



MR. AND MRS. ROBERT W. BRADY

November Evening Wedding Unites Couple In Manitoba

Mary's Anglican Church was the scene of a wedding, Saturday evening, November 7th, when Alice Jean, daughter of Mr. and Mrs. J. K. Walker, 124 Charleswood road, became the bride of Robert W. Brady, son of Mrs. J. A. Brady, of Charlottetown, Prince Edward Island, and the late Mr. Brady. The Rev. R. F. Dawson officiated at the ceremony, and wedding music was provided by Mrs. Mary Shaw at the organ. Given in marriage by her father, the bride was dressed in a cocktail-length dress of white lace over peau de soie, featuring a sash-necked fitted bodice and gathered skirt. Her chapel veil was held in place by a crown of sequins and pearls, and she wore a corsage of red roses. The bridesmaid, Justine Keir of Headingley, Manitoba, wore a blue-brocaded sheath with a nylon over-skirt, and a matching head-band. Her flowers were pink sweetheart-roses. John MacKenzie, also of Headingley, attended the groom as best man. The mother of the bride chose a sapphire-blue afternoon dress of crepe, with matching accessories, and a corsage of pink tea roses. Mrs. Brady wore an ensemble of olive green with accessories of the same shade, and her flowers were yellow tea roses. Following the ceremony a reception was held at the home of the bride's parents, when a toast to the bride was proposed by Dick Sheppard. The young couple will make their home in Calgary, where Mr. Brady will be attached to the Department of Transport at the Municipal Airport.

ELLEN'S DIARY

Daily Tasks Bring Comfort In Dark Days Of Sorrow

These days fall winds blow and the quiet fields. They play beautiful tunes in the bare branches of the trees and in the reeds by the brookside. . . And all that was mortal of a brother, and those friends lost to us recently have now come to rest in this or that headstone of the Dead. There, the new mounds are marked by those blossoms which declare the close of life's story. Before long winter drifts will lie there and all about will be caught in its white spell. But again spring breezes will melt away, spring showers wash and the gold-green of the new sod appear. Robins will return to sing in those hallowed silences, their trills sweet and warm and full of promise. In cemeteries they sing to us always of a far lovely land and eternal where no word of earthly suffering or concern is ever heard. So they have gone from our ken-those we held dear: he and kin and also those friends we enjoyed for years and to whom this week we paid our last respects receiving from them no word of greeting nor break of recognizing smile. Death was there. But in balance a pair plights troths, a babe is born in token that despite every sorrow and loss, life must go on. Then gathering up our memories we lay them away with a sprig of rosemary for remembrance in some strange warm niche of the heart, and turn again to take up our appointed tasks - to the work which more important or less, as it may seem to be, is after all the "saving grace" and comfort of our days.

There was no summery-blue in the waters of the Strait today. It washed, we knew, cold and wind-tossed, as did also the tidal river which tide washes the marshes not far shoreward from the village this farm neighbors. . . Along those deep marshy channels in the long ago, the smelts came up toward the little brook of this and the neighboring farms, to spawn. And in their brief sojourn never counted lost those the children about took without benefit of hook or seine, but by hand from convenient shallows below. Young springs those were. In them was to be found golden treasure-trove of first dandelions, white violets in sheltered fence-nooks. And oh, to find there, too, amid the feathery low of ferns, the delectable promise of a first wild strawberry bloom! So hushed was this place today - still as on a summer Sunday of the long, long ago. Pigeons flew quietly from the roofs of the barn to glean dropped grains in the yards below. Their forebears in an enchanting couple were brought, we recalled, from our (maternal) grandfather's inland farm in those yesteryears as most desirable pets by the elder sons of this home-brought to the devotee they had located acceptably and builded so lastingly and well. And one lad had the mark of the Ministry upon his arm and the other that of a fine farmer - a new death has taken him away. And over all-above dove-cote and old home and new mound, night spreads now its dim gentle wings. Until tomorrow - - - Diary - Good-night.

