WOMEN'S REALM-:-SOCIAL and PERSONAL-:-FASHIONS-:-LITERATURE

Before and After Marriage | **Dorothy Dix** | Courting Days Are Full of Fraud

If Young People Saw the Real Girl or Boy During the Courtship Days There Would Either be Less Disillusionment or Fewer Marriages

Refusing to annul the marriage of a woman who claimed that her husband had married her for lucre instead of love, the learned Judge declared: "Every marriage is based more or less on a fraud. Every man and woman always put their best foot forward during courtship."

Oh, wise Judge! A second Daniel come to judgment! For no marriage would remain intact if either one of the high contracting parties could get a divorce by proving that they had been lured into the holy estate by misrepresentations.

Or, worse still, there would be no more marriages at all if men and women showed themselves to each other before marriage just as they are, without high-lighting their good points and camouflaging their bad ones. Moreover, in this they are only following the law of Nature, which adorns even the birds during mating season with a gorgeous plumage that they shed as soon as they get settled in their little home nests. Why, we can't even imagine a courtship conducted on a real honest basis. No girl would say "yes" to Truthful James who would pop the question by saying: "Well, Sarah, you are no treat to the eyes and your disposition is nothing to brag about, but you look strong and healthy and you are a good cook. I think that if we get married we will get along about as well as most folks, so what do you say to trying it?"

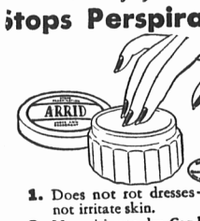
Nor would any man lead Veracious Jane to the altar if she told him frankly that he lacked about a million miles of coming up to her dream man, and that the first thing she was going to do if she married him was to make him over, but that husbands were scarce in these days and it was likely that he was the best chance she would ever get, so she'd take him. If men and women did the same kind of horse-trading in business that they do in marriage, most of them could be indicted under the Fraudulent Practices Act.

Why, most husbands don't even know what their wives look like until after the honeymoon is over and they see them without their fresh waves and lotions, paints and powders, and with their curlers and cold cream on. While as for wives, if they had had a preview of their Johns with a two-day stubble of beard on their faces, shuffling around in down-at-the-heel slippers and their suspenders flapping in the breeze, well, life would have been differnt, that's all.

Most of the divorces are granted to men and women who are sore over the disillusions and disappointments of marriage. Which simply means that they are trying to discontinue payments on a bill of goods they have been sold that were not what they were represented to be.

(Continued on page 10, Col 1)

New *Under-arm* Cream Deodorant *safely* Stops Perspiration



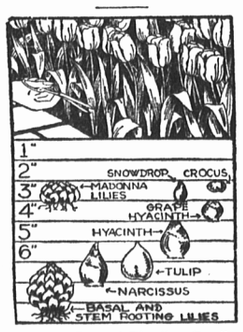
1. Does not rot dresses — does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure white, greaseless, stainless vanishing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering, for being harmless to fabrics.

15 MILLION jars of Arrid have been sold. Try a jar today!

ARRID

39¢ a jar — At all stores selling toilet goods (also in 15c and 59c jars)

Soon Time to Plant Colorful Garden Bulbs



Know Correct Planting Depth

Gay tulips nodding in the breeze, crocuses shyly peeping above the grass! These delights you will surely want in your garden next season, so remember that bulb-planting time comes in a few weeks.

Preparations for bulbs are simple. Best to have well-drained soil and if you use manure bury it deep so bulbs won't touch it, but roots will find it.

A good rule of thumb to follow in planting is to cover each bulb to a depth about three times its diameter.

For formal beds choose early tulips and hyacinths which you can lift after blooming and replace with other flowers. In a mixed border narcissi and May-flowering tulips show up beautifully—need not be lifted.

If you have a bit of lawn that needn't be cut often, plant snowdrops, crocuses, and daffodils in a charming scattered effect. By knowing a few pointers on their care, you can keep these and other bulbs blooming for years.

