

ELLEN'S DIARY

By An Island Farmer's Wife

Star-light after storm, and a near-calm in the wake of the afternoon gale. And James interrupting his reading to offer "If we are to fit up that pen in the morning, we should really be off to bed."

However not on this account shall we have reason to recall this day, out because of the morning's storm warnings which preceded and presented the hurricane. At Alder-aca it turned out to be something of a gale, with a downpour that eaped from eaves' spouts and at times formed a silvery screen between our houses and the one on the hill.

Doors had been closed and all made ship-shape for the storm. But our precautions had not allowed for the deluge of rain which descended, nor did we suppose the older turkey poult would prefer to remain in an exposed corner of their quarters, instead of seeking its shelter.

Our farmers had their own troubles in the wake of it, and with them we sighed over the sight of the storm-tossed fields of grain. The near field, so creditable a stand, and Mr. C's on the opposite slope. We overheard two opinions at the moment, now that the younger farmer has come in to "kaley" briefly. "It's one terrible mess!"

And now the scene changed. "Don't you think, Ellen," James observes, knocking the ashes from his pipe; dreams of day ever "we could do with a bit of something and a spot of tea. . . It's a bit like the Fall tonight."

Until tomorrow -- Diary -- Wood-night . . . . .

The Stars Say --

By Genevieve Kemble

For Tuesday, August 29

A SUDDEN and quite unpredictable turn of events may give stimulus to splendid initiative and far-reaching denouements. A new bank on matters pending, an unlooked-for contact or intervention may turn the tide into fresh starts, with pleasant and radical culminations. Be ready with initiative and new ideas to grasp such expanding opportunities.

For the Birthday

Those whose birthday it is may find themselves well on the road to accomplishment, probably with the inception of new ideas, fresh ways and means, as well as through the encouragement of those interested, flamed by new enthusiasms, fresh inducements or impelling relations.

A child born on this day is gifted with initiative, an urge for change and novelty, assuring success and achievement in some out of the usual adventure.

NO TRIBUTARY

The Nile River has no tributary in its 900-mile course through Egypt.

That Body Of Yours

By James W. Barton, M.D.

YOU AND YOUR HEART

Some of us as we think of the body, wonder at the hundreds of diseases and the things that go wrong with us while many more of us as we think of the way we use and misuse the body wonder that anyone of us is really well, is really healthy.

This book is not meant to teach the public all about how the heart works, how much work it does or can do in an emergency, nor does it tell much about the meaning of various symptoms. It does, however, tell about the "amazing routine by which the human body keeps well in spite of the manifold strains and stresses to which it is subjected almost all the time and which is seldom noticed at all until part of it gets a little out of order.

I believe this book covers all that the heart sufferer needs to know to be willing to follow faithfully the few simple rules as to food, rest, and exercise that will enable him to live a useful life for many years, and many to live just as long and comfortably as if they had no heart disease. Thus in his forward, Prof. Marvin states, "This is not a self-help book, designed to enable the reader to make diagnoses and prescribe treatment. Its chief purpose is to bring some measure of enlightenment and understanding to all who read it and great comfort to many who have suffered needless anxiety through misunderstanding or lack of knowledge."

I believe every physician would be pleased to have his heart patients read this complete book, which will relieve fears and anxiety about heart symptoms.

WHY WORRY ABOUT YOUR HEART?

Do you get out of breath on slight exertion? Does your heart seem to skip beats or beat irregularly? Write today for Dr. Barton's interesting booklet on this subject entitled "Why Worry About Your Heart?" To obtain it, send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate Inc., in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

Modern Etiquette

By Roberta Lee

Q. How did the custom of using pink for a girl and blue for a boy baby originate? A. It is generally believed to have sprung from the old custom in Holland of hanging blue and pink on the door to announce a birth. Blue for a boy, and pink for a girl.

Q. How should the word "honour" be spelled in the wedding invitations? A. The old-fashioned spelling "honour" still seems to be preferred.

Q. What is the proper color of personal stationery for a man to use? A. White is the preferable color.

Household Scrapbook

By Roberta Lee

Aluminum

Discoloration on aluminum utensils, caused by food or water containing iron, is easily removed by rubbing briskly with steel wool and soap. Then rinse and dry.

