



Design of this dark grey wool 'Nike' Line, the bodice has a autumn ensemble is described as long fringed sash in two-toned grey wool and there is button trim at the waist, sleeves and skirt. (CP Photo) 1956.

ELLEN'S DIARY

Hint Of Autumn Is Here

There was a marketing of fat hogs this morning in one of those out-goings which contribute at Alderlea as the farmers point out "to keep the bite in our mouth." By Little truck they went, only three to be sure, and with them the younger farmer and his wife and lists of the buyings that must be.

Granddaughter who writes a little girl's legible hand, pad on knee, recorded ours.

"Now what next?" she asked suffering a pause, while we deliberated a moment over some matter of sending recalling that in the matter of scattering the earnings there is truth in the old saying that "a woman can put out with a spoon what her man takes in with a shovel."

"And some blueberries" we said.

"Blueberries" she repeated with a smile writing the word down and adding in an after-thought, "Isn't it a pity that none grow round about here?" A hint of Autumn had crept into the cool air, which fretted lonely in the trees and along the yards; and in the over-hung sky which for a while had spread a thin veil of mist above the millpond. And the farmers who had planned to haul and store hales of hay in the barn and store hales of hay after dinner, regarded the weather then with some misgiving. As it happened, though the day wore away indifferently cloudy, it sufficed them to continue this work of their



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SPRINGFIELD W.I.

Mrs. Andrew Hughes was hostess to the Springfield W.I. when they met for their August meeting. Eight members and four visitors were present.

The meeting opened in the usual manner. Roll call was answered with "What I Like about This Month." Money collected for the Red Shield Campaign amounted to \$33.25. Two knitted sweaters were passed in and one congratulatory card had been sent. The treasurer reported a substantial balance on hand. A sample road sign painted by Donald Sinclair was on display. It was decided to order five to mark the boundaries of the district.

It was moved and seconded that the W.I. sponsor the organization of a Girl's Sewing Club. Mrs. Samuel Gillespie kindly agreed to supervise the Club work as leader. She invited the members to her home for the September meeting. The purchase of a steel cabinet for dishes was discussed.

The convener of the programme Mrs. Reginald Haslam introduced the film, "Looking Through Glass" which was shown by Mrs. John Hogen, and also discussed and classified the different types of antique glass displayed by the members. Another interesting feature of the programme was the showing of a small painting by each member. Mrs. William Haslam's was voted most attractive and a suitable prize awarded.

Following the singing of the "Island Hymn" lunch was served by the hostess and the lunch committee. Mrs. William Haslam, Mrs. John Hickox and Mrs. George Dunning.

ALBANY W.I.

The Albany Rural Pleasant Circle Women's Institute held their regular meeting at the home of Mrs. Arthur MacKay with eight members answering the roll call. Two visitors were also present. The roll call was responded to with some educational features, and several interesting reports were heard and papers read on the different phases of the educational problem as it affects our rural communities. The minutes of the July meeting were read and approved. In the absence of the president, who was out of the province, the vice president presided very capably.

Correspondence consisted of letters from Mr. Garth Crockett and Mrs. Manning on the T.B. Clinic to be held at Borden on September 4th and 5th. Mrs. Arthur MacKay was asked to assist at this clinic. Bills presented by Mrs. E. Noonan and Mrs. A. MacKay were

STERLING W.I.

Mrs. Max Ferguson, Secretary of the Sterling W.I. was hostess to the members and visitors of the Institute on August 14. The president Mrs. Ray Douglas presided. The meeting was opened by singing "School Days," and reading the Creed in unison. Roll call was answered by, "Why Do I Belong to an Institute." There were eighteen members and two visitors present. The secretary read the minutes of the last meeting which were approved and signed. Correspondence was read on Tuberculosis Control, Department of Health and a letter from Mrs. Burge, Provincial Secretary, regarding a gift for Mrs. Manning. It was moved by Mrs. A.S. McEwen, seconded by Mrs. Gordon Fyfe that the district be canvassed for Cancer Fund. It was also moved and seconded that all bills be paid. Committees were appointed, Sick, Mrs. Earl Henry and Mrs. John MacKay, School, Mrs. Mathias Malone, Mrs. Blair McEwen.

A beautiful demonstration on the arrangements of flowers was given by Mrs. Carl Woolner. This consisted of an arrangement for a mantel-piece for a dining table with candles, also a most beautiful way to arrange a mixed bouquet Mrs. D.C. McKay read an interesting paper on the Tourist Industry. Collection for the evening was \$1.50.

