

Collector Of Musical Instruments



Some people collect stamps, others china, and still others antiques. But not Victoria Kingsley of London. Her hobby is musical instruments, and she has samples of just about every musical device ever invented. Here she shows an Indian tanpura.

The Stars Say --

By Genevieve Kestable

For Tomorrow

DESPITE best efforts, all of us need help and advice at sometime or other, so if this day, you should find yourself faced with an unusual problem, do not hesitate to call upon a good friend or an expert to aid you. By emphasizing harmonious relationships and maintaining an optimistic attitude, you will secure even greater cooperation than you expect.

For the Birthday

If tomorrow is your birthday, you should find the year ahead one of great accomplishment even though the past months may have brought you some discouragement. You may have to revise some of your methods to bring projects to a successful conclusion, but you are about to enter a period in which the broader viewpoints you are about to acquire will clarify many issues, making changes easier and hastening the success you seek.

Household Scrapbook

By Roberta Lee

Flannel

Before making up new flannel, put it in a bath and pour boiling water over it. Let it stand until cold, then wring out and dry. Flannel treated in this way will never shrink in washing later.

Furniture

A cloth dipped in linseed oil and wiped over polished furniture will greatly improve its appearance.

Cold Tea

Cold tea is a wonderfully effective liquid for cleaning varnished paint, window panes and mirrors.

Modern Etiquette

By Roberta Lee

Q. When passing a salt or pepper shaker at the table, should one place it on the table or hand it directly to the person?

A. It is usually less awkward to put it down on the table and let the person pick it up, than to try to hand it directly to him.

Q. Which is the correct form of introduction, "Mrs. White, this is my husband," or "Mrs. White, this is Mr. Walker"?

A. The correct form is, "Mrs. White, this is my husband."

Q. What does the father of the bride do after he gives his daughter away?

A. He steps back and takes his place next to his wife, at the end of the first pew on the left of the church.

That Body Of Yours

By James W. Barton, M.D.

AN EARLY RISE AFTER OPERATION IS A GREAT BENEFIT TO PATIENTS

Many patients who are willing and able to pay for a long stay in hospital after operation, feel that the physicians, surgeons, nurses and hospital authorities seem anxious to get them discharged from the hospital much sooner than is necessary. While it is true that all hospitals are overcrowded and there is often a waiting list, there is no delay in getting an emergency case into the hospital even if it is necessary to put the emergency patient into a semi-private room or even into a ward.

The real reason for getting patients up on their feet and sending them home is that they do better, get their strength back in less time if they do not rest in a hospital bed too long.

In Postgraduate Medicine, Drs. Louis T. Palumbo, R. E. Paul, T. T. Mazin and J. A. Katz, Des Moines, Iowa, state that the beneficial effects of early ambulation (walking about early after sickness or operation) do not appear to be fully appreciated in this country. This method of surgical treatment is not new, having been proposed by Dr. E. Ries, in the Journal of the American Medical Association, 30 years ago.

Prolonged bed rest results in many undesirable physiological changes. These disturbances include weakness of outer or skeletal muscles and muscles controlling inner organs, and loss of tone, loss of calcium and nitrogen from the body, reduced vital capacity, decreased heart output, slowing of the circulation and delay in wound healing. To these undesirable changes may be added indigestion and constipation.

As a result of these changes, many complications may develop during the stay in hospital after operation. The most common complication and one giving great annoyance is "flatus," gas in stomach and intestines with nausea and vomiting, or decrease in appetite just when a good appetite means so much in rebuilding of the body and mind.

This extended rest in bed may cause bronchial and lung complications and slowing of the circulation of blood in the legs.

Some interesting figures are given in the article. In a series of operations extending over four years, two groups of patients were observed. In one group were 1,700 (58.5 per cent) patients ambulated early, and in the other 1,203 (41.5 per cent) who were ambulated late.

Early ambulation consisted in arising from bed, standing, walking, and sitting either in a chair or on the side of the bed on the first or second day after operation. These cases were helped by attendants for the first few days.

The late ambulation patients got out of bed first on the sixth day after operation.

In the early ambulation patients there were 40 (2.3 per cent) complications and in the late group 69 (5.7 per cent). There were fewer complications and shorter hospital stay, a great saving to patient and hospital.

The Juba, one of the chief rivers of East Africa is more than 1,000 miles long.