Remember

Remember, when selecting a soup for a meal, creamed soups should not be served when there are creamed vegetables or creamed fish to follow.

Pongee

Pongee should never be sprinkled. Roll it in a towel while it is wet, and iron it while it is still damp.

Cook's Corner

OATMEAL JAM-JAMS

Two cups bread flour, 1/4 teaspoon salt, 2 cups oatmeal, uncooked, 1/2 teaspoon cinnamon, 1 cup dripping or lard, 1 teaspoon soda, 1 cup brown sugar, 1 teaspoon baking powder, sour milk or buttermilk. Rub all ingredients together with the exception of the soda, which should be dissolved in the sour milk. Just enough milk to hold ingredients together. Roll thin. Have ready 1 package dates cooked soft with 1 cup of sugar and a little

Morning Smile

Poor Chap

As the second sponged the badly-battered features of the would-be world champion, he murmured in tones of disgust. "It's all right, Bill. We've sent for a private de-

Brown-MacWilliams Wedding



LAC and Mrs. James Douglas Brown (the former Beula Novella MacWilliams) who were married at the R. C. A. F. Station Chapel, Summerside, on Wednesday, August 23rd by F/L George Fee, station Chaplain.

DOROTHY DIX SAYS -

Age Difference

Wife Upset Because Husband Is Few Months Her Junior

DEAR MISS DIX, I am a young man, married to a beautiful and charming girl. I deceived her about my age, for I am a few months younger than she is, but by some unfortunate accident she found my birth certificate and since then she refuses to talk to me and spends the time in tears and gloom. We were so happy together until this happened. Now all is changed and we are miserable. What can I do? G. A. G.

ANSWER: I think your wife must be singularly lacking in good old, hard horse sense if she is letting such an insignificant thing as a few months' difference in age wreck a happy marriage. If she had found out that you had another wife, or that you had some terrible blot upon your past, or that you were a drunkard, or took dope, she might feel that you had inveigled her into marriage under false pretenses and that she had cause for grief. But when your secret is nothing more serious than a birthday, it is to laugh.

ARE MORE IMPORTANT FACTORS

There are a thousand things more important to consider in picking out a husband or wife than his or her age. And the way a marriage turns out depends upon the congeniality and suitability and characters and manners and habits of the contracting parties not upon which has the most candles on his or her birthday cake. Of course, when December weds May, disaster is bound to ensue. But, leaving out a great disparity of years, it doesn't make a particle of difference whether the wife or the husband is the elder so far as the success of the marriage goes. As a matter of fact you cannot go by the calendar in judging the real age of an individual. There are men and women who are mere girls and boys at 70, and boys and girls who are senile at 17. It is our dispositions and "ways" that keep young and flexible or get wrinkled and stiff and have rheumatism in their joints.

This holds good for the man marrying the woman older than himself. If he is old for his age and she is young for hers, they meet on a common ground and age becomes negligible. Nor is there any reason why a man should not marry a woman older than himself if he is of the mother-complex type. Many such marriages are most happy, because the older woman can give the husband a love and tenderness that no young wife could. The objection formerly made to such marriages was that women aged quicker than men did, but this is not true now that women make a cult of youth and good looks. And most of them stay a perpetual 39.

DEAR DOROTHY DIX: What is your advice to a girl who seems to have assumed the role of a fairy godmother to her crowd? I am a good-looking girl, popular with the boys, but solely as a mother confessor. They confide their love affairs to me. When they have trouble with the girl friend they get me to straighten out things. I have to press-agent them to the girl's family, and so forth. Of course, I like to help someone in trouble, but I would like to be the girl friend myself sometimes instead of the confidant about how much he loves her. The only men I seem to attract are confirmed bachelors who just want an interesting companion. M.

ANSWER: The next time a boy commences telling you how much he loves another girl just yawn in his face and tell him that other people's sentimental affairs are of no interest to you—that you have heart troubles of your own. When you become nothing but a confidante and little Miss Fixit, you put yourself out of the running. Probably your trouble is, that you are more mature and sensible than the boys and girls with whom you run. That is why they come to you for advice instead of love-making. And there is nothing you can do about that, for nothing is more absurd than a sensible girl who tries to act kittenish.