The next place of meeting will be at the home of Mrs. Alban Bolger, Lunch Committee, Mrs. Olga Woolner, Mrs. A.S. McEwen, Mrs. Gordon Fyfe, Mrs. Alban Bolger, Mrs. Mathias Malone. Roll call to be answered by naming "Your Favorite Book and Author." Mrs. Earl Henry and Mrs. F.S. Bell are to take charge of programmes.

After interesting contests were enjoyed by all, a delicious lunch was served by hostess and committee in charge, the meeting closed by singing the "National Anthem."

HOUSEHOLD HINT

When washing angora, use lukewarm soapsuds and rinses. Care for angora as you would any other type of wool, plus a little extra care. Wash in cool water, and do not wring, but squeeze.

Married At The Basilica Will Live In Fredricton

A pretty wedding took place on July 26 at St. Dunstan's Basilica of Marjorie Anne Marie, daughter of Mr. and Mrs. Alexius McQuaid to James Patrick, son of Mr. Everett Trainor of South Melville.

Rev. Father F. Corcoran performed the marriage ceremony and celebrated Nuptial Mass with Mrs. Joseph Dougan as organist. The petite bride entering the church on the arm of her father was charmingly attired in a ballerina length dress of white nylon lace over satin with matching bolero jacket trimmed with seed pearls and sequins. Her shoulder length veil was held in place by a crown of seed pearls and sequins. She carried a bouquet of deep red roses.

Beverly McQuaid, sister of the bride, was maid of honour. She wore a yellow ballerina length dress, her bouquet was of pink roses. The groom was attended by his brother Gabriel Trainor.

The guests were ushered in the church by Thomas Trainor, brother of the groom, and William McQuaid, brother of the bride.

The bride's mother was dressed in fawn brocade taffeta with white accessories and corsage of yellow roses. The groom's twin sister, Mrs. Joan McDonald was dressed in a pink suit with white accessories.

Breakfast was served at the home of the bride's parents, North

River, to immediate families and friends of the bride and groom. The table was decorated with bouquets of flowers. The three tier wedding cake was topped with miniature bride and groom.

The toast to the bride was given by Rev. Father Corcoran and responded to by the groom.

Friends of the bride assisted in serving were Mrs. Joseph Tierney, Mrs. Jackie McDonald, Lucille Roache, Marie McQuaid, Mrs. James T. Somers and Miss Loraine Trainor.

The happy bride and groom are residing in Fredericton, N.B., where the bride is secretary with Lanes Bakeries and the groom is employed at Gagetown.

SHOWER—On July 16, friends of Anne McQuaid gathered at the home of her parents, North River, to honour her with a miscellaneous shower.

The bride was escorted to the decorated chair by Lucille Roache while music was played on the piano by Mrs. Lawrence Murray.

The gifts were carried in by Elaine and Barbara McQuaid in pretty decorated baskets and were opened by Lucille Roache. Loraine Trainor and Mrs. Ivan Clowrie the gifts were arranged on the table by Beverly McQuaid.

Anne in her charming manner thanked one and all and extended an invitation to visit with Jimmie and her. The remainder of the evening was spent in dancing.

HAPPENINGS

Mrs. J. Walter Jones, Bunbury Farms, has had as her guests for the summer her daughter, Mrs. E.A. Siegrist and her three children of London, Ontario. Mrs. Siegrist and children returned Thursday.

Col. John Adams, of Edmonton, who has been in the province attending the Workmen's Compensation Board convention left by plane Thursday for Montreal. Col. Adams and Mrs. Adams leave Friday, August 31, on a five week's visit to Great Britain.

Mrs. James L. Saunders, Kensington, was at home on Wednesday afternoon in honor of her daughter-in-law, Mrs. James L. Saunders Jr., who with her husband is visiting his parents, Mr. and Mrs. Herbert, at their residence, 400 Woodville Avenue. Mrs. R.R. Bell poured tea. Many good wishes were expressed for the happiness of the popular Miss Heather MacLean.

Mr. and Mrs. Kenneth Dinsmore accompanied by Mr. and Mrs. Frank De Wolfe all of St. Stephen, New Brunswick, are holidaying in the province. They are visiting with Mrs. Dinsmore's sister, Mrs. R.W. Moore, Charlottetown.

Miss Alberta McEachern who has been visiting her parents, Mr. and Mrs. Gay McEachern, Mt. Herbert, has returned to London, Ontario.

Mrs. H.L. Warren returned to Ottawa on Thursday. She spent an enjoyable holiday in Charlottetown the guest of Mrs. J.M. Burgess.

Mrs. George Burgess entertained recently at her new home on Duncan Heights in honor of Mrs. H. L. Warren, Ottawa. The hostess was assisted in serving by Mrs. Ronald Woodgate.

