

Woman's Realm -- Social and Personal -- Fashions -- Literature

The HOUSEWIFE and HER ACTIVITIES

Who works for glory misses off the goal; Who works for money coins his very soul. Work for the work's sake, then; and it may be That these things shall be added unto these.

OLD FURNITURE

Ordinary grades of oak and stained wood furniture that have become shabby can be renovated cheaply and attractively at home. Sandpaper the old finish off and paint carefully white, grey, ivory or any shade you desire. If you are of an enterprising nature you might even aspire to floral designs in places. Furniture of entirely different styles may be used together successfully by this method.

BLACK AND GREEN

Black frocks with green belts, capes and hats, also prints in the black and green theme are very smart.

THE DUCHESS TRAVELS

A three-piece black suit worn with a silver fox scarf is preferred by the Duchess of Kent for traveling.

CLOVES FLAVOR DOUGHNUTS

Try dropping a dozen cloves into the grease in which you fry doughnuts if you want a flavor that friends will exclaim over.

HATS

Every hat that hopes to be considered the least bit dressy must have flowers or a veil of both.

ALLERGY

Allergy is a new and mysterious word to most of us. Nor is it entirely an old story to many of the trichologists and dermatologists—scalp and skin specialists—who have newly begun to stress its importance in the use of scalp and face lotions and cosmetics.

"People familiar with allergy have less trouble selecting suitable lotions and cosmetics," a noted scalp specialist, declares. They are more able to avoid disappointing and annoying results.

"Cold water, for example, often irritates the scalps and skins of persons super-sensitive to cold; the most harmless dyes and chemicals in clothing or stockings cause skin rash on some. Skin rash from eating strawberries and hay-fever from oversensitiveness of the membranes to pollens are as common. Until recently, many such afflictions were otherwise diagnosed.

"It is not surprising that numerous people have an allergy to the ingredients of one or another lotion or cosmetic, although these same contents may have been tested and used beneficially by millions. Cases are known to have resulted from tonics, dyes, bleaches, cream, perfumes, deodorants, powders, or soaps.

"In many, the history shows that the trouble was caused by careless application or over-use. But on the vast majority, when the user blames the preparation, the real reason is the weakness of the individual's own skin. A change of lotions and nominal treatment usually stops the trouble.

"Most all well-known lotions and cosmetics contain ingredients that have been tested by the years. Yet the best makers have yet found no way to cope with allergy, that is, produce formulas that are useable by everyone regardless of allergic supersensitivity.

"It is simple, however, to test the effect of any preparation on one's own scalp or skin. Rub a small amount on a most delicate area of the skin—the upper arm, neck, or inside of the elbow—and leave it

for 12 to 24 hours. If no red spot or irritation appears, the preparation can be regarded as non-irritant or suitable.

SILK HAIRPINS

Those whose hair is so fine as to be unequal to the strain of retaining ordinary hairpins will find great relief in the silk hairpins which have been on the market for some time. These absolutely refuse to part company with any hair into which they have been stuck! They have rather an unfortunate tendency however, to become stretched, and frequently require to be rewisted into position.

Elaborate Chinese hairpins are worn in the evening, such as the Chinese princesses of a thousand years ago themselves displayed. Gold balls and precious stones are set at the top of a special prong while opaque gems are fashionable—jades, coral, turquoise, and lapis lazuli.

BOWLS THAT WILL NOT BREAK

Flower bowls and vases are now being made in anodized aluminum. In delicate and lovely tones of light blue and green, pale rose and peach, they closely resemble decorative glassware.

The perforated glass pinths used to support the stems of flowers have not always proved satisfactory. They tend to become slippery after being in use and may slip through the fingers and even break the flower bowl.

The new ware in aluminum abolishes worry over such possible or only too real accidents.

COATS LIKE NIGHTSHIRTS

A famous Paris dress designer, who can always be relied upon to spring surprises on her clients, has brought out a new coat. It resembles an old-fashioned night-shirt, except that it is cut off at knee length.

The model is of white serge, with buttons made from almonds, complete with half their shells. So popular has the fashion proved that it is expected to be copied in a variety of materials.

"Perhaps the new 'shadow tweed' will be one choice. This has an effect similar to lines painted on wet paper.

