

# WOMEN

Page 8, The Guardian Thursday, Sept. 15, 1955

## LET'S EAT

### Two New Ways To Make Stuffed Green Peppers

By Ida Bailey Allen

An animated discussion of various ways to stuff green peppers took place in the kitchen of the Ravine House between Chef Edgar Perry and our own Singing Chef. This was sparked by the arrival of a big basketful that had just come into the Ravine House from a nearby farm.

Mr. Perry's stuffed peppers were delicate in flavor, with the stuffing high in protein, and were just right to serve as an entree.

Our Singing Chef's stuffed peppers combine several fresh vegetables, so they can be served as a vegetable or with a Cheddar cheese sauce as the entree in a vegetable dinner.

I offer both recipes.

**RICE-STUFFED GREEN PEPPERS—EDGAR PERRY.** Use 1 good sized pepper for each serving. Cut off the stems; slice off the tops. Scoop out seeds. Boil the peppers 5 min. in salted water; drain. Fill with rice-ham-egg stuffing. Transfer to a baking pan containing water to the depth of 1/2" bake 30 min. in a moderate oven, 350 degrees F. or until the peppers are soft and the tops browned. Serve with Spanish sauce.

**RICE-HAM-EGG FILLING:** In a double boiler, cook 1 c. white rice

1 c. small-diced cooked ham (or sauteed diced mushrooms for a Friday entree). Fold in 2 beaten eggs. Use as directed.

**Creole-Stuffed Green Peppers.** The Singing Chef: Follow the recipe for rice-stuffed green peppers, but use a Creole stuffing.

Saute 1/2 c. chopped onion in 1 tbsp. shortening 1 min. Add 2 c. diced fresh tomatoes, 2 c. sliced fresh okra, 2 c. fresh corn cut from the cob (or use canned or frozen corn kernels), 1 tsp. salt and 1/2 tsp. ground black pepper.

**NEW HAMPSHIRE SUNDAY DINNER.**

Chilled Money Dew  
Roast Lamb Brown Gravy  
Panned Potatoes Green Beans

Tomato-Scallion Salad  
Ice Cream Coconut Balls  
Hot or Iced Coffee or Tea Milk

**TOMORROW'S NEW HAMPSHIRE DINNER**

Chilled Tangerine Juice  
Grilled Salmon Steaks  
Lemon Butter Sauce

Whipped Potatoes Green Peas  
Relish Salad  
Peach Cream Whip

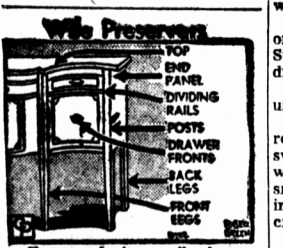
Hot or Iced Coffee or Tea Milk

**Peach Cream Whip:** In a large bowl combine 2 c. chopped peeled



FOR DINNER WITH A DIFFERENCE, serve creole stuffed green peppers, filled with cold corned beef or ham, and a peach cream whip.

In 2 c. hot milk 4 min. or until very soft and the milk is absorbed. Add 1 tsp. salt, 1/2 tsp. pepper, 1 tsp. moist raisins, 1/2



If you are buying an all-metal appliance, be sure that not only are the top drawer fronts mahogany, but also the parts indicated above.

fresh peaches, 1 unbeaten egg white, 1/2 tsp. salt and 1/4 c. sugar. Beat with an electric or rotary beater until fluffy. Add 1/4 c. cold water.

These sprinkle 1 envelope unflavored gelatin on 1/4 c. cold water. Stir over steam until completely dissolved.

Add to the peach mixture; chill until beginning to thicken. Beat 1 min. with an electric or rotary beater; fold in 1/2 c. heavy sweet or commercial sour cream whipped stiff and 1 c. additional small-diced peaches. Chill; serve in sherbets. Garnish with whipped cream. Serves 6.

