



Here's the Way to
MORE FOOD
for LESS MONEY

GOVERNMENT INSPECTED
MEATS

BUY IN SAFETY — YET SAVE


Shop at the CO-OP SUPER MARKET for sure savings on your food bill. We point out the biggest values . . . the best buys . . . we've in store for you this week. You'll see them in every department . . . and on both sides of each aisle. One thing you'll like about shopping at CO-OP SUPER MARKET is the way we always point out our biggest values to make your shopping easier and more economical. We'll lead you to sure savings.

BACON	SLICED ENDS & PIECES	37^c
WIENERS	QUALITY & ECONOMY. LB.	
	SWIFT'S 1 LB. CELLO PKG.	39^c
	FOR PARTIES & PICNICS. LB.	
STEAKS	CHOICE YOUNG STEER	59^c
	T-BONE — ROUND	
	SIRLOIN or WING. LB.	
CORNER BEEF	SWEET	19^c
	PICKLED. LB.	
BLADE ROAST	YOUNG STEER	45^c
	BEEF. LB.	
BRAISING RIBS	MAKE A STEW. LB.	29^c

HAMBURG	FROM YOUNG STEER	2 LBS.	59^c
	CHOICE LEAN		
	ECONOMY.		
CALVES LIVER	PER LB.		59^c
PICNIC HAMS	MAPLE LEAF		49^c
	AV. WT. 5-7 LBS.		
	DELICIOUS. LB.		
ROAST PORK	FRESH LEAN		39^c
	SHOULDER CUTS		
	SAVE NOW. LB.		

EAT ISLAND FISH

FOR BETTER HEALTH PLUS ECONOMY



COD FILLETS	FRESH CHILLED	lb. 23c
HADDOCK FILLETS		lb. 27c
FRESH LOBSTER	LARGE SIZE MARKETS	lb. 49c

VEL PINK Liquid detergent



just a sprinkle makes dishes TWINKLE!

REGULAR LOW PRICE IS 43c TIN BUT BY REPEAT DEMAND OUR PRICE IS

2 TINS FOR 65^c

FROZEN FOODS

Always FULL and PLENTY of SPECIALS



Take a look into our frozen food cases. You'll see plenty of extra-big specials in fine foods for extra-good eating. Yes—our cases are always brimful with an appealing variety of frozen foods . . . in the famous brands you prefer for unvarying quality . . . at prices that make them BEST BUYS FOR THE MONEY.

ICE CREAM	PERFECTION HALF GAL.	89c
GREEN PEAS	YORK BRAND PKG.	29c

OPEN SATURDAY TO 9:30 P. M.



EXTRA SPECIAL **2 LARGE PKGS.** **59^c**

SAVE HERE!




SPECIAL JOHNSON'S WAX

1 LB. TIN PASTE 59^c

SAVE 6c on 1lb. SIZE

APPLE JUICE	MARITIME MADE SCOTIAN GOLD	2	20 OZ. TINS	23^c
MEAT BALLS AND GRAVY	FRASER BRAND		15 OZ. TINS	31^c
DEVILLED CHICKEN	JENKINS BRAND	2	4 OZ. TINS	23^c
TOILET SOAP	FAMOUS WOODBURY'S FOR YOUR COMPLEXION	4	4 BARS FOR	29^c
TUNA FISH	SEALLECT BRAND — ISLAND PACKED		SOLID PACK — WHITE MEAT — 7 OZ. TINS	29^c
SALAD DRESSING	DEPENDABLE QUALITY		MIRACLE WHIP — 8 OZ. JARS	29^c
WHITE SUGAR	LOW EVERY DAY PRICE		10 LB. PAPER BAGS	79^c
EVAPORATED MILK	TALL TINS — YOUR CHOICE	6	PERFECTION or CARNATION	79^c
CO-OP BREAD	BEST QUALITY — AT AN ECONOMY PRICE		WHITE OR WHOLE-WHEAT SLICED	16^c
TEA BAGS	RED-ROSE BRAND — PACKAGE OF 60 BAGS		SPECIAL 10c OFF OFFER — YOU PAY ONLY	87^c

Flavor-Fresh GARDEN-GROWN



Taste the wonderful flavor of our fruits and vegetables. Their delicious goodness smacks of the flavor-freshness of garden-grown produce. And well it should — because we go where the growing is best . . . select the finest of the freshest fruits and vegetables . . . and rush them to our market every day. That's why you'll always find a Garden of Eden' at our Produce Counters — top quality fruits and vegetables at money-saving low prices.

RHUBARB	FRESH ISLAND	2 LBS.	15c
SPINACH	FRESH ISLAND	2 LBS.	35c
RADISH	FRESH ISLAND	2 BUN.	19c
GREEN BEANS	NEW FRESH LB.		25c
LETTUCE	GOOD SIZE Crisp, Tender	ea.	19c
NEW BEETS	WITH TOPS ON	2 BUN.	29c
Green Onions	FOR TASTY SALADS	2 BUN.	19c
LEAF LETTUCE	PER BUNCH		15c
ASPARAGUS	YOUNG TENDER BUN.		19c

WORLD FAMOUS ROGERS

At Silverplate By Onida Ltd. In The Beautiful, Exquisite "PRINCESS ROSE" PATTERN

NOTHING TO BUY As Many Pieces As You Want. Complete A Set In 8 Weeks.

PER PIECE **25c**

With or Without An Order.



NEWS AND VIEWS ON GROCERIES — CFCY TODAY — 10:30 a.m.
MONTAGUE — SOURIS — VERNON RIVER — TRACADIE and MORELL

CO-OP SUPER MARKET

THE FINEST MEATS IN TOWN

SPECIALISTS IN FRESH FRUIT AND VEGETABLES

AN ISLAND STORE OWNED BY ISLAND PEOPLE

BIG ENOUGH TO SERVE YOU — NOT TOO BIG TO APPRECIATE YOU

FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

BUYS OF THE WEEK

FAMOUS DOWNY FLAKE DO-NUTS	PLAIN OR SUGARED	29^c
GOOD QUALITY — ISLAND GRADE "B" EGGS	DOZEN IN A CARTON	39^c