



Agnes Thibeault, queen of the 1965 winter carnival at St. Anne de la Perade shows some of her girl friends how to catch tommy cod, the tasty little fish which are one of the town's main tourist attractions during the winter season. (CP Photo)

### LOCAL ASSETS

### ELLEN'S DIARY

## All Kinds Of Lights Were Again Brought Into Use

Now came the snow. It was falling lightly across our first view of the morning. All day it continued. It goes on now into the night. Not that, as James and Mr. C. from the house on the hill agreed when he came by to neighbor with us this evening, "It was actually anything of a blizzard" like those they had sometimes seen blow across our valley. Indeed as James said, "if we were still depending on horses rather than machines in the way of travelling, it would have been no hardship to get to town today, or if need be" he twinkled, "as far as Land's End. Nevertheless there came snow-fall in a quantity to collect some drifts on our Road, where toward the Highway, presently the traffic ground to a halt. On farms-of-the-name, it discouraged any inclination for woods work, though the usual choring was effected without difficulty. The daily trek by way of the fields which lie between, to tend the sheep at far barns, however must be made by horse and sleigh. In the mildness prevailing, a pair of lads at Alderlea, played out of doors this afternoon rolling snowballs, with which to improve their aims at the target they had set up on a lawn, the younger trying manfully to match that of his elder. This evening during a sudden interruption of electrical services, a variety of lights was once more brought into use. "We ate supper by candle-light, and loved it. It was just like Christmas night again!" Peter reported later. "What did you do?" "We went to eat by lamplight, but like the foolish ones in the Bible story, the lamp had next to no oil in it, so we too had to bring out some candles," we said. "We shan't be caught like that again!" James promised. "How did we ever manage the work in the stables after night, or for myself, in the mill by lantern-light?" Mr. C. won-

### HOUSEHOLD HINTS

To float flowers in shallow bowls, cut stems about half an inch from the base of the blossom. Without stems, flowers drift without toppling over. Use oleomargarine for baking. On sale, it's cheaper than shortening and comes almost pre-measured.

Up till tomorrow... Diary... Goodnight!



Queens Elizabeth and Prince Philip, behind her left shoulder, are welcomed to the 70-degree weather of Barbados on Tuesday by Premier Errol Barrow on their arrival from London for start of a five-week Caribbean tour. Gov. St. John Stow is at RIGHT. The royal couple later boarded the Royal Yacht Britannia for Georgetown, British Guiana, and are scheduled to arrive there today. (AP Wirephoto)

## HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-8500

Glenora Pearce, a director of the Consumers' Association of Canada is arriving in Charlottetown on Monday, Feb. 7, to be guest speaker at a meeting of the provincial association being held in the foyer salon of Confederation Centre. National chairman of the CAC consumer problem committee, Miss Pearce is presently employed in the field of consumer information. This meeting is open to the public and will begin at 8:30 p. m. Monday. It will be followed by a question and answer period.

At a recent meeting of the Ladies' Auxiliary of the Royal Canadian Legion at Borden, the following slate of officers was brought in for 1966: past president, Mrs. Mary Sutherland; president, Mrs. Hazel Somers; 1st vice-president, Mrs. Sadie Warren; 2nd vice-president, Mrs. Rita Darrach; secretary-treasurer, Mrs. Mary Miller; ways and means committee, Mrs. Moira Ness and Mrs. Sadie Warren; visiting committee, Mrs. Mildred Kelly and Mrs. Norma Muttart; canteen, Mrs. Sadie Warren and Mrs. Marie McDonald and cards, Mrs. Rita Darrach.

A midday wedding took place at St. Columba Church, East Point, on Saturday, January 29th when Ruth Fay became the bride of Francis MacRae. The ceremony was performed by the pastor, Rev. W. MacDonald. Following the marriage a reception for 60 guests was held at the Souris Legion Hall. Mr. and Mrs. MacRae will reside in Charlottetown.

Prior to the wedding of Ruth Fay, a shower was held in her honor at East Baltic School. Stuart MacGregor was chairman for the occasion and remarked on the popularity she had gained in the community in her post-

tion as a clerk and assistant post mistress. Daniel MacDonald, M.L.A., also made a few remarks and the bride-to-be was escorted to a decorated seat by her sister, Margaret, and many useful gifts presented to her. These were opened and verses read by Mrs. Richard Ching, Mrs. Alvin Rose and Mrs. Edgar Dixon. Music and singing were enjoyed and refreshments were served.

