Woman's Realm..

Better English

By D. C. Williams

1. What is wrong with this sentence? "I am sure that he will make good in whatever he attempts."
2. What is the correct pronunciation of "debris"?
3. Which one of these words is misspelled? Uproarous, upheaval, unwarrantable, conceivable.
4. What does the word "lenitive" (noun) mean?
5. What is a word beginning with ma that means "to enlarge"?

ANSWERS

1. Say, "I am sure that he will succeed." 2. Pronounce de-bre, first e as in debt, second e as in me, accent second syllable. 3. Uproarious. 4. That which soothes (Pronounce first e as in lend). "Time is the most effectual lenitive in suffering." 5. Magnify.

How Can I ! ! !

By Anne Ashley

Q. How can I wash vegetables more easily?

A. Buy an ordinary ten-cent corn popper. This is excellent for washing vegetables of all kinds. It can be turned around several times in the water, and when lifted out the vegetables will be nice and clean. The handle can be cut to a shorter length if desired.

Q. How can I remove small spots from white ties, gloves, jabots and similar articles?

A. Keep a little French chalk on hand for this purpose. Rub a little chalk on the spot, allow it to remain for a day or two, then brush off.

Q. How can I remove grass stains from clothing?

A. If the stains are first sponged with alcohol, the usual laundering will remove them.

Cook's Corner

CANNED CHERRIES

6 pounds cherries, pitted or whole
5 cups warm water
3 drops almond extract

Place cherries and water in a large kettle, cover tightly, simmer 5 minutes from the time the water beings to boil lightly. Remove from heat at once. Drain through colander, reserving juice. Hold cherries under cold water tap for just a moment; drain well.

Make a syrup, using 1 cup sugar to 2 cups water in which the cherries were simmered. Boil hard for 5 minutes. Remove from heat, add flavoring.

Place cherries in hot sterilized jars. Pour boiling syrup over them and seal airtight.

Place jars in a kettle of boiling water, having the water over the tops of the jars. Cover closely bringing the water to the boil again. Turn off the heat. Allow jars to stand in the water until the water is cool.

Store in cool, dark place.

Household Scrapbook

By Roberta Lee

Salt Water Stains

When brown leather shoes are stained from walking along the beach, rub with a mixture of milk and soda. Dissolve a large piece of washing soda in one cup of hot milk and rub this solution well into the leather. Then polish with a good leather polish.

Lipstick

Application of lipstick to the corners of the mouth actually elongates the line of the mouth. Remember this if you wish to make the mouth seem smaller or larger than it actually is.

Sprinkling Clothes

When sprinkling clothes for ironing, use a whisk broom and have the water hot. Hot water will dampen the clothes more evenly.

Modern Etiquette

By Roberta Lee

Q. Who takes care of all arrangements for a wedding?

A. All details such as mailing out the invitations, making arrangements, and countless other preparations, are in the hands of the prospective bride and her mother. And, of course, all the expenses connected with the wedding are taken care of by her parents.

Q. Is an engagement ring an absolute essential of any engagement?

A. No; the validity of an engagement is not based whatsoever on the ring. It is only the marriage service that requires a ring.

Q. Is it correct to leave the spoon in a shallow soup plate when one has finished that course?

A. Yes.

That Body Of Yours

By James W. Barton, M.D.

TREATMENT OF CONGESTIVE HEART FAILURE

As medical students studying heart disease, most of our time was spent in determining the muscular strength or power of the heart, and in locating heart murmurs. Evidences of lack of strength of a heart were wheezing, shortness of breath and swelling of feet and legs. Today we do not read or hear much about lack of strength of the heart; we hear rather about its failure to completely empty itself with each beat, and it failure to send blood in sufficient quanities to all parts of the body. This is called congestive heart failure.

In "Medical Clinics of North America," Drs. William D. Stroud, Professor of Cardiology, University of Pennsylvania Graduate School of Medicine and Morris W. Stroud, Associate of Medicine, state that heart failure as shown by decreased emptying is the underlying cause for the appearance of congestive failure, but the decrease in the flow of blood to and from the kidneys causing incomplete filteration or filtering of wastes or poisons from the blood, causes salt to be kept in the tissues instead of being thrown out of the body in the urine. Salt, remaining in the tissues, causes swelling because salt holds 70 times its weight of water in the tissues. "Thus we must not only use any means available to strengthen the muscular walls of the heart and reduce its work," they point out, "but we must also decrease the amount of salt eaten, and decrease the excess salt already in the circulation."

Further, it should be remembered that not all patients who wheeze or show swelling of feet and legs have congestive heart failure; chronic lung, leg, liver disease and underactive thyroid gland can cause wheezing and swelling legs.