IDA BAILEY ALLEN

Cooked Cereal Helps Give All Vitamins And Minerals

Cereals are classed as carbohydrate foods, because starch, which is a carbohydrate, is a predominant element. This is fortunate, for carbohydrates supply immediate fuel needs of the body. Cereals also contain some protein, and are a good source of vitamins and minerals. ORIGINAL SOURCE Cereals are also the original source of most animal protein, for cattle, pork, lamb and poultry all subsist on cereals or grasses, and synthesize (transform) their valuable elements into meat. Cows also transform them into milk and hens transform them into eggs. As used in this country, cereals include oatmeal, rolled oats, Scotch and Irish oatmeal; whole wheat cereals of all kinds; light and dark farina; barley; buckwheat; cornmeal and hominy; white, brown and converted rice, and many ready-to-eat cereals based on corn, rice, wheat and bran. GREAT VARIETY There is a remarkable variety. We could have a different hot cereal or ready-to-eat breakfast cereal every day for two weeks. And what variety savory cereal dishes can give to luncheon and dinner menus as in Europe, Asia, and Latin America! "I note that the labels on some cereals carry the word 'enriched,' 'restored,' or 'converted,'" commented the Chef. NUTRIENTS REMOVED "That's because when they are 'processed,' or made ready for consumption, some of the natural nutrients have been removed to assure long 'shelf life' in the stores and keeping qualities at home," I replied. "Corresponding nutritive elements are added back to the cereal, including standard percentages of iron and the vitamins thiamin and niacin. "The word 'enriched,'" I continued, "means that the cereal has been enriched in some elements beyond its original food value. The word 'restored' or 'converted' means that added vitamins and iron have brought up the nutritive content approximately to that of the original grain. CLEAR APPROACH Stockholm's big international airport is built some 25 miles north of the Swedish capital.

Catering, Sales Provide Balance For Ladies Aid

ALBERTON - The ladies aid of the Western Hospital met in the hospital for their regular meeting with 15 members present.

The treasurer's report, presented by Sister Mary Magdalene, showed a splendid balance on hand. Special attention was given to a sum of money donated by St. Anthony's Guild and the Ladies Auxiliary of the Alberton Legion and appreciation was expressed for both donations.

A substantial sum was realized by catering to board of trade, sale of Christmas cards and calendars and card parties which are being held at members homes.

"Talent money" sent out this month is to be returned at the March meeting.

Correspondence was read and the secretary was instructed to have folding tables made.

Central Royalty Guide Company Holds Tea

CENTRAL ROYALTY - First Central Royalty Guide Company held a very successful afternoon tea in the hall Nov. 28. It was sponsored by the local Guide Association - and convened by Mrs. Arthur MacRae.

The co-operation and interest of the Guide mothers was evidenced by the donations of food and the splendid attendance.

The occasion gave opportunity to Captain, Mrs. Fred Cannon, Lieutenant, Mrs. Arnold MacLean and assistant, Mrs. Bloyce Danning to meet many of the mothers.

Two other purposes were achieved: the supplementing of the guide treasury and Hostess badges for four guides: Catherine Ayers, Claudia Reid, Barbara Doiron and Rosina Beck.

Guests included Mrs. Gordon Aard, Mrs. Myron Bell, Mrs. Fred Osborne; also Mrs. Arthur Farquharson and Mrs. William Ward who poured tea.

Demonstration On Table Setting Given WI Ladies

MIDDLETON The December meeting of the Middleton Women's Institute was held at the home of Mrs. Eldon Wright. Roll call was answered by eighteen members with an exchange of Christmas gifts. The treasurer gave her report. Correspondence was read and discussed.

Mrs. A. E. Hamill gave a vivid description of the leadership course held in Summerside on Nov. 24th.

It was decided that we send Christmas cards to former members not residing in the district now.

Mrs. J. S. Wright agreed to purchase the Christmas treat for the school children.

Miss Ella Hamill, one of our 4-H sixth year garment club girls, introduced our guests for the evening. They were Miss Jeanie Gillis and Miss Irene Mountain of the Department of Agriculture. Miss Gillis gave a demonstration on table setting and table etiquette which held the attention of all. Miss Charlene Wright thanked the guests on behalf of the Institute and 4-H girls. A small gift was presented by Miss Carol Anne Hamill.

ALBERRY PLAINS SCHOOL

Following is the report for Alberty Plains School for the month of November:

Grade X: 1. Betty Lou Doyle, 2. Gerry Doyle.

Grade IX: 1. Florence Richards, 2. Margaret Richards.

Grade VIII: 1. Shirley Doyle, 2. Donald Dawson, George Curran (equal), 3. Leah Valley.

Grade V (a): 1. Thomas Walker.

Grade V (b): 1. Allan Doyle, 2. Carol Ann Doyle, 3. Annie Walker.

Grade IV: 1. Barbara MacDonald, 2. Robert Walker, 3. Wayne Richards.

Grade III: 1. Marlene Doyle, 2. Preston Walker.

Grade II: 1. George Stewart, 2. Judy Stewart.

Grade I: 1. Brian McKenna, Mrs. Lorraine VanDyke, teacher.

do not need special labeling because none of the nutrients has been removed."

