



The healthy man is pretty sure to be a favorite with the ladies. The sick man isn't. His complexion is sallow, his eyes are dull, his skin is blotched or pimply, his breath is unpleasant and he is mentally and physically sluggish.

These conditions are due to disorders of the digestion or torpidity of the liver. These cause impurity of the blood, and one cannot continually pump impure blood into every organ of the body without making those organs sick. Pump impure blood into the brain and there is soon a sick brain. It will show in headaches, dizziness, drowsiness, dull eyes, frightful dreams and loss of sleep. Pump bad blood into the lungs and the result is consumption, bronchitis, asthma, weak lungs, spitting of blood or throat or nasal troubles. Feed the nerves and brain cells upon the poisons of an impure blood and the consequence is nervous exhaustion and nervous prostration. Dr. Pierce's Golden Medical Discovery cures these diseases and cures the conditions that cause them. It restores the appetite, makes digestion and assimilation perfect, the liver active, the blood pure and the nerves steady. It is the great blood-maker and flesh-builder. It cures 98 per cent. of all cases of consumption. It is the best remedy for blood and skin diseases. Druggists sell it.

Wm. Smothers, Esq., of Millston, Jackson Co., Wis., writes: "I wish to say that Dr. Pierce's Golden Medical Discovery is the best medicine for the Grip that I have ever tried. I was cured twice with it when I could not get any other relief."

"A stitch in time saves nine." Doctor Pierce's Common Sense Medical Adviser tells the mother how to take one little home stitch that saves nine costly visits from the doctor. For a paper-covered copy send 31 one-cent stamps, to cover cost of customs and mailing only, to the World's Dispensary Medical Association, Buffalo, N. Y. Cloth binding 35c.

EATING IN GERMANY

When you have examined the constitution of the German cuisine, you are tempted to grow loquacious. You are conscious of having discovered that the psychology of a nation cannot be constructed upon a mere analysis of its made dishes. Your estimate of Brillat-Savarin sinks. He could not tell you what you are, even from all the menus of your lifetime. Freiligrath's philosophic conclusion that "man is what he eats" you straightway qualify as true only when referring to cannibalism. And you will aver that only in the case of paleolithic man can you construct a man from the crumbs that fall from his dinner table. And this you will want to prove, and consequently will grow talkative with presenting of much evidence.

And yet, in your sane moments, you will have a sneaking affection for the statement that a German is a German because he eats what he eats. As a general rule he may be said to eat five times a day. But his hunger is constantly being stilled.

He starts early in the day with a cup of cafe au lait and a small buttered roll. This keeps him going till 11 o'clock, when he demolishes a slice of buttered rye bread spread with slices of hard boiled egg, raw chopped beef or cheese. This he washes down with a glass of ale, thus stilling his inner man till dinner time. Dinner takes place toward 1 o'clock and consists of soup (generally nourishing), a plate of meat, with potatoes and fruit (cranberries, prunes or apricots), occasionally cheese, seldom sweets, rarely a green vegetable.

Three hours later coffee is taken, served with a piece of cake or thick bread and butter. This is the hour precious to the gossip and the busybody, the time for spreading scandal. Toward 8 o'clock the appetite again asserts itself. The hour of the ubiquitous sausages has arrived. Their name is legion, and they share the honors with slices of ham, smoked goose breast, pieces of raw pickled herring, and in summer hard boiled eggs and potato salad.

Such is the German method of spreading the meals over the day. Of course there are exceptions. Many families have two ample meals a day, but the bulk of the population eats mostly buttered bread and snacks. In justice to Germany one must say that the fare in many a home will compare favorably with that of many an American family.

In the German restaurant the cuisine is on the whole monotonous and the food singularly insipid. All meats seem to have the same flavor, all served with the same heavy, viscous sauce, and invariably escorted with the same soaplike potatoes. Stodginess and heaviness are the great blots on the German fare. The element of variety, too, seems considered superfluous.

In the concrete the subject is almost too painful to face, the difficulty being

to steer clear of exclamations denoting positive offensiveness. Some of the kickshaws which figure regularly upon the German table are reputed to be most sustaining. They certainly are intensely and ostentatiously wonder inspiring.

One preparation is everywhere met with under the name (more or less phonetically spelled) of beefsteak a la tartare. Its basis is raw chopped beef; this, spread out into a pat of elliptical shape, is crowned with the raw yolk of an egg, raw finely chopped onion is sprinkled over it, a garniture of gherkins is added, and the whole is eaten with much gusto and no worse consequences than a durable thirst.

In many of the dishes you discover all the humor, feeling and imagination of a Wagnerian composition. You find the resolute desire to build up harmony upon discord. Of this nature may be considered the traditional menu of New Year's eve, carp, pancake and punch. These three, brought into immediate juxtaposition and consumed in plethoric quantities, generally have the desired effect—that of inducing a hysterical good humor.