In general, besides the usual treatment by diet, digitalis and diuretics (drugs that drive water out of the tissues), handling of the individual himself and his particular symptoms is the first object in treatment. If attack of heart failure comes on suddenly and is severe, patient should be placed in hospital and assured that all will be well, and his family assured also.

The patient should be kept as near a sitting position as possible. Eighteen-inch blocks under the posts at the head of the bed can be used. Some patients prefer an armchair, and a commode is more effective than a bed pan. The cathartic to which patient is accustomed is given, but no salines (Epsom salts). The patient is allowed up for a short time or times daily and is sent home in seven to 14 days if no complications arise.

Why Worry About Your Heart?

Do you get out of breath on slight exertion? Does your heart seem to skip beats or beat irregularly? Write today for Dr. Barton's interesting booklet on this subject entitled "Why Worry About Your Heart." To obtain it, send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, Inc., in care of this newspaper, Post Office Box 99, Station G, New York 19, N.Y.

True Success Story

By F. H. MacArthur

Thomas Vincent Grant was born on a farm near Peakes Station, Prince Edward Island on December 21, 1876. His father, Allan Grant, and his mother, Mary Fisher, came of good solid English and Scots ancestry, though both were Canadian born and pioneers of this Province.

Young Grant received his primary education in the district school at Cardigan High School and Prince of Wales College.

His first venture in the professional field was teaching school at Morell from 1898-1901. Then he wrote the Civil Service Exams. and obtained a job with the Post Office in Charlottetown, serving in the dual capacity of Railway and Post Office Clerk until 1907.

The following year, he sold insurance for the Mutual Life of Canada and dreamed dreams of one day becoming a Medical Doctor. Teaching school was a thankless job with poor pay, selling insurance was better, but not good enough for this ambitious young man who wanted to get ahead in life. Five years later, his dream of becoming a medico came true, though it was not realized without toil and tears for the once poor farm boy had to do a lot of physical and mental slugging before he was able to return to his native Island proudly carrying his diploma which bore the magic words 'Thomas Vincent Grant, M. D. C. M.'

• • •

The young doctor first practiced at Cardigan, then at Vernon River, and later at Montague, where he still continues to make his home.

On October 27, 1902, Dr. Grant married Miss Minnie Donovan, the only daughter of Mr. and Mrs. Patrick Donovan of Morell. To this union was born 13 children, all of whom received a fine education and today fill important posts in the professional field. In this interesting group may be counted three medical doctors, one dentist, four nursing sisters, two younger brothers attending the University of Montreal, and Sister Vincent de Paul, a registered druggist and pharmacist at the Charlottetown Hospital. The younger daughter is a laboratory technician.

To raise and educate a family of thirteen in this age is quite an achievement in itself but somehow the Doctor and his good wife managed it.

Getting back to the Doctor himself, we find him Medical Coroner for King's County in 1920. From 1921-1930, he was secretary-treasurer of the Liberal Association of King's County Board of Trade. In 1927, he was elected to the Prince Edward Island Legislature and one year later he became a Minister in the Provincial Government. In 1930, he was nominated for the House of Commons but went down to defeat. But five years later, he was elected with a majority of 2,385 votes. He was re-elected in 1940 and again in 1945.

Dr. Grant was appointed to the Canadian Senate in June 25, 1949.

• • •

Senator Grant has experienced many ups and downs in his long and colorful life and can tell some interesting tales. He is most fond of recalling the following amusing anecdote:

Back in 1929, when the Liberal party held a convention to nominate a candidate to contest the 1930 Federal election, five men were in the running. Speculation was rife as to which of the five would be chosen. About this time the Doctor met a certain Scotsman in Lorne Valley who said, "Do you know, Doctor, I think you're going to win because the other day I had a chat with some of the delegates and they all agreed that you are a clever man — and I never told them the difference."

Senator Grant says he just can't get used to people not calling him Doctor. To his close friends, he is plain "Tom", the same genial fellow he has always been as he has climbed the ladder of success and, strange to relate, the Senator belongs to no fraternal orders. Why? He explains it this way:

"I believe such organizations tend to segregate rather than unite societies." He resents the words "self-made" and thinks that Lady Luck is just a myth, though he is a self-made man himself.

Senator Grant draws a very fine picture of his parents in these words: "My father was an honest hard-working farmer who did what he could to make his family comfortable and happy." Of his mother he has this to say: "She was one of the best mothers in the world."

In climbing from a farm boy to his present position in the Senate, the Hon. Member thinks that some men are more fortunate than others. He classes himself among the fortunate ones.

