



Back Row: Shirley Ladner, Velma Myers, Barry Ings, Beatrice Bruce, Shirley MacEwen.
 Second Row: Erma Bell, Dorothy Quinn, Irma Cook, Dorothy McAleer, Priscilla MacDonald, Ireta Stevenson, Alice Jenkins, Bertha Walton, Edythe LeLachur, Mary McGee.
 Front Row: Pauline MacIntyre, Shirley Spence, Marjorie Goodwin, Dorothy Hendricksen, Susan MacCormack, Janet Dalziel, Bette Simpson.—(Photo by Barter's Film Lab.)



Back Row: Richard Sawler, Barbara Whitlock, Janet Carver, Mabel Saunders, Helen Hardy, Annie Campbell, Robert Lafferty.
 Second Row: Rena Wood, Madeline Stewart, Margaret MacDonald, Barbara Duffy, Barbara Irving, Lillian Johnson, Evelyn Gardiner.
 Front Row: Pauline MacPherson, Elaine MacEwen, Lois Good, Evelyn MacPherson, Elaine MacEwen, Thelma Ryan, Marlene Peters, Wanda Robertson, Joan Clohossey, Norma Rayner, Betty Stevenson, Norma MacKay, Doreen Howatt.—(Photo by Barter's Film Lab.)

That Body Of Yours

able, or shortwave diathermy is also helpful.
 On return to the sport, the damaged muscle or ligament must be protected from further injury by adhesive strapping properly applied. Very seldom are prepared splints or braces required. This extra protection should be kept on for a period of 10 days to three weeks after healing has occurred. The intelligent athlete will realize the need for particular care to preserve his playing career.

Continued from page 8

Life In Mexico

month's pay as a bonus. Then they expect presents, too."
 Both wives find clothing their families a problem. Ready-made clothing is expensive, so they have things made. Local material, expensive enough, shrinks quickly and loses its color and shape. Shoes are a problem also. Wide and short, they don't fit Canadian feet.
 "Fortunately the children need less winter clothing than they would in Canada," said Mrs. Tregaskis. "But what we save there we make up paying for their social life." Mexicans adore their children, and every birthday and feast day, is an excuse for elaborate and expensive children's parties. Canadian parents must return these gestures.
SOCIAL LIFE
 Adult social life is more formal too. Cocktail parties in Mexico go on past midnight, with the hosts expected to provide a complete buffet with turkey and the trimmings. "And people here love to dress up," said Mrs. Tregaskis. "You need a much bigger wardrobe that at home."

The Tregaskis home is more traditional than the modern Glover house, but it has a great deal of charm.
 Their daughters, Susan, seven, and Heather, five, were with them in South Africa before coming to Mexico. Their term here expires this summer.
 "I'll be glad to get them home to Canada," admits Mrs. Tregaskis. "They have become too used to being waited on. They'll have to get back to normal."

DOROTHY DIX

ing duly reformed, certainly will not welcome continued reproaches on his past conduct, or a reminder of it. He exercised will power in giving up the other girl; you must exercise yours in forgetting about her. Of course, your husband was guilty of outrageous conduct and moralists would insist that he deserves no credit for his last action. However, not every wife has the satisfaction of an erring husband's return; you have been fortunate in that. Now it's up to you to put the past away, to give your man every reason to be thankful he was repentant, and to look forward to continued happiness together.
 Suppose you try going out of your way to stop in at church, instead of detouring to your ex-rival's house. Say a prayer or two for the strength and wisdom to shift your thinking from the past to the future. You now have the factors that make for complete domestic happiness—lovely children, a pleasant home, a husband and father who lovingly appreciates his family. Do make up your mind to enjoy them.

DEAR MISS DIX: Last summer, after I graduated from high school, I met Matt, who is five years my senior. During the year

we've been going out together we've planned marriage, then broken off, made up, became engaged again, then another break, and the whole cycle starts again. After every quarrel I'm the one to call or write and ask for another chance, yet more often than not the quarrels are of his making. Should I go on like this or not?
 Genevieve

ANSWER: It's a good thing to apologize when you're in the wrong, but very foolish to put yourself always on the defensive. It doesn't seem logical that all the fault would be yours, therefore all the reconciliations shouldn't be up to you. Your relationship with Matt is too one-sided to be happy. While you're in the present state of separation, it would be a good idea for you to go out with other boys and, whatever you do, don't crawl back to Matt again.

ALMA GIRL'S SEWING CLUB

—The Alma Girl's Sewing Club having completed their first year's work held their Achievement Day in the school on June 15, with a

number of mothers and other interested persons present. Mrs. Manning, Clubwork Supervisor and Miss Mary H. Robin, Supervisor of W. I., Charlottetown, were also present to judge the work and present prizes and certificates as

follows: Intermediate Class I, Shirley Barbour, Jean Dunbar, Barbara Mountain; Junior Class I, Jean Barbour, Arlene Rennie and Sybil Duggan (equal) Marilyn Rennie, Sherrill Rennie; Little Elves Class, Donna Barbour, Carol Bar-

bour. Mrs. Manning commended the girls highly for their excellent work and high marks. The first prize work will be competing for County honors, and later if successful for Island awards.

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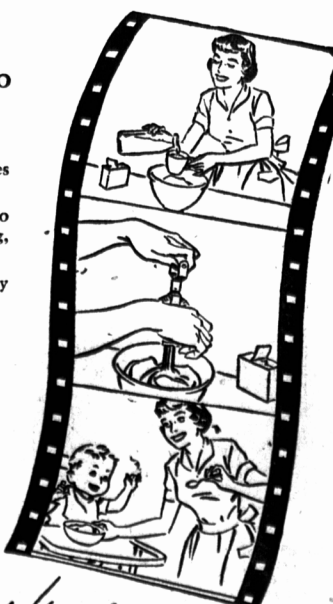
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There Ought To Be A Law By Fagaly And Shorten

NORMALLY SHE SLEEPS LIKE SHE WAS UNDER ANESTHESIA.

HEY! CAN'T YOU HEAR? THE KID'S CRYING FOR HIS BOTTLE! HE'LL WAKE UP THE WHOLE NEIGHBORHOOD! WAKE UP!

YOW!

BUT FALLING DANDRUFF WAKES HER WHEN YOU'RE TRYING TO SNEAK!

THANKS, DOLores ATKINS, 114-27 160 ST., BRONX 6, N.Y.