

ELLEN'S DIARY

By An Island Farmer's Wife

We remember now above every happening of home or country to-day that fortune gave a baby...

May she know the long years of sunny childhood that we have known and which we hope will be granddaughters' and grandsons' right and portion!

And presently Jeanie, wholly feminine, came in for a pall of fresh water from "this pump" inserted in a spring which runs clear and cold and as soft as is the pond-water for washing...

And what of that earliest outing with this James of ours, to an exhibition of the long ago? That must wait because due to the one new in progress we go again to take up our stint of baby-sitting with him...

Good-night...

That Body Of Yours

By James W. Barton, M.D.

TREATMENT AFTER AN ATTACK OF CORONARY THROMBOSIS

I have written before about visiting a physician friend in a veterans' hospital. Shortly after I arrived, the superintendent made a visit, and, after I had introduced my friend, said...

The idea of rest in these cases is so that the heart muscle will not be called on for much work while the broken blood vessel is healing and tiny new blood vessels are developing to supply the part of the heart deprived of its blood supply...

Emotional rest is equally important. The physician who has the confidence of his patient can so reassure him that he quiets the "wild beating of his heart."

WHY WORRY ABOUT YOUR HEART?

Do you get out of breath on slight exertion? Does your heart seem to skip beats or beat irregularly? Write today for Dr. Barton's interesting booklet on this subject...

Better English

By B. G. Williams

1. What is wrong with this sentence? "The men started in to work between each row of trees."

ANSWERS: 1. Say, "The men started (omit in) to work between every two rows of trees."



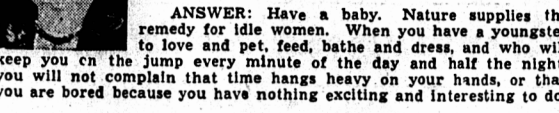
Send 25c for each PATTERN which includes a complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want.

DOROTHY DIX SAYS -

Restless Wife

Baby Remedy For Former Working Girl's Boredom

DEAR MISS DIX: I am 24 and have been married almost a year. Before I was married did stenographic work and liked it very much. I have a fine husband whom I love and who is good to me.



ANSWER: Have a baby. Nature supplies the remedy for idle women. When you have a youngster to love and pet, feed, bathe and dress, and who will keep you on the jump every minute of the day and half the night...

HOUSEWORK CAN BE PROFESSION

In your particular case, and while you are waiting for the baby to solve your problem for you, I urge you to try to regard home-making as a profession and not as a chore.

DEAR MISS DIX: I am a young man studying psychology. I have been studying myself and I recognize that I am of only average intelligence and, therefore, notwithstanding I am ambitious and industrious...

ANSWER: Your case is a shining illustration of the proof of the old proverb that a little knowledge is a dangerous thing. Your superficial knowledge of psychology has done you more harm than good...

DEAR MISS DIX: Our father will celebrate his twenty-fifth wedding anniversary soon. We four daughters are planning to celebrate his wedding anniversary but the only obstacle is that our beloved mother died five years ago and we wonder if calling special attention to his silver wedding day will bring unhappiness to him.

ANSWER: I think it is a beautiful idea and that instead of bringing your father unhappy memories it will fill him with thanksgiving that, even in his marriage has ended untimely, it has left for the consolation of his devoted daughters.

DOROTHY DIX cannot answer personal mail. She describes the dangers of marrying too early in leaflet D-5, "Hasty Marriages."

True Success Story

By F. R. MacArthur

The success story of Luther Burbank, that famous plant breeder, is a tale that should warm the heart and give encouragement to everyone who would hitch his wagon to the star of success.

Mr. Burbank reached the results he sought by crossing of races or kinds to secure the combination of desirable qualities into one strain, and in the process eliminate undesirable characteristics.

There is nothing accidental in the greatness of this man. His methods are not protected by patent; they are free for anyone to follow.

Continued on page 3

Former Islander Weds in Sarnia, Ontario

Large baskets of gladioli and ferns banked the altar for the first wedding in the new Sacred Heart Church, Oakwood Corners, Sarnia, Ont. On Saturday morning Aug. 5 at nine o'clock the marriage of Anne Gertrude Cannon, youngest daughter of Mrs. Lucy Cannon, Oakwood Corners (formerly of Pownal, P.E.I.) and John W. Watson, eldest son of Mr. and Mrs. Albert Watson, Callander, Ont., took place.

