

A Country Garden

By Mrs. Gordon Macmillan

Loath is old winter to resign his throne. Although he knows he soon must abdicate, And strives his deposition to postpone With cold north winds and frosts untimely late.

By cunning subterfuge this wily foe Will lure the buds unwitting to their death, Persuading them by specious warmth to grow, Only to blast them with an icy breath. But though among the weaker he may gain A short success by tricky malign, He battles with three valiant ones in vain, The almond, crocus and the celandine.

How brave the sight of their gay blossoming, Those vanguards of the warriors of Spring! —R. Winder.

The Crocus is one of the first blooms in Spring and in many bright colors they make the garden gay in early May. A sheltered spot is best for all early bulbs and in this garden they are planted on a sunny bank with the evergreen hedges as a background. They are inexpensive and increase very fast, soon dozens of bulbs are blooming in the space where you planted a small number. I like the deep yellow and purple varieties, and they also come in striped colors and white, many shades of blues and others with contrasting centres. I have seen them used in edging the rose beds, and in early Spring it was a pretty sight as I walked along the street in the Western Capital.

The crocus is the best known of the early bulbs although not the earliest. They are a native to Europe and Asia. And the hybrids we use have been produced by Dutch nurserymen. Naturalized under trees they do especially well, some use them in drifts on the lawn but there is difficulty in mowing the lawn as the foliage of all bulbs should die down naturally for the good of the bulb. There are the Autumn flowering Crocuses and they are planted in late August and September, blooming when color is needed in the garden. One of the most entrancing and inspiring sights that one can see when travelling through the Alps

How Can I!!!

By Anne Ashley

Q. How can I prevent dryness of the hair, and also bring out the lights of blonde hair?

A. Warm castor oil rubbed into the hair the night before a shampoo will correct excessive dryness. Lemon in the rinse brings out the beauty of blonde hair; vinegar should be used by brunettes. Follow the rinse with one of clear water.

Q. How can I easily separate the whites and yolks of eggs?

A. Break the egg into a funnel; hold over a dish. The white will pass through the funnel into the dish, while the yolk will remain in the funnel unless broken.

Q. How can I preserve the original colors in cretonne covers when washing them?

A. Wash them in bran water, instead of soapsuds.

Cook's Corner

PIEAFFLE DELICIOUS

1/2 cup rice, thoroughly washed 1 pint milk 1 teaspoon salt 8 or 12 marachino cherries, chopped 1 cup sugar 1 cup well-drained crushed pineapple 1 cup whipped cream Cook rice with milk in top part of double boiler, over hot water. Add salt and sugar and cook with rice. When rice is tender, add pineapple and cool. Fold in stiffly beaten cream, along with chopped cherries. Chill and serve.

In Switzerland in late August and September, is the landscape on the mountain sides, dotted with picturesque barnhouses, covered in many places with thousands and thousands of the autumn flowering Crocuses bravely unfolding their soft colored petals, showing their lovely, often gaily colored hearts, fearless of the oncoming winter. There are many varieties. Salvia, the saffron crocus, is both handsome and useful. Its golden yellow pistil is the Saffron of commerce. When used in cooking rice, it gives a lovely golden color, only a few pieces being required. The Galanthus (Snowdrops) are earlier than the Crocus, and the Arantius (Winter Aconite) come about two weeks before them. I have had them push up through the icy snow, little yellow flowers like buttercups three inches above

(Continued on Page 10)

DOROTHY DIX SAYS-

Cruel Daughter-In-Law

Husband Advised To Deal Firmly With Wife Who Insults Mother

DEAR MISS DIX: I have the best mother in the world and I am devoted to her. She owns the house in which we live and to which I brought my wife when we were married a year ago. My wife knew all about the conditions, that I had to support my mother, and I urged her to wait for a few years until I was making more money before we married, but she insisted on an immediate marriage in order to escape unpleasant conditions in her home. Since we have married, and although we are living in my mother's house, she treats my mother in the most dominating way and never speaks to her except to say something spiteful and cutting and so insulting that I am stunned. We have a baby and she will not even let mother touch it. My mother is amiable, sweet-tempered and easy to get along with and is in no way at fault. What shall I do? ALBERT

ANSWER: I know well enough what you should do, but unfortunately in our civilization we have evolved the theory that no man should raise his hand to a woman save in kindness.

