

Cream Sauce A Problem? Look Mom! No Lumps!

THE MODERN way to make the familiar hitherto botherome or often lumpy cream sauce is to use the new "last an" type enriched flour as a thickener. Use the sauce for vegetable, or for creamed meat, fish or seafood.

To do: Stir - mix 2 tsp. of new flour into 1 c. cold milk, or use half 'n' half for cream sauce. Add 1/4 tsp. powdered onion or garlic salt. If desired Add 2 tsp. butter cut in small pieces. Heat - stir until sauce comes to boil; simmer 3 min. Makes 1 c.

Measurements level; recipes for 6. PARSELED CREAMED POTATOES. When and how should creamed potatoes be served is a question the Chef and I are often asked while on tour in personal appearances.

As this is a sauced food, the potato should not be included in the same course with a second sauced food. Creamed potato is moist, containing a sauce in itself, and should be a pleasant accompaniment to the dried textured food.

To make the potatoes look important, we use freshly cooked, peeled whole small white potatoes rolled (not doused) in rather thick white or cream sauce that is generously dusted with minced fresh parsley. If the potatoes were diced then heated in sauce, they would "sit down" on the plate rather than look smart and important.

ORANGE - BANANA MARLOW. 2 c. orange sections, fresh or from refrigerator case. 1 peeled large ripe banana, cut crosswise in 1/4 inch slices. 1 c. sugar. 1 c. miniature marshmallows. 1/2 c. flaked coconut. 1/2 c. sweetened whipped cream.

LITTLE LESSON ON FLUFFY SCRAMBLED EGGS FROM THE CHIEF. Cherres, Mesdemoiselles! After a late evening party, your escort may invite you for 'scrambled eggs at a poppa' at a restaurant. How good is 'scrambled' but when you try them at home they look and taste different!

MARRIED AT TORONTO. A ceremony at St. Leo's Roman Catholic Church, Toronto, Monday, Oct. 26, 1964, for the young couple, Pearl Costello, youngest daughter of Pope Costello of Lot 65, P.E.I., and the late Mrs. Costello, to George Emmett Monaghan, son of Mrs. Emmett Monaghan of Kelly's Cross.

Surpluses Seen At CWL Meeting. Surpluses made by Mrs. L. MacIntyre were displayed by the church committee at the October meeting of the Central West End Council (CWE) held at the home of Mrs. Peter Hughes, Mrs. MacIntyre was asked to consider making a number of suggestions.

N. London UCW Holds Service. The New London United Church Women recent annual Thank-offering service was held on Monday, Oct. 26, 1964, at 7:30 p.m. The hymn "God Reveals His Presence" was sung.

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WOMEN

6 The Guardian, Charlottetown, Mon. Oct. 26, 1964.

HAPPENINGS

Audrey Jenkins, Women's Editor; Phone 4-8806

Mrs. W. J. Reid was made a UCW life member when members of Central Bedouine United Church Women, Unit one, held their October meeting recently in the church.

Mrs. Ernest Johnson presided, and Mrs. Walter Wright led the devotions, opening the meeting with a reading on world wide communion. Mrs. Edna Jenkins conducted the program, reading from the study book describing Brazil and Trinidad. She was assisted by Mrs. Flossie Louthier.

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TWO RING CEREMONY

Mr. and Mrs. Arnett Reynolds are seen following their recent marriage at Murray Harbor Presbyterian Church. The bride is the former Sandra Richards, daughter of Mr. and Mrs. Percy Richards.

MARY HAWORTH

Alarmist Sees Medicare Endangering SS System

Dear Mary Haworth: Inform yourself on subjects before you write about them. You are doing a public disservice with your recent commentaries about Medicare. Some of the letters appearing in your column seem to have misinterpreted the entire social security system, which already is operating at a deficit and has a serious actuarial imbalance.

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SOCIALS SOLICITED. Cooler temperatures and turning leaves indicate that the fall, and another social season is here.