TOMORROW'S DINNER

Tomato Cream Soup
Chicken Scramble
Chicken Gravy
Bacon Green Beans with Celery
Tossed Salad with Chopped Nut Meats
Coconut Cream Pie (frozen or homemade)

Coffee Tea Milk
Measurements are level
Recipes for 6

Chicken Scramble: Heat 2 c. chicken broth in double boiler. Blend 1 tsp. enriched flour and 1/4 tsp. poultry seasoning; mix with 1 1/2 c. cold broth. Slowly stir into hot broth. Cook-stir over direct heat until mixture thickens; then steam 45 min. in double boiler. Stir in 2 c. chopped cooked chicken.

Rinse 10" by 4" by 2" loaf pan with cold water. Spoon in scramble. Cover with foil to prevent crust from forming. Chill overnight. To serve: Unmold and slice 1/2" thick. Dust with flour; brown in corn oil or bacon fat. Serve with crisp bacon or broiled salami, or plain with chicken gravy. This unusual recipe makes oddments of chicken into a substantial dish.

Women

The Guardian, Charlottetown, Fri., Dec. 4, 1959

HAPPENINGS

Plans were made and works secured for the weekly suppers at the regular meeting of the Ladies Auxiliary of the YMCA held at the "Y" Tuesday. The vice-president, Mrs. W.P. MacLeod, presided.

A new nominating committee was appointed and reports of various committees read.

Mr. and Mrs. David Stewart and daughter Susan have returned to their home in Halifax after spending a few days in Montague as guests of Mr. and Mrs. Eithan Stewart and Sandra.

Mrs. Norma Bears, Brudenell, has returned to her home after spending a brief visit with her son-in-law and daughter, Mr. and Mrs. Robert MacDonald, Halifax.

F.L. and Mrs. C.E. Ross, Siemom Park, were week-end visitors at the home of the former's parents, Mr. and Mrs. G.W. Ross, Tatamagouche, N.S.

Mrs. T. Currie and Mrs. L. Rathbun were joint hostesses at a baby shower in honor of Mrs. Bert Muirhead. During the evening a prettily decorated doll carriage containing many beautiful gifts was wheeled in to the guest of honor, who graciously thanked her assembled friends. The hostesses were assisted in

servicing refreshments by Mrs. A. Coates. Invited guests were: Mrs. G.L. Sommerville, Mrs. L.T. Aldridge, Mrs. J. Quinn, Mrs. J.J. Roy, Mrs. M.G. Mulrooney, Mrs. A. Coates, Mrs. S.L. Anderson, Mrs. D. Ede, Mrs. J. Wells, Mrs. S. Burley, Mrs. H.F. Graham, Mrs. Dewey, Mrs. Morley.

Mrs. Robert B. dePencier and son, Dale, Siemom Park, have returned from a vacation in Winnipeg, Man., where they were guests of Mrs. dePencier's parents, Mr. and Mrs. P. F. Rowse.

Mr. and Mrs. Wallace MacKay, Stanley Bridge, left this week to spend the winter months with their daughters, Florence and Eleanor, in Boston and Connecticut.

Mr. Frank Newsome, Rose Valley, was a visitor to Charlottetown this week.

Miss Sally Ann Rayner was hostess to the Kensington Presbyterian Young People on November 20. Marjorie MacArthur held the devotional period after which hymns were sung.

Names were exchanged for Christmas giving. The remainder of the evening was spent in games, contests and sing song. Lunch was served by the hostess.

What's The Use Of Shopping If You Get Killed Or Injured

OTTAWA, Ont. - What's the use of shopping if you get killed or injured in the process? This question - a timely one during Safe-Driving Week - comes from Mrs. G. D. Finlayson, president of the National Council of Women of Canada.

All Canadian housewives and mothers should stay alive to enjoy the year-end festivities and have the pleasure of handing out gifts to their husband and children, she added.

Mrs. Finlayson urges Canadian women to adhere to the following simple rules during the busy pre-Christmas shopping period:

1. Don't wait till the last minute to do your shopping. The hurry of modern life has already killed too many drivers and pedestrians.
2. When you're through with your shopping, don't rush out of the store. Relax awhile over a cup of coffee or some other alertness beverage. This will sharpen your reflexes, keep you alert on the way home.
3. When you leave the store, concentrate on that vital job of walking or driving home unharmed.
4. Have your parcels delivered

to your house instead of having your arms full when making your way through traffic.

"Hostesses entertaining relatives and friends during the Holiday Season should always keep in mind that some of them will be driving. 'Hostesses can help even those who don't drive to stay alert on the way home by serving hot, strong coffee before the end of the evening', Mrs. Finlayson suggested.