Sandra MacFadyen, student nurse at the Victoria General Hospital, Halifax, N. S. spent the weekend with her parents, Mr. and Mrs. Wendell MacFadyen, Augustine Cove.

Mr. and Mrs. Milton Rodgeron, Pisquid East, have returned home after an enjoyable holiday in Gimli, Manitoba.

Lawrence Kelly, Boston, Mass. spent a few days at the home of his brother and sister-in-law Mr. and Mrs. Howard Kelly, Pisquid East.

Mrs. Seymour Taylor, Dundas Centre and her daughter, Mrs. William MacLennan are spending a brief holiday in Dunstaffnage, the guests of Mrs. Taylor's daughter and son-in-law Mr. and Mrs. John Thompson.

Mr. and Mrs. Gordon Myers of Carleton and Clare Bradshaw of Central Bedouque have returned from a trip to Florida where they visited with the latter's sister, Mrs. A. J. Archibald at Penny's Farms. They also spent some time in Miami Beach, Silver Springs and St. Augustine and many other places of interest. On their return, they visited the White House in Washington, New York City and Worcester, Mass. where they were guests of Mr. Myers' relatives.

### Complexions Need Protection

HALIFAX (CP) — Thelma Holland, a beauty adviser with a British cosmetic firm, says North American women spend too much time covering up their faces and not enough time protecting their complexion.

Mrs. Holland said in an interview a proper skin care program should use a skin cream for nourishment, moisturizing lotion, a tinted foundation lotion and makeup colorings. "In America, there seems to be so much emphasis on make-up, with women covering up instead of correcting and protecting," she says.

Although she says she's a great believer in soap and water, she says women sometimes "seem to have a sense of mock modesty — and treat their skin like the kitchen floor." During her 30-year career, Mrs. Holland has advised thousands of women on five continents. "And it doesn't matter what color the skin is, the problems are no different."

### IDA BAILEY ALLEN

## A Definitive Definition Of Our Balanced Meals

We discussed earlier in this column, the necessity for protecting the nutritive values in the foods you cook, to make them efficient in carrying out a "balanced ration."

### Balanced Ration Defined

(Belongs in your Reference File) The balanced ration is the combination of three meals a day of several types of essential foods planned to meet every need of the body and literally "keep-it going." In this group of essential foods we have: Protein: Necessary to build and repair muscular tissues in children and replace worn-out cells and tissues in adults. Also to assist in regulating body processes, and for general good condition and well-being.

The proteins include meat, fish, poultry, game, milk, cheese, eggs, nuts and the legumes.

Energy Foods: Necessary to furnish fuel to the body. These foods consist of three groups: 1. The Starches: Include cereals, breads, the spaghetti family and potatoes.