TELL HER OFF

As that source of reformation is closed to you, the best thing you can do is to tell your wife in the strongest language that you can you intend to and that she has either to behave herself or you will send her back to the home that she was so anxious to escape. That will probably bring her to her senses. She doesn't want to leave her good home. She is trying to run your mother out of it.

It is a wonder that any woman who has a child of her own does not look ahead into the future and foresee that as she treats her mother-in-law her son's wife may treat her. Does your wife never think how bitter it would be to her if her son's wife insulted and reviled her without cause, if she made her old age lonely and desolate by driving her out of her own home?

Of all men in the world, none are more to be pitied than those who are torn between the two women they love, and especially are those to be pitied who see their wives breaking the hearts of their mothers and who are powerless to save the dear old gray heads from the sufferings inflicted by a virago.

DEAR MISS DIX: I am a boy of 19, very much interested in a nice girl of 18. The other day she said to me: "I am never going to get married. I don't want to be tied down. I want to get the fun out of life." This has caused me much concern. Will she change this outlook? What shall I do? C. D. Q.

ANSWER: Instead of disapproving of her you should applaud her for having enough sense not to want to marry at 18. She knows she isn't ready to marry then, that she hasn't seen enough of the world and known enough boys to be able to pick out a mate. She knows that she is a child still, with a child's changing tastes, and that the boy she is crazy about today she won't look at tomorrow and that she would be in a pretty pickle if she got tired of her husband almost as soon as she had got him home.

And, of course, she isn't ready to settle down and to be tied down with a husband and house and babies at 18. She wants to have her fling.

Don't worry about your girl saying that she will never marry because she wants to get some fun out of life. When she is a little older she will reverse that opinion. She will think that marriage is next to heaven and that there is nothing that is so much fun in the world as having her own home and her own husband.

DEAR DOROTHY DIX: I am a widower 52 years old, no children, good health, very fond of home life. My sister-in-law is 66 years old, a widow, no children, good disposition, good health, good housekeeper. I am thinking of marrying her as I can give her a good home and feel sure we will be happy together. This is no wild love affair. Just good judgment on our part. But our families are much opposed to

(Continued on page 10)

ELLEN'S DIARY

By An Island Farmer's Wife

Spring blessed the countryside today in engaging and warmly sunny weather. The weather! Jeanie called, spreading her wash that is most intriguing with its smug gowns and overalls of granddaughters, and the blue blankets and jackets and garments that belong to the wee lad in the house across the lane. At the time and in company with the former who insist solemnly "I'm very glad to have you home again! It was a long, long Winter for granddaddy and me!" we were admiring the Snowdrops in fragile white bloom, and following a pulsing line of Tulips new-planted last Fall—and chasing a pair of inquisitive speckled hens from the vicinity. Notwithstanding occasional anxiety over the fate of the few but precious shrubs on the lawn, those times when a prowling dog or other "varmint" of the night, chanced to awaken us from chasing our dreams at Rob's, to suppose for the moment that it was a ewe at Alderlea, these have come through the past months well. It so happened that we have suffered no loss from the flock, still nibbling their hay and grain in the shed, or lying in the sun there, chewing contented cud, while awaiting their blessed events.

