

The Stars Say - -

For Tomorrow
WHILE this day's sidereal aspects emphasize the importance of vigorous and forthright action...

For the Birthday
If tomorrow is your birthday, you may wisely plan for a change of scene during the month ahead...

Household Scrapbook

Tomato Skins
Use a fork for sticking holes into the bottom of a tomato, then hold it over a fire...

Odors
Odors in the refrigerator, cupboard or pantry can be removed by filling a dish with boiling water...

Labeling Tins
When putting up fruit or vegetables in the cans, moisten the gummed label with glycerin...

Coronation Pageant



BISHOP OF DURHAM
One of the Queen's two "supporting" bishops, he accompanies her during the recognition and crowning ceremonies...

Alice Brooks Designs



7038
by Alice Brooks

ELLEN'S DIARY

"It's loneliness that makes them act so; or sometimes, poor dears, a fear of being disappointed or hurt..."

And what happened in the life of our lad of Radio? Perhaps in some unguarded moment, he allowed himself to loiter too long in romantic surroundings...

Another missive of yesterday morning, in a strange coincidence, came from a military camp on the Canadian prairies...

Knocking at your doors we come with James, to stop it may be only briefly though we should wish to linger...

James will tell you of the fields; how, though the Island-spring is early this year, you "just never know"...

And of the cattle by day on the hillsides, he will speak. And... Until tomorrow - - - Diary - - - Good-night - - -

SO ECONOMICAL IN BATHROOM AND KITCHEN. FREE 18-PAGE BOOKLET GIVES DIRECTIONS AND MANY USES. CHURCH & DWIGHT LTD., 500 MONTREAL.

Child's Bad Breath often sign of Upset Tummy!

For minor digestive upsets, children so often suffer as a result of overeating or eating too much candy or sweets...

CHILDREN'S OWN TABLETS. GEORGE V 1910 - 1936

Norwegian Princes Marries Commoner



In a simple ceremony in village church at Asker, Norway, 23-year-old Princess Ragnhild of Norway became the bride of Erling Lorentzen, shipowner, 30...

Cook's Corner

SALMON BISQUE

Yield - 6 servings. 1 can approximately 1/2 pound salmon. 1 cup tomato juice. 1 tablespoon grated onion. 4 pepper berries...

Better English

By D. C. Williams

- 1. What is wrong with this sentence? "We had reached the final end of our journey before we realized that we hadn't ought to have come."

ANSWERS

- 1. Omit "final" and say, "we realized that we ought not to have come." 2. Pronounce al-yen-at, both a's as in ate, accent first syllable.

DOROTHY DIX'S COLUMN

A Hopeless Mate

Mother Of Two Teen-Age Daughters Reports On Philandering Husband

DEAR MISS DIX: After twenty years of marriage my husband has left me for a younger woman...

A HOPELESS HUSBAND

ANSWER: The possibility that your husband will ever settle down to family life seems remote, so I think you are wise to face the fact that the future is up to you...

DEAR MISS DIX: My husband was brought up as the only child of a widow, so he missed much of the affection existing between brothers and sisters...

ANSWER: You are emphasizing quite an insignificant matter. Your husband's terms of endearment to his son are natural, and are used by fathers who have had the advantage of full family life...

Needlecraft News

by Pauline Roy

SPRING AND SUMMER are busy months for children. Wonderful long sunny days furnish the opportunity to play outdoors...

Handle Woolens Carefully

When knitting for children, as when following all knitting patterns, be sure to follow your instructions carefully...

Cardigan Sweater for Children

The attractive cardigans pictured above are designed with raglan sleeves and are completely seamless for extra comfort and longer wear...

How Can I!!!

By Anne Ashley

Q. How can I be certain of good results when painting over varnish?

A. First clean the surface thoroughly, removing all dirt and grease by washing carefully with turpentine or mineral spirits...

Q. How can I make the canary take a bath?

A. Oftentimes one may induce the canary to take its bath by sprinkling a few seeds on top of the water in the pan.

Q. How can I vary the flavor of lemonade?

A. The flavor can be improved by the addition of grape juice. Simply use one-third grape juice to two-thirds lemonade.

That Body Of Yours

By James W. Barton, M.D.

FUNCTIONAL HEART DISEASE

"A patient often complains of symptoms—pain in his chest, palpitations, irregularity of rhythm in heart beats, breathlessness on exertion, shortness of breath at night, fainting—suggestive of heart disease but no heart disease can be found..."

The above is a description of functional (not true or organic) heart disease as described by Dr. Walter Modell in his book "Cardiology for Nurses"...

The real or underlying cause of a functional disease of the heart is dread or fear of heart disease (cardiophobia). The patient often has been associated with a patient with true or organic heart disease...

Dr. Modell's first advice in treating patients with functional heart symptoms is not to let them be "careful" about work or play which would suggest actual heart disease...

Functional heart disease can be brought on by irregular habits of everyday life, "too little sleep, hard work, work under great tension, or excesses in sex, tobacco, alcohol or even coffee may be the cause."

The condition known as cardiac neurosis, soldier's heart, disordered heart action, effort syndrome, neurocirculatory asthenia are some of the names given to this functional heart disease...

Modern Etiquette

By Roberta Lee

Q. What should a woman do when calling unexpectedly on a friend, if she finds that her friend is ready to go out?

A. She may say, "I see you are ready to go out, I won't keep you." However, if her friend insists that she stay while it is all right for her to remain, but not longer than ten or fifteen minutes...

ACHE ALL OVER?

Do you seem to "ache all over"? Or do you find it hard to stoop or bend? Get the quick relief you long for with Templeton's T-R-C's...

Anne Adams Patterns

FOR ALL OCCASIONS

It's an air-cooled dress — it's a smart town dress — and it doubles your wardrobe! If you're short-er with a fuller figure—ex-

Pattern 4748: Half Sizes 14, 16, 18, 20, 22, 24. Size 16, dress takes 4 yards 3/8-inch fabric; bolero, 1 1/2 yards.

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neurosis, soldier's heart, disordered heart action, effort syndrome, neurocirculatory asthenia are some of the names given to this functional heart disease...

If this treatment fails, Dr. Modell states that a psychiatrist may be helpful.

Modern Etiquette

By Roberta Lee

Q. What is a good closing for a friendly letter from a man to a woman?

A. You can never be out of place with "Sincerely yours."

ACHE ALL OVER?

Do you seem to "ache all over"? Or do you find it hard to stoop or bend? Get the quick relief you long for with Templeton's T-R-C's...

VEL\* MAKES DISHES SHINE WITHOUT WASHING OR WIPING! Vel soaks dishes clean. DON'T WASH - JUST SOAK. DON'T WIPE - JUST RINSE. MarVELous for dishes and finest fabrics!

Busy day dessert SHIRRIFFS' Bud desserts chocolate petal pie. It's ready in 15 minutes! Line a pie plate with chocolate, vanilla or ginger wafers...

ER Betwixt Two Elizabeths

GEORGE V 1910 - 1936. IN 1912, CAPTAIN SCOTT REACHED THE SOUTH POLE, BEATEN BY ADMUNDSEN BY ONLY A MONTH. IN 1912, THE TITANIC, ON HER MAIDEN VOYAGE TO NEW YORK, STRUCK AN ICEBERG AND SANK WITH A LOSS OF NEARLY 1500 LIVES.