THE MAN'S WARDROBE

Men's clothes are expensive to buy, and therefore they have to do yeoman service, but there is no denying that it pays in the long run to have a well-cut suit, made of a good material, for a well-cut suit will remain so to the end of its days, even though it may get shabby with wear.

It is a good plan never to allow clothes to become spotted or soiled without taking the trouble to remove the stain at once, because the longer it is left in, the harder it will be to remove later on.

There are any number of reliable and reasonable cleaning and pressing services nowadays, which will return a suit looking as good as new, for a comparatively small sum. Apart from pressing and cleaning, however, there are any number of small jobs, which must be done. If your man is to look his best at all times.

One point to remember is that coat cuffs become very grubby with constant wear and if these are not cleaned with some good grease solvent now and then, they soon make the shirt cuffs dirty. When cuffs begin to show signs wear, it is best to bind them with a stiffish braid about an inch in width, the binding is sewn inside, and frayed edges taken in with it. This will give them a new lease of life, and the same idea can be applied to trouser hems.

You will find that any buttons on men's clothes will stay put for much longer if, before you begin sewing them on, you wax your thread on a piece of beeswax.

Pockets are long-suffering things, and they are not exactly an easy job to tackle when they are renewing. It is now possible, however, to buy unbleached calico

SLICE a banana into a bowl of Kellogg's Rice Krispies. Pour on milk or cream. You've never tasted a cereal that combines so well with the flavor of ripe fruit! Rice Krispies are nourishing and easy to digest. At grocers everywhere in the Mother Goose story package. Made by Kellogg in London, Ontario.



BANANA SPECIAL SO CRISP they actually crackle in milk or cream

Only the Best FOR YOUR CHILDREN

To aid in keeping skin and scalp in good condition and help preserve the "comely" complexion of children, should enjoy the exceptional purity and effectiveness of Cuticura Soap and Ointment. Use the Soap daily to cleanse the "tender" skin, and the Ointment to soothe and relieve itching, irritation of rashes, pimples, eczema, externally caused skin conditions. Keep Cuticura always in the house. All druggists.



CUTICURA SOAP AND OINTMENT

Today's Short Wave Radio Program

(All time is Eastern Standard)

TUESDAY, May 12

Washington 10 a. m.—Shut-in Hour: U. S. Marine Band. Capt. Taylor. Branson leader. W8XX. Pittsburgh 19.7 m., 15.21 meg. Also C3XAL, New York, 16.8 m., 17.78 meg.

Paris 6:15 p. m.—Concert: Relais de Radio-Paris. TPA4, 25.6 m., 11.72 meg.

London 7:25 p. m.—Talk: "Imperial Affairs," by H. W. Hodson. GSD, 25.5 m., 11.75 meg. GSC 31.3 m., 9.58 meg. or GSA 49.5 m., 6.05 meg.

Berlin 7:30 p. m.—Here comes the German Music Man. DJD, 22.4 m., 11.77 meg.

Senectady 7:30 p. m.—Spanish Program. WXAP, 31.4 m., 9.55 meg.

London 9 p. m.—A Folk-Song Recital by Eve Maxwell-Lyte (soprano) and Basil Parsons (baritone). GSD, 25.5 m., 11.75 meg. or GSC, 31.3 m., 9.58 meg.

Eindhoven, Netherlands 9 p. m.—Experimental transmission from the Philips Laboratory at Eindhoven, POJ, 19.71 m., 9.59 meg.

pockets all ready to put in, which is a great convenience. Regular brushing every day is a very necessary part of the routine if clothes are to be kept in good condition. Plenty of coat hangers should be available, as clothes need to be kept in shape if they are to last well.

FLYPAPER TO CATCH RATS

A few years ago I was living in a house that had been built on an old stone wall, from which the mortar and shinking had fallen out, making an ideal place for rat. To get rid of them, I tried traps and poison, but they refused to touch the poison or to step into the traps set for them.

In trying to think of some plan to get rid of the rats, I happened to think that sticky fly-paper might do the trick. I had a little experience with fly-paper. One time I trapped on a couple of steets that friend wife had laid on the floor—and I in my bear feet! Also, one time our cat jumped on a table and landed with all four feet in a nice sticky sheet of fly-paper. Wow! People who heard the excitement both times are divided in their opinions as to which made the most fun the cat or myself. We both used language but no one could understand the cat. So, recalling those incidents to mind, I thought I would try out fly-paper for catching rats.