For stodginess nothing beats the favorite dish, panache. It consists of pickled pork, sour cabbage and a purée of split peas boiled down to the consistency of stiff dough. Experiments on this mass produce deplorable capers and cause one to grunt mournfully. A variety of this diet is found in Berlin. You substitute boiled balls of dough and indifferent prunes for the peas and cabbage, and you have the dish popularly termed "the Silesian kingdom of heaven." Cold eels, imbedded in a translucent, glutinous substance, figure in all workmen's taverns, while roast goose is de rigueur for all solemnities.

A dainty which we have recently met with in Berlin recalled Darwin's remark that "hardly any experiment is so absurd as not to be worth trying." It consisted of finely powdered horse radish served up with frozen whipped cream.

One may sum up one's judgment by saying of German cooking what the art critic said of nature, "It has infinite potentialities." Not the least of these is its ambition to discover victims that survive its charms only in the form that the walls of Jericho survived the trumpet blast of Joshua.—Lippincott's Magazine.

Protected Carrier Pigeons.

Carrier pigeons in China are protected from birds of prey by a little apparatus consisting of thin bamboo tubes fastened to the birds' bodies with thread passed beneath the wings. As the pigeon flies along the action of the air through the tubes produces a shrill whistling sound, which keeps birds of prey at a respectful distance.

He Got His Leave.

The Rev. Robert Nourse relates this story in The Congregationalist:

On a certain Sunday morning the orderly of the colonel of the Eighth Ohio presented himself before that officer. "Everything all right, colonel?" he asked. After looking around and finding that the tent had been put in order and his boots blacked he replied in the affirmative. "I have a favor to ask," said the orderly. "State it," said the colonel. "I beg that I may go off today, colonel, and go a little earlier and remain a little later." "For what reasons?" demanded the colonel. The orderly produced a letter and said, "Sir, I have received this from the president, and he invites me to dine at the White House."

The president of the United States is in every way to be ranked among the great rulers of the world. But the genuine and unaffected democracy of the man who now holds that exalted office is shown in this incident, which could not be paralleled in any other country in the world.

Santiago's Distinction.

Santiago de Cuba has an ecclesiastical distinction, and that is that it is the oldest bishopric in the western world. When all Pennsylvania was a traceless waste, an archbishop ruled a see of no mean proportions from that city and under that title. From the city of Santiago also went out the two great missionaries to the Indians and negroes, the first, Las Casas, who evangelized nearly all Central America, and the second, St. Peter Claver, who worked among the negroes of Brazil.—Philadelphia Call.

Millionaire's Street.

The latest census proves that in upper Fifth avenue there is a stretch of houses a mile and a half long that contains dozens of millionaires. It is for its length the highest socially, the most architecturally handsome and by far the most wealthy street in the world.—New York Telegram.

In Cochinchina when husband and wife find they can no longer agree they give a dinner, to which they invite their relations and the patriarch of the village. The latter during the meal takes the chopsticks of the pair and breaks them, and by his action they are legally divorced.

Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets All druggists refund the money if it fails to cure. 50c.

Everything goes, nothing reserved. Discounts 20 to 50 per cent off all our new stock.—W. A. Weeks & Co.

Rubbers, rubbers all styles, all prices at R K Jost's, S. J. St. Peter's Corner.

McKays

Just opened.—New Clothing, Hats and caps, ties and staple goods. Inspection invited.

BARGAIN CORNER

W. D. MCKAY

Trained Pigeons.

Pigeons are carefully trained. The young homer is taken half a mile the first day, a mile the second, two miles the third, and so on, doubling the distance each time. It must be liberated each time only in the same direction as to its loft, for a bird can be trained along only one route at a time. When 40 miles have been reached, a week's rest comes between. A hundred miles are enough for a young bird's first year.

So essential is the training that old birds are taken only two miles out for the first lesson of a season, though they may have flown their 250 miles the year preceding. The end of the next season, however, will, if the birds are willing and the trainer patient, be crowned by the accomplishment of a 400 mile flight. As you get higher in the scale of distance, longer and longer rests are needed.

Male birds are generally used for long distances. Family matters are apt to engross the attention of the hen, though she is still capable of good work when she has a mind for it.—Good Words.

To Keep Out the Cold. Changeable Weather

throws the human machinery out of gear and renders it more susceptible to prevalent ailments.

After a "muggy" period the first cold day 'strikes home' unless the system is well fortified by strengthening stimulating nourishment, of which the most perfect form is

BOVRIL.

Return this advertisement to us with 2 cent stamp and we will send you Whonharts Great War Puzzle. We are offering \$100.00 for the solution of this puzzle. V.

BOVRIL LIMITED

20 Farringdon St., London, England, and 25 & 27 St. Peter St. Montreal, Canada.

SILVERWARE

That Will Wear Right

Tea Sets consisting of Tea Pot, Coffee Pot, Sugar, Cream and Spoon Holders.