Instructions for bulbs, for complete gardens, too, are given in our 32-page booklet. A well-known horticulturist gives advice on soil, fertilizers, pests and diseases. Tells how to care for lawns, trees, shrubs, grow annuals, perennials, herbs, roses.

Send 20c in coins for your copy of How To Plant And Care For Your Garden to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City Province

CUCUMBER LOTION

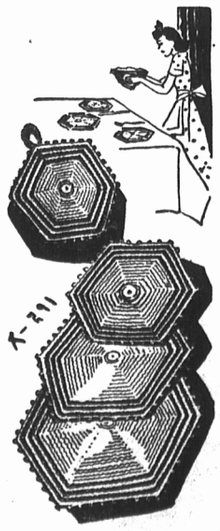
Cut one or two cucumbers into rather small pieces without peeling. Put these into a mortar and pound until mass is pulplike in consistency. Filter mass through piece of cheesecloth, squeezing out as much juice as you can. Put refuse and filtered juice into saucepan and simmer (don't boil) for ten minutes. Restrain and when cold, add pure alcohol to the proportion of one tablespoon to half a pint of strained liquid, one tablespoon of glycerine to each half-pint of cucumber juice, and a couple of drops of simple tincture of benzoin. Shake well and apply night and morning.

Another favorite recipe for this lotion is made as follows:— Into a half-pint bottle put one and a half ounces of cucumber juice, half fill the bottle with elder flower water, add one ounce of eau de cologne and shake well. Add one half ounce of tincture of bezoin, shake slightly and fill with elder flower water. Apply night and morning.

As decorative as the icing on a wedding cake are the new cotton boleros of imported cut-work embroiderery. Fashionable women consider them just as nice for evening parties as for smart afternoon garden teas; and they look equally enticing over both dark and pastel sheer frocks.

The science of psychology is shown to be the real science on which the old Italian school of singing actually stood and on which all really successful schools must stand.

If thick soups are preferred blend butter and flour as for cream sauce and add to the soup stock in desired proportions.



CROCHETED POT HOLDER AND DISH MATS

Design No. X 291

Hexagonal pot holders and hot plate mats have lent themselves to the Mexican theme with the use of stripes. Pattern No. X 291 contains large illustration, materials needed, illustration of stitches and complete instructions.

To order this design write your name address and No. X 291 plainly on any piece of paper and send with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian

Design No. X 291

Name

Address

THE COOK'S CORNER

CHEESE RICE ROLLS

2 cups cooked rice
1 cup grated cheese
1 egg
1 tablespoon milk (about)
1 teaspoon salt
1-2 teaspoon paprika
Fine dry bread crumbs

Method: Cook the rice until it is tender and dry. Mix with the grated cheese and add the seasonings to taste. A half teaspoon of paprika isn't enough to make it hot, and it does give an attractive color.

Now add the beaten egg and just enough milk to moisten the ingredients so they can be moulded. Shape into sausage shaped rolls and roll each one in the dry crumbs. They will stick more easily if you first dip the cheese rolls into egg which has been beaten with a tablespoon of cold water.

Place on a well greased, shallow pan and dribble a little melted butter over each roll. Bake in a moderate, 350 deg. F. oven until the rolls are lightly browned. Serve hot with well-seasoned tomato sauce.

These may be browned on top of the stove, if that is more convenient. Use just enough dripping or melted butter to brown lightly and cook slowly.