JOINS CHRYSLER CORP WINDSOR, Ont. (CP) - Appointment of Kenneth MacGillivray as director of public relations for the Chrysler Corporation of Canada, Limited, was announced Thursday by Ron W. Todgham, president. Mr. MacGillivray succeeds the late Tom C. McCall who died last August. Mr. MacGillivray has resigned as assistant to the president and director of public relations of MacLaren Advertising Co., Limited, Toronto.

PIONEER MEMBERS The first two Labor members of the British Parliament, elected in 1892, were J. Keir Hardie and John Burns.

WOMEN'S ORGANIZATIONS

CWL Members Hear Talks On Girl Guide Organization

ALBERTON - The Sacred Heart parish council of the Catholic Women's League, met at the home of Mrs. Edwin MacDonald, with an attendance of 13 members and several visitors. The president, Mrs. John Smith, opened the meeting.

The treasurer's report was given and showed a balance on hand.

Membership convener reported eighteen new members had joined the council. Members had made 60 visits to the sick and shut-ins during the month.

Correspondence consisted of letters from the Diocesan president, the executive secretary and three "thank you" notes.

Social welfare convener reported having sent a box of clothing to the priory.

The members prepared a spiritual bouquet for the Most Reverend W.J. Smith, Bishop of Pembroke, former National Director. It was decided to have a Mass offered during the month of November for all deceased members of the CWL.

A wreath which had been purchased by the CWL was placed at the Cenotaph on Remembrance Day by Mrs. Joseph Callaghan.

Mrs. Charles Dunn was appointed Magazine Convener.

Following the regular business of the meeting, Mrs. William Redin spoke to the members on Girl Guides. She asked the CWL members to take more interest in this field of work, and outlined very clearly leadership, facilities, community support, etc., of this organization.

MARSHFIELD W.I. The Marshfield Women's Institute held their annual meeting at the home of Mrs. Leigh Frizzell with the retiring president, Mrs. John Munn, presiding.

The annual membership fees were collected for the ensuing year. The president capably reviewed the work done by the W.I. during the past year, and thanked all committees and secretary.

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Fairview WI Plans Welcome For New Bride

FAIRVIEW - The annual meeting of the Fairview Women's Institute was held at the home of Mrs. Eleanor MacIsaac with seven members answering roll call by payment of annual dues.

The president, Mrs. Eleanor MacIsaac, in her report, gave an inspiring account of projects undertaken and work accomplished during her term of office. She also gave a preview of what might be undertaken in the future.

CO-OPERATIVE EFFORT BONN (Reuters) - Britain and West Germany agreed Thursday to co-operate on developing aircraft engines and to equip German tanks with British guns. Defence Minister Watkinson had his second round of talks with his West German opposite number, Franz-Josef Strauss, who said they agreed on full integration of air defence.

HELICOPTER CRASHES WASHINGTON (AP) - An army helicopter carrying troops crashed Wednesday on a mountainside in Virginia. None of the 15 aboard was killed. Army sources said the pilot and one or two others were severely injured.

ST. CHARLES C.W.L. The St. Charles parish council of the Catholic Women's League held their November meeting recently. The president called the meeting to order. Treasurer's report gave the expenses for the month and showed a balance of \$38.70 on hand.

Social action convener and spiritual convener gave their reports. A Spiritual Bouquet was made up for Rev. J. J. Smith, former National Director.

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are stressing the need for co-operation and concerted action by all members. A satisfactory financial statement was reported, and a substantial balance on hand. Correspondence was read and discussed. It was decided that \$2.00 be sent to Multiple Sclerosis Society. The members were pleased to report a new bride, Mrs. Francis MacIsaac, had come to the community and arrangements were made to officially welcome her. Appointment of officers for 1959-60: president, Mrs. Eleanor MacIsaac, (re-elected); vice-president, Mrs. Ernest MacNeill, (re-elected); school committee, Mrs. Delmon Currie and Mrs. Gearveit; sick committee, Mrs. Brent Currie and Mrs. E. Handran; Red Cross sewing was distributed among members. Mrs. Brent Currie offered her home for December meeting, when the Fairview W.I. will be pleased to have as their guests the members of the Meadow Bank W.I.

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2. Write your name and address and the name of your grocer (if you use a prize he wins one too!).
3. Attach the "Tear down, twist off" tab from the top of a package of Silver Lasses Molasses or your grocer's sales slip. A reasonable facsimile of either one will do.
4. Enter as often as you wish, but all entries must be postmarked no later than midnight, December 12, 1959. Mail your entries to Dominion Molasses Company, Dartmouth, N.S. This contest is open only to residents of Nova Scotia, New Brunswick, and Prince Edward Island, except employees of Dominion Molasses Company or its advertising agency, Stanfield, Johnson & Hill Limited.
5. The decision of the judges will be final. Winners will be announced.

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