**TRICK OF THE CHEF**  
Season salmon steaks with minced dill.

## Skinner—MacLauchlan



Mr. and Mrs. John William Skinner cut their wedding cake following their marriage on August 20th in West Covehead United Church. The bride is the former Miss Joyce Isabel Mac-

Lauchlan, daughter of Mrs. James H. MacLauchlan, Stanhope, and the late Mr. MacLauchlan. The groom is the son of Rev. and Mrs. John R. Skinner, Loggville, N. B. (Photo by Barter's Film Lab)

A honeymoon trip through the Maritimes followed the marriage in West Covehead United Church at six o'clock on August 20th of Miss Joyce Isabel MacLauchlan, daughter of Mrs. James H. MacLauchlan, Stanhope, and the late Mr. MacLauchlan, and Mr. John William Skinner, Charlottetown, son of Rev. and Mrs. John R. Skinner, Loggville, New Brunswick. Rev. J. R. Skinner, assisted by Rev. Norman Green, performed the ceremony. Miss Helen Wilson was soloist and Miss Jessie Murray was the organist.

Given in marriage by her eldest brother, Mr. Walter MacLauchlan, the bride was gown in a waltz-length dress of white flowered nylon over taffeta styled with scooped neckline and three-quarter length sleeves. Her chapel veil of tulle illusion fell from a coronet of lace and pearls and she carried a cascade bouquet of white gladioli with maiden hair fern. Miss Wilma Deacon was maid of honor in a waltz-length strapless gown of mauve nylon over taffeta topped by a matching bolero. She carried a nosegay of yellow 'mums' and a pink nylon piece of the bride, was flower girl. She wore a frock of pink nylon and carried a basket of mixed flowers.

The best man was Mr. Alex Skinner, brother of the groom, and

the ushers were Mr. Harry MacLauchlan and Mr. Gideon MacLauchlan.

Sixty guests attended the reception at Sea Side Inn, Stanhope, which followed the ceremony. White gladioli and pink and white streamers decorated the rooms. Miss Janet Skinner was in charge of the guest book.

The bride's mother chose a navy and white nylon sheer with navy accessories and a corsage of white carnations. The mother of the groom wore a blue suit with pink and black accessories and a corsage of pink roses.

For her honeymoon trip the bride donned a white dress with navy polka dots, topped by a navy duster coat and navy and white accessories.

Out-of-town guests were Mrs. Henry MacMaster, Picton, N. S.; Rev. and Mrs. J. R. Skinner, Loggville, N. B.; Miss Janet Skinner, Loggville; Mrs. Kenneth Elk, Sunderland, Ont.; Mr. and Mrs. Malcolm B. Jay, Halifax; and Mr. and Mrs. R. L. MacLauchlan, Dartmouth, N. S.

**MORNING SMILE**  
The little girl was informing every passer-by of the fact that she had a new little baby brother at her house.

Passerby: "That's fine" (thinking to be facetious, went on to ask shyly), "and is he going to stay?"  
Girl: "I think so. Anyway he's got his things off."

**ANCIENT CITY**  
The English seaport of Bristol is mentioned in records as far back as the 11th century.

## HOUSEHOLD HINT

If wooden shoe trees are showing wear, renovate them by sandpapering lightly and applying a thinned coat or two of pure, white shellac.

## MARY HAWORTH'S MAIL

### Daughter Graduate Better Off With Full Home Life

DEAR MARY HAWORTH: My wife and I have a daughter, 21, who was graduated from college in June of this year. Shortly afterward she fortunately found a good position here. There are two questions, pertaining to her welfare, on which I would like to have your opinions. We haven't discussed these questions with her.

1. Should she continue to live with us indefinitely? Or should she get an apartment? My wife is opposed to her leaving home to live in an apartment, for the various reasons that many mothers and grandmothers still hold today. I feel Paula should be free to make her own decision after hearing our views. But I also think that her growth and development might be retarded if she were to remain with us, exposed to the usual "do's and don't's" as if she were still a child.

2. If she stays with us, should we expect a fixed payment from her each month? My wife says yes, a fixed payment would make her more conscious of responsibility, would help her to discharge a child's obligation to parents, and signify appreciation of what we've done for her so far. I don't share that view. However, a fixed contribution from Paula, plus relief from costs of her schooling, clothes, etc., would give me more cash for other things.

### FATHER FAVORS SELF-RELIANCE

I would want to encourage Paula to save as much money as she can without having to worry about us. My health is still good and, just by virtue of her being through school, I am in better financial shape than before. I feel she should concentrate on building financial security for herself and her family if she marries, while making reasonable contributions to the church and public charities.

