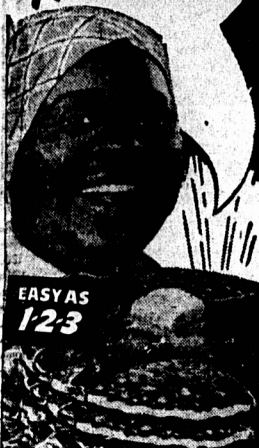


For Scrumptious MONEY-SAVIN' Meals AUNT JEMIMA PANCAKES



EASY AS 1 2 3

RECIPES

Extra-special Aunt Jemima treat! Meat-Filled Pancakes!

1 recipe Aunt Jemima Pancakes.

1 cup chopped cooked ham or beef

Follow easy package directions for Aunt Jemima Pancakes. Just before baking, fold into batter 1 cup of chopped cooked ham or beef. Serve with hot meat gravy. Mighty satisfyin'!

Get Both Kinds

The red box of Aunt Jemima Ready-Mix for fluffy-light pancakes and waffles; the yellow box for taste-tinlin' buckwheat!

So easy!

Gives floors a bright, long-lasting wax shine without any polishing!



Stays bright!

Glo-Coat is water-repellent. It can be damp-mopped again and again with clear water without washing away the protective wax shine!

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ANCIENT TOWN

Bridgport in Dorset, England, obtained a Royal Charter in 1285 to make ropes and cord for the Royal Navy.

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Help SOOTHE PAIN and ACHES QUICKLY

For those aching muscles, let the soothing heat of THERMOGENE Medicated Wool help give you quick, clean relief. It goes to work at once—not messy—easy to use. For chest colds, sore throats, bronchitis, neuralgia, lumbago, sciatica and minor rheumatic pains.

By inhaling THERMOGENE Medicated Rub, a companion product, you'll quickly help clear up uncomfortable head colds. Buy at your drug store today!

THERMOGENE MEDICATED WOOL

Strange But True

By F.H. MacArthur

Though there are many dangerous turns in the road between Ketchikan and Wacker, it has been a long road for Eugene Wacker, founder of the latter community. Wacker, who for years operated a bus service to Ketchikan, recently finished driving 1,100,000 miles between the two points. How many miles he's rowed is anybody's guess. He settled at Wacker in 1907 and through his efforts the road was built in 1918. Since then the road has been extended seven miles north to Clover Pass and nine miles south of Ketchikan. Wacker's driving record is also one of safety, for he has driven over one million miles without an accident.

A bus service was delayed in British Columbia last December while a party of hunters, using a tow truck, hauled a bewildered bear from the grave pit. The animal had wandered into the cemetery and had fallen into the newly dug grave. . . . At Wallace, N. S., stands a stone marking the birthplace of Simon Newcomb, who, self-taught, in the face of adversity, became one of the world's greatest scientists. For his contribution to science he was awarded the Copley medal of the Royal Society of London, made a famous associate of the French Academy of Sciences, and honored by many universities and learned societies throughout the world. . . . Much of the salt taken from the Malaga mines is 99.1 per cent pure. The deposit was uncovered in 1916 and has been to the Maritime Provinces a bonanza.

The Department of Agriculture says there are several reasons why all the fruit on a tree does not ripen at the same time. In some instances this will be a characteristic of certain varieties. The exposure to the sun is of course another factor, fruits being directly exposed, ripen faster. There is also some difference in the fruit appearing in clusters. It is interesting to note that the center one will ripen in advance of the others. Why? Because it is fertilized with pollen before the others are.

When Alexander Graham Bell, inventor of the telephone, came to "Beautiful Hill", N. S., he was so impressed with the spot that he set up a summer residence. Before their death, both he and Mrs. Bell chose Beautiful Hill for their place of burial. . . . For kiddies who long for long-lasting soap bubbles, here's the dope: Add a few drops of glycerine to the soap and water; the bubbles will have a more brilliant color and last longer. . . . Nova Scotia has the proud distinction of being the only Province in Canada and the first colony of Great Britain to possess, through Royal Charter, a flag of its own. The origin of this flag can be traced back to the Charter of New Scotland granted in 1621 to the Earl of Stirling, by King James VI of Scotland and I of England.