YEAST HONEY BUNS

2 cakes compressed yeast
1-4 cup warm water
2 cups milk
1-4 cup butter
1-2 honey
2 teaspoons salt
2 eggs, slightly beaten
7 to 8 cups all-purpose flour
1 teaspoon mace or 1 teaspoon ground nutmeg
3-4 cup chopped nuts

Crumble yeast into warm water and allow to stand 10 to 15 minutes. Scald milk and remove from heat; add butter, honey, and salt. Cool, and stir in yeast and eggs. Sift half of flour with mace or nutmeg and gradually beat into milk mixture. Then knead in more flour until a soft, plastic dough is formed. Allow to rise in warm place for 1 1-2 hours, or until dough doubles in bulk. Divide in 2 parts, placing one half in refrigerator. Knead half the nuts into other part and roll 1-2 inch thick. Cut out with biscuit cutter, place on buttered baking pan, and brush with melted butter. Allow to rise until doubled in bulk again. Bake in hot oven (425 deg. F.) 15 to 20 minutes, or until nicely browned. Cool and spread with topping made as follows: Cream 1-4 cup butter until soft and plastic. Gradually sift in 1 cup confectioners' sugar, beating until smooth; then beat in 1-4 cup warmed honey and 1 tablespoon hot water. The other half of the dough may be kept in the refrigerator safely for several days.

For Speedy Relief from SUMMER COLDS

BUCKLEY'S STAINLESS WHITE RUB

WITH BUCKLEY'S MIXTURE to STOP THE COUGH!

YOUR INDIVIDUAL HOROSCOPE

By FRANCES DRAKE

Look in the section your birthday comes in, and find what your outlook is, according to the stars.

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For Monday, August 14th

MARCH 21 to APRIL 20 (Aries) —Gains in business and work matters through friends and superiors. Your effort and optimistic state of mind important factors to success. Fine for personal issues.

APRIL 21 to MAY 20 (Taurus) —Troublesome influences so it is up to you to keep them in their place. How? By refusing to notice them and going about your duties with cheerful determination to achieve. Be your most efficient, gracious self.

MAY 21 to JUNE 21 (Gemini) —Again favorable. Minor matters, finishing old work, renovating, making slow but sure improvement generally more favored by stars than starting new and pretentious undertakings. Examine carefully contracts, legal issues and new moves before agreeing to them.

JUNE 22 to JULY 23 (Cancer) —Good judgement and thriftiness urged this first day of a new week, friend. What you do now and HOW you do it will be important to whole week. Get an early and careful start.

JULY 24 to AUGUST 22 (Leo)— Advice to Cancer folk applicable to you, too, Leoite. "Look before you leap" and save yourself having to retrace your steps. Everyday affairs and personal accomplishment your big concern.

AUGUST 23 to SEPTEMBER 23 (Virgo) — A five-star day with much in your favor. You should takle the most difficult propositions, customers and clients with hope and faith. You've got the goods, promote them! No strain or worry allowed!

SEPTEMBER 24 to OCTOBER 23 (Libra) — Fine for business matters and heart and other personal affairs. Selling, trading, buying, manufacturing, collections, legal issues building and contracting among the favored.

OCTOBER 24 to NOVEMBER 22 (Scorpio) — Original ideas, keen intuition, smart, progressive methods should meet with enthusiastic support. A day for making headway in industry, finance, study, advertising, publishing, theatrical enterprises and romance.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Generally favorable. Again we remind you about the worth of that old saying, "where there's a will there's a way" Don't look for trouble or you'll find it! Stay cheerful.

DECEMBER 23 to JANUARY 21 (Capricorn) — Plenty of diplmacy need in your everyday business affairs and in home duties and friendly gatherings and a keen eye wanted for mistakes and imposters in strictly money matters. Don't be too quick to act.

JANUARY 22 to FEBRUARY 20 (Aquarius) — Look for interesting news, but don't be coaxed into spending quickly without consideration of your budget or means, no matter who comes suddenly upon the scene with a bright new idea! Advertising and trying for fresh contacts in your regular business favored.

FEBRUARY 21 to MARCH 20 (Pisces) — Splendid vibrations! Don't dally attending to obligations. Enjoy the healthy outdoors as much as possible these days. Whether it's drama, music, literature, hard labor or tedious little tasks, if it's your work, do it well and with vim.