The Rev. Fr. T. G. Dill officiated and the Rev. Fr. W. T. McKenna played the wedding music. Given in marriage by her brother Stratton, the bride looked charming in a floor length gown of white English taffeta styled on princess lines with sweetheart neckline. Her tall shoulder length veil fell from a beauteous headpiece of mixed roses and orchids.

Her only attendant was her sister, Mrs. Edward McDonald who wore a pink taffeta floor length gown with bustle effect back and headpiece of pink floral with short veil, her bouquet was of vari-colored summer flowers.

Edward McDonald, brother-in-law of the bride acted as best man. Ushering the guests were the bride's brother, James Cannon and the bridegroom's brother, James Watson.

The Rev. Fr. McKenna soloist sang, "Oh Lord I Am Not Worthy". For her daughter's marriage Mrs. Cannon chose a navy and white sheer ensemble with white accessories and corsage of red roses.

While Mrs. Watson chose a pale green ensemble with white accessories and corsage of red roses and asters.

Following the ceremony a reception was held at Kenwick-on-the-Lake for 40 guests. The bride's table was centered with a three-tier wedding cake flanked by tall burning tapers and streamers. The bride's brother, Stratton, proposed a toast to the bride and groom and Rev. T. G. Dill responded by wishing them many years of happiness.

The bridegroom's gift to his bride was a complete and cosmetic case. He gave his best man a leather wallet and ushers gold tie clips.

The bride's gift to her sister was a pearl pendant and matching ear-rings.

The happy couple left later in the day for a short honeymoon. Beyond very close friends chose navy taffeta with white accessories and white flannel shorty coat and corsage of orchids. On return they will reside at Oakwood Corners. The bridegroom will resume his duties with the Imperial Gunwall in Toronto.

The happy couple were replete with many beautiful gifts and money from their many friends, showing the popularity in which they are held.

(Patriot please copy)

ADORABLE SISTER DOLLS



Here are the lovable sister dolls. Jane is 18 inches and Joan is 14 inches tall. They are smartly dressed in peasant blouses and suspender skirts. Pattern No. E-446 contains complete instructions for making the body of the dolls and clothes.

To order, send 20 cents in coin to Needlework Bureau, Charlotte-town Guardian. Pattern No. E-446

Name Address City Province

A Country Garden

By Mrs. Gordon Macmillan

Delights of work most real—delights that change. The headache life of town to rapture strange. Not known by townswoman, Not imagined; health That puts new glory upon mental wealth. And makes the poor man rich. John Massfield.

This month when it is possible to enjoy the garden before the busy planting season next month, and there are many lovely plantings to delight us, I have been telling you of the best in this garden, and now it is time to tell you of some of the mistakes and the failures if it is to be a true picture.

Two of the new Clematis have disappeared and I shall try them again as they are so fine a vine. Two plants are growing very well and I am looking forward to their blooming. The old established plants of Jackman's Clematis are beautiful this year, and the Clematis Paniclea shows promise of being better than ever; these Clematis need care until they become large vines. In England they are used a great deal for covering walls and trellis work.

Some of the annuals are very good and some are not. The annual Stocks are not nearly as tall as I have seen in other gardens. The Balsams need more moisture or some care that they have not received. But the Zinnias, Calendula, Snapdragon and Carnations are beautiful. I have learned through the years that it is important to know where certain plants will thrive and the condition that they need to do their very best. Some sickly plants have

Continued on page 8

Household Scrapbook

By Roberta Lee

Stubborn stains on concrete can often be removed by rubbing them with a hot solution of 4 ounces of trisodium phosphate in one gallon of water, to which may be added ounces of washing soda. After scrubbing, rinse thoroughly with clean water.

Cooking Macaroni Cook macaroni in quickly boiling water for twenty minutes. Then drain and rinse well with cold water, and the macaroni will not be sticky nor starchy.

Straw Articles Give an occasional coat of white varnish to all articles made of straw, such as baskets, suitcases, matting, etc. It will preserve them for a longer time.

Morning Smile

SNAPPY

A Scottish surgeon, a man of few words, met his match—in a woman! She called at his surgery with her hand badly inflamed and swollen. The following dialogue opened by the doctor, took place:—"Burn?" "Burns."

"Poultice." The next day the woman called again, and the dialogue was as follows:—"Better?" "Worse."

"More Poultices." Two days later the woman made another call. "Better?" "Well, Pe?" "Nothing. Most sensible woman ever I met."