Then later in life, if we should need help, she would be in a better position to give it, without detriment to her own standard of living. What do you think? R.R.

### WHAT SPARKS THIS DEBATE?

DEAR R.R. You say you haven't discussed your questions with Paula, which indicates that she hasn't voiced a desire to move out on her own. Thus I wonder: what sparks your favorable consideration of the idea—in contrast to your wife's opposition. Are you genuinely concerned to promote fullness of life for Paula? Or are you eager to close accounts on child-rearing, so to speak, and switch your whole attention to other things?

Maybe you are a dutiful, conscientious father, without rejoicing in the relationship; or possibly you and Paula aren't really congenial, though decently considerate of each other's rights. In all parents and children are compatible; in which case, when the children are grown, usually it is better for all concerned if the children shove off, as soon as can be sensibly arranged.

However, other things being equal, there are more advantages for a girl, particularly, in having a harmonious family life as the

## ELEANOR ROSS

### Softer Colors Shown In Home Furnishings

COLOR and novelty, elegance and comfort combine to give new beauty and fresh vitality to house furnishings this fall. There is a style for every taste and for every style there are interesting and lovely accessories.

### SOFTER COLORS

Color is not quite as stark, not quite as insistent as it has been. Those shocking pinks and bright orange tones are quite a bit subdued, praise be! A wide range of subtle colors appear in furniture finishes as well as in fabrics and floor coverings, making for an atmosphere of quiet cheer—one that should be easy to live with. Opaque lacquers are popular in furniture. The very newest are the translucent lacquers, which lend but a suggestion of color. We like these lacquers since they permit the beautiful grain of fine cabinet woods to be seen clearly through a soft veiling of color.

### STORE DISPLAYS

Store shows stress layouts for young couples starting their first dovecot on the proverbial shoestring.

The one-room apartment layouts are expertly tackled with what is termed the Understated Look emphasized. Another store goes in for the Sculptured Look, rooms built around decorative and original art objects, with color used boldly in fabrics that are vividly colored abstract prints.

### NEW TREND

A foretaste of the new trend

immediate framework of operations, than in trying to make her way as a lone individualist.

### MAJOR ADVANTAGE OF LIVING AT HOME

Not the least of a girl's advantages in living at home is that she doesn't have to forehandedly prove herself to society in dealing with beaux. She doesn't have to be always on guard throwing a protective barrier around herself. Family atmosphere takes care of that. She can be more relaxed, hence more attractive, in her social relations.

If Paula decides to stay on with you indefinitely, and if she is well employed, she should of course make a reasonable regular contribution to the household purse—as her minimum adult economic duty in the situation. What is reasonable? That depends upon her earning power, or present salary. If she makes a good salary, she should pay you at least ten dollars a week, or say fifty dollars a month, I should think. Anything less would seem parasitically disproportionate to current costs of food, lodgings, utilities, laundry services, etc., for a middle class standard of upkeep. M. H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of (Guardian).

most figure. Of course, the materials differed, but then there has to be some difference between prices of three round figures and those of two small ones!

## ORIENTAL LANTERN

Many lands contribute the designs of the new lamps. One beauty is an Oriental lantern with a brass tipped bamboo frame on a straw-covered oval base. Fiberglass is used for the cylinder shade in a brass wire cage. It sounds stark, but really isn't.

Intricate scroll work in wrought iron, bronze or brass reveals a touch of Spanish influence. In

## Words Of The Wis

The art of conversation is to prompt without being stubborn, refute without argument, and clothe great matters in modest garb.

—(Benjamin Disraeli)

many lamps leather is combined smartly with wood and brass.

## FAR-SPREAD GROUP

Boy scout organizations all over the world now list more than 6,000,000 members.

# GOTHAM GOLD STRIPE

## sale of the year!

Beautiful stockings at new low prices.

Evening Sheer Adjustables.  
Evening and Walking Sheers and Heavy Service Stockings.