A CHILD BORN ON THIS DAY will be good-natured and very frank It will be ardent in affections. While discriminating, it may be inclined at times to be swayed by the wrong type of person who knows how to reach its heart Could become a great orator, lecturer, artist, public officer, statesman (or stateswoman, if a girl.)

How Can I ??

(By ANNE ASHLEY)

Q How can I sweeten rancid butter?

A. When the butter has become rancid, it may be sweetened by melting it in a pan, skimming it, putting a piece of toast into it, and allowing it to stand for a few minutes. Then remove the toast, and the butter will no longer be rancid.

Q. How can I make a lavender sachet?

A. Lavender sachets can be made by mixing sixteen ounces of lavender flowers, four ounces gum benzoin, and two drams oil of lavender.

Q. How can I induce sleep?

A. Try eating a small onion before retiring To remove the taste after eating, chew a bit of parsley.

Modern Etiquette

(By ROBERTA LEE)

Q. When a man meets a girl on the street and stops to chat for a few minutes, which one should make the first move to walk on?

A. The girl. The man should keep chatting until she shows an inclination to leave.

Q. Should a widow be addressed as Mrs. Ruth Moore, or Mrs. Henry Moore?

A. Mrs. Henry Moore is the correct form.

Q. When service rendered is unsatisfactory, is a tip necessary?

A. No. Tipping is a reward for good service.

Household Scrapbook

(By ROBERTA LEE)

A Screen Door Hint

Slip several wide rubber bands about the door knob of a screen door and carry them over to the knob on the other side of the door. This will prevent the annoyance of slamming.

Beef Juice

To make beef juice, cut fresh raw beef up into small squares and put a few pieces at a time into the potato ricer. Sprinkle a little salt over it and press hard until no more juice runs out.

Prevent Dandruff

It is claimed that dandruff may be prevented by using a mixture of one part of apple juice and three parts of water. Apply this solution twice a week.

Memoirs of A Child

(Edith Fisher)

EMIGRANTS

When Father emigrated to Scotland he was delighted with the wonderful hospitality he received at the hands of the residents; and never forgot their kindness; he was so poor. He vowed that if God helped him to find himself he would celebrate his success by looking up emigrants and being kind to them in the same spirit.

Not far away from our home was an Emigration House which accomodated passengers on their way to America. Very often these people had to remain in Glasgow a whole week before sailing for the Promised Land. Steamers did not leave daily as they do nowadays. One can appreciate their loneliness and particularly of those who could not speak the language.

Father knew the Proprietor of this hotel and asked him to be on the look-out for interesting lonely people and to advise him. Father would then go down and introduce himself to the man or woman in question and invite them to have dinner with us or spend an evening. Friday night was the dinner night and we never sat down to feast without having at least two strange emigrants. Needless to say we children enjoyed meeting these new faces and many a delightful evening was spent in their company.

Most of the young men were students coming from good families and were seeking their goal in the Land of Milk and Honey. They all wanted to have careers and it was interesting to hear the discussions. The ladies were young and charming and full of ambition. Mother often persuaded them to remain in Glasgow where the prospects were so bright but America loomed high in their thoughts and one could hardly persuade them to remain. In those years the spirit of adventure and travel was at its height.

One Friday night a beautiful lady came to us. She looked very impressive indeed. Her hair was so golden yellow that it seemed to light up the corner where she sat. I loved her from the start. She wore two long braids around her head like a madonna and when she spoke her voice sounded like silver tinsel; it was so soft and mellow.

She must have noticed my admiration for she called me over to where she sat and took me on her lap. Their was a strange perfume about her —not a flower perfume, but a freshness from foreign lands and when she kissed me, her lips made me think of some kind of a flower. I was eight years of age and remember her so well. She spoke to me in German and I understood a little. Father and Mother often spoke German at the table. This lady was the life of the evening. She sang folk songs and recited poems and wept when she spoke of her beloved parents and when she laughed it was like a bubbling brook. The hour was getting late and Father insisted that our visitor stay a little longer! her company was so pleasant.