In reality, you are in luck that you attract the older men instead of the boys, because the older men are the marrying men. Nor is there any better fly with which to bait your hook than being an interesting companion. The girl who carries an entertaining line of conversation and who can keep a man interested and amused has a charm to conjure with. Once you have made a man depend on you for companionship and find everything flat without you, it is all over except sending out the wedding invitations.

DEAR MISS DIX: I have given my heart to a man who still has four years college. I believe him to be sincere and true, but when he had confessed that he had loved eight other girls before me I began to lose faith in him. Do you think that after he graduates he will still be true to me? PAT

ANSWER: Possibly, but it is a hundred-to-one shot you are taking on a wedding ring if you are depending on him to supply it. Four years is a long test of any man's faithfulness, especially when he goes to college. For in that time he is thrown in a new environment, with new people, new interests, new aspirations, new thoughts, and he comes out a changed man. Besides, any youth who has eight previous sweethearts shows that he is fickle and that he has too much facility in loving.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

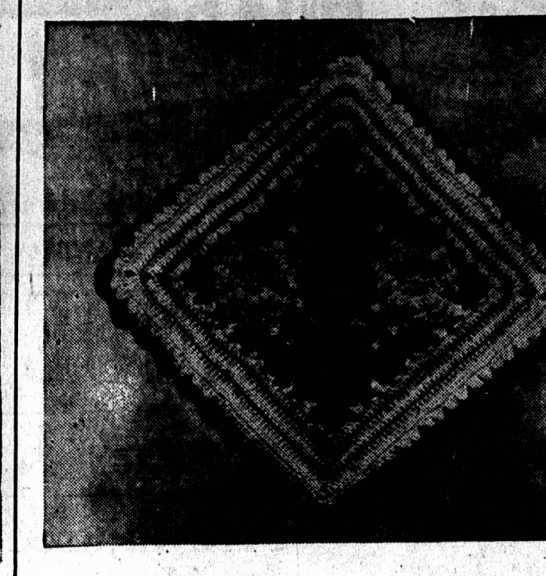
water. Cut cakes into shapes and put a spoonful of dates on top, then put another cake on and press edges firmly together and bake in hot oven. These are really delicious. Filling may be altered to suit taste such as figs or raisins.

Disposition

When a cow had been killed by a train, it fell to the lot of the section foreman to make out a report of the accident on a form the company supplied for that purpose. He checked all the facts and filled in all the lines readily enough until he came to one headed: "Disposition of Carcass."

The foreman scratched his head for a moment, then wrote: "Kind and gentle."

Posy Potholder



Here's a pretty and colorful potholder that will delight any kitchen-conscious homemaker. Crocheted in yellow, white, (or any color you choose) with a centre posy of prettily shaded flowers, it is simple to do and inexpensive too. Write to the Needlework Dept. of this paper if you would like to have instructions. Enclose a stamped, self-addressed envelope and ask for Leaflet No. 9470.

-Needlecraft- FOR THE HOME -

ENCHANTING BOLERO EFFECT

A Summertime cotton with top interest! The smart simulated bolero effect and the cool scooped-out neckline add up to a silhouette that will be charming anytime, anywhere.

No. 2220 is cut in sizes 10, 12, 14, 16, 18 and 20. Size 16, 3 1/4 yards 35-inch, 2 1/2 yards trimming.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian.

Pattern No. 2220

Name

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City

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EARTHQUAKE REPORTED

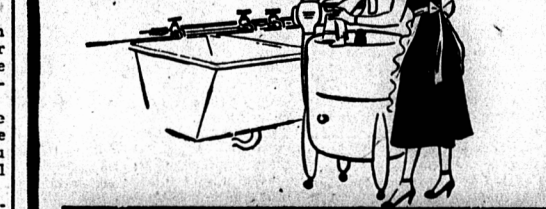
BERKELEY, Calif., Aug. 26 (AP)—An earthquake, probably in the Gulf of California, was registered on the University of California seismograph today. A seismologist said he began recording at 10:43.39 A.M. PDT and lasted 20 minutes. He fixed its epicentre 1.250 miles away and described the shock as moderate.