DOROTHY DIX SAYS -

Money And Marriage

Unromantic Couple Haggle Over Who Pays For What

DEAR MISS DIX: Will you please settle this argument between an engaged couple. The man maintains that they should pool their savings in order to defray all expenses of the honeymoon and setting up their new home, the balance to be deposited in a bank under a joint account. The girl contends that she should only buy household necessities, such as linens, lamps, dishes, etc., the balance of her money to be left in her own personal account. The man contends that inasmuch as he pays all expenses for pleasure and entertainment, he should be reimbursed by his future wife and have her donate her life's savings to the Great Cause. His expenses before marriage amount to far more than the woman's. He pays for the furniture, which costs more than the linens, etc. The girl asserts that she will not divulge the amount of her savings to her husband and will keep it in her personal account.

X. Y. Z.

ANSWER: Is this the attitude of modern young people toward marriage? I'm asking you. For frankly it makes a sentimental oldtimer, such as I am, shudder.

CAN'T BE MUCH IN LOVE

It does not seem to me that a couple can be very much in love who haggle over who-should-pay-for-what in setting up their first home. Nor that they have any faith in each other if neither one can trust the other to do the generous thing. I should say that they are thinking more of their pocketbooks than they are of their hearts and that there was a small chance of happiness for a husband and wife who are trying to drive hard bargains with each other and each striving to get the best of the transaction.

But, of course, if you feel that finance cuts more figure than romance in marriage, then you are very wise to settle the money problem before you get married. Furnishing the house has always been the man's responsibility as he is supposed to be the head of it, and the common usage is for the bride to supply only the household linens and such small articles as she chooses. But this presupposes the old-fashioned marriage in which the lovebirds were more concerned in building their nests than they were in holding out on each other.

As a general thing, a joint checking account is a good way for a husband and wife to keep their money, but perhaps each one of you had better hold on to your own if you believe your prospective husband or wife to be capable of grafting.

DEAR MISS DIX: My sister-in-law and I are having a dispute as to who should take care of an old father and mother who are not capable of taking care of themselves. There are five children in the family, two sons and three daughters, all married and all the husbands working. Please give us your point of view.

ANXIOUS

ANSWER: The five children should take care of their old parents in rotation. Each should do his or her share. It is just as much the duty of one child as it is of the other.

I do not think that anything is more contemptible and meaner than the way in which some children duck all of their responsibility toward their old fathers and mothers and pass the buck to some sister or brother. Yet you see this happen every day, and Father and Mother are wished off on some one son or daughter while the others wash their hands of them.

Now nearly all old people are trying to live with. They are cranky. They have peculiar little ways. They are bossy and critical. They tell the same stories over and over again. They interfere in the way you raise the children and how you run your house. This gets on the stoutest nerves if you have it day in and day out, year after year.

But those who are unwilling to do their duty toward their old parents may well remember that before many years they also will be old, and will be knocking at their children's door. And they will not wish their children to begrudge them a place by the fire and a seat at their tables.

DEAR DOROTHY DIX: Should we as a nation have a uniform marriage and divorce law?

V. E. C.

ANSWER: I think so. It seems incredible that in a country as civilized and intelligent as ours that we should have a crazy patchwork of laws that makes it possible for people to be legally married in one state and bigamists in another, and that makes their children legitimate in one place and illegitimate in another.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Morning Smile

He Knew

Diner: "Cold soup again, I see."
Waiter (about to serve soup).—"How do you know, sir? You haven't had any yet."
Diner: "Ah, no, but I see you aren't scalding your thumb."

Not Finished Yet

Friend: "What do you consider the greatest poem ever written?"
Poet: "Well, it isn't quite completed yet. I'm just putting the finishing touches to it."

FALSE TEETH

That Loosen Need Not Embarrass

Many wearers of false teeth have suffered real embarrassment because their plate dropped, slipped or wobbled at just the wrong time. Do not live in fear of this happening to you. Just sprinkle a little FASTEETH, the alkaline (non-acid) powder, on your plates. Holds false teeth more firmly, so they feel more comfortable. Does not sour. Checks "plate odor" (denture breath.) Get FASTEETH at any drug store.

The Stars Say - -

By Genevieve Kemble

For Friday, July 21

Into a stubborn, malevolent and sinister situation, in which duplicity, fraud, chicanery and subtlety seem to spell "dirty work at the crossroads," comes a sudden and potent ray from on high, ending upon this shining light, and ap- By maintaining a steady gaze powerful interests in lofty places, in assured aid and pledges of proaching it with finesse, perhaps charm and sweet persuasion, dramatic victory may be wrested from ashes of defeat.

