



MR. AND MRS. PAUL PAYNTER AND PARTY

St. Stephen's Church Has A Pretty Autumn Wedding

A pretty autumn wedding took place at St. Stephen's Church, Burlington, P.E.I., the Rev. Eric Ingraham officiating, when Marion Ruth, daughter of Mr. and Mrs. H.J. MacRae, Summerside, P.E.I., and Paul W. Paynter, son of Mr. and Mrs. Charles B. Paynter of Halifax, N.S. were united in marriage.

The bride was attended by her sister, Mrs. John Picketts, and

the groom by Mr. John Picketts, brother-in-law of the bride.

The happy couple motored to the home of the bride where supper was served to the immediate families of the bride and groom. Afterwards they left for their future home in Halifax, followed by the best wishes of a host of friends for a long and happy wedded life.—Photo by Sears

KEEP IN TRIM

Family Help Needed For Successful Dieting

By IDA JEAN KAIN

"I don't want to slip backwards and have this return into another of 'Eleanor's' diets. I'd like to show my husband I really intend to go through with it. I want to reach my normal weight and I know I can do it if I eat properly." This excerpt from our Mystery Dieter's first letter is most revealing.

ing so good, I'll be tempted to eat more, but I also know that if you can help me resist, in another 20 or 30 minutes I will feel content."

NEED SUPPORT

Psychologists emphasize that it is of paramount importance to have the interest and wholehearted support of the family in diet attempts. You might explain, "I am sympathetic, I want, but just let me know you realize that what I am doing is not easy."

Analyzed, this all adds up to the fact that a dieter thrives on encouragement and praise. These satisfying rewards for your new plan of eating make the effort more than worth the while. Scolding or critical remarks from husband or family can have the reverse effect.

The good news is that our Mystery Dieter has reduced from 157 to 155. Two pounds off in one week—that's par for the course.

And all of you who have joined our Mystery Dieter in her plans to be 35 pounds lighter and shapely by Valentine's Day—hope you have had similar success.

MARY HAWORTH

Pairing Off Makes Problems

Dear Mary Haworth: I am a teen-age girl, a senior in high school, and the situation I wish to discuss has been a problem since I was a freshman.

In our high school it is the custom for boys and girls to pair off and go to all social functions as couples. But our crowd has accepted a social code handed down from upper classes, the rules of which prove to be very harmful.

If a boy and girl have two or more consecutive dates, they are "going together," according to the code. And if a third person expresses any desire to date one of them, that third person is scorned; and if he (or she) breaks up the couple, there is trouble ahead.

The third person is not accepted socially, and the girl and boy who have broken up are no longer invited anywhere. No girl would dare to go out with the boy, and no boy would think of asking the girl.

CAUSES CONFUSION

Well, these rules have been broken and there is great confusion in our class. Everybody is talking about this particular couple and every girl is hanging on to her man.

"Dick (I'll call him) has asked out every type of girl, and none in our class will go with him. So now he has been taking out underclass (younger) students. Now each of these younger students

when she wants to join in the social functions of the upperclassmen, they will have nothing to do with her.

My mother and I have talked this over but we can't think of any solution. Mother thinks we are missing a wonderful time because we don't date more people. I am looking forward to your comment. E.P.

MAYBE FOR APES

Dear E.P.: The high school custom, or social code, that you describe, simply doesn't make sense on the human level. Maybe in branches of the monkey kingdom, a tribally enforced "marriage" might be thought to develop, as a consequence of two or more young-ings-off. But in our society, youngsters who aren't legally wed to each other aren't bound together (like cats in a bag) because of two or more dates! The very

Pretty Wedding Held At Tignish Convent Chapel

An autumn wedding of much interest to relatives and friends was solemnized in the Chapel of Our Lady of the Angels Convent, Tignish, when Theresa Gertrude Perry, daughter of Mr. and Mrs. Walter Perry and Joseph Henry Doucette, son of Mr. and Mrs. Lea Doucette, Pleasant View, were united in the Holy Bonds of Matrimony. The ceremony was solemnized by Rev. Father Rooney, who also celebrated the Nuptial Mass.

The lovely bride entered the chapel to the strains of the wedding march played by Leonard Gallant. She wore a gown of nylon net and tulle over taffeta, with dainty lace pique on a full skirt. Her fingertip veil fell from a coronet headdress trimmed with pearls and sequin studded tiara. She carried a bouquet of pink and white roses.

Miss Yelda Doucette was bridesmaid. She wore a ballerina length gown of yellow net over taffeta. Mr. Bennett Mackie was best man.

