Flemish school.

In 1600 he went to Italy, where he remained till 1608, chiefly at the Court of the Duke of Mantua.

From now on, he was much sought after. Marie de Medici employed him to paint a design for the gallery of Luxembourg, pictures illustrating the life of that well-known princess.

Rubens had the distinction of being the fastest of the great masters and was remarkable for his fondness of large canvases.

Altogether Rubens painted over 2,000 pictures, the best of these may be seen at Antwerp and Munich, though a number were destroyed in World War II.

By D. C. Williams

Better English

- 1. What is wrong with this sentence? "Please sit down while I see where our supply of pens and pencils have been placed."

ANSWERS

1. Say, "Please be seated, while I see where our supply of pens and pencils has been placed."

Household Scrapbook

By Roberts Lee

Celery

Celery is excellent for those who suffer from nervous diseases and rheumatism. It can be cooked with a cream sauce, or just stewed with a butter sauce.

Glossy Finish

Add a little borax to the water in which sateen or cotton materials with a glossy finish are rinsed, and it will help retain the shiny surface.

Baked Bananas

Baked bananas are delicious when served with pork chops or ham. After they are peeled, place in a buttered dish, season slightly, then sprinkle paprika and butter over the top.

The Stars Say - -

By Genevieve Kumbia

For Saturday, August 12

THE auguries are for a reckless state of affairs, probably induced by strife, impetuosity, wild out-

Coles - Younker Wedding



The wedding of Mr. and Mrs. Joseph M. Coles, photographed above with their attendants, took place in St. Paul's Chapel, Charlottetown, P.E.I., on July 10th, 1950.

-Garnhum Photo.

bursts of temper with unprofitable reactions on the personal life and its intimate contacts. Violence, regret, loss, harm and danger spring from wild and irascible outbursts, spelling calamity and reprisals of unprovoked tempest and fury.

For the Birthday

Those whose birthday it is, may find themselves in a position where affairs may be made null and void

by rash, tempestuous and impetuous gestures. Indulgences of the impulses, instincts, emotions in volcanic eruptions find reactions and unhappiness on the personal life and its affiliations. Unless these outbursts be rigidly curbed and disciplined, danger and loss are far-reaching in reaction.

ELLEN'S DIARY

By An Island Farmer's Wife

The foal, an engaging creature of slim sides and pointed ears and soft muzzled; a forehead-star and white stockinged forelegs...

Fair and beautiful, and pleasantly warm, and clean from the lifted dampness the day strengthened. We remember now that the precious summery shadows, we enjoy best, were back to the bosom of the mill-pond and between, lit by a thousand glints, the ripples touched...

There was a saving of hay at this farm this afternoon, an event indicated by a clatter of hay-wagons and the return of the help, including two grandsons and their dog...

Suspecting that this influx might have caught us unprepared, Karoly contributed a freshly baked cake to companion the plate of rolls sent from the house across the lane.

So we sat about the supper table enjoying the meal and the company, happy that another having had given us the blessing of this day.

That Body Of Yours

By James W. Barton, M.D.

PAIN IN CHEST MUSCLE MAY BE MISTAKEN FOR HEART DISEASE

I have written before of the three women who believed they had cancer and did not consult their physicians because they thought it would upset their families and interrupt all plans for the immediate future.

Sometimes fear of heart disease is present in men and women because of a pain that occurs from time to time in the region of the heart. And, just as in the case of cancer, tuberculosis or other disease, pain and other signs may be caused by other than organic disease, so these chest and "heart" pains may be caused by other conditions which are harmless.

In The Canadian Medical Association Journal, Drs. Janet Travell and Seymour H. Rinzler state that patients may have chest or arm pain (an outstanding symptom of heart disease) with no evidence of organic heart disease. This pain is commonly caused by fatigue and strain of the chest muscles.

Dr. Travell and Rinzler state that because the pain in the chest muscle causes all exercise to be stopped, the patient loses his morale and deteriorates mentally and physically.