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WOMEN

Leana Caroline McClure, Women's Editor, Phone 8506

Page 8, The Guardian Friday August 31, 1956

KEEP IN TRIM

Keep A Weather Eye On Hot And Cold Beverages

To beat the heat in summer, aid and abet nature's cooling system. On hot, dry days, have a hot beverage or hot soup. On a hot sticky day, have a cool beverage and jellied bouillon.

Nature has her own cooling system, and when the outside temperatures are high, the body loses heat through perspiration. As it evaporates, the skin and the blood underneath cool, and you feel cool. So on a hot, dry day when the air is in motion, the perspiration induced by a hot beverage evaporates and the effect is cooling.

But when the humidity is high, conditions are not favorable for rapid evaporation. . . and a hot drink adds to the discomfort and leaves you steaming. On such days, cool beverages help carry off heat, for they require body heat to warm them in the stomach.

Regardless of whether drinks are hot or cold, it's important to have plenty of them when the weather's in the not-so-gay nineties . . . since moisture lost

ELEANOR ROSS

All-White Now In Vogue

After all the fuss about color, the all-white room is now in the ascendant.

Incidentally, we're being told to think of white as a color, not as an absence of color. And to think in terms of yellow-whites or blue-whites or pink-whites—not just in terms of chalk whites.

DIFFERENT TEXTURES

The secret of the all-white room lies in the use of different textures of white such as white leather-like plastic upholstery, white plastic brick for walls, white linen and other woven fabrics and white shaggy rugs.

Of course, everything in the all-white room should be washable if one is to live in comfort with such a decorating scheme. Luckily, white paint, fabrics, plastics, glassware are all washable.

FLOORS AND WALLS

With the advent of colorful kitchen equipment—both big pieces, such as ranges and refrigerators, small equipment and accessories—the general plan of a room can be effectively utilized. That is the color of walls and floors.

Light, pale shades make a room seem larger, while the deeper tones will make a large kitchen seem more cosy. A colorful enamel paint is most satisfactory for a kitchen since it is easy to clean and is durable. A washable wallpaper panel can add an extra note of color or color contrast.

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LET'S EAT

A Good Meal Requires Eye And Taste Appeal

By Ida Bailey Allen

"To be served with a flair, a sodium glutamate, ¼ tsp. pepper, meal must have eye-appeal" observed the Chef.

"This does not mean that everything should be elaborately garnished; this is not good form. But it does mean that the food should be neatly arranged on dishes of a harmonizing or contrasting color and finished with an attractive garnish that has taste-appeal."

FOR SAVORY DISHES

"What do you consider the easiest garnish to use for savory dishes, Chef?" I asked.

"Parsley comes first, Madame," he replied. "Water cress is very good, so are fresh herbs such as dill, basil, mint or chives. In many cases, thin slices of lemon, green pepper strips or tomato wedges lend needed color. But for many foods, pickles add the right flavor garnish."

"For example, many hors d'oeuvres, most fish and meat platters, sandwiches and salads are improved when pickles are added."

"But choose the right kind of pickle."

SMOKED MEATS

"Use sour pickles for smoked and plain cooked meats and fish; dills for dishes or salads containing tomato, for some fish dishes as well as sweet vegetables such as sweet potato or parsnips."

"Use sweet gherkins and sweet mixed pickles with chicken, turkey, duck, Cornish game hen, salads, and dishes based on cottage cheese or dry beans."

"If you watch, Madame, invariably it's the pickle that is tasted first."

Tomorrow's Dinner: Hot or jellied gumbo; beer-pickle casserole; noodles cooked in milk; broccoli with lemon-herb sauce; watermelon wedges; hot or iced coffee or tea or milk.

All measurements are level recipes proportioned to serve 4 to 6.

Beer-Pickle Casserole: Melt 2 tbs. fat. Add 1 chopped medium-sized onion. Saute until the color turns.

Add 1 lb. ground beef. Saute and stir until browned.

Mix in 1-3 c. chopped pickle relish, ¾ tsp. each salt and mono-

COOK'S CORNER



CUP-A-DAY PICKLES

14 qt. basket cucumbers
1 cup salt
Cover this with boiling water and let stand overnight.
Drain in the morning. Bring the following to a boil and pour over pickles.

½ gal. vinegar
2 tablespoons granulated sugar
2 tablespoons mustard
2 tablespoons salt
½ cup whole pickling spice (in a bag)
Piece of alum (the size of a nut). Add 1 cup sugar each day until you have used 8 cups.

MORNING SMILE

"Middle age, my boy, is when you start using one hand-over to pick up two or more things."



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