2. The Sugars: Include sugar, honey, syrups, candies, and all sweetened foods and sweetened beverages.

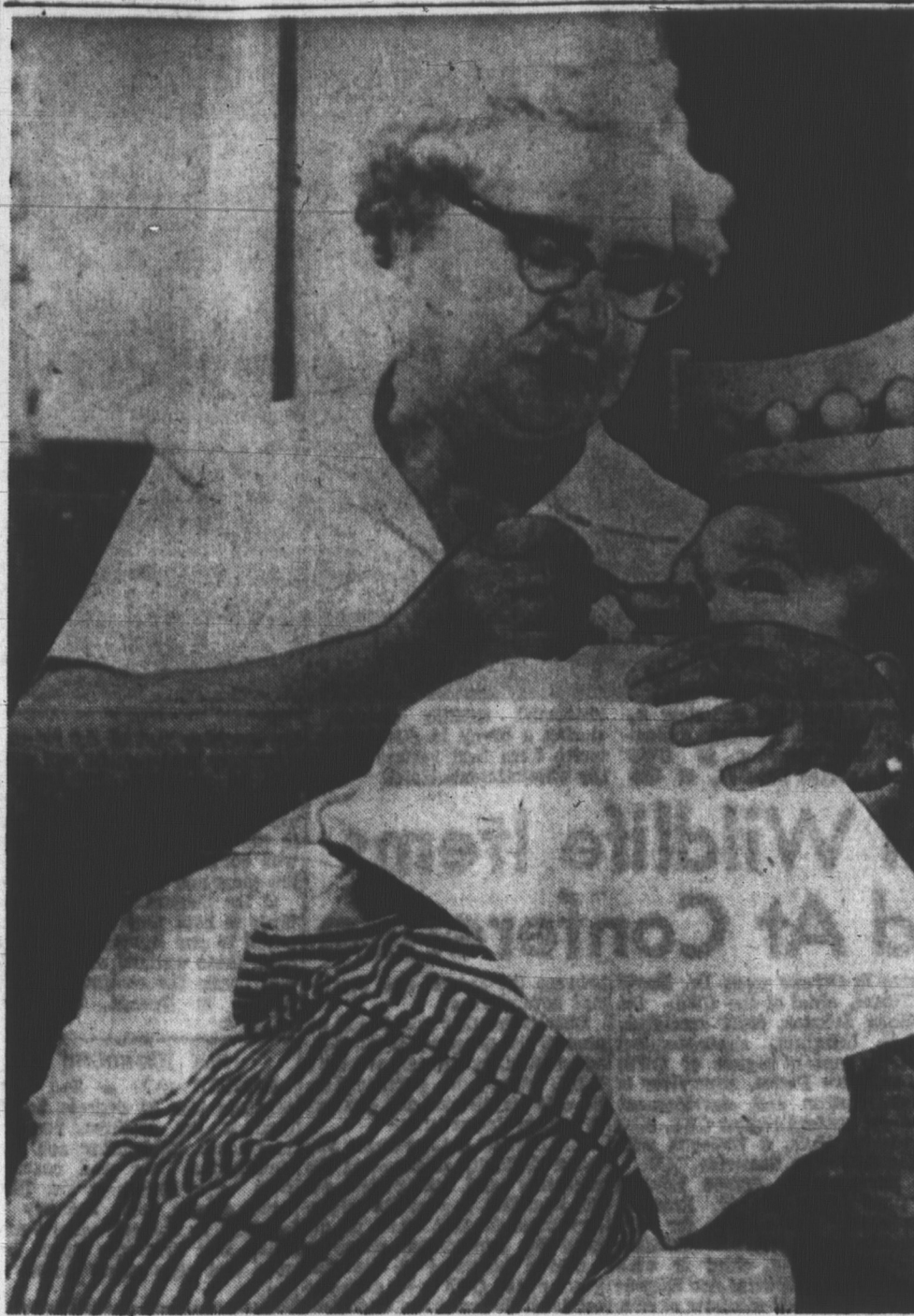
3. Fats: Include cream, butter, margarine, meat fats, vegetable oils, mayonnaise and shortening.

Water: Essential to good digestion, and the absorption and transportation of food to different parts of the body. Everyone needs plenty of water each day; cool but not iced, in addition to the tea, coffee, fruit juices, milk and other beverages included in the menu.

Minerals: Important as builders for bones, teeth, blood, tissues and all organs. They are also body regulators, affecting nerve and muscular activity and gland action.

The mineral-rich foods include milk and eggs, cheese, whole grains, salad plants, and fresh, canned, frozen, dried, freeze-dried and brined fruits and vegetables.

Vitamins: Essential to general good health, normal growth, repair and reproduction. They are catalysts that help many foods to function efficiently. Vitamins A, B Complex, C and D are best known to most people.



MRS. GEORGE DOLBY of Waterloo, Ont., has no children of her own but has mothered 161 during her 50 years of marriage. Mrs. Dolby's first child came from a desperate mother who needed a temporary home for her baby. Others have been placed with her by the children's Aid Society. Now (ABOVE) she continues her caring at a children's home in Waterloo. (CP Photo)

## Woman Has Made Career Of Caring For Children

WATERLOO, Ont. (CP)—Mrs. George Dolby had 161 children during her 50 years of marriage.

Mrs. Dolby married a family when she was 21. Her husband was a widower, 20 years older, with a son and a daughter who was being raised by an aunt. The Dolbys lived in Guelph until recently. "I always loved children and looked forward to having a family of my own," Mrs. Dolby said, "but I didn't think I'd mother 161 in 35 years. "We were married 15 years before we had the first addition to our family. He was a cuddly year-old boy brought to us by a desperate young woman. She was recently divorced and had no one to care for the baby. For a year and a half he filled our home with sunshine until his mother remarried. My heart was broken. It has been broken many times since. Parting with each child, you part with a little bit of yourself.