We looked in upon these patient creatures, when together we made the round of the barnyard today. New faces were in the stables to greet those that have come in the tide that bears the Spring increases to the farmer—calves "they're mostly reddish this year" the small one explained, stopping to rub a hand down a silken side. At the piggeries too we found a new generation—and contentment at its best, in a sight of the warm pink bodies cuddled closely beside their resting dams. The fattening cattle—but James leaned a manure-fork against a wall and came to join us there. They are at that stage of growth and condition when James admits "they're coming" and lingers proudly to watch them at play, when they are let out to drink at the tubs in the yard. We loitered in a barn, where to granddaughter's delight we could admire the horses through the slides above their respective mangers. And there in front of the Nell-mare, who thrust out a head to be petted, intriguing plans came to light, about her unborn foal. "We'll buy a little halter for it, won't we? Just a cute little halter with a strap here and here—so that we can tie it up whenever we want to. It will have a white star on its forehead when it comes. And likely as not white stockings. And won't it be the nicest thing? And he'll be the first to find it!"

Today clear sunny April skies; caressing wind and trickling streamlets; bird notes flung on the air, and blush of red come to Pat's line of maples beyond the hilltop. Fading in with the other sounds of Spring but still there, we were aware of the musical flow of the water through the gates on the dam. Very pleasant it is to hear this again... "And why do you want the window left open so wide, Ellen?" James inquired at Light's out last night when stars were in the branches of the old white birch and all was calm and lovely. "We'll catch cold—that's what we will," he grumbled, "there's a dampness in the air." There was as well for us the lullaby from the over-flow down in the valley, a melody which can lead one pleasantly into the land of dreams. "And there's no fishing yet!" Jamie a Sabbath visitor commented yesterday. "Oh I know there'd be none on a Sunday anyway, but it would be all the same if this had been Monday—the water's too red!" Thus far no anger has come to the neighborhood. We suppose that one of these days, in spite of any housecleaning or other duty, on a morning high-lit by sunlight and robins' matins, and the settled water, filled by a cool bit of a breeze, we shall come with granddaughter or perhaps with Jamie, bravely outfitted with a brand new line and hook to try our fortune at bridge or stream, leaving James who is bound he "can't find time to go fishing" to wonder as the day wears towards noon "Where is she anyway?" "Heigh-ho!" he yawns, letting drop the newspaper, "I'd say it was bed-time, Ellen!" Until tomorrow—Diary—Good-night....

Better English

By B. C. Williams

- 1. What is wrong with this sentence? "After the great honor was bestowed to him, he squandered the better part of his fortune away." 2. What is the correct pronunciation of "aged" (adjective and verb)? 3. Which one of these words is misspelled? Funeral, surrealist, funeral, funicular. 4. What does the word "impulse" mean? 5. What is a word beginning with tr that means "to agitate"?

ANSWERS

- 1. Say, "After the great honor was bestowed upon him, he squandered most of his fortune (omit away)." 2. Pronounce the adjective a-geed, in two syllables. Pronounce the verb as ajd, one syllable. 3. Surrealist. 4. A spontaneous inclination. 5. Trouble.

Did you ever experience the thrill of catching the Bride's Bouquet? You don't have to wait for a wedding. Bring home the new 'red and white' variety dozen package of BUTTER-FLAKE DONUTS. All the family will be thrilled and delighted. At Your Grocer's Now. Eastern Bakeries Limited

That Body Of Yours

By James W. Barton, M.D.

STOP INFECTION AT THE SOURCE

You often hear the words "focal infection." As "focus" means a point or spot in the body, we know that it is at this spot or focus that the infection began. What we do not know, or perhaps give no thought to, is that infection from this focus or starting point may be and often is carried to distant parts of the body. Thus we know that infected tonsils are the commonest cause of rheumatic fever and rheumatism; that infected tonsils and teeth may cause infection of stomach and gall bladder. In "Post-Graduate Medicine," Dr. Meyer Solis - Cohen, Philadelphia, points out that focal infection is not exactly the same as focus of infection. The organisms "starting" an infection at a focus, such as the tonsils or teeth, often remain in this one spot and do no damage to the tissues nearest to this spot, especially if the patient's resistance to disease is high. However, if his resistance to infection and disease is low, these organisms or the poisons they manufacture may be carried by the lymphatic vessels or the blood stream to other more or less distant tissues, where the organisms may set up a second infection. Thus, from the spot at which infection started, and from the distant spot where the poisons set up the second infection, the poisons are absorbed into the blood stream. The patient then has "infected" or poisoned blood which can cause various symptoms throughout the body. This is focal infection or systemic infection. Focal or systemic infection causes such symptoms or physical fatigue, lack of energy, general tiredness, drowsiness, weakness and exhaustion. Mental fatigue is shown by inability to concentrate, mental confusion, lack of desire for mental or physical work, headache, lack of appetite, faintness, dizziness.