The throne on which the Egyptian Queen Hatshepsut was crowned is now in the British Museum, and is the oldest piece of furniture in the world. . . . The Amazon is the widest river in the world. Its mouth is 50 miles across, and where it enters the sea its width is 160 miles.

DARNLEY AND SEA VIEW
W. M. S.

The Auxiliary of the W. M. S. Darnley and Sea View held its regular meeting at the home of Mrs. John Bealato, Feb. 12.

The meeting opened with the "Worship Service" from the Missionary Monthly under the leadership of Mrs. John Bealato, assisted by Mrs. H. Crozier, Mrs. Fulton Simmons, Mrs. Morley Crozier, Mrs. Laura Woodside and Mrs. A. MacKay. The Scripture reading, 3rd Psalm was read in unison. The prayer hymn, "Dear Lord and Father of Mankind", No. 286 was then sung.

The offering was taken and dedicated. The president presided for the business period. Roll call was answered by six members with a verse with words "Service" or "Serve". Minutes of last meeting were read and approved. Correspondence consisted of letter about "March of

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Lenten Meditations

AUTHORITY IN RELIGION

(The London Times)

That authority is an essential feature of religion admits of no doubt. Already in its crudest forms religion lays obligations upon the worshipper, it binds him to a world beyond the appeal of the senses and the moment. But to say exactly where authority lies is not easy.

Authority cannot be wholly internal, for in such a case it would, in fact, cease to be authority at all. Any private "manufacture of values," in Sartre's phrase, would be peculiar to the individual and would lose its claim upon him the moment he was disposed to repudiate it.

On the other hand, a wholly external authority would move in the region of constraint and compulsion. It would rather declare what must be done than appeal for what ought to be done. There must therefore be a rapport between the inner and the outer, a glad recognition that the law given to man from beyond himself is at the same time his own truest friend.

The authority of God derives from the fact that he is Creator and men are his creatures. But this does not mean that he disposes of them and commands them as he will. The simile of the potter and his clay is unfortunate because it contains just this suggestion.

What is meant rather is that the God who bestowed life upon man knows, as no other can do, what nature is, where its blessing lies and where its bane, the lie that deceives and the truth that satisfies, and that he offers this knowledge to man for his guidance. He gave man being, not in caprice but in love, seeking to share with him his freedom and eternity, leaving his work unfinished that man might have the privilege of carrying it forward.

To obey God is therefore self-fulfillment, as to reject him is self-frustration. The authority of God is not an alien command, it is a law written on men's hearts—that is, the law of their nature.

So it is with the authority of Christ. Granted that the Western world can no longer be described as Christendom, it still lies in no small measure under his spell. The language we speak, the literature we read and write, the institutions under which we live, are stamped with many unmistakable signs that such an one as he has been in the world.

He stands at the centre of history in much more than a chronological sense. What men set out from when they speak of God and what they regard as self-evident in their moral judgments are so much evidence of his deep and all-pervading influence. He is much more than an outward power, he is an inner light. If this is so, then in the realm of religion there should be no occasion for any conflict between authority and freedom as opposing principles.

Dames, Veitch Co., and a letter of "Thanks" from Mrs. MacGregor.

The secretary gave a splendid financial report. Mrs. Simmons gave an excellent account of the Presbyterial which met at Summerside.

Mrs. H. Crozier gave a nice reading entitled "Design." Community Friendship Secretary reported five hospital cards, seven get well cards, five sympathy cards, three treats, four letters, and two calls for the month. Hymn 240 was sung followed by the hymn, "Holy Spirit Pray", closed the meeting.

Card Of Thanks

We wish to thank very sincerely the many kind neighbours and friends for their helpfulness and expressions of sympathy which they so generously extended during our recent sad bereavement.

Mr. and Mrs. Henry Peterson and Family.

Gerald Waring Reporting

OTTAWA—This is about a young man named Daniel Aloysius Riley, and his hopes of bringing back to the old port city of Saint John, some of the bustle of activity it knew in its heyday 80-odd years ago.

