

Quiet Gloucesters More In Public Eye

LONDON, Jan. 9.—(CP)—The new year finds the spotlight veering towards the most retiring of the royal ladies, the soft-voiced Scottish-born Duchess of Gloucester.

As arrangements gather speed for the King's recuperation cruise on H.M.S. Vanguard, when the Queen and Princess Margaret will accompany him north and more official engagements fall to the lot of the Duke and Duchess of Gloucester and the Duchess of Kent.

This means more freedom for Princess Elizabeth and the Duke of Edinburgh, now busily preparing for their spring tour of Australia and New Zealand.

Essentially a family couple, the Duke and Duchess of Gloucester are little in the limelight. Even during the King's absence from public life, when the Duke "stands in" for His Majesty, it is done with a minimum of publicity. And on all such occasions, the Duchess is present, this blue-eyed, brown-haired lady who celebrated her 50th birthday Christmas Day, remaining in the background.

Since her marriage in 1935 to the quiet, soldierly Duke, the Duchess has been as aloof from publicity as is possible in royal circles. Mother of two sons—10-year-old Prince William and seven-year-old Prince Richard—she spends much of her time with them.

Happy Family The London home of this happy family is York House, part of squat, red-brick St. James's Palace. In this curious old-fashioned building without a garden and with place of its windows facing directly on a public street, the Duchess particularly favors a comfortable unpretentious sitting-room where the boys and their three shaggy-haired terriers are always welcome.

With deep Chesterfield, two "manicured" easy chairs and dark repp furniture, this is also the favorite relaxation point of the Duke. Occasionally the boys bring up their model trains, picnic the rails and stations across the beige pile carpet.

When possible, the Gloucesters go to Barnwell Manor, Northamptonshire, their country home. Its tennis court, open-air swimming pool and beautiful gardens make it the natural background for this out-door family.

In old tweeds and stout gloves the Duchess helps in the gardens and her sturdy sons do various farm chores. Keen horsemen ever since they were old enough to mount, William and Richard are often seen in the saddle. Their third daughter, the 7th Earl of Buccleuch, the Duchess spent much of her childhood in Scotland at Drumlanrig Castle, where her favorite hobby was painting landscapes. She won much praise from the critics when her work was given a personal showing in a London art gallery and one of her chief joys is the fact that Prince Richard shows an aptitude for the brush.

NEW! QUICK! ALL-BRAN HOT-BREAD. So light and good tasting, made with Kellogg's ALL-BRAN and molasses. Delicious with Oven-Baked Beans. 1 cup Kellogg's ALL-BRAN, 1 egg sifted flour, 1/2 cup raisins, 1/2 cup molasses, 1/2 cup hot water. 1. Measure first 4 ingredients into bowl. Add water, stir till shortening melts. Add egg; beat well. 2. Sift together flour, soda, salt, cinnamon, add to All-Bran mixture, stirring only until combined. 3. Fill 2 greased baked bean cans 3/4 full. Bake in preheated oven (350°F.) 45 min. Yield: 2 loaves. Or use 8 x 9-in. pan. Bake in mod. oven 35 min. Yield: 1 loaf. Makes delicious luncheon sandwiches.

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ELLEN'S DIARY

By an Island Farmer's Wife

"I wouldn't doubt Ellen but we will get an old fashioned storm out of this!" James says bringing in with him an extra armful of sticks in the event of it. He asks us familiar questions: "Is there enough kindling in to do over—and coal for the room-stove?"

And satisfied that indoors we are prepared for falling weather he brushes now the dampness from his shoulders and lays cap and jacket aside. "There's east in the fall of it, Ellen—and it's commencing to drift." He shakes his head over the prospect. "I don't like a winter storm. I don't know why—perhaps because we used to have so much snowfall in the long ago and it made the clearing so difficult. We'd clear away the doors, break roads, and a path to the watering place below the mill, only to have them filled in in a day or so by another storm... or at least that's the way I recall it."

"And if there happened to be a scarcity of fuel about, what a task it was to get to the woods! Why, Ellen, when we stop to consider it, we've had no winters in recent years. Yes, I believe we'll get quite a storm out of this!"

James and the younger farmer had been speeding parting guests on the way. We heard the music of bells, as the sleigh went out the driveway minutes ago. There had been a round of stables and sties before that, always a fascinating tour for those with like interests and with a plan of action organized for mutual success. Capital and influence may enhance prestige and popularity.

Those whose birthday it is are encouraged to work out their own ambitious plans, hopes and wishes with a firm groundwork and detailed proposition, before seeking the collaboration of those in influential places. Their capital and power may advance the progress of delectable projects, increasing confidence and waverling prestige. It may develop popularity and encourage initiative to realize that "in union is strength" and consolidation gives security.

A child born on this day has a happy faculty of combining with others whose prestige and collaboration are vital to its success and personal popularity.