The Stars Say -

By Genevieve Kemble

For Wednesday, August 23

THE auguries point to delays, postponement, impediments, with various forms of frustration and disappointment. While affairs seem hopelessly blocked, static, and perhaps disagreeable, in the long run the matter may yield to an interjection of personal influence, perhaps in the use of charm, allure, social or cultural, even to romantic appeal. These, used with discretion and good taste, could prove a telling force for "moving mountains."

If It Is Your Birthday Those whose birthday it is may find themselves in a difficult state of affairs with stagnation or other factors arresting progress or the fulfillment of desired objectives. And while the impasse seems hopeless and the outlook disheartening, such depression and futility may yield to pressure of personality, either in allure, gracious approach, social or domestic influence or other persuasions and finesse, in melting obstacles and obstructions. But be discreet.

A child born on this day, while subject to setbacks and impediments, has a winning personality and may find even stone walls may be cracked open.

How Can I!!!

By Anne Ashley

Q. How can I prevent the basement from getting damp and musty?

A. Placing pans of unstacked lime about the basement will eliminate any musty and damp condition, and will make the walls dry and sweet. The size and condition of the basement governs the amount to be used.

Q. What is a home remedy for neuralgia?

A. The eating of a good quantity of celery is often an effective remedy. Q. How can I keep the clothesline from tangling?

A. Boll the new clothesline for about thirty minutes before using it, and it will not tangle so easily, will wear much longer, and will not stretch.

Modern Etiquette

By Roberta Lee

Q. Is it all right for the mother of the bride to give her away?

A. Yes, this is done in some cases. Under such circumstances the bride walks down the aisle alone, and at the proper point in the ceremony the mother steps forward and gives her away.

Q. Is it ever permissible for a man to walk on the inside of the pavement when accompanying a woman?

A. Only if they are making their way through a rough, jostling crowd, and the man can protect the woman better by keeping on the inside.



Just scrambled eggs? ...a feast

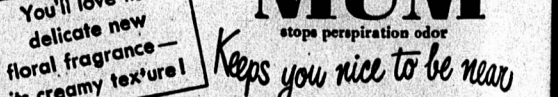
SERVED WITH Aylmer PURE Catsup

Your Family Deserves AYLMER Quality



You can stay "BATH-FRESH" all day

Safer for Skin Safer for Clothes Safer for Charm



You'll love its delicate new floral fragrance—its creamy texture!

MUM stops perspiration odor Keeps you nice to be near EASY TO USE... QUICK... SURE

-Needlecraft-

FOR THE HOME

TO DELIGHT DAUGHTER

Make this godel dress with a trim collar for playtime... make it again in the burrified party version! (The toy rabbit is a separate pattern.)

No. 2063 is cut in sizes 6 months, 1, 2, 3. Size 2, 1 1/4 yards 77-inch contrast; with ruffles, 1 1/4 yards 35-inch; panties, 1/2 yard 35-inch.

No. 215, cut in one size, 14 inches tall, is one of a family of three rabbits included in the pattern.

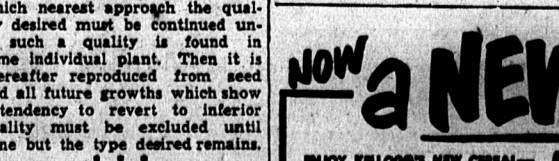
Send 25c for each PATTERN which includes a complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Name Address Province

Now a NEW Cereal

It's Cereal with Fruit BOTH in one package!

ENJOY KELLOGG'S NEW CEREAL—delicious, tender sweet-fruit raisins together with Kellogg's crisp bran flakes. Rich in iron, bountiful in good grain nourishment. It's Kellogg's new double treat! Double delicious! Double nutritious!



There is nothing accidental in the greatness of this man. His methods are not protected by patent; they are free for anyone to follow.

Continued on page 3

Aluminum

An "Inside Story" about Maple Syrup

1. Aluminum means a lot to your breakfast! Your griddle-cakes taste better with good maple syrup. And the best syrup is made from sap that is collected in aluminum pails.



2. Maple sap must be well-protected to preserve its delicate flavour. Farmers using aluminum pails find this "food-friendly" metal preserves colour, taste and flavour perfectly.

3. Aluminum is used for tapping-pegs, containers and evaporators, too. The increasing use of aluminum in the industry means higher-quality syrup for you.

HINTS TO THE HOUSEWIFE Natural minerals in food and water occasionally discolor aluminum utensils. Natural acids in foods remove the deposits. For example, the iron in spinach leaves a deposit on aluminum; the acid from tomatoes or rhubarb dissolves the deposit.

ALUMINUM COMPANY OF CANADA, LTD.