At 34, Danny Riley is the Liberal member of Parliament for Saint John-Albert, and a man with a future in politics. On that point the 40 M.P.'s whom he escorted to Saint John last weekend agree unanimously.

During a three-day visit they were wined and dined and treated like royalty. The City, the Board of Trade, the Province and the CPR combined to offer them the hospitality for which the Maritimes are renowned. Climax of the trip was an evening aboard the big white CPS Liner Empress of Canada which, like other CPS vessels, uses Saint John as its winter port.

In tours about the city, the M.P.'s and their wives inspected Saint John's industries: the Iron and Brass foundry, the drydock, the sugar refinery, the brush and broom factory and the waterfront. At least one M.P. took home a broom specially equipped for curling with a sheepskin covered handle, as proof that Trade Minister Howe was wrong when he told the Commons recently that Saint John didn't make brooms.

As they walked along the edge of the great graving dock of the Saint John drydock and shipbuilding company—the largest drydock of its kind in the Commonwealth—one of the workers shouted to Riley when he was going to get something in there?

"Hey, Danny! when ya going to get something in there?"

The M.P.'s got the point. Except for a couple of steel barges, the drydock was empty. It had little work since the war. But with the nation rearming, Riley hopes the drydock soon will be ringing with the clangor of riveting hammers as new ships for Canada's Navy take shape upon the hands of the master shipwrights of Saint John.

His First Lobster

Eight Provinces were represented—all but Nova Scotia and Prince Edward Island—and at Saint John many M.P.'s got their first glimpse of the sea. One of them was Irwin Studer (Lib., Maple Creek, Sask.) who, when a lobster was placed before him, stared at it in perplexity.

"What the devil sort of critter is this?" he demanded.

But he liked his lobster thermidor—as well as the buctouche oysters, the fresh halibut, the clam chowder and the fried scallops. However, the Westerners drew the line at dulse, the dried seaweed which is a New Brunswick delicacy.

Premier John B. McNair, Mayor George E. Howard, Trade Board President C. R. Wasson and others hammered home Saint John's need for defence orders for her industries, and the need for new industries to enable the city to catch up with the industrial development of Canada West of the Maritimes.

The ears which heard them were affixed to heads which could help them. Among the back benchers was a leavening of prominent M.P.'s and Cabinet Minister. William Benedictson (Lib., Kenora) parliamentary assistant to the Minister of Transport, was particularly interested in the harbor facilities. Finance Minister Abbott, taking time off from preparing new taxes, got a good natured laugh when he referred to himself as "Abbott, that great friend of the people."

It was the longest and most elaborate parliamentary junket in recent years. These trips, which are growing in popularity, are organized by M.P.'s who want to show their colleagues "the finest constituency in Canada" and to enlist their sympathy and cooperation in getting from Ottawa the concessions their ridings want.

Vanover Is Next

It will soon be exceeded in length, however, when Arthur Laing (Lib., Vancouver South) leads a similar group of M.P.'s to Vancouver to show them what that city, like Saint John, does contribute and could contribute to the industrial strength of Canada.

As Wasson told the group at Saint John, "We want you to see what we have, and what we need."

The M.P.'s were appreciative of the hospitality they received, and of the importance of Saint John both as an industrial centre and as a seaport. Saint John, they were allowed to infer, was really a greater port than its Nova Scotian rival, Halifax.

Among others, Labor Minister Gregg essayed to thank the city fathers. He told a story: How, when he was commandant of the officers' training camp at Brockville, Ont., during the war, he addressed a graduating class of army nurses, and dwelt on the life of Florence Nightingale.

"Then I told them that, in entering their new profession, they

TEEN AGERS ONLY

BAD COMPLEXION

simples, eczema, rash, blackheads can be quickly relieved with scientifically medicated Cuticura Soap and Ointment. Buy Cuticura at your drugstore today.

could do no better than emulate Laura Secord!"

When the laughter had subsided, Gregg became serious. He turned to Mayor Howard, and on behalf of the M.P.'s he expressed thanks for the splendid hospitality which you, your worship, and the entire Halifax Board of Trade have . . .

He got no further. That was funnier even than Laura Secord.