"Do you know what I shall do the next time I visit there?" James commented with obvious disappointment when a farmer from a distance—one who has a way and a liking for livestock but from whom the years is taking in toll the enthusiasm of once—failed to show any interest in a proposed trip to the stables on a recent visit. "I'll be content to stop in the house, just as he did."

This of course would be a drastic retaliatory measure, one we are confident James would find extremely difficult to carry out. "It's not that ours are better than his, Ellen," he continued, "for that matter nearly so good, but I did want him to see the gains some of them had made! I wonder" he commented, with apparent long suffering, "how those young cattle of his are doing."

So we have falling weather again! We saw snow drift, fine flakes of it in the light as the farmers moved away from the departing sleigh to come to their respective homes—so saw James look at the dull starless sky and note the way of the yet gentle night-wind. And if it storms, heaping old fashioned drifts of it as once against the windows, we shall recall tomorrow how good was our today.

We shall remember with pleasure the outing we enjoyed this afternoon with granddaughter along the farmlands as far as... but Until tomorrow—Diary—Good-night...

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DOLCIN Best-known Product for Relief of Pains of Arthritis, Rheumatism. Pipe in mouth, a man was encased in his living room chair when his wife piped up and said: "Will, do you realize that next Tuesday is our 25th wedding anniversary?"

Alice Brooks Designs. EASY CROCHET. Make both—you'll love them! They're so warm and practical. Use sport yarn in one color for the pique nubbly weskit and in two colors for the checked weskit. Weskies are new practical fashion. Pattern 7124 includes crochet directions for sizes 32-34; 36-38. Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number. WHITBY, England—(CP)—A hotel here has introduced North American square dancing among its entertainments. The same old style dance was made popular here by the Canadian tour of Princess Elizabeth and the Duke of Edinburgh.



KIDNAPPED INFANT FOUND—Mr. and Mrs. Eugene Callahan, of Mankato, Minn., hold their 18-day-old son, after police found the infant in the New Ulm, Minn., apartment of Mr. and Mrs. Leonard Scheid. The Scheids were arrested for questioning. The infant had been taken from his crib the day before by a woman wielding a pistol.

The Stars Say --

By Genevieve Kemble

IT is probable that the highest objectives, the most ambitious plans and desires, may be furthered by the lively and enthusiastic support of those in high position and influence. Approach these with ideas well-formulated and your ideas well-organized and with a plan of action organized for mutual success. Capital and influence may enhance prestige and popularity.

Those whose birthday it is are encouraged to work out their own ambitious plans, hopes and wishes with a firm groundwork and detailed proposition, before seeking the collaboration of those in influential places. Their capital and power may advance the progress of delectable projects, increasing confidence and waverling prestige. It may develop popularity and encourage initiative to realize that "in union is strength" and consolidation gives security.

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Household Scrapbook

By Roberta Lee

Buttons Buttons town off the children's rompers or underclothes can be best replaced by sewing the button to a small square of strong tape. Push the button through the hole, leaving the new square on the wrong side. Fell this down to the romper back of the button, and in this way one is patching as well as sewing on the button.

Boil Remedy The skin of a boiled egg is effective for boils. Peel the skin off carefully and apply to the boil. It will draw off the matter and remove soreness within a few hours.

Ferns A fern that is growing fast and needs more dirt around it should not be kept in a small pot. Replant the whole thing in a larger pot, or separate it into two plants.

Morning Smile

No Gentleman Boss: "You say there is a man at the door wishes to see me. Does he look like a gentleman?" Office Boy: "Well not exactly like a gentleman, sir. Just something like yourself."

Responsibility Pipe in mouth, a man was encased in his living room chair when his wife piped up and said: "Will, do you realize that next Tuesday is our 25th wedding anniversary?"

Alice Brooks Designs

KING COLE COFFEE. Your Favorite Blend. 7124 by Alice Brooks.

That Body Of Yours

By James W. Barton, M.D.

NEED OF A MENTAL AND EMOTIONAL CATHARTIC

When we think of a physician prescribing a "cathartic," we have in mind a dose of calomel or epsom salts. This cathartic not only clears out the large intestine (colon) but also takes away some poisonous wastes from the blood. The draggy feeling caused by an overloaded colon is caused not only by the wastes or poisons in the colon but also by the stretching or pulling of its nerves. The patient always feels more buoyant in body and mind when he has received a cathartic.

What many of us never realize is that just as the body needs a cathartic at times, so also does the brain and nervous system, with its depressing emotions, need a cathartic. In The Journal of the American Medical Association, Dr. Dwight L. Wilbur (Stanford University) states that it is believed that one-third to two-thirds of all patients who seek medical help have as the most significant cause of ill health an emotional or neurotic (nervous) disturbance. Nervousness and fatigue are among the commonest symptoms, others are sighing, difficulty in getting a deep breath, worry about heart and blood pressure, inability to work or react for prolonged periods and disappearance of symptoms at night with rest in bed, history of a nervous breakdown in patient or family, and excessive emotional reactions are common.