Reg. \$1.50—Special Sale of the Year Price  
**\$1.20 Pair**

Evening Sheers 60 gauge 15 denier. Reg. \$1.50.  
Special Sale of the Year Price  
**\$1.20 Pair**

All Purpose Sheers and Walking Sheer Nylons—51 gauge 15 denier and 51 gauge 30 denier.  
Reg. \$1.25—Special Sale of the Year Price  
**\$1.00 Pair**

Colors—Keyed to Vibrant, Keyed to Black, Keyed to Bright; also White and Black. Sizes 8 1/2 to 11.

# MOORE & McLEOD Limited

## New Beauty Care 3 ways better for your skin



Cleans, softens, brightens your skin in a way no cream—or soap—alone can do.

Noxzema will help bring you complexion loveliness you'd hardly dare to hope for. In days it will help your skin look cleaner, clearer than ever.

### How Noxzema Works

1. It cleans like soap (it's greaseless—washes off with water) but it doesn't dry skin.
2. Softens like cream, but doesn't clog pores... never feels sticky or greasy.
3. Helps clear skin... neat unattractive blemishes because it's medicated.

Make Noxzema your regular beauty cream—and see the difference in your skin!



**SAVE 1/3 ON NOXZEMA 98¢**  
Limited time offer. Big 6-oz. jar only

## WEEK-END SPECIALS at CUDMORE'S

<p><b>PICKLING</b> ONIONS, 10 lbs. .... 39c</p> <p><b>1 PECK GREEN TOMATOES (12 lbs.)</b> 45c</p> <p><b>SILVERSKIN WHITE ONIONS, 2 lbs.</b> 35c</p> <p><b>PARAWAX, pkg.</b> ..... 19c</p> <p><b>BROWN SUGAR, 5 lbs.</b> ..... 43c</p>	<p><b>EXTRA SPECIAL!</b> FIVE ROSES CAKE MIX White, Golden, Spice <b>2 pkgs. 43c</b></p> <p><b>LARGE NEW PARSNIPS, 2 bunches</b> 29c</p> <p><b>BLUE POTATOES, 10 lbs.</b> .. 35c</p> <p><b>SALT HERRING, 3 for</b> ..... 25c</p> <p><b>LARGE YELLOW PLUMS, 6 qt. basket</b> . 85c</p> <p><b>SALT, 2 pkgs.</b> ..... 29c</p>
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<p><b>FANCY QUALITY EATING APPLES, 5 lb. bag</b> ..... 49c</p> <p><b>MAXWELL HOUSE INSTANT COFFEE, 1ge. 6 oz. jar</b> \$1.89</p> <p><b>WAGSTAFFE KETCHUP, 11 oz. bottle, only</b> . 25c</p>	<p><b>EXTRA SPECIAL!</b> <b>FRESH COCOANUT, 1 lb. cello bag</b> 29c</p> <p><b>AYLMER FRUIT COCKTAIL, tin</b> . 25c</p> <p><b>HEINZ 15 OZ. TIN SPAGHETTI, 2 tins</b> ... 35c</p> <p><b>15 OZ. TIN PEACHES, 2 tins</b> ..... 37c</p> <p><b>15 OZ. PKG. AYLMER PRUNE PLUMS, 2 for</b> . 37c</p>
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**VELVET CAKE-PAstry FLOUR**

**DEVON SLICED BACON, lb.** ... 57c

**BARBOUR'S PURE PEPPER, 2 oz. pkg.** ... 21c

**STICKY 15 OZ. PKG. RAISINS, 2 for** ..... 49c

**BULK GROUND COFFEE, 1 lb. bag** ... 95c

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## Shirriff's Instant Pudding

# SHIRRIFF'S KITCHENS INTRODUCE AN AMAZING NEW KIND OF INSTANT PUDDING

**FIRST** Instant Pudding to taste just like the rich old-fashioned home-cooked pudding your family loves. From this instant on nothing but praise on busy days.

**FIRST** Instant Pudding to whip up instantly... like magic... into billowy peaks of creamy, "spoonable" smoothness. You can serve it right in the bowl you make it in—you can heap it into a baked pie shell—just like the home-cooked kind!

**FIRST** Instant Pudding to stay smooth and creamy 'til you serve it—never separates or gets heavy even hours after you've made it! Try Shirriff's—just one instant will change your mind about Instant Puddings.