He got no further. That was funnier even than Laura Secord.

A REAL OLD TIME LOOK

- LOW PRICES EVERY DAY**
- Green Peas, 6 tins \$1
 - Golden Corn, 6 tins \$1
 - Mackerel, 5 tins \$1
 - Pilchards, 5 tins \$1
 - Clams, 4 tins \$1
 - Red Pitted Cherries, 4 tins \$1
 - Peaches, 6 tins \$1
 - Wax Beans, 6 tins \$1
 - Pork & Beans, 6 tins \$1
 - Pitted Dates, 5 lbs. \$1
 - Sultana Raisins, 5 lbs. \$1
 - Fresh Prunes, lb. 33c
 - Bulk Macaroni, 2 lbs. 29c
 - Kraft Dinner, 2 pkgs. 31c
 - Bulk Rice, 3 lbs. 37c
 - Rolls Oats, 5 lbs. 53c
 - Pure Lard, 1 lb. 31c
 - Cat & Dog Food, 5 tins 25c
 - Carrots, 5 lbs. 23c
 - No. 1 Onions, 3 lbs. 25c
 - Delicious EATING APPLES, Small, doz. 19c; 6 doz. \$1
 - Bushel Hamper \$2.75
- New CARROTS, 2 lbs. 25c
Fresh From Texas
- Cincy Wallpaper CLEANER, 2 tins 39c
- White Sliced, Unsliced BREAD, loaf 14c

SAVE 15% DOUBLE-QUICK

Rinso

2 LARGE SIZE ONLY 73c
1 GIANT SIZE ONLY

WITH YOUR COUPON

Cash All Coupons Here And Save

1950 Living Costs

Up in 25 Nations, Down in 6 Others

United Nations, N. Y., Mar. 6—According to figures published by the International Labor Organization in Geneva, the cost of living rose during 1950 in 25 countries or territories, dropped in six and remained unchanged in two.

The organization, which is a specialized agency of the United Nations, sent its report on statistics based in from 33 countries whose figures were complete through November or December. Canada and the United States showed the same increase, 6 per cent, compared with the corresponding period in 1949. Britain's cost of living rose 4 per cent while Australia's jumped 12 per cent.

RED ROSE TEA

IS GOOD TEA!

Living costs decreased for the same period in Burma, Western Germany, Iran, Portugal, Sudan, and Turkey. The index for Ireland and Switzerland showed no change.

Living costs decreased for the same period in Burma, Western Germany, Iran, Portugal, Sudan, and Turkey. The index for Ireland and Switzerland showed no change.

FOOD SALE

ENDS SATURDAY NIGHT BUY FOR LESS AT THE CASH & CARRY

- LOOK! Shelled WALNUTS, broken, 1 lb. bag 69c**
- LOOK! SHORTENING, 2 lbs. 69c**
- LOOK! Dixie Bar LAUNDRY SOAP, reg. size 10c; 11 for \$1**
- LOOK! EDDY'S MATCHES, 3 lge. boxes 23c**
- LOOK! White GRAPEFRUIT, very juicy, doz. 69c**
- LOOK! Clark's Yellow Eye BAKED BEANS, 3 15-oz. tins 50c**
They Are Delicious.
- LOOK! Floor WAX, reg. 39c, 1 lb. tin of fine wax .. 31c**
Stock Up Today for Spring Cleaning
- LOOK! Extra Large Iceberg HEAD LETTUCE, 2 for 35c**
- LOOK! Sunkist Extra Juicy ORANGES, 35c doz.; 3 doz. \$1**
- ELECTRIC FLOOR POLISHER FOR RENT**
- LOOK! Just Arrived Fancy Bema MOLASSES, 1 gal. \$1.09**
Finest Quality Molasses — In Bulk

MEAT & FISH DEPT.

