Early September Wedding

The marriage of Miss Mary Virginia Gallant, daughter of Mr. and Mrs. James H. Gallant, 51 Orlebar Street, and Mr. Carmen Jacob Dockendorff, son of Mr. and Mrs. Walter Dockendorff, 23 Orlebar Street, took place at 9:30 a.m. on Sept. 3rd at St. Dunstan's Bishop's Residence. Rev. F. J. Corcoran officiated.

The bride wore a floor-length gown of white net trimmed with lace over satin. Her chapel veil was held by a coronet trimmed with sequins and she carried a white prayer book with red roses and 'mums.

Her only attendant was her sister, Mrs. Jack Laybolt, who was gowned in pale pink over satin, carrying a bouquet of yellow roses.

The best man was Mr. James Gallant, brother of the bride.

A reception followed at the Queen Hotel for 35 guests. Late summer flowers and a three-tiered wedding cake decorated the bride's table. Mrs. James Gallant was in charge of the guest book.

For travelling through the Maritimes, the bride donned a brown and fawn suit.

Out-of-town guests were Mr. and Mrs. Hector Trottier, Toronto, Ont. Mr. Alex Burke, Chilliwack, B.C. Mrs. Wilfred Burke, Halifax, N.S. Miss Helen Burke; Mr. Jack Laybolt, Dartmouth, N. S.: Miss Elaine Dockendorff, Halifax, N. S. (Photo by Meyers)

MARY HAWORTH'S MAIL

Wife Asks Help In Disputing Husband's Taste

DEAR MARY HAWORTH: Why will persons with atrocious taste say "tastes differ?" How can I give someone to understand that lack of taste isn't "different taste?" Why will a person, who won't take the trouble to investigate the subject, announce arbitrarily that "Modern art is bunk?"

Please don't quote "The Tastemakers" (Harper and Brothers) by Russell Lynes. The book hasn't really much value as a guide to good taste, although it is interesting in its passing references to the origins of early "art" sales and influences.

Specifically my problem is the painful fact that my husband, whose taste is wholly undeveloped, persists in arguing with me about the colors, textures and furnishings in our home.

ONE INSTANCE

I grant you that a home should be comfortable and pleasant for all who inhabit it, but I can't relax in this atmosphere where my sensibilities are constantly attacked by my husband's "taste." For example, he was perfectly willing to place in our living room a pair of rayon satin brocade armchairs —one bloddy red, the other violent green. "Someone must think they are good, or they wouldn't be offered for sale," he told me.

This is just one instance. Every day brings a new conflict. And every day I am told arbitrarily that just because someone's taste differs from mine, it doesn't mean that mine is superior. How does one resolve this situation? It has caused me much anguish and I would be very grateful for any light you can throw on the subject.

A.R.

TASTE AKIN TO MANNERS

DEAR A.R.: It appears that your husband's manners are akin to his taste—each being hard to live with, due to his gross ignorant assertiveness. This quality is manifest in his approach to "art" as well as to personal relations.

Good manners, like good taste, reflect an educated inquiring mind, intent upon bringing honesty, simplicity and a feeling for harmony to one's experience of life.

Your husband's slippery defense of the vulgarly showy red and green chairs—"Someone must think they are good or they wouldn't be offered for sale"—indicates that he hasn't a reasoned, self-confident taste. It seems he can't argue his case explicitly on the basis of personal conviction. So he falls back on belligerent obstinacy.

Perhaps he is color blind and doesn't know it or won't admit it. Maybe that explains why he can't "see" what you object to, in his selections. And why modern art is "bunk" to him—since, in large measure, it has to do with revolutionary ways of handling colors, in disregard to old-style fidelity to detailed subject matter. I think it's fair to concede that much modern art, drained of its color, would look senseless to the passerby.

RESENTS RATING

How resolve the conflict over taste? In all probability, a mutually satisfactory solution isn't in the cards—unless Henry humbly exerts himself to become a cultivated man, and I doubt that he will. You and he just aren't compatible partners. I gather it is understood between you that he isn't your equal in education, intelligence and cultural interests; and he resents your instructive attitude, whereas you can't abide his unlearned attempts to dictate. This is the nub of your daily arguments, probably.

For advice: try constructive diplomatic handling of the home decorating problem. Go ahead trying to furnish the place acording to criticize while you keep silent. If your informed ideas—and let Henry you don't talk back while he airs his views—if he gets no verbal fight on the subject—he may gradually drop the harangue, and direct his ingrained hostility to some other field of opinion. M.H.