Mrs. Perry chose for her daughter's wedding, a grey taffeta dress with matching accessories. Her corsage was white roses. Mrs. Doucette, the groom's mother, wore a charcoal grey two piece dress with matching accessories. Her corsage was pink roses.

Following the ceremony, a turkey dinner was served at the groom's home to approximately one hundred guests. The bride's table was centered with a beautiful three-tier wedding cake, topped with a miniature bride and groom and flanked by roses and tulips.

In the evening supper was served at the groom's home.

What is going on in your school is a sorry tradition of gang leadership, with mediocrity in the saddle—using ignorant, frightened ferocity to maintain a form of sex "security."

It can only be persons of low grade mentality and no sophistication—lacking enlightenment, sensitivity and imagination; also decent self reliant courage—who would spearhead, or give allegiance to, a stupid bullying social operation such as this.

No doubt this mean hanging-on was engineered by the female of the species in your high school, at a time when males were in the minority—say during the late war years. I surmise as much from your remark that since the recent break-up "every girl is hanging on to her man."

Presumably the males coasted into the bear trap without pausing to investigate the selling pressures—hence without taking thought to uphold their inalienable bachelor rights of the chase whilst they stay unmarried.

Evidently beaux are hard come by in your part of the world. Or at any rate, the girls grow up breathing an emotional atmosphere of desperate anxiety, lest they fail to annex and hold a squire, as passport to "inner circle" social functions. I am sure the whole student body isn't influenced by the menacing "code"—but only those helpless youngsters who crave to belong to the supposed "smart set."

DEADLY FEMALE

It is an old saying that "the female of the species is more deadly than the male." And I suggest that your local "smart set" tradition of undertaking to boycott the boy or girl who sets an example of independent development and research, in the field of hearts, was put over, at the start, by some pretty morbid defensive female characters.

My advice to any youngster, boy or girl, who faces the threat, aware of its destructive stupidity, is: 1. Don't be cowed by it; be true to yourself, as best you can. 2. Get out of that sphere of influence as quickly as possible—off to college, or to a big town job, where socially you aren't subject to such smothering. M.H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.

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ANGLO RUSTICO W.I.

Mrs. Stewart Parkman was hostess for the December meeting of Anglo Rustico W.I. The meeting opened by singing "The Institute Ode" and repeating "The Collect" in unison. Roll call was answered by donating an article for an auction sale. The minutes of the last meeting were read and approved.

On motion a bill for a gift for a Charter member of Anglo Rustico W.I. was ordered paid. An answer to a sympathy card was read by the secretary. Other correspondence was read and discussed.

Mrs. G. R. LePage was appointed as Red Cross Conventor. She was asked to send for material for articles that are most needed. It was moved and seconded that \$5 be sent to the T.B. League for a bond. Motion carried.

Mrs. Rolan Buntain was named on Christmas card committee and Mrs. Dannie Anderson and Mrs. Exton Bulman were appointed to get the usual Christmas treat for the school children. Mrs. Noel Hooper was asked to send a sympathy card to Mrs. Manning.

The different committees reported and new ones appointed as follows: Sick, Mrs. Roland Buntain and Mrs. Cyril Tomb; program, re-appointed, Mrs. Exton Bulman were held.

The president, Mrs. Read Stevenson, the president, Mrs. Noel Hooper, acted as auctioneer for W.I. sale and a neat sum was realized. Mrs. Read Stevenson invited the next meeting to her home on January 8th when roll call will be answered with "Suggestions for ways of making money."

The meeting closed with the National Anthem and lunch was served by the committee in charge, assisted by the hostess.

PEMBROKE W. I.

The regular monthly meeting of

Forestry Experts Have Tips For Christmas Tree Buyer

By CAROLYN WILLET
Canadian Press Staff Writer
OTTAWA (CP)—In the remember-when days father shouldered his axe and tramped through heavy snowy woods to select and cut his own Christmas tree. But times have changed. Christmas trees have become a commodity usually bought on a corner lot and trundled home with the groceries a few days before Christmas.

However, few persons who buy Christmas trees nowadays know what they are buying, say forestry experts in the federal resources department.

"Get a Christmas tree" is a rather ambiguous command—but one often found on shopping lists.

Pembroke Women's Institute was held at the home of Mrs. Howard Reid with 13 members and 3 visitors present.

Meeting opened with Ode followed by Mary Stewart collect. Roll call was answered with exchange of Christmas gifts.