Modern Etiquette

By Roberta Lee

Q. Don't you think it is uncouth to eject from the mouth to the floor the little specks of tobacco that separate themselves from the cigarette or cigar? A. It most certainly is. Remove these particles from the mouth with the thumb and forefinger and place them in an ashtray. It is best to do as little of this as possible. Q. If a bride has already thanked a person for a wedding gift, is it then necessary for her to write a note of thanks? A. Yes; these "thank you" notes are obligatory. Q. Where should one place the spoon when one has finished eating a dessert that is served in a stemmed glass? A. It should be placed on the plate underneath the dessert dish.

Morning Smile

The Better Part

"With your ready speech" remarked a young minister to Dr. Andrew Thompson, "I wonder why you spend so much time on your sermons. Many's the time I've written a sermon and caught a salmon before breakfast." "Well," replied Dr. Thompson, "all I can say is, I'd rather have eaten your salmon than listen to your sermon."

Business

"I cannot understand," said the young man, "why you permit your daughter to sue me for breach of promise. You remember that you were bitterly opposed to our engagement, because you said I wasn't good enough for her and would disgrace your family." "That young man, was sentiment. This is business."

He Forgot

The young plumber had proposed to the girl and had been accepted. Several hours later they parted and he went home. At three o'clock in the morning a loud ringing at the front door bell of the girl's house was heard. Her father, roused from sleep, went to the window and, sticking out his head, inquired who was there.

"It's John," said the voice from below. "I asked Dorothy to marry me and she said she would, but I forgot to kiss her."

FINDS WAY TO AVOID HARSH LAXATIVES

"The harsh laxatives I used to take are on a forgotten shelf since I began taking KELLOGG'S ALL-BRAN regularly. This good cereal has done wonders for me!" This from Iris M. Wetli, 35 Hunt Club Drive, Toronto 13, Ontario. One of many unsolicited letters. Are you suffering from constipation due to lack of bulk in the diet? Try this for lasting relief: Eat an ounce of crispy ALL-BRAN daily, drink plenty of water. If not completely satisfied with results after 10 days, send empty box to Kellogg's, London, Ont. Get DOUBLE YOUR MONEY BACK!

-Needlecraft-

— FOR THE HOME —

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BLACKHEADS Don't squeeze blackheads—dissolve them. Get two ounces of peroxide powder from any drug store and apply gently with wet, hot cloth over the blackheads. They simply dissolve and disappear by this safe simple method.

Household Scrapbook By Roberta Lee

Lace Curtains To stiffen lace curtains so they will hang straight and keep clean much longer, add two or three tablespoonsful of flour to starch. Or, add one tablespoonful of borax to a large saucenpan of starch. Cleaner Windows A rag dipped in paraffin will clean windows perfectly and give a brightness impossible to obtain with water. Tissue paper, or any soft paper, makes a good polisher and leaves no lint. Sweet Potatoes Sweet potatoes should be kept separated from each other so that they do not touch. This prevents their becoming soft and rotted.

How to Clear Nose of Nasty Mucous "My nostrils were filled with thick discharge. I had a rotten cold." Thus runs the letter of an Eastern business man. "The relief I got from Catarrh-o-sons was quick and helpful. There is something destructive to a Grippy Cold in Catarrh-o-sons; its penetrating vapor opened my nose so I could breathe freely again. That tight feeling in the throat was cleared away. New health came to me with Catarrh-o-sons. I recovered fast and am still quite well." If you have an unhealthy nose or throat condition due to cold, use Catarrh-o-sons and get started on the road to better health. Large size, 75c; smaller size, 35c. at all drugstores.

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