I was ushered off to bed. I hated to leave and envied Brother who was allowed to stay up a little longer. I lay in bed listening for I could hear everything as my bedroom was next to the dining room. I could not sleep. I tossed from one side to the other; turned my pillow several times but still no sleep. The house was quiet. Our guests must have left. Suddenly my door opened a little sending in a shaft of yellow light from the adjoining room. The beautiful lady came in. She bent over my bed and kissed me goodbye. She was leaving next morning on the steamer. I got hold of her and pressed her close to my heart for I loved her so much. She must have sensed that I was wide awake for she pressed her cold silky cheek against mine and started to sing, "Still wie die Nacht und tief wie das Meer, soll unsere liebe sein". I fell asleep.

Next morning, mother placed a little box on my bed. The beautiful lady left a book for me before going on the steamer. It was a colored picture book and contained some of the prettiest German poems. Two lines were underlined and I soon learned them for they were meant for me. "Du bist wie eine Blume, so hold und schon und Rein".

I told Mother the beautiful lady had come to my room and sang me to sleep, but she laughed and said I must have been dreaming. However it was a delightful dream and I remember is still.

The Housewife And Her Activities

God's Ways

God's ways seem dark, but, soon or late,
They touch the shining hills of day;
The evil cannot brook delay,
The good can well afford to wait
Give ermined knaves their hour of crime;
Ye have the future grand and great,
The safe appeal of Truth to Time.
—John Greenleaf Whittier.

ICED BEVERAGES

For most delicious iced coffee and iced tea, brew the beverage double strength and pour hot over ice cubes of crushed ice. Freshly brewed tea and coffee is always best flavored. You'll want good heavy cream in the coffee and a slice each of lemon and orange in the tea.

CLEANING INSIDE OF SILVER TEAPOT

Here is an easy and speedy way of cleaning inside of silver teapot without hard scouring. Put a large handful of soda into the pot, fill with boiling water, and let stand for some time until the water is quite cold. Pour away the water, and the inside of the pot will then be quite clean unless the tannin is of long standing; in that case repeat with a second dose. Rinse thoroughly with clean water before using.

SELLS HALF A TOWN

The Duke of Norfolk is selling his Littlehampton estate for a price which has not been disclosed. The estate consists of more than half this Susex resort, and the purchasers are said to be a private company which will develop the town. The duke's agents issued the following statement: "The duke has decided that the general interest and progress of the town can best be served by the transference of his ownership to those who can give undivided attention to the plans and are able to carry out expansion on the best lines." Some years ago the duke disposed of a large portion of the foreshore, common, and green, the purchasers being Littlehampton Urban District council.

KING'S CAMP FOR BOYS

Because the King wishes to spend more time among the boys, the Duke of York's Camp will be held this year at Balmoral. In previous years His Majesty has flown, motored, travelled by ship or train to pay fleeting visits to the camp which he founded, as Duke of York, in 1920. For the date of the camp conflicts with the Queen's birthday, August 4th.

For eight years the camp has been held at Southwold, Suffolk. It is usually attended by about 400 boys drawn from all classes. Public school boys mingle with those from working-class families.

CANNING PEAS AND BEANS

Peas and beans, like practically all vegetables but tomatoes, are low acid foods. Non-acid foods, if canned, should be processed in a steam pressure canner. Only with one of these is it possible to get temperatures of from 240 to 250 deg. Fahrenheit, the heat necessary to sterilize the vegetables within a reasonable length of time.

FRIED CHICKEN

For fried chicken, select bird of age and weight. Fryers run from about 2 1-2 pounds to 3 1-2 pounds dressed. That means plucked and not drawn and with both feet and head still on.