Late Summer Nuptials

Mr. and Mrs. Leonard Roberts who were married at Sacred Heart Church, Borden on August 31, 1955 are pictured with their attendants. Left to right: Mr. Lorne Roberts, best man; Mr. and Mrs. Roberts; Miss Freda Noonan, maid of honor; Miss Mary Sexton, bridesmaid; Mr. Reginald Connolly and Mr. Everett MacKenna, ushers. The bride is the former Miss Elva MacKenna, daughter of Mr. and Mrs. Charles MacKenna, Borden, and the groom is the son of Mr. and Mrs. Austin Roberts, Middleton. (Photo by Edwin Heckbert Studio)

HOUSEHOLD HINT

Brooms, mops, toys and the like, carelessly cluttering the floor, may cause passers-by to stumble.

KEEP IN TRIM

Make Up Your Mind

By Ida Jean Kain

Pull up a chair, overweights, and take a refreshing new slant on slimming. You can reduce 10 pounds or 20 and wear a size smaller 30 to 60 days from this very day. That is not an idle promise -- it is an exciting fact.

You have long wanted to lose weight, so figure out what is stopping you. Perhaps it is the mistaken notion that dieting will take the joy out of life. Do a broad jump in your thinking. Mental gymnastics can pull you clear out of that fattening rut. Being burdened with an excess 10 or 20 pounds of unhealthy fat certainly doesn't add to the joy of living. A pattern of eating that enables you to lose 2½ pounds a week enhances your feeling of fitness, far from subtracting from joy, actually helps you to achieve what you really want.

Let that liberating thought take firm root in your mind. The day you look upon the science of nutrition as helping you, to achieve your heart's desire, gone is all resistence to calorie curbing. If your mind is ready, you are ready. Letters from successful reducers emphasize that the first step is to make up your mind to reduce. From that point on, reducing becomes a stimulating challenge.

Here's an activating promise: On the scientifically planned diet, you can lose weight without going hungry. There is a greater carry-over of energy when a complete protein food is included in each of the three daily meals, starting with breakfast. The scientific explanation is that for best protein utilization, all the essential amino-acids which make up high quality protein should be supplied to the body at the same time.

Breakfast should always include an egg or cereal and a cup of milk. Before you decide to skip breakfast in the interest of saving those calories, realize that the morning meal which furnishes protein actually stmulates the body to burn calories.

For a satisfying reducing lunch, try a hot soup made with a cup of skim milk, and an ounce of cheese grilled on one thin slice of bread or ½ cup of cottage cheese and a thin slice of bread, lightly buttered. Fresh fruit may be included for dessert.

At dinner, the protein food can be a generous serving of lean meat, fish or fowl -- no gravy and nothing fried. Include one starchy food: half of a baked potato or boiled potato or a thin slice of bread; butter, ½ pat. Have a green or yellow vegetable, plus a leafy green salad, with special low calorie dressing or sliced tomatoes. Allocate 100 calories for dessert: fresh, frozen or canned fruit; fruit gelatin; or a two inch wedge of angel food cake.

On this protective diet, you can look and feel the way you did 20 pounds ago!

Recipes For Western Dishes

Helen Gougeon, Food Editor, has some good recipes for substantial dishes such as the Westerners love. Stating that plain foods call for real old fashioned cooking talent, she tells how to make steak and kidney pies, ham and egg pies, maple butter tarts and other satisfying homey food. Read them and clip them from The Standard this week. Get The Standard—on sale now, complete with magazine, 12-page novel and 20 pages of comics. Only ten cents!

The Standard

Continued from page 8

Wool Knits

predominates. So keep all fact tags giving the information, marking the type of garment on each tag.

Wool knits with a shrink-resistant finish have the tendency to stretch so they must be handled and blocked with care.

A perfectionist may want to steam wool-knit garments when dry. The process isn't difficult and it does pay off in a professional-looking finish.

Spread the garment flat, cover with a clean, damp cloth and hold a hot iron above the cloth without letting it touch. The heat plus moisure will create enough steam to erase any wrinkles and raise the nap. Omit the press cloth if a steam iron is used, but be very,very careful not to let the iron rest on the knitwear, even for a second.

Matheson—Bernard

Trinity United Church on September 1st at four o'clock was the setting for the marriage of Mr. and Mrs. Roderick Matheson. The bride is the daughter of Mr. Russell Bernard, Hunter River, and the groom is the son of Mr. and Mrs. John D. Matheson, Hunter River. Rev. Howard C. Christie officiated. The attendants were Mrs. Isabel MacLeod, sister of the groom, and Mr. Raymond Large.

Following their marriage the couple left on a honeymoon trip through the Maritimes and U.S.A.