Bringing Up Baby

Hints Collected by Mrs. Ben Under (Mother of 5)

Note from a bright young mother who'd been having trouble keeping track of an active toddler: She sewed little bells on the toes of his slippers, the straps of his play suit. Now she knows his whereabouts... and he's entertained by the gentle jingle.

Active toddlers with a few teeth enjoy foods that encourage chewing. The tender, special mixed texture of Gerber's Junior Foods is easy for them to manage. And they love the true colors, true flavors. Appetizing choice of Gerber's Junior Fruits, Vegetables, Vegetable and Meat Dinners and Puddings! All as wholesome as baby-food specialists can possibly make them!

Toys for toddlers are most fascinating when the baby can do something with them. An easy-rolling wagon that can be pulled, filled, emptied. Big blocks, smoothly sanded (maybe Daddy can make some). Even jig-saw puzzles—special toddler's ones consisting of half-dozen or so large wooden insets.

Specialists who make baby foods and nothing else—the folks at Gerber's... take the utmost care with Gerber's Cereals to please doctors, babies, mothers! They're nutritious... enriched with B-vitamins, iron, and calcium that are so important to rapidly growing babies. They're appealing in texture and taste—with the five pleasant individual flavors: Mixed, Rice, Barley, Oatmeal and Wheat. Gerber's Cereals are ready to serve, thoroughly pre-cooked. You simply add milk or whatever other liquid your doctor prefers. No finer baby cereals at any price, in short!

Help, help! Please do keep me posted with your hints on being a good parent. Many of the brightest ideas I pass on to you here come from other young mothers all over the country. There's always room for more!

Royal Couple To Spend Christmas In New Zealand

By R. A. Kenner

AUCKLAND Reuters — As the liner Gothic sails into this lovely Waitemata "sparkling waters" harbor two days before Christmas for the Queen and her sailor husband to begin their tour of New Zealand, the couple will be greeted by cheering crews from some 2,000 yachts and motorboats, some from hundreds of miles away.

From North Head, around which the Royal liner will sail into the inner harbor, guns already sited will fire a Royal salute.

For the Queen's landing — the first by a reigning monarch in New Zealand — the Royal Navy will provide the Royal guard, while Britain's Royal Marine Band, on loan to the New Zealand navy, will sound a stirring musical welcome.

Given normal southern hemisphere December sunshine, the Queen and the Duke of Edinburgh, on their half-mile drive to Government House, should see Auckland at its gayest since Englishmen founded it over a century ago.

The Royal couple and their immediate attendants will reside at Government House where the head gardener and his five assistants are replanting annuals and display flowers in preparation for the visit.

Carnations for the Queen

Rows of carnations, a favorite flower of the Queen, are already in the kitchen garden, 400 choice specimens have been planted in the rose garden and more than 1,000 hydrangeas in the main terrace.

Government House itself was elaborately refitted for the planned visit of King George VI and Queen Elizabeth in 1949. This was cancelled because of the late King's health.

In addition, a magnificent cream-colored carpet for the Queen's bedroom has recently been imported from England.

One of the highlights of the Royal visit will be the Queen's broadcast Christmas Day to the peoples of the Commonwealth, the first Royal Christmas message to be broadcast outside the United Kingdom.

The time selected will probably be between 7 and 10 p.m. so that the voice of the Queen will be heard in Britain on Christmas Day morning, New Zealand being about 12 hours in front of Britain.

Emphasis on youth is a feature of Auckland planning for the visit and some 40,000 children are expected to assemble to greet the Queen.

Maori Welcome

There also will be held the biggest fireworks display in the Dominion's history. This will be put on by business men in co-operation with a British fireworks firm.

A Royal race meeting will be held on the beautiful Ellerslie race course on the day following Christmas with special trophies to mark the occasion. The Queen is to present the gold trophy to the winner of the Auckland Cup.

Some 5,000 Maori natives—2,000 from the four host tribes and 3,000 from tribes in other parts of New Zealand—will welcome the Queen and the Duke of Edinburgh to Rotorua, the main centre of the hot springs district, on the afternoon of Jan. 2. The ceremony will be held in Arawa Park. The Arawa chiefs, in welcoming the governor-general, Sir Willoughby Norris recently, asked to "have the Queen for a whole day."