"Shortly after, the late Amos Tovell, superintendent of the Children's Aid Society in Guelph, called me one day and asked if I would like to do a good deed.

"The good deed was to care for a 20-month-old girl whose mother was ill with tuberculosis. Her five-week-old sister was a patient at Toronto Sick Children's Hospital."

The Dolbys took care of the girl and of her sister, eventually, for four years. Their mother died and their father remarried and took the girls. Now the girls are married and bring their children to visit "granda."

### ABANDONED BY PARENTS

The Dolbys adopted a son and raised another from the time he was five months old.

"Our fourth and fifth sons arrived unexpectedly. An 11-day-old boy was brought to us one night by his parents, asking us to keep him for a few days. Two weeks later his year-old brother arrived, supposedly for the weekend.

"We didn't know it then, but they had been abandoned." The Dolbys couldn't officially adopt them because Mr. Dolby's health had begun to fail. A few years ago, first one of the boys and then the other applied for adoption themselves and are now formally the sons of the parents who raised them.

Mr. Dolby's health has continued to be uncertain and he is now a patient at Cambridge Nursing Home in Guelph. Mrs.

any home for her baby. Others have been placed with her by the children's Aid Society. Now (ABOVE) she continues her caring at a children's home in Waterloo. (CP Photo)

## National Council Of Women Looks For Divorce Change

OTTAWA (CP)—The National Council of Women wants the federal government to set up a permanent military planning staff to anticipate and prepare for needed peacekeeping operations around the world.

In a brief today to Prime Minister Pearson and his cabinet, the 7,000,000-member organization commended the government on its support of the concepts of international peacekeeping and urged continued efforts to "find an equitable solution to the problems of financing" such operations through the United Nations.

The resolution, one of 11 presented, asked that Canada "urge other member governments to maintain contingents of their armed forces, specially trained and equipped for such peacekeeping duties, and held ready at the call of the United Nations."

The council, which annually presents a brief to the federal government, is made up of 18,000 federated societies in Canada.

One resolution asked for registration of all firms manufacturing, importing or selling drugs. Another suggested increasing the budget of the food

Dolby has found a new set of children to care for. She worked at a nursing home for the retarded in Fergus near Guelph, until it was closed about seven years ago.

Now she works for the Sunbeam Home in Waterloo. "It's heaven to be working with children and I have ample time off to visit my husband. "Our marriage has been a busy, happy one and we are looking forward to our golden anniversary on April 20, a family reunion with many of our 161 children, 24 grandchildren and six great-grandchildren."

### H. BENNETT CARR

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Quasars, first discovered in 1963, are remote super-sized stars in outer space, detectable only by their radio emissions.

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## MONA'S Boutique

## ROLLO BAY

Mrs. Joseph G. Campbell, Poplar Point was a recent visitor at the home of Mr. and Mrs. George Christian, and the home of J.D. Steele and Anna Steele, Rollo Bay.

Mrs. Russell Perry and sons David and Reginald have returned from visiting relatives at Summerside and Charlottetown.

Mr. and Mrs. Albert Conway and Mary E. Conway, Souris, recently visited relatives at Rollo Bay.

Mrs. George Christian was a recent visitor to Montserrat. Mrs. John J. MacDonald, Souris West, is a patient in the Charlottetown Hospital recovering from a broken hip.

## RUSTICOVILLE

The first of the season's weekly card parties in aid of St. Thomas Aquinas Society was held at the home of Mr. and Mrs. Louis Pineau in Rusticoville. Gents' prize being won by Randy Pineau; ladies' prize by Mrs. James Peters.

Mrs. Fred C. Gallant of North Rustico is a patient in Toronto hospital having undergone surgery.

## BURLINGTON

Clayton Mill, Kensington, president of the Prince Edward Island Fur Breeders Association, has returned home from Montreal after attending the Hudson Bay Fur Auction sale of raw mink pelts which met with strong demand as a result of the many buyers who were in attendance.

Mrs. Frank Reeves, Free-town, who has been living with her son-in-law and daughter, Mr. and Mrs. Archie Paynter, Burlington, was taken to the Prince County Hospital by ambulance on Friday.

Mrs. Emmet McInnis, Kensington, entered the Prince County Hospital, Summerside, on Friday.

## UNKNOWN SIGNS IN SKY

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