I got a couple of sheets and cut them into strips about one and one-half inches wide, and scattered them around the rat's runways. Some time later in the day I heard an awful uproar out in yard. It was caused by an old gray rat. To judge from his size and color, he was the original old-settler in the rat colony. It looked as if, in making his rounds in the rat town, he had picked up a strip of fly-paper with his tail—you know a rat always dips his tail—and that piece of fly-paper had picked up another strip. Mr. Rat evidently came into the open to see what he had caught, or what had caught him, and he was scared plumb crazy. He would run a few steps, take a couple of short jumps and then rear back and squeal.

I made no effort to kill Mr. Rat but chased him back into the wall, and by the time he was up by the rest of the rats, I supposed they were holding a meeting of some kind. They must have decided that a new kind of plague had come upon random and that it was their move for move they did. I told of this experience to a friend of mine who had a warehouse badly overrun with rats. He tried out this scheme and reported that the fool plan worked. A. Shumaker, in the Philadelphia Farm Journal.

RAT REVEALS GOLD HOARD

A house in Scharnbeck, Germany, was plagued with rats, which raided everything eatable. A large rodent stole a ball of yarn and made off to its hole. A piece remained sticking out and the house-owner proceeded to wind it up. Inch by inch it emerged. Finally a fragment of the wall broke away with it and there was disclosed a rusty tin box filled to the brim with gold coins.

Dorothy Dix's Letter Box

Money, or Lack of it, is the Most Serious Phase of the Marriage Problems for Young People Today—Many Find Self-Comfort More Desirable Than Sacrifices

Dear Miss Dix—I am a young business woman faced with a problem which is common among girls of my status. I am a stenographer. I work in a large office and come in contact with many men in virtually all walks of life. I have many dates with young men who all seem to have the same ideals of life. They are not loose in their natures, but nonchalant in their relationship with girls.



Most of them are resigned to small salaries, with no great hopes for a future. They see no possibilities for an old-fashioned married life, which to me means home, children and a kitchen. In most cases I make as much money as my escort. Under modern conditions we couldn't hope to live decently on the salary of any of the boys I know. Naturally, I don't want to give up the conveniences I have learned to love and descend to a lower scale of living. If I gave up my job and depended on one of these boys supporting me, I am sure that it would soon become a rankling sore spot with him that he had given up his car and his good times for a home and patched pants.

Do you believe that I am wrong in preferring the old-fashioned marriage to the modern conception of easy companionship between the sexes, which never contemplates marriage or old age? But, at the same time, how can I bring myself to sacrifice my present position for a dubious one based upon love, with a husband forced to give up the little luxuries which make life bearable for young men under today's scheme of living?

Bluntly shall I be an old maid? Shall I indiscriminately take male companionship as it comes under today's system? Of shall I marry some poor boy and hope that my love will compensate for all that he has given up and sacrificed to make marriage possible? DISCONSOLATE.

Answer: All of us, and especially us oldsters, still like to believe in romance and to think that there are still men and women in the world to whom love is enough and who are willing to endure every hardship, make every sacrifice gladly, if only they may be together.

But, alas, if this ever was true, it is apparently seldom the case now. For every day we have brought to our notice tragic examples of love that faltered and failed when it was put to the test of enduring a few hardships. It could not survive a diet of bread and cheese and kisses. It had to be nourished on caviar and champagne to live.

All of us know young people who married on a high gust of passion, although they had only a small income on which to live. They believed their love would be strong enough to stand the strain of poverty and sacrifices, but when the test came it failed. They could not endure living in ugly surroundings, eating poor food, having no car and not being able to go to places of amusement. The result was disillusion and quarrels and divorce. It is a sordid thing to say, but most young people of today love good clothes and good times better than they do any man or woman. Their grand passion is self-indulgence.

Such being the case, it is a wise thing for a girl to face the situation and recognize that she doesn't love any man as much as she does her creature comforts, and that she doesn't expect any man to love her as much a he does his. Hence, marriage is out of the question unless the woman keeps on with her job and supplies her own cakes and ale and pretty clothes, which, of course, precludes the idea of a no woman has a right to have children who isn't going to give them her own personal care and attention.