Fresh SPARE RIBS, very meaty, 4 lbs. 89c

Best Quality, Dry, Boneless SALT CODFISH, 35c lb.; 3 lbs. \$1.00

Lge. Corned Mackerel 29c
Salt Herring 9c ea. doz. \$1
Boneless Digby, lb. 39c
Smoked Filets, lb. 39c

EXTRA SPECIAL! Boneless, Rolled ROAST BEEF, lb. 73c

No. 1 BREAKFAST BACON, lb. 57c

No. 1 Old Fashioned BLUE POTATOES, 50 lb. bag \$1.00

CHICKEN, FOWL, DUCKS & GEESE IN STOCK

CASH & CARRY STORES

187 GREAT GEORGE ST.
PHONE 747 WE DELIVER C. O. D.
THE BIG STORE WITH THE BIG STOCK



98 lb. bag \$5.89
(4 Entry Blanks)

24 lb. bag \$1.59
(1 Entry Blank)

"How Long Will The 8-Day Clock Run?" Get Your Guess In Today.

SPECIALS ON SALE FRIDAY & SATURDAY NIGHT
6 to 9:30 ONLY
No Phone Orders
Free Delivery

Carnation MILK, 2 tins 29c
Limit 6 Tins

Electric Light BULBS, 7 for \$1
25, 40 and 60 watts

Delicious, Fresh GUM DROPS, lb. 29c

JELLO, pkg. 8c
All Flavours

Campbell's Tomato SOUP, 9c tin, 12 tins \$1

HURRY! WIN A MINK COAT!

Enter Swiftning's \$40,000.00 all-Canadian Contest!



You in flowing mink! Here's your chance to win the coat in the greatest contest ever! These lovely lustrous mink coats carry the exclusive "Algonquin" label, are fashioned by Schipper-Freifeld, internationally famous winner of fashion awards.

EVERY THREE MONTHS

some lucky woman will receive a superb \$4,000 natural Canadian ranch mink coat. Another lucky woman will receive \$1,000 grey Persian lamb coat. A third will receive a \$500 Canadian muskrat back coat, dyed in mink shade. Every one of these beautiful fur coats is a genuine "Algonquin" fur, and will be fitted to your individual measure.

Fifty other lucky women will receive "Algonquin" squirrel scarves . . . 33 prizes every third month!

Enter now! Enter often!

FIRST QUARTERLY CONTEST—MARCH 1 TO MAY 31, 1951

EVERY SINGLE MONTH

a lucky woman will receive a \$300 blended Russian sable scarf, and another a dyed brown Russian squirrel scarf. And winners of these lovely prizes can still win a grand prize at the end of the three month period!

To enter, all you have to do is send your name and address with a Swiftning carton top, or disc from a Swiftning tin, or a reasonable facsimile of either. The more often you enter, the better your chance of winning one of these gorgeous prizes.

Read this Carefully... it may help you win a Mink Coat

DIESTIBILITY PLUS! With Swiftning you get digestibility plus better deep fries and baked goods! For lighter cakes and flakier pastry, use Swiftning—the shortening that makes all your baking easier and quicker. And remember, no shortening is more digestible! No wonder in Canada good cooks are switching to Swiftning! Ask for Swiftning today in one lb. cartons, and one or three lb. tins at your store.

Here are the Simple Rules

1. Take the box top from a one pound carton, or a disc from a one pound or three pound tin of Swiftning, or a reasonable facsimile thereof. (A three pound tin contains three discs and entitles you to enter three times.)
2. Print your name and address on the back, and mail to Swiftning's Fur Coat Contest, P.O. Box 446, Terminal A, Toronto, Ontario.
3. Send as many entries as you wish. Be sure you send a box top or disc or a reasonable facsimile with each entry. Mail each entry separately.
4. Every three months, 75 lucky contestants will be invited to write not less than 25 words on "Why Good Cooks are Switching to Swiftning." In addition every month's 4 contestants will be given the same opportunity to win a monthly prize. The monthly and quarterly prizes—see left—will be awarded in order of merit. The decision of the judges is final.
5. No correspondence concerning the contest can be undertaken. All entries become the property of Swift Canadian Co. Limited.
6. This contest is open only to residents of the Dominion of Canada, who are not employees of Swift Canadian Co. Limited, their advertising agencies, or their families.

*Swiftning is the trade mark for Swift Canadian Co. Limited's improved shortening.

Swiftning

Good Cooks are Switching to SWIFNING