"Adequate history, thorough physical examination and necessary laboratory and X-ray studies should be made to convince the physician of the diagnosis," Dr. Wilbur writes. This complete examination does two things (1) gives the physician an excellent idea of the type of person with whom he is dealing and serves as a good "mental cathartic" as the patient develops confidence in the physician, because of the thoroughness.

A. Wash the corduroy clothes with mild soap and plenty of warm water. Rinse well, shake, and hang up to dry. Q. How can I remove bluing stains from fabrics? A. Soak the fabrics in strong ammonia water. Or, soak in kerosene and wash with naphtha soap in tepid water. Q. How can I clean tortoise shell? A. Apply alcohol to the tortoise shell, and polish with a chamouis dipped in dry borax.

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Thousands who never could gain weight before, now have shapely, attractive figures. No more lony limbs, saggy bosoms. They thank Dr. J. C. Moore for his new diet. Try Dr. J. C. Moore's Tablets for new pounds, lovely curves, new pep, today. At all druggists.

DOROTHY DIX SAYS—

Talent Not Required

Application Brings Perfection In Any Of The Household Arts

DEAR MISS DIX: I am a married woman and a mother—just like millions of other women. I am "fairly" young, "fairly" nice looking (in a neat sort of way) and a "fairly" good wife and mother. That is my complaint: I am not really good at anything, just fair! It seems to me that everyone I know has a talent for something. Not so with me, and with my duties to my home I have little time to learn to do something well. It isn't that my lack of talent makes me especially unhappy, but I would like to be able to do something that I could be proud of. Can you suggest something? "NO TALENT" JOY

ANSWER: Great talents are very sparsely distributed—after all, that's why they command such great respect. If everyone had the ability to write glorious verse, compose majestic music or paint a beautiful picture, their talents would be common place. The fact that you were not born with great creative art does not, by any means, doom you to a nondescript existence. You can, if you really wish, become thoroughly accomplished in the arts within your home. In this field, too, you will find many girls with natural talents who are likely to frighten off less gifted housewives. However, with home arts, almost everyone can acquire impressive skill. With you it will take more time and painstaking effort than if you were born with a gift for cooking or sewing, but attaining perfection is not impossible.

BE DETERMINED

You must, first of all, be absolutely determined to conquer your chosen field, be it cooking, sewing, decorating, knitting or some allied art. Then, if you can spare the time or money, go to school, or take a course in the subject. If that is impossible, buy a book! One of the great blessings of mankind is the availability of books. Books on any subject, books providing instruction in any craft, detailed in their instruction, helpful with their guidance, enlightening in their scope! Read, practice and repeat! Over and over until you can knit a perfect sweater, make a perfect pair of overalls, bake a perfect pie, grow a perfect flower! Any one of these things you can do with patience. One perfection leads to another, and soon you'll have a most astounding array of talents you never suspected. Just wishing to be talented will get you nowhere; just reading about other people's achievements will accomplish nothing; you must do! Forget the unsuccessful attempts and begin right away with another try.

DEAR MISS DIX: Jerry, the boy I like sometimes acts as though he likes me, then suddenly becomes absolutely indifferent. I think he does like me, but the boys he goes with kid him so much he doesn't want to show it. D.S.

ANSWER: Your Jerry is just a bashful adolescent and you shouldn't worry too much over his attitude. Just be good friends, and as he grows older and more sure of himself, he won't be so reticent in his attentions. Don't try to rush him or he'll be scared off permanently.

DEAR MISS DIX: I'm 18 years old and have been going with a boy for two years. I love him very much, but here are my problems. He stands me up at least twice a week, his only excuse being that he was drinking or had to have his car fixed. He is always late when he does come. He never dresses up, coming over even on Sunday in jeans. My friends think I should forget about him, but I can't. DIANE G.

ANSWER: You present just about as unattractive picture of a boy as I've ever read. What in the world has he to offer as compensation for all these serious, bad faults? He's untrustworthy, inconsiderate, ill-mannered and interperate. Does that galaxy of qualities appeal to you as husband-material? You could scarcely do worse. Diane. Better take stock of yourself and realize what a disastrous situation you're headed for.

Now at your local store—your own special Rinso. NEW DOUBLE QUICK Rinso is specially made for the water in the CHARLOTTETOWN AREA. SO THAT'S WHY YOUR TOWEL IS SO MUCH WHITER THAN MINE! YES, MINE IS RINSO WHITE! ONLY RINSO HAS SOLIUM AND IS SPECIALLY MADE FOR OUR LOCAL WATER! ONLY RINSO HAS SOLIUM TO GET YOUR WASH WHITER, BRIGHTER THAN NEW. RINSO GIVES THE WORLD'S WHITEST WASH.