This may not be the ideal marriage, but it is the only marriage that is possible that offers any prospect of happiness to many young people. The men cannot make enough money to support women in the style in which they have been accustomed to live, and they cannot do without the comforts they are used to. So the wife must become a working partner as well as a life partner.

As for a girl entering in what my correspondent euphoniously calls "a nonchalant relationship" with men, that is a fatal folly for her to commit. She degrades herself in her own eyes and in the eyes of all who know her. She throws away her honor, her decency, her good name for a little casual love-making that she knows means nothing, a few dates and good times. She wastes her youth and her beauty and her love in affairs that end in nothing with men who love their ease better than they do her. She ends a broken, bitter old woman who runs after men who have ceased chasing her. Don't do it!

Dear Miss Dix—Here is the picture. The husband and wife both work. The wife gets up and gets the breakfast and calls her husband to eat. It makes him perfectly furious and he says: "As long as you keep calling me I will not come." There is a scene. Things are patched up and the wife continues calling her husband to meals, and the scene is endured. Sometimes the wife eats her breakfast and when he comes down and finds that she has already eaten he is so sore that he just won't eat. This makes the wife cry because she can't bear to think of her husband going to work without breakfast. Her weeping infuriates the husband so that he picks up any piece of furniture that might be near and breaks it up, and this makes her wife cry more because she cannot bear to see the furniture wrecked that they have had such a struggle to get, so she loses control of herself and becomes hysterical. Before she was married this girl was very gay and robust, but now she is thin and sad and nervous. She has asked me what she can do and I do not know what to tell her. ANXIOUS FRIEND.

Answer: The only thing that she can do is to follow the advice of Mr. Smith and take a walk. That is the only possible way by which she can find out whether her husband is trying to drive her away from her home by making everything so unpleasant for her that she can't stay in it, or whether he is just a halfwit baby who goes into tantrums and breaks up things just to amuse himself.

But I think that the wife in this case shows just a little intelligence as the husband does, and she is just as much a silly little girl as he is a bad little boy. If she had any sense in her head she would never call her husband a second time to breakfast after she found out that it got upon his nerves. She would let him get up when and how he pleased and if he was late for his work she should worry.

And she would never beg him to eat because she would know that he was just putting on a show for her benefit, and that as soon as her back was turned he would raid the icebox, or rush to the nearest restaurant. And she would never let him see her shed a tear, because there is no amusement in pulling a little girl's pigtails unless she cries. DOROTHY DIX.

Advertisement for Vitality in TEA. Includes text: "There's more Vitality in TEA", "Athletes train on tea—that's proof is that of vitality-giving qualities of this most invigorative beverage.", "Drink more TEA for Vitality!"

Advertisement for Maxwell House Coffee. Includes text: "THE BEST THINGS IN LIFE, JANE, DON'T ALWAYS COST THE MOST.", "THAT'S CERTAINLY TRUE ABOUT THIS QUALITY COFFEE ANYONE CAN AFFORD", "AND DON'T FORGET, LADIES, MAXWELL HOUSE MEANS A SUPERB BLEND-ROASTER FRESHNESS—MORE FLAVOUR THROUGH A PERFECT NEW GRIND NO MATTER WHAT WAY OF MAKING COFFEE YOU USE.", "GOOD TO THE LAST DROP", "Packed by the Vita-Fresh process, all the original freshness is safeguarded in the tin you have to open with a key."

Maxwell House Coffee ROASTED AND PACKED IN CANADA

THE COOK'S CORNER

RAISIN-PINEAPPLE BREAD Here is sweet bread—one that is quite well-fruit because of the raisins and pineapple which jointly give it its character. 1/4 cup butter or shortening 1/4 cup sugar 1 egg 1 1/2 cups milk or diluted evaporated milk 3 cups sifted cake or pastry flour or 2 1/2 cups sifted hard-wheat flour 5 teaspoons baking powder 1 teaspoon salt 1/2 cup seedless raisins 3/4 cup crushed pineapple drained Cream shortening or butter and gradually add sugar. When thoroughly combined, add beaten egg. Sift flour with baking powder and salt. Add to mixture alternately with milk. Flour the raisins with 1 tablespoon of flour; add fruit to batter. Bake in a greased loaf pan in a moderate oven, 350 degrees F., for about 1 1/2 hours.