The thought, therefore, is that if pain occurs in the chest it may be due to heart disease or just because the chest muscle has done unusual work or some muscular rheumatism is present.

WHY WORRY ABOUT YOUR HEART?

So you get out of breath easily on slight exertion? Does your heart seem to skip beats or beat irregularly? Write today for Dr. Barton's interesting booklet on this subject entitled "Why Worry About Your Heart?"

How Can I!!!

By Anne Ashley

Q. How can I take proper care of kitchen knives and forks?

A. Make a flannel knife-case and fasten it to the inside of the cupboard door, so constructed that there will be a separate compartment for each knife and fork.

Q. How can I facilitate the work of ironing napkins?

A. A good method for ironing napkins is to dip every third napkin in warm water, placing between two dry napkins, then fold and roll. Allow them to stand for about an hour before ironing.

Q. How can I prevent splattering when frying fish?

A. Invert the colander over the pan of frying fish. It will prevent splattering, and yet the holes in the colander will permit the steam to escape.

DOROTHY DIX SAYS -

Try New Locale

Girl Seeking Husband Does Well To Leave Home Town

DEAR MISS DIX: I think you are fine and noble to stand up for our old maids. Do you know what it means to be lonely? Do you know what it means to be always on the outside looking in?

I am 28, a normal girl, with my share of good looks and sex appeal, but this life is making me bitter and resentful. I have a good job and make a good salary, but I would be willing to give it up and scrub floors and wear hand-me-downs for the man I loved.



M. E. E.

ANSWER: Any woman who has reached the age of 28 and who finds herself an unappreciated blessing at home does well to shake the home-town dust off her feet and go far afield.

MAN INTERESTED IN STRANGER

You will have observed, when a strange girl comes to town, how all the boys flock around her. Take a tip and be a stranger yourself. Go somewhere where the men will view you with appraising eyes because they have never seen you before and hence can see how well you stack up.

In your particular case I especially advise an emigration to foreign parts, because your family has got on your nerves and you have got green with jealousy over your sisters having been chosen while you were left.

DEAR MISS DIX: I am a girl of 17. How can I tell absolutely and without fail when I have fallen in love and when a boy is in love with me? I don't want to make any mistake. I want to be sure of love when I find it.

NORMA

ANSWER: Ah, Norma, nobody in the world is wise enough to tell real love from spurious love at sight. For love comes in so many guises, it bears itself so honestly and speaks with such sincerity of tone that it deceives even the most cautious and suspicious, and we

(Continued on Page 3)

Cook's Corner

JOHNNY CAKE

1 cup flour, 1 cup cornmeal, 3 teaspoons baking powder, 1 teaspoon salt, 1 egg, 1/2 cup sugar, 1 cup milk, 2 tablespoons honey, 3 tablespoons cooking oil. Sift flour, cornmeal, baking powder and salt together. Beat egg and add sugar. Warm the milk slightly and pour the honey into it. Stir together thoroughly, egg, sugar and milk to which honey has been added, add cooking oil and combine with the sifted dry ingredients. Bake in a hot oven 400 degrees, 20 minutes.

Morning Smile

"Save - Your - Waste - Paper"

A campaign reminds one of the story of the four men who died on the same day. One was an author. He left \$5. The second was a bookseller. He left \$60. The third was a publisher. He left \$500. Fourth was a waste-paper merchant. He left \$50,000. It pays to save "paper."

"Mummy, may I go in to swim?" "Certainly not, my dear, it's far too deep." "But Daddy is swimming." "Yes, dear, but he's insured."

Modern Etiquette

By Roberts Lee

Q. In the Protestant faith, what is the proper age for a child to be christened?

A. There is no definite age. The parents may choose any time they wish, but the general rule is before the child is six months old.

Q. If a couple are entertaining a few guests for the evening, who should meet them at the door?

A. The husband should take care of this, and should assist the woman guest in removing her wraps.

Q. When a girl is standing talking with a man, and she drops some article she is holding, should she make any attempt to pick it up?