Prior to her marriage, the bride, who is an employee of the Provincial Government, was honored at several showers. Mr. and Mrs. Matheson will reside in Charlottetown. (Photo by Garnhum)

Words Of The Wise

Behavior is a mirror, in which everyone shows his image.

—(Geothe)

ALICE BROOKS DESIGNS

FUN-TO-MAKE!

For TV relaxation—make yourself ballet and boot-style slippers! Use velvet or a quilted fabric — trim with embroidery, ribbon!

Pattern 7392: Transfers, pattern, easy directions for boot and ballet slippers. Sizes Small, Medium, Large and Extra-Large included.

Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to (Charlottetown Guardian), Household Arts Dept., 60 Front St. W. Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER.

Order our 1955 Alice Brooks Needlecraft Catalogue. Enjoy pages and pages of exciting new designs — knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

Business Girl Plans Worry-Free Future

$150 Every Month For Rest of Her Life!

A young Toronto woman has solved the vital problem facing all business and professional women—*future security*. If she stays single, her future will be protected by a Confederation Life policy which, at age 50, guarantees her $150 a month for the rest of her life! If she marries, this policy will provide a comfortable 'extra-income' for her and her husband.

Her Confederation Life policy is a *systematic* savings plan for building a secure future—without financial risks or investment worries. If, for example, she is totally disabled for at least six months by sickness or an accident before she is 50, Confederation Life's Disability Benefit will keep up her premiums for her until she is well again.

Confederation Life Association

For Free Booklet, "I Want Insurance", call

S. W. WILLIS
Divisional Manager
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FREE FOR ASTHMA & BRONCHITIS ATTACKS

Do you or any of your family suffer from difficult breathing, coughing and wheezing because of thick, choking phlegm or mucus, caused by attacks of Asthma or Bronchitis?

Do these spells ruin your sleep so that you are tired out and find it hard to keep up with your work?

Have you tried a lot of things and feel discouraged? Then cheer up and have new hope because more than thirty thousand Canadian sufferers have proved the Asmo-Tab way to fight Asthma and Bronchitis attacks quickly, positively, successfully.

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Asmo-Tabs is a scientifically compounded medicine that works through the blood. That's why it reaches the bronchial tubes so quickly. Then it liquefies, loosens, and helps nature remove thick, sticky phlegm or mucus. When you get rid of the mucus you can get fresh air into your lungs, breathe more freely, relax and sleep better. Of course, that also curbs the coughing so that you can get up in the morning refreshed and ready for a hard day's work.

You can't imagine how much better you can feel until you try Asmo-Tabs. And you can prove it without risking a cent. Just send the coupon below, or a post card, for free $1 package. There is no cost or obligation. Just tell other sufferers how Asmo-Tabs help you.

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Without cost or obligation send me $1.00 Asmo-Tabs free.

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LePage Shoe Co. Invite You To See The Fall Styles of Naturalizer Shoes

We have been in business buying and selling shoes for over thirty five years and we can honestly say that we have never had a line of shoes that fit and look as nice as Naturalizers. They are made by the Perth Shoe Co. Ltd. of Perth, Ontario, who have a terrific system of keeping us supplied with needed sizes in Naturalizers so that we are never short. You only have to try a Naturalizer on once and you'll be convinced that it's the shoe you've been waiting for. We show a few styles on this page.... There are nineteen styles available in 6 colors and 6 widths from AAAAA to D in most patterns. ... You'll be thrilled with the non-slip heel, soft toe, and superb fit of our Naturalizers. ... They are $12.95 a pair in all patterns.

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Daytona
CHESTNUT CALF
AAAA - AAA - AA - A - B WIDTHS

Marshall
BROWN CALF
AA - A - B - C WIDTHS

NOT SHOWN:

BERMUDA (similar to Orlando) SMART ILLUSION HEEL IN BLACK, RED AND BROWN CALF.
DEVON A SMART WALKING HEEL PUMP IN BLACK CALF
NAVAJO A TERRIFIC WALKING HEEL (IN A TAILORED PATTERN) BLACK, BROWN and RED CALF.
SOFTY A SLING BACK STYLISH SANDAL WITH OPEN TOE IN BLACK CALF.
BANDEAU AN ELASTICIZED BLUE SUEDE PUMP IN CUBAN HEEL

The Colors mentioned in this ad. are available from our stock. Many other colors and materials are available from the factories IN STOCK system.

Amazing No. 1
BLACK, BROWN and RED CALF
AAAA - AAA - AA - A - B - C WIDTHS

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BLACK AND BLUE CALF — BLACK SUEDE
AAA - AA - A - B WIDTHS

Orlando
BLUE CALF
AAA - AA - A - B WIDTHS