CARROT-RAISIN SALAD A most Spring-like salad, this, though it uses ingredients which are in season all Winter long. You might prefer to replace the raisins by well-drained crushed pineapple, for a slightly less sweet effect. Cream or cottage cheese is a grand accompaniment. 2 cups grated raw carrot 2-3 cup seedless raisins 1/2 cup dressing Thick salad dressing Salt, pepper 1/4 cup chopped almonds (optional) Crisp lettuce Combine carrots and raisins and toss together with thick salad dressing to moisten. Taste and season as necessary and add the almonds if desired. Heap into crisp lettuce cups. Garnish as desired.

WEDDING CAKE 2 lbs. butter, 1 lb. granulated sugar, 3/4 lb. brown sugar, 20 eggs, 2 oranges, juice and grated rind, 1 lemon, juice and grated rind, 1 teaspoon soda, 1 cup molasses, 1 cup black coffee, 1 cup fruit juice, 2 1/2 lbs. flour, 2 cups flour (for fruit), 1 1/2 teaspoons salt, 1 teaspoon cloves, 2 teaspoons cinnamon, 2 tablespoons nutmeg, 2 tablespoons mace, 1 glass tart jelly, 3 lbs. seeded raisins, 2 lbs. seedless raisins, 5 lbs. currants, 1 lb. almonds, 2 lbs. citron. Cream butter until very soft, add white sugar and sifted brown sugar and mix thoroughly. Add beaten yolks and mix again with grated rind. Add one-half soda to molasses, stir until foamy and add with coffee and fruit juices, alternating with 2 lbs. of flour; rest of soda, salt and spices sifted together. Break jelly into pieces and stir in. It is necessary to have jelly thoroughly mixed in. Look over raisins and currants, wash if necessary, drain and dry. Blanch almonds and slice. Save half of nuts to sprinkle on top and bottom of cake. Cut citron in thin strips. Mix two cups flour thoroughly with this fruit. Mix prepared fruit with batter. This may be added from time to time with flour. When all is thoroughly combined, fold in stiffly beaten egg whites. This amount makes about 24 pounds of cake and can be baked in small loaves or in one large one. Whatever size is chosen line greased pans with three layers of paper (bottom and sides), having top layer well greased. Sprinkle remaining nuts on top. If made into one large cake, steam four hours and then bake one hour in very slow oven (250 to 275 degrees F.) If made into small cakes, they can be baked

A Morning Smile MAYBE HE GOT THEM The vicar was appealing to members of his congregation to supply refreshments for the church social. "And now, please remember," he ended, "what we want are not abstract promises, but concrete cakes."

TURTLE CAUGHT (C. P. by Guardian's Special Wire) NORTH SYDNEY, N. S. May 10—A 15-pound turtle was caught Saturday in Puttles Lake, source of the town water supply. Chalmers Johnstone, youthful captor is displaying his prize in a tank in his back yard.

FRAYED NERVES When there isn't ARE enough iron in the FAMILISHING blood to nourish the FOR IRON! nerves you cannot expect them to be strong and calm. Irritability... tendency to worry unduly... sinking sensations... fears... nervous disturbances of digestion and sleep—these warn you that you need iron. Then get it at once from Dr. Williams' Pink Pills, the time-tried iron tonic. This fine old remedy builds rich red blood which nourishes and soothes the nerves. Dr. Williams' Pink Pills impart strength; improve sleep, appetite and digestion. They have helped thousands of nervous people back to robust health. Let them help you. Start this iron treatment today. Price 50c. DR. WILLIAMS' PINK PILLS

Spring Fashions For Home Dress-Making So simple to make is this charming jacket dress for today's pattern. Its tricky bias lines create a very slenderizing effect. The sleeves can contrast or be of self material and look very charming.

The original in twin prints in navy and white sheer cotton is very practical and smart. It's perfect for those week-end vacations.

Other lovely schemes in pastel tub silk, linen prints, shirting cottons, pique, shantung, etc., are smart and inexpensive for your summer wardrobe.

Style No. 1748 is designed for sizes 36, 38, 40, 42, 44, 46 and 48-inches bust. Size 38 requires 3 1/2 yards of 28-inch material with 3/4 yard of 39-inch contrasting for dress and 2 1/4 yards of 39-inch material for jacket. Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 1748. Size Name Street Address City State

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