ALASKA HIGHWAY

Public camping grounds, service stations and other facilities are provided at 250-mile intervals or less along the Alaska Highway.

Snowy Linens to Spotless Laundry Tubs

is...



ANOTHER JOB Javex DOES BETTER

Javex soaks out stubborn stains and bleaches linens and cottons to sunshine-action, snowy whiteness. Try a little Javex when you're rinsing tubs and machine too. See how it cuts that clinging grease and scum instantly. Javex deodorizes drains as well!

JAVEX does so many jobs better!

Keep 3 bottles handy!

JAVEX in the kitchen — Keeps stoves, drainboards, refrigerator, oil porcelain and dishes clean and sparkling!

JAVEX in the bathroom — Makes tub, basin and toilet gleam with hospital cleanliness. Deodorizes toilet and drains.

CANADA'S MOST USED BLEACHING, CLEANSING AND WASHING FLUID

J-37

BULLETINS FROM BIRDLAND

By Winifred E. Wilson



GATHERING OF THE CLAN

The old saying "Birds of a feather flock together" is true of Nighthawks anyway. At this season there is a great gathering of the clan and if you happen to be just under their swirly in late afternoon you may see flocks ranging in size from a mere half dozen to perhaps 200. This migration continues intermittently until mid-September. In spite of the name they bear no relation to Hawks, belonging instead to the Gnatcatcher family, of which Whip-poor-wills and Chimney Swifts are also members. Occasionally Swifts join flocks of Nighthawks on their way south.

Nighthawks' food is entirely insects, most of which they catch in the air, scooping them up in their wide mouths. They seem not to have a preference for any special kind of insect. These may be dipterous gnats, or large moth and dragon flies. Because they catch mosquitoes they are often called Mosquito Hawks. They are said to like fire flies. For birds only about 10 inches long, they eat a great deal.

Those of us who are city dwellers probably have a better chance than our country cousins of becoming acquainted with these useful birds. Every city has several pairs of Nighthawks which choose the flat roofs of tall buildings for their homes, whereas in country districts the two speckled eggs are laid right on the ground in fields, as was done by our Nighthawks' ancestors before man overran this continent. No nest is ever made. The young ones are dark cream mottled with brown, and are carefully guarded by their mother, who is generally also the parent to feed them, by putting her insect-laden bill down the tiny throat.

You surely have heard the Nighthawk's nasal "peent peent" call as it flies over the housetops after you are in bed at night. The best time to see one at fairly close quarters is at dusk. Then you may get a look at the white spot in each wing that has the appearance of a great hole. The male has a white breast band and a white band across his tail. You may recognize the female by her ruffly throat; and no tail band. And listen for the curious, hollow, booming sound, quite unlike any other noise, which is made by the wind in a Nighthawk's wings when it dives down from a great height and then suddenly checks its flight.

Are our birds protected?

ANSWERS

1. Where's a contraction of where is. Say "Where are our hats and coats?" 2. Pronounce the u as in use, not as oo in too accent third syllable. 3. Equivalent. 4. Animation; liveliness; spiritfulness. (Pronounce first l as in vile, as in as, accent second syllable). "She accepted the invitation with youthful vivacity." 5. Frustrate.

TRANS-CANADA HIGHWAY

The present Trans-Canada Highway has no grade in excess of five per cent and no curve in excess of four degrees.

Chipman Knit HOSIERY FAVORITES with ALL THE FAMILY

SMOKE

Advertisement for Buckingham cigarettes. It features a large illustration of a man's face in profile, looking thoughtful. Above him, the text reads "So Mellow SO MILD... SO THROAT-EASY!". To the right, there is an illustration of a pack of Buckingham cigarettes. The pack is labeled "Buckingham CIGARETTES" and "THE FINEST BLEND OF TOBACCO". Below the pack, it says "SMOKE Buckingham". At the bottom, it says "Buckingham CIGARETTES".