Fryers should not be more than **months** old. If the breast bone is flexible to the touch, the bird is likely to be tender. A fryer that is short and stocky, rather than rangy, and with breast and leg bones well covered with meat is what you want. A 3 pound fryer weighed dressed, will feed about 4 persons.

CUT PORTIONS

Have chicken cut into serving portions. With large fryers, have thigh and drumstick separated and have breast cut into two more pieces. Cut the back in half also. Cut this way, a large fryer will yield about 10 pieces, and should feed about 5 persons.

Salt and pepper each piece, then roll in flour. Or else dip in egg beaten with a tablespoon water and then roll in the breadcrumbs or cornmeal.

Have fat hot in skillet. It should be at least 1-2 inch thick. Plenty of fat is needed to prevent burning of chicken. Place chicken into fat that is very hot but not to smoking point. Place thickest pieces in first and leave plenty of space around each piece so that fat will come around pieces of a 3 pound chicken.

Partly cover the pan to keep it from spattering. Turn chicken when brown. Keep the heat moderate so that chicken will be tender and juicy. Remove from pan as soon as done. Allow about 20 to 25 minutes for the thickest pieces of a 3 pound chicken.

FINISH IN OVEN

When you fry several chickens at one time and skillet space is limited, finish cooking in a moderate oven (300 degrees F.). Take the well-browned pieces from skillet and place on a rack in a pan.

Cover and continue cooking in the oven until there is no pink next to the bone. Remove the cover about the last 15 minutes of cooking.

Morning Smile

A motor-cyclist was fined through a village when he was pulled up by the police.

"I say, man, where's your number plate?"

"Number plate?" The motorist turned round in surprise. "Number plate, be blowed. Where is my wife and sidecar?"

STILL WRONG

Mandy—Missus, would you get me some ammoniam fo' de kitchen flo'?

Mistress—How much do you want, Mandy, a pint or a quart?

Mandy—Lawsey, honey, it don't come by de pint. It comes by de ya'd.

Mistress—Oh, you mean linoleum Mandy.

Later, when [illegible] came in, Mandy chuckled: "Missus Rufe, I sho' has a joke on me. I ast yo' mother for ammoniam for de kitchen flo' and all de time I meant illuminum.

FALL FASHIONS --BY AIR MAIL FROM PARIS

ABOVE—
Suzanne Talbot's snood pillbox with matching propellor "feather".

LEFT—
A midriff dress of velvet crepe designed by Jean Forrest, and modeled by Mosell- McCarley.

ABOVE—
A Mme. Agnes chapeau, with felt visor, buckled belt band and red wool crown.

RIGHT—
Ann Ross models a sheer wool afternoon dress trimmed with embroidery. It was created by Rosevienne for the Paris openings.

In the future of the Rue de la Paix, style center of Paris will have almost immediate influence upon Fifth Avenue, style center of New York. This was shown when, two days after the famous French fashion openings, these hats (addressed to Altman's) and dresses (shipped to Russek's) had arrived by Dixie Clipper to be displayed before the eyes of Manhattan shoppers.

Snappy Fashions For Home Use

You know how useful a soft two piece dress is in the summer time. Here is one that you will enjoy making for yourself, it is so easy. The princess lines are slimming and the soft shirring at the waistline is flattering. This is a frock you will love to wear commuting to town for luncheon or to pack in your bag for a restful week-end. It is pretty made in rayon print with a pale blue background covered with pink and white flowers. Your large white hat adds the perfect touch and picks up the cool frothy white of the snowy frill at the neck and sleeves.

Style No. 3330 is designed for sizes 14, 16, 36, 38, 40 and 42. Size 36 requires 3 yards of 39-inch material.

Send fifteen (15c) (coin is preferred) for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Style No. 3330 Size ... ...

Name

Street Address

City Province

A white flannel eight-gored skirt has a matching cardigan jacket piped in dark blue.

A classic suit of thin white flannel with a fine red pin stripe in red is lovely with white or red accessories.

Keep Minard's in the home.