



GRACIOUS AND ELEGANT

Mrs. F. D. Milton combines a gentle curving in silhouettes and a delicate air in fabric as the heart of this new fashion look. The magnificent silk and hembury creation demonstrated all the newest features in evening wear. The Empire line is complemented by an Edwardian bow and floating panels. The color is iridescent gunmetal.

ELLEN'S DIARY

It Was Dad's Birthday — And A Good One It Was!

Today we knew Spring... saw Winter's imprint on the countryside again... commenced the wood sawing... and, in the family, observed an anniversary of birth. Spring was to be seen in the gentle dawn, which came to us rosy-hued, in from the easter gates of the world. We might have noticed that the shades lacked promise of fair weather, if we had not been so interested in watching a pair of juncos busy gleaming seeds by a door... Trim little birds these are, small plump bundles of slate-gray and white. The white of the outer tail-feathers which flashes when they are in flight, easily marks their identity. Their song is a trill, a mixture of twitter and warble.

Snowbirds some call them and perhaps it was no coincidence which brought them to the yards this spring-morning now that we have since seen Winter again. It is here now—come back to us in the snow which falls between us and the yard-lights, and in the edgings of white which decorate our small panes. It commenced this afternoon to terminate suddenly the first of the hardwood-sawing back in a field by the woodlands.

Jeanie, thinking back, remembering it clearly because of the anniversary of birthday, and also we suspect, because of the imminence then of a trip to the hospital for her two children, recalled then of a trip to the hospital for her two children, recalled that it also stormed a year ago today. In fact it continued on into the day following to give the pupils of our school an unexpected holiday from their classes.

It was on the threshold of the house across the lane on her return from classes today that Granddaughter sniffed with obvious approval. "For Dad's birthday" she smiled.

Hot roast chicken, with vegetables from the farm and garden was the fare at the evening meal. All voted delicious though not as fascinating certainly to the children as the iced birthday cake with its rows of tiny candles aglow. There is much betwixt in the sight of such, and in half-believing that the wishes offered in accompaniment to the blowing-out time as Mack said "Just may come true."

So we dined—and toasted the health and good fortune of the house across the lane. And later a hand beneath James' arms, flakes dusting whitely our shoulders, we came through the blustery night to the quiet hearth that is ours.

Winter visits us. We know this that as always and in good time Spring will carpet in new velvet tapestry the countryside about. We know too we shall not have this cozy night again.

But "I must go," James says snapping shut his book. "Fetch me my boots, Ellen."

Into overtime, he goes now, out along snowy paths with the

Women

Lena Caroline McLure, Women's Editor. Phone 8508

Page 8 The Guardian Tuesday, April 16, 1957

HAPPENINGS

Mrs. L.B. Smart attended the eleven o'clock church service at St. James Presbyterian Church Sunday morning. Mrs. Smart was accompanied by Mrs. E.L. Roop, the national councillor in Prince Edward Island for the I.O.D.E. The Reverend T.H.B. Somers the Minister of St. James, preached the Holy Week sermon in honor of Palm Sunday.

Mrs. L.B. Smart, national president of the I.O.D.E. was the guest of honor at a small reception, Monday morning at Mrs. B. Earle MacDonald's beautiful residence, 99 North River Road. Representative women of various organizations in the province were present.

Mrs. W.G. Bruce, Water Street, had the honor of having Mrs. L.B. Smart as her guest at a very small informal High Tea on Sunday evening.

Miss Roma Butler was heard in this Adaskin programme, Sunday evening, singing a number from La Boheme. Miss Butler's fine concert at the Prince of Wales College this past season was greatly enjoyed. In private life Miss Butler is married to a man in the medical profession and their home is in Windsor, Ontario.

Mrs. G. N. Buntain, of Charlottetown, P.E.I. is in Toronto this week, a guest at the Park Plaza.

LET'S EAT

New Egg Casserole A Good Main Dish

By IDA BAILEY ALLEN
"The hen is outdoing herself in producing eggs of increasingly fine quality," chuckled the Chef. "This is, of course, due to the well-balanced rations, together with a well-planned health program. I also understand, Madame, that chicks get as many as 5 inoculations against diseases." "They receive better scientific health and nutritional care than most children, Chef," I replied. "As a result of this program, the nation's hens are expected to top their 1956 all-time record of over 5 billion a day. That's enough for about 365 eggs per person in 1957 or one a day."