A. No; she should wait for the man to pick it up.

Discovers Home Skin Remedy

This clean stainless antiseptic known all over Canada as Moore's Emerald Oil, is such a fine healing agent that Eczema, Barber's Itch, Salt Rheum, Itching Toes and Feet, and other inflammatory skin eruptions are often relieved in a few days. Moore's Emerald Oil is pleasant to use and it is so antiseptic and penetrating that many old stubborn cases of long standing have yielded to its influence. Moore's Emerald Oil is sold by Hughes Drug Co. or The Jenkins Pharmacy and druggists everywhere to help rid you of stubborn pimples and unightly skin troubles—satisfaction or money back.

Even when dried indoors... EVEN WITHOUT RINSING

Surf gives you

Sweeter Washes

...whiter, brighter to look at! ...fresh-air-sweet to smell!

Wonder-working detergent gets out every trace of dirt, grease... and "dirty clothes" odor... leaves clothes so much cleaner they're actually sweeter-smelling!

Once you switch to Surf, you'll wonder how you ever did without it!

You can see how sparkling white and bright Surf gets your clothes. And your nose will prove they're really deep-down clean. They're sunshiny sweet, blown-in-the-sun sweet to smell... even if dried indoors. You don't even have to rinse your Surf-clean clothes!

Here's Surf's secret!

The magic detergent in Surf has the power of grabbing the dirt and holding it in the washwater, so when you wring out the water, you actually wring the dirt out with it. Out goes every bit of soil and grease—and every trace of "dirty clothes" odor, too.

When you don't rinse your Surf-clean wash, Surf's special purifying ingredient goes on working so clothes stay sweeter longer. (If you do want to rinse, add a little Surf to the rinse-water.)

Use Surf for everything!

Those rich, long-lasting suds do 3 times the work of ordinary soaps, in hardest water. They're powerful enough for greasy work-clothes, yet gentle enough for delicate silks and rayons. They leave towels soft, fluffy. Make everything easier to iron.

So—switch to Surf. Save time, work, hot water—and get the cleanest, sweetest wash you've ever had!

If it's Surf-clean, it's really clean... EVEN WITHOUT RINSING



"ORDINARY" CLEAN...???

Though you may think your wash is perfectly clean, a faint "musty" odor often betrays the presence of dirt, grease or scum. Rinsing won't get rid of this... but Surf does!

SURF-CLEAN, SWEETER!

Even without rinsing Surf removes every last trace of dirt, grease (and scum)... every trace of odor, too! That's why it gets your clothes so white, so bright... so wonderfully sweet!

YOU CAN TELL BY THE SMELL



BABY'S CRY IS NOT ALWAYS TEMPER

DISTINGUISH between your baby's cry of pain and cry of temper. The "pain cry" should have instant attention. For the feverish distress due to gas on stomach or bowels or those common digestive upsets, give Baby's Own Tablets at once. Mrs. Mary A. Mundy, of Toronto, finds they work every time.

I am the mother of nine children, three of them are babies, and Baby's Own Tablets have been my only medicine in raising them to the healthy children they now are. As soon as my children became a little feverish, at once gave them Baby's Own Tablets and in a very short time the fever disappeared and the children were normal again.

Equally effective for constipation, upset stomach, teething troubles and other minor ailments of babies. Quickly effective. Sweet-tasting—easily crushed to a powder, if desired. No "sleepy" stuff—no dulling effect. Get a package today. Sickness often strikes in the night. 30 cents. Money back if you are not satisfied.

REFRESH! DRINK Coca-Cola



Keeps in the cupboard for weeks! Always right there when you need it! It's Fleischmann's Royal Fast Rising Dry Yeast—the modern baking discovery that gives you delicious breads and rolls in quick baking time. No dashing off to the store at the last minute—just keep a supply of New Fleischmann's Royal Fast Rising Dry Yeast handy in the cupboard. IF YOU BAKE AT HOME—get Fleischmann's Royal Fast Rising Dry Yeast today. At your grocer's.