For The Birthday

Those whose birthday it is are encouraged to "spark up" their threatened and menaced affairs, seemingly undermined by intrigue, fraud, duplicity, pernicious tactics, by a potent "turning on the charm," especially in the direction of those in high places who seem susceptible to such subtlety or allure. Expedience could work when other routines fail, but always adhere to the regulated conventions of business, principle and worthy tenets.

A child born on this day is well-armed to meet the foe and impress the Knights in Shining Armor, by its judicious use of the personal equation.

ELLEN'S DIARY

By An Island Farmer's Wife

Today, we at Alderlea were privileged to regard a skirmish that had nothing at all to do with the concerns, the sorrows and tragedies of schisms and wars but which goes on in spite of them. Indeed, neither flood nor fire nor pestilence can hinder this archery, which can be touched off by as little as a passing glance, a provocative smile. . . We saw Cupid, intriguing chap that he is, string his bow with a subtle cord. And then with a smile, reach in his quiver for an especial arrow that we hoped would be gentle and direct and true, before stepping aside to await his prey. "Don't take a false aim! Mr. Cupid!" we urged him. "But don't let us discourage you. Go ahead" we nodded, "the course of true love can run smoothly!"

• • •

And what did he do, this lad who finds fair game in the strangest places and circumstances? Who laughs at distances and obstacles that would surely daunt many another warrior, no matter how valiant of heart? He smiled enigmatically and we confess quite tantalizingly and said, "Ellen it's not one bit of use for you or anyone in this old world to try to help me cut —or to keep me from my work. These arrows of mine will find their mark in spite of. . ." "Oh, oh, Cupid" we warned, "not so loud — there's children about!" "Well, is spite of you-know-where and high water!"

• • •

"You can laugh, Ellen, but it's the truth I'm telling you.. Humans are funny creatures when you come to think of them, aren't they? They enjoy the thrill of being my victims. Warn them to watch out for the fatal missile, and what do they do? Move not one step! But capture an ideal mate for one sex or the other and what then? They run as from a deadly plague! Yes, humans are funny, and unpredictable. I could tell you the most unbelievable yarns of those my arrows mark, so many that if you listened, you'd be late with James' dinner!"

• • •

"Oh, there's plenty smitten" we offered, "but why do you pair them so strangely? Or, "we laughed, "why do you pair some at all? Why do folks fall in love so deeply that they marry on a shoestring? It's not the getting married —it's the keeping house', that is the concern!" "Now there" he winked roguishly, "that's what I call a good question. And how often have you seen the like in want —or falling out of love?" "No-o-o" we admitted. And then on an after-thought, "oh, odd times." "Pooh," he spluttered, "aren't there always exceptions? Don't the exceptions make the rules? And sometimes" he looked away into space" I've seen many so-called ideal matches peter out — and not for want of security, either. No, if folks have youth and love and a bit of initiative they'll weather the storms. Of course, Ellen, I only shoot the arrows, mostly in good faith, but sometimes," he twinkled, "only for pastime. And neither you nor I, Ellen can foretell what, for any twain, lies in the years ahead!"

• • •

Jeanie, looking out from the smug complacency of, we would venture to say, a happy estate, smiled, "Ain't Love grand?" Jock careful in his choce of subjects and words, was silent. And James —James nodded a wise old head. "It's the Summer, Ellen. It's the whisper of the breeze — that's what sets young folks to making love!" "But it was in the Spring too, we said" and it will be in the Autumn and Winter as well," we chuckled, "breeze or no breeze! There's no set season or time, I'm thinking!" And so while we went back to our housework, Cupid, behind the old white birch on the lawn or was he just behind the rain-barrel at a house-corner a dear roguish twinkle in his eye awaited his game. . . But,

Until tomorrow — — — Diary—
Good-night. . . . .

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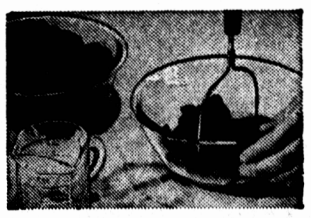

1 THIS "SURE-RESULTS" RECIPE WILL SAVE TWO-THIRDS OF YOUR TIME

Crush thoroughly 2 quarts of fully ripe berries. (Use *ripe* fruit, not the under-ripe fruit called for in old-fashioned recipes.) Measure 4 cups of the crushed fruit and 7 cups of sugar into large saucepan. Mix well. Bring to *full rolling boil* over high heat. Stir constantly before and while boiling.

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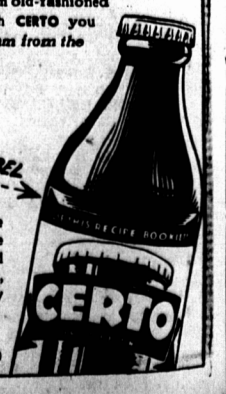

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