"This number will include eggs used in cooking, Madame."
THREE TIMES A WEEK
"Eggs should be used about 3 times a week for breakfast. That would leave a balance of 4 eggs from each person's allowance, to use in preparing dishes for the whole family such as custard desserts, meringue, cream and chiffon pies, gelatin whips, cakes and some sauces and entrees."
"Eggs are now one of the most reasonably priced protein foods. So for variety, I suggest an occasional substantial egg dish for dinner."

Danish Egg Casserole: Hard-cook 1 doz. eggs. Use 6 when making the casserole; the remainder when arranging for serving.
Meantime, make 1 c. medium-thick white sauce. Stir in 2 tsp. minced pimientos, ¼ c. minced celery with leaves, ¼ c. fine crushed not-sweet crackers, ¼ c. mayonnaise, ½ tsp. salt, ¼ tsp. garlic salt, ¼ tsp. ground black pepper and 6 coarse-chopped, hard-cooked eggs.
Spread in a shallow buttered 1 qt.-casserole. Top with ¼ c. fine cracker crumbs mixed with 2 tsp. each grated sharp cheese and melted butter or margarine. Bake 20 min. in a hot oven, 400 degrees F. or until golden-brown.

younger farmer on a last round at the barns. They go not in laggard steps but smartly; not as men to be pitied over the "drudgery" of the farming, but rather we believe since it is to preferred work that they go.
Until tomorrow — — — Diary — — —
Goodnight.

To serve, border the edge with the remaining hard-cooked eggs quartered; garnish of parsley. Serves 6.
Tomorrow's Dinner
Tossed Chef's Salad
Danish Egg Casserole
Sweet-Sour Beets
Buttered Onions
Toasted French Bread
Pineapple-Gingerbread Squares
Coffee Tea Milk
Pineapple-Gingerbread Squares: Rub a 7" x 9" baking pan with butter or margarine. Dust 1 tsp. brown sugar over the bottom. On this, arrange a pattern of halved, canned pineapple slices.
Make up 1 pkg. gingerbread mix according to directions. Pour into the pan and carefully spread over the pineapple. Bake 30-40 min. in a moderate oven, 350 degrees F.
Cut into squares. Serve warm with or without warm pineapple sauce, whipped cream, whipped cream cheese or half scoops of ice cream. Serves 6.
Trick of the Chef:
Slice French bread. Lightly butter on one side. Bake-toast in a hot oven, buttered side up, until slightly browned. Serve warm.

COOK'S CORNER

VIMY COOKIES
1 cup Flufs
½ cup sour milk
2 cups rolled oats
1 egg
1 cup brown sugar
Cream shortening, add sugar and cream well. Add beaten egg. Add soda dissolved in sour milk. Add rolled oats, then flour. Roll, cut, bake in moderate, 350 degrees oven about 8 minutes or until light brown. While hot put together with filling.

FILLING
½ lb. dates
A little water
½ cup brown sugar
1 tsp. lemon juice
Steam 10 minutes.
You can make Oatmeal Wafers by taking some of this dough, sprinkle with sugar and roll very thin and cut in squares. Bake as you do the cookies.

MAIN GROUPS
Canada has 10 different linguistic groups of Indians, totalling about 155,000 individuals.

KEEP IN TRIM

Pull Out Of Winter's Slump, As Spring's On

By IDA JEAN KAIN
Live tone in the figure controlling muscles can help you to feel slimmer and supple. As well as wonderfully fit. So pull out of the slump, the winter's gone, the spring's on!

Where to start? Smack in the middle of the figure. There is no giraffe that is half so comfortable or effective as nature's foundation, provided the giraffe muscles are bracingly toned. The bonus reward of toned abdominals is the effect on your posture. The natural up-and-down pull which results helps you to look pounds slimmer. Even though you may slight all other exercises, make certain to keep tone in those important mid-torso muscles—it's the greatest fade-avoid any woman can do her figure. Here is our favorite routine for restoring tone to nature's giraffe:

Position: Lying on back on floor, left knee bent, sole of foot flat on floor, right leg straight down. Left arm should be down at side, right arm stretched back on floor overhead.

Movement: Contract strongly with abdominal muscles and get the small of back as flat against the floor as possible. Now sit-up-ouch all along the right side, pushing down with the right foot and up with the right hand. Keep a small of back on floor, Hold the stretch, then release slowly. Stretch three times smoothly. Reverse position of legs and arms and stretch along the left side three times.