It was moved and seconded that \$5 be sent to each orphanage, \$5 to Springhill Disaster, \$2 to T.B. League and \$1.50 to Mrs. Burge for members fees. It was also decided to get new battery for school radio also to clean school and get treats for children at Christmas.

Penny Auction put on by Mrs. Wilbert Graham won by Mrs. Hannah Collins. Bean guessing contest put on by Mrs. Howard Reid won by David Reid. Mrs. Walter King invited members to her home for next meeting. Meeting closed with the Island Hymn, and a social hour was spent.

Sometimes the added details call for a tree small enough to sit on a table, or tall enough to reach from the living-room floor to the ceiling.

TYPES OF TREES

What happens if one gets choosy about a Christmas tree add demands a balsam fir, scotch pine, douglas fir or a spruce?

These are the most popular types of evergreens sold for Christmas trees. Their needles, and sometimes the bark, provide the best means of identification.

Forestry experts suggest these tests for identification: If the needles can be rolled easily between the fingers, the tree is a spruce. If the needles are soft and won't roll, it's a balsam fir.

Scotch pine has short, bluish-green needles growing two needles in a bundle and its bark is reddish-brown. White pine needles grow in bundles of five.

Red pine has long needles and a light red bark, and jack pine is recognized by its short, yellowish-green needles and greyish-brown bark. Both the red and jack pine carry their needles in bundles of two.

Falling needles create another problem. It's an unhappy holiday when a housewife realizes her Christmas tree is no longer a gay and green decoration, but a useless skeleton.

PRESERVING FRESHNESS

Buying a balsam fir helps solve the needle-falling problem. Its needles don't fall off.

Another way to preserve a tree is to keep it outside until it is needed, then place it in a water-

ROSE VALLEY W. I.

The Rose Valley W. I. met at the home of Mrs. James Cousins on Dec. 5th. The president, Mrs. William Newsome presided. Roll call was answered by eight members placing a Christmas gift under a nicely decorated tree. Two visitors were present.

Minutes of last meeting was read approved and signed. Mrs. William Newsome and Mrs. James Macintosh gave an interesting report from the Study group course which they attended at Craupaud.

Correspondence was read and discussed. It was agreed to send \$2. to T. B. League. It was moved and seconded that the Institute treat the school children to apples at Christmas and the pre-school children to candy. A bill of \$107. was moved to be paid for the school. Some articles of cotton were sold. Collection amounted to .55 cents.

New program committee, Mrs. William MacDonald and Mrs. William Newsome. Mrs. Albert Todd kindly invited the members to her home for January meeting. Meeting closed by singing the Queen. Mrs. James Cousins put on two

filled tree stand inside the house. Firmly anchoring a tree in water and placing it away from heat is a step toward fire prevention, says Ottawa's Fire Chief Maynard Dolman. Christmas lights, decorations, toys and wrappings are potential fire hazards.

Chief Dolman urges use of approved lighting sets and an annual check for frayed wires, loose connections, broken sockets, overloaded fuses and circuits.

Decorations should be made of non-combustible materials, electric trains shouldn't be set up under Christmas trees, and wrapping paper shouldn't be allowed to accumulate, he said.

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Christmas contests. Mrs. Leslie Frizell won the prize. Lunch was served by hostess, and a social hour followed.

E. PISQUID W. I.

Miss Gladys Birt was hostess to the ladies of Pisquid East Women's Institute Wednesday evening December 5, with a large attendance. When routine business was completed a contest was put on by Mrs. Harold Jay. A delicious lunch was served by the hostess assisted by her sister Mrs. Kenneth Jay.

COOK'S CORNER



COTTAGE PUDDING

1/4 cup butter
1 egg
1 1/4 cups flour
1/2 tsp salt
2-3 cup sugar
1/2 cup milk
5 tsp baking powder
Cream butter and add sugar gradually. Add egg well beaten. Mix and sift flour, baking powder, salt, add alternately with milk. Turn into buttered baking can or dish. Bake in moderate oven, 35 to 40 minutes. Serve warm with a hot sauce, (vanilla sauce).

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Viyella, corduroy and nylon rompers \$1.98 to \$3.98

Handmade, knitted boots .. \$1.35

Brush & Comb Sets \$1.00 & \$1.50

Nylon ruffled frou-frou baby pants only \$1.98

Sweater Sets (sweater, bonnet and booties), wool and nylon. Priced from \$2.98 to \$4.98

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Boys' boxed dress shirts with bow tie and cuff links, in nylon and broadcloth. Colors white and blue, sizes 2 to 6x. Priced at \$2.98

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