Trays, Salad Bowls, Cake Baskets, Baking Butter and Pickle Dishes.

ALSO IN SOLID SILVER, FINE GOODS

5 o'clock Spoons, Tea Spoons, Souvenir Spoons, Oyster Forks Cheese Scoops, Cold Meat Forks, Tea Bells, Thimbles.

The cheapest ladies' Watch that we think would be worth buying, \$4.00, better ones \$7.50 to \$50.00.

Watches for Boys, \$2.75 to 10.00, Watches for men \$5.00 to 100.00. Beautiful Rings Any Birthday Stone Ring made to Order

Nearly every one knows we are the pioneers in the spectacle business and in keep up to date in our stock of spectacles and eyeglasses and fitting.

E. W. TAYLOR, Victoria Jewelry Store

Nearly opposite Post Office Charlottetown, P. E. I.

THE ONLY HOPE!

For Victims of Bright's Disease is Dodd's Kidney Pills.

Not a day passes on which the newspapers do not record the death of one or more persons from Bright's Disease. Already its victims number hundreds of thousands. Day by day the awful total grows larger. No class is safe from this destroyer. War and intemperance, with all their miseries and fatalities, are not responsible for as many deaths as have been caused by Bright's Disease. Yet, there is a way of resisting it; of drawing its poisoned fangs, and making it as harmless as a summer breeze. That great medicine, Dodd's Kidney Pills, has cured thousands of the worst cases. It never fails to cure, hopeless as the case may seem. Would you safely shield your loved ones from the fatal grip of this curse of mankind—Bright's Disease? Then use—Dodd's Kidney Pills, the only cure on earth for this disease.

ADVICE ABOUT

Spice.

When ordering a package of Pepper, Ginger, Allspice, Cinamon or Cream of Tartar from your grocer you can always feel sure of securing the best quality by asking for :::

Mott's

TO LET—That comfortable brick dwelling house, situated on Water Street, now in possession of Mrs. McPherson. Possession given about 23rd September. Apply to Peake Bros & Co. Aug 21st, 1898, 601 St.

Men's Chains

A man has opportunity of showing only these articles of jewelry in his external dress. A ring, studs or stick pin, and a watch chain. The chain the conspicuous item. It is important, therefore, that its quality should be as good as the man can afford, and its style be distinguished for taste and character.

I have taken special pains in selecting a large stock of men's Chains, I am sure you will say that the patterns are the most tasteful ever shown in this city and the prices have sufficient range to fit every pocket book.

W. W. WELLNER

THE GREAT WATCH HOUSE

Top Quality Bottom Prices

There is no doubt about it when you buy

KEROSENE OIL

The best is always the cheapest WE SELL....

Pratts Astral and Arclight

Oil at very low prices. Lower prices for 4 gal. lots.

Sanderson & Co.

Just Received

a nice assortment of

BLOUSE SETS

the newest designs in sterling silver and rolled plate, and selling very low.

W. N. TANTON

Opposite Crabbe's Hardware Store



MR. MONTAGUE, DUNNVILLE, ONT.,

Has an Interesting Chat About Dr. Chase's Ointment, HIS SUFFERING FROM ULCERATING PILES CURED.

He says:—I was troubled with itching piles for five years, and was badly ulcerated. They were very painful, so much so that I could not sleep. I tried almost every remedy heard of, and was recommended to use Dr. Chase's Ointment. I purchased a box, and from the first application got such relief that I was satisfied a cure would be made. I used in all two boxes, and am now completely cured.

Every remedy given by Dr. Chase cost years of study and research, and with an eye single to its adaptation for the ailments for which it was intended. Dr. Chase detested cure-alls, and it has been proven ten thousand times that not one of his formulas leave a bad after-effect. Dr. Chase's Ointment is based on lanoline, and the best physicians prescribe it.

Mr. M. T. Wigle, of Kingsville, Essex Co.

Cured of Itching Piles of 23 Years Standing. Physicians Fail to Make a Cure When Dr. Chase's Ointment Gave Immediate Relief.

M. T. Wigle, better known to every one in the vicinity as "Uncle Mike," was troubled for over 23 years with itching piles. At times he was so bad he would have to quit work. The irritation became so intense with constant rubbing that they became ulcerated and would bleed. He had been treated by many physicians, but found nothing that gave him relief. Reading in the paper the cure of a friend who had suffered in a like manner, and being cured by Dr. Chase's Ointment, he procured a box. After the third application he got such relief that he had the first comfortable night's sleep he enjoyed in years. The one box made a complete cure, and he says he would not be without it for \$50 a box if it could not be replaced. Mr. Wigle is a wealthy farmer, well known in the community in which he resides. It is over two years since he was afflicted, and he has never been troubled since.