Position: Lying on back, hands under hips, palms down.

Movement: Raise legs slightly off floor, about three inches, and hold. Swing legs apart in wide stride sideways, swing legs inward, crossing one over the other.

Pioneer's Tour Rings The Bells

WINNIPEG (CP) — Mr. and Mrs. Charlie Smith of Vancouver passed through here recently on their way to Europe, to re-visit scenes of their romance. Mr. Smith is 72 years of age, and his wife, the former Louise Fortier of Winnipeg, is 65. They were married last year. They had met on the train-taking members of the Canadian Pacific Railway Pioneer's Association on their annual tour of Europe.

This time they're making the trip as Mr. and Mrs. "We'd both lost our partners recently," Mr. Smith explained, "and the other people in the tour party sort of edged us together. We had many things in common. We each had two children, about the same ages."

When last year's party returned home, Louise went back to Winnipeg and Mr. Smith to his home in Vancouver, but several weeks later he visited Winnipeg. From Vancouver, he proposed by air-mail. They were married in Winnipeg last August.

"It took a bit of adjusting," Mr. Smith said. "She had been boss in her home and I had been the head of mine. We learned to give and take."

Tiger Skin
BRANTFORD, Ont. (CP) — Want a tiger skin? Mrs. Charles Haines of Mount Pleasant near here, a former missionary with the World-Wide Evangelization Crusade offered one for sale. It's described as 10 feet six inches in length, beautifully marked and mounted, including the head. Mrs. Haines said she bought the skin in Chirapani, an Indian village in the Himalaya Mountains near the border of Nepal, while on a six-month visit to India about five years ago. "The tiger skin is too big for the home I'm in now and that's why I'm selling it," she said.

EARLY BIRDS
FORT WILLIAM, Ont. (CP) — Residents here reported several species of birds in this area arriving as much as a month earlier than usual. Naturalists said the birds came north with a rush of warm air from the southwestern parts of the United States.

Peter Pond Lake in northern Saskatchewan is named after the explorer who wintered on the Athabaska River in 1778.

MOORE & McLEOD LTD. SECOND FLOOR

EASTER PARADE

OF SUITS... COATS... DRESSES

DUSTER OUTFIT

The dress with coat costume is important because it has a purpose in your new spring wardrobe. Each charming print shows enough of color to wear right now. A stunning dress under your coat or in the dress alone and you can also team the coat with another of your pretty frocks. Colors: Navy with blue print, red with red print or beige with beige sheath dress.

PRICE RANGE FROM

\$25.00 to \$35.00



DRESSES

Delicate full skirted dresses. Shine wherever you go and enjoy a reputation for dress sense. Coin dot crystalette, a paper type lustrous taffeta, woven from viscose and rayon is one of the season's most glamorous fabrics. Large white collar sets off the tiny waistline of this trim, dainty dress and comes in Navy only.



SUITS

To see all that's new in fashion in Spring Suits this year we invite you to visit Moore & McLeod Ltd., Second Floor. You may look your best in a suit with a flattering short fitted jacket with pencil slim skirt. These suits come in a nice variety of colors and pastel tweeds.

PRICES FROM

\$16.95 to \$85.00

SEE OUR LATEST FASHION WISE ACCESSORIES — PURSES, GLOVES, HANDBAGS, SCARVES, SWEATERS, BLOUSES.



COATS

For those who appreciate quality, a softly styled coat of exquisitely textured wool and cashmere with tapered set-in sleeves. Shown in pink, blue, beige.

\$69.95



SHOP EARLY WHILE SELECTION IS COMPLETE

LADIES' WEAR SECOND FLOOR

MOORE & McLEOD limited

STORE HOURS THIS WEEK
Tuesday - Wednesday
Thursday
9 A.M. - 5 P.M.
GOOD FRIDAY
CLOSED ALL DAY
Saturday - 9 A.M. - 9 P.M.



Gives you that younger line!

The secret lies in the cleverly designed Elfin wings of amazing Cordtex*, which lift your bosom for a line of youthful beauty.

NOW Sanitized*

FOR LASTING FRESHNESS
Laboratory tests prove that Sanitized garments:
• Are safe from perspiration odors
• Stay flower-fresh — last longer
• Retain their deodorizing effect through repeated washings

BANDEAU from \$175 LONGLINE from \$250
PADDED from \$300

DOMINION CORSET CO. LTD.

Elfin — CANADA'S MOST POPULAR BRA