The Royal couple will rest for a few days in January at Moose Lodge, an elaborate vacation home at Lake Rototui, about 12 miles from Rotorua.

Another country home the Queen and her husband will visit in New Zealand is Long Beach. This farm home was founded by John Grigg who came to New Zealand 99 years ago, took a 30,000-acre tract of unhabited swampland and made it the largest farm in the world. Now operated by his descendants, it comprises some 4,000 acres.

Cook's Corner



ROLLS

- 1 cup of milk
2 tablespoons sugar
3 tablespoons shortening
1 heaping teaspoon salt
Scald above
1 yeast cake dissolved in water with 1/2 teaspoon sugar
1/2 cup lukewarm water
1 egg beaten light
Enough flour to make firm dough. Allow to rise and bake.

—Mrs. Ray Harris, Sherbrooke W. I.

Better English

By D. C. Williams

- 1. What is wrong with this sentence? "She has proven that she is smarter than him."
2. What is the correct pronunciation of "humid"?
3. Which one of these words is misspelled? Acquiesce, acquittal, acqueduct, aquatic.
4. What does the word "philharmonic" mean?
5. What is a word beginning with re that means "unwilling"?

ANSWERS

- 1. Say, "She has proved that she is smarter than he." 2. Pronounce hi-mid, u ag in use, and not u-mid. 3. Aqueduct. 4. Loving harmony or music; often in names of musical societies. (as, "The Philharmonic Society.") 5. Reluctant.

Jubal is recorded in the Book of Genesis as the inventor of the harp or lyre, and hence the discoverer of musical science.

ELLEN'S DIARY

By An Island Farmer's Wife

And, beautiful, following yesterday's ideal, this day has been... mellow, hushed to an Autumn silence it seemed to be, with an exquisite calm and loveliness about, which appeared to suggest that despite the frailties and disappointments and worries of this old world, everything would eventually work out for the best; sometime, somehow, every last concern should disappear leaving only an enveloping peace such as this.

About, quietly protective, stood the old wooded hills, tending their pasturing flocks and their herds below; in silver, jewelled by the sunlight, the stream wound its way in the meadows; stubbles, bearing now of their riches were amber, contrasting prettily with the fresh green of adjacent hay-lands; above fair and cloudless... content, beamed the September skies, sending out the harvesters with confidence to their missions.

And there along the hillsides, Mother Nature, good housewife that she is, was into her seasonal cleaning; taking down the worn summer greens of her draperies, replacing them with gay new fabrics of Autumn: gold in the birches, crimson in the maples, deepening in contrast the velvet of the evergreens. "I believe the swallows have gone," Jamie said soberly. "I wonder just when. They were here the other day, plenty of them, but now... he shrugged a bit lonely.

It was a kingfisher that last night or early this morning had unwittingly stepped into a trap in a hedgerow, intended for a skunk. A long-billed darkish engagingly hooded chap — and bringing home their catch, eyes were clouded.

"Did you tell Aunt Jeanie about your find?" we later inquired of the two when they returned from a brief outing to Alderlea.

"No," Jamie replied quietly, "I don't like to talk about happenings like that."

"It's too sad, isn't it, Jamie?" Gage offered with sympathy.

Into the quiet of these farms, visitors appear, bringing to the family interesting glimpses of other ways of life, other scenes: vendors of this or that, whose visits have become a part of our round — the fish man, French, with liquid flow of words, the meat-man, a Scottish-Islander, softly spoken... and as to-day a swarthy-skinned vendor of merchandise with a smiling "Grandma, you want to buy warm clothes now for little boys? Soon," with a shrug, doubtless remembering sojourns in sunnier climes, "frost! snow!... Or for yourself, nice dress... dark color? But no, no! With that hair, bright like the leaves coming now to the trees, I got 'em... What? You look? Good, good! A grateful flash of a smile and then doors of an intriguing van flung wide for our pleasure.

What a remarkable miscellany is there! Even James himself, if a...

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Morning Smile

Mrs.: "I can't think, for the life of me, John, where that boy of ours gets his temper. They can't say it was from me." Mr.: "They certainly can't, my dear, you've still got yours!"

DOROTHY DIX'S COLUMN

He Aided In Housework

Husband Wonders If He's Spoiled Wife, Mother Of Six Children!

DEAR MISS DIX: Linda and I have been married for ten years, during six of which we were very happy. We have six children, and while I realize a family is lots of work for the mother, I did everything I could to help, such as washing dishes, scrubbing floors and sometimes cooking. I worked hard at two jobs to make the money for the nice home we have. My wife has never been an efficient housekeeper, and admits this shortcoming. Recently, however, she is becoming downright neglectful of the children. Do you think it's because I've given her too much help and have spoiled her? I'm studying to get a promotion in my job, and at present haven't the time to do much work at home.

HUSBAND SHOULD HELP WIFE

ANSWER: Most emphatically, do not think you have spoiled your wife; get that idea out of your head. The mother of six children has so much to do that assistance from her husband isn't going to constitute pampering. Some women are naturally efficient, others must pain-takingly acquire household skills and, at that, never approach the competence of their more capable friends. Usually they have other fine qualities for compensation, but you'll never remake a careless housekeeper into a paragon of domesticity. Naturally you are not going to condone flagrant carelessness, or slovenly habits, but you wife apparently doesn't go to this extreme. She is merely a middle-of-the-road housekeeper who finds it more difficult to cope with a large family than other women might. She at least has a large family, and many a quite admirable house manager would be floored at the prospect of so sizable a brood.

Your job, I gather, is one with exacting requirements; perhaps you could introduce some of its short cuts into your own kitchen. There isn't too much you can do to change your wife's temperament, but by having your home equipped with such labor-saving devices as a washing machine, dishwasher, perhaps even a drier, and an ironer, you would reduce the physical requirements on Linda. It would leave more time for her to devote to the children. Work out a schedule for her, but don't expect it to be kept to the minute. Schedules should be guides, not driving masters. Make a point of glancing through a couple of home magazines each

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Alice Brooks Designs

QUICK TO MAKE

Whip up a pair in an evening — they're SEW EASY! Enjoy 'em for TV-viewing, gay relaxing. Trim one pair with a pompon, the other with crisp eyelid ruffling. Jiffy — 2 parts for each slipper! Pattern 7350: small, medium, large, extra large included. Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

How Can I...!

By Anne Ashley

- Q. How can I prevent frost from collecting on my windows this winter?
A. Rub alcohol or salt water on the outside of the glass, and then polish with newspaper or a dry cloth.
Q. How can I avoid having rust form on the metal trays of my refrigerator?
A. By keeping the trays coated with floor wax.
Q. How can I remove spilled grease from one of the burners on my stove?
A. Just by detaching the burner and holding it over the flame of another burner.



by Alice Brooks

Anne Adams Patterns



HALF-SIZE STYLE SEW-EASY! Look at the diagram—you can whip this up in jiffy time! Proportioned to fit the short, fuller figure — no alteration worries. It's a flattering round-the-house dress, or jumper teamed with a blouse. Next summer use this pattern for a sunbuck. Pattern 4688: Half Sizes 14 1/2, 16 1/2, 20 1/2, 22 1/2, 24 1/2. Size 16 1/2 takes 3 1/2 yards 35 or 39-inch. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number. Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

Advertisement for Minute Maid Orange Juice, featuring a can of juice and the text 'DELICIOUS', 'Every family needs the extra Vitamin "C" in Minute Maid.', 'Fresh Frozen!', 'MINUTE MAID CONCENTRATED ORANGE JUICE', and 'NOW at your grocers'.

Large advertisement for Fleischmann's Active Dry Yeast. It features a man and a woman holding a large sign that says 'Pay for 3... Get 4!'. Below the sign are four packages of yeast. The text reads: 'SPECIAL OFFER 4 Packages for the Price of 3!'. 'FLEISCHMANN'S ACTIVE DRY YEAST'. 'This 4th package FREE with purchase of other 3 packages'. 'SPECIAL OFFER ON FLEISCHMANN'S ACTIVE DRY YEAST'. 'Right now you can get four packages of Fleischmann's Active Dry Yeast for the price of three! What a chance to save money — and discover the speediest, handiest yeast ever! Fleischmann's Active Dry Yeast is so easy to use — it's made extra active to rise extra fast. And it stays fresh for months without refrigeration! Put in a supply for several weeks of good baking. Fleischmann's Yeast has been the favorite of Canadian women for over 80 years. When you bake at home, use Fleischmann's Active Dry Yeast for wonderful results.' 